



The STING

Official Journal of the
Nation's Foremost
Engineering Technology
College

Southern College of Technology

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April 26, 1988

Inside

Quarter Shortened



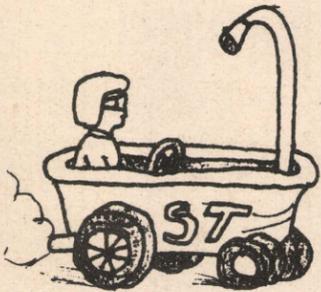
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Next Deadline May 4

Birthday Party at the Rock

By Randy Duke

Last Friday, April 22, Southern Tech celebrated its 40th birthday. The day's events included an afternoon meal and an evening jazz concert.

Preparations began early Thursday with the grass being cut, and the weeds being whacked. In the cafeteria, the bar-b-que was well under way, and even a lot of the students pitched in and helped wrap and tie bundles of plastic knives, forks, and spoons.

Early Friday morning the lawn area surrounding the rock was buzzing with activity: the stage was being set up, the chairs and tables were being arranged, and the bar-b-que pit was being fired up.

Finally, the magic hour of noon arrived! All classes between twelve and two o'clock were cancelled (yea!), and the Morningside Bluegrass Band was under way. The music was excellent; several students could be seen buck dancing or clogging their way to the



STUDENTS LISTENED TO the Morningside Bluegrass Band while having a lunch of bar-b-que burgers, chips and soda.

-Photo by Jim Connell

festivities. The aroma of fresh bar-b-que wafted across the lawn as the hot sun welcomed the gathering crowd. An-

icipation was high.

The band left the stage and the official ceremonies began.

The speakers included Hoyt L. McClure, who was the Acting

(See Birthday, page 3)

CET and EET Department Heads Resign

By Jim Terry

The Civil and Electrical Engineering department heads have both resigned their positions effective the end of summer quarter 1988. While it is purely coincidental that Professors Dave Hornbeck and David Summers will step down, they both have a strong desire to return to the classroom.

Professor Hornbeck has been the Civil Engineering Department head for the past five years. He is only the second department head since the school opened in 1948. Professor Summers has led the Electrical Department for the

past 14 years; in addition to returning to teaching, he feels the department should be opened to new ideas.

In addition to going back to the classroom, Professor Hornbeck hopes to write a textbook. He would also like to do research into advanced applications of construction materials. His preference in teaching is Statics, Strength of Materials, and Geotechnicals. When asked about pursuing an addition to the Civil Engineering curriculum, Professor Hornbeck stated, "I would like to develop a course for the introduction to CE Technology."

In leaving the position as department head, he knows

the perspective he has gained will be an asset. Professor Hornbeck mentioned the fact that other schools fill the position by rotating faculty through on a three or four year basis; the experience would be a career profit.

His comments about Civil Engineering suggest a promising future for graduates who seek positions that involve the maintenance and upgrading of existing large-scale systems such as roadways and public utilities. He gave some advice on career goals: "In choosing a profession, pick one that you feel good about and find out all you can about it. If that seems to be

what you want to do, then get as much education as you possibly can. Remember one thing, job satisfaction should be your primary concern -- the money is secondary."

Professor Summers has learned a great deal about the physical and psychological problems that face both students and faculty. He feels a result of the experiences during the years spent as head of the Electrical Department will enable him to teach more effectively and to better serve the students. He hopes to instruct in the sophomore courses which establish the

(See Resign, page 5)

Wellness Week and Health Fair to be Held

By Rob Duggan

Southern Tech's second annual Wellness Week and fourth annual Health Fair will be held from Tuesday, May 10, through Tuesday, May 17. During Wellness Week, students, faculty, and campus staff will have the opportunity to receive a variety of free screenings and attend sessions dealing with health and fitness. "We've had a great response from numerous health professionals who are willing to volunteer their time and resources," said clinic nurse, Barbara Haire. "Free samples of some pharmaceuticals will also be available at the health fair. All screenings will be available free of charge with the exception of the cholesterol test which will cost \$5.00"

The schedule of events for Wellness Week and the Health Fair will be as follows:

On Tuesday, May 10, Health Fair Day will be held in the Student Center Ballroom from 10:00 am to 3:00 pm. Available tests and examinations will be eye, auditory, dental, pulmonary, diabetes, and blood pressure. Displays will also provide information and literature on the heart, cancer, fitness, lungs, drug and substance abuse, burn, birth control, skin problems, and AIDS.

On Thursday, May 12, Nutrition Day will feature a program presented by *Sportslife* from 1:00 pm to 4:00 pm

in the Student Center, room 119. The topic of this program will be "Cholesterol and Your Heart." The session will cover blood cholesterol levels as well as dietary recommendations for decreasing risk of heart disease. During this session, the cholesterol test will be available with results available immediately after the test.

Fitness Day will be held in the Student Center, room 119, on Monday, May 16, from 12:00 noon to 3:00 pm. This program, also presented by *Sportslife*, will promote the importance of fitness as a healthier lifestyle. Available tests will include: percent body fat, blood pressure, stretching, strength and endurance.

The last day of Wellness Week, Tuesday, May 17, will be AIDS Awareness Day. From 12:00 noon to 2:00 pm in the Burruss Auditorium, and a program will be presented by AID Atlanta entitled, "Everything you Always Wanted to Know About AIDS, but Was Afraid to Ask." This session will feature a panel discussion with volunteers from AID Atlanta followed by a question and answer session.

All interested students, faculty and campus staff are invited to take advantage of this annual event. For more information, contact Barbara Haire, Clinic Nurse, at 424-7366, Carl Staber, Intramural Coach, at 424-7349, or Mickey Hodges, Counseling Center intern at 424-7226.

HPV Nears Completion

By Tim Glover

By the time you read this the Rocket City Challenge will be history, and Southern Tech will have a place in it. Tom McCoy, Keith Pervis, Frank Fincher, and a number of other students have pitched in to get the Human Powered Vehicle (HPV) race ready. Even Dabney has joined in the last minute action by writing a technical description of the HPV for the judges.

The project began in January, with Tim Wright (who graduated last quarter), Tom McCoy and Keith Pervis. They spent most of January on literature research and finding out everything they could about HPV's. In

February, they began wind tunnel tests on six 1/10 scale models to determine the optimum body shape. Following that, they branched off, with Tom doing the bicycle design and construction, and Keith and Tim doing body construction. (Frank joined the team after Tim graduated.)

At the time of this writing, Keith, Tom, and Frank are nearing the exhaustion point. They are staying up until 3a.m., catching a minimal amount of sleep and going to classes. Every spare moment is devoted to the HPV. They have had a long haul with little reward except seeing their ideas turn into reality.

What do they get out of this project? Tom put it simply; "Frustration." Keith said they learned project management, and noted, "Actually doing a project is never as easy as it looks on paper." He also said that he has never worked so hard for 5 hours credit.

Keith, Tom, Frank, and Tim expressed their thanks to all the people who showed up and helped them finish the HPV. Professor "Quote-Unquote" Williams who put up with them throughout this project, the ASME and the Alumni Association for financial support, Burlington Glass Fabrics for the Kevlar, Cycleworks for bicycle parts, and Joe Christian, who gets to ride it in the competition.

Spring Quarter Shortened

By David Roberts

Southern Tech's spring quarter has undergone an unexpected change - it will be shortened by two days. Instead of classes ending on June 4th, the last day of classes will be June 2nd.

The Registrar's Office cited the reason the quarter was shortened was due to the fact that the Registrar's Office needs two days to verify seniors' grades because Southern Tech wants to give actual diplomas to the graduates during the June graduation ceremony. Previously, graduates only received certificates into the Alumni Association during the ceremony, and diplomas were mailed later. This fact was unpleasant to many of the graduates and contributed to the change in this procedure.

In accordance with the shortening of spring quarter, the final exam schedule has also been changed. Finals will now be conducted on June 3rd thru June 8th.

Although Southern Tech's students did not expect it, this

change was a welcome surprise as far as most students are concerned. Of course, the change is especially pleasing to those seniors who will be graduating in June. George Grant, an EET senior who will graduate this quarter said, "It's a good decision because for a change the Administration is acting on behalf of the students. A student's being able to receive his diploma at graduation creates an instant feeling of gratification - a gratification that cannot be felt and expressed in the same manner four to six months late."

Graduating seniors, however, are not the only ones excited about the shortening of the quarter. Many underclassmen are happy about this fact as well. "The change helps me because I can finish with finals earlier, and accordingly, I can go back to work earlier. I'm also happy for the graduating seniors because I know several people who have graduated, and there was trouble getting their diplomas," replied Derek

Cobb, an IET junior, when asked his opinion about the change.

Because the quarter has been shortened, this fact will create a change in practically every professor's course outline. Accordingly, this change creates an additional problem for the Math and Physics Departments' professors because they already have to compact a great deal of important material into ten weeks of study. According to Dr. Simon Stricklen, Math Department Head, there will be a 4 to 6 percent loss in the coverage of material because of this change. When asked how he felt about the reduction in material coverage, Dr. Stricklen replied by asking the question, "How would you feel if someone took 4 to 6 percent of your personal money?" Dr. Stricklen went on to say that although the professors will probably not get a chance to teach the material, the students will still be held responsible for the material on the test.

PUZZLE SOLUTION

A	G	O	T	A	E	N	A	T	E			
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CAB Events

Wednesday, April 27, 8:00 pm: the movie "Hellraiser" will be shown in the Student Center Ballroom.

May 5, Thursday, 11:30 am to 1:00 pm: Singer and guitarist Chris Brady will entertain students during lunch.

If you are interested in becoming involved in what events are brought to this campus, please come by the Student Center Office for more information.

Stay Tuned for information on our Annual Beach Party. It will be here before you know it.

COMPUTER FAIR

WEDNESDAY, APRIL 27TH

10 am - 3 pm

STUDENT CENTER BALLROOM B

REPRESENTATIVES FROM APPLE, IBM, AND ASSORTED DEALERS WILL BE PRESENT

Come one, come all to the Computer Fair! An IBM representative will be available to discuss the Education Products Coordinator Program, in which students can purchase IBM PCs at a discount through Southern Tech. Apple Computer will be here too, with all their latest products. Come see a laptop Mac, the new Mac II, and hear some MacMusic! Local dealers will be bringing products such as overhead projection systems for the Mac and PCs. So, come and see what's new with IBM and Apple on Wednesday, April 27th in the Student Center's Ballroom B from 10:00 until 3:00. You'll be glad you did!

Bourbon Street on Campus

By Randy Duke

It was a dark and stormy night. The humidity in the air was so thick it could have been sliced and served up on a plate. If you close your eyes, you could imagine the rain slick streets of New Orleans; The strains of Bourbon Street Jazz, Dixie Land, and the Blues ooze from the smoke filled night clubs. This was the atmosphere of the Southern Tech gymnasium Friday night when the Preservation Hall Jazz Band played for the 40th birthday celebration.

The Southern Tech Jazz Band did an excellent job of warming up the large and very diverse crowd by playing songs like their rousing rendition of "Wipe Out."

Then the Preservation Hall Jazz Band took the stage after being introduced as a band that plays listening music, not dancing music.

That point could be debated as the band struck up a jumping swing number with only five of the seven members on stage. About halfway into the song, the clarinet man entered stage left and was literally making his "stick" walk and talk. The band had only played on another few minutes when enter stage right, the trombone man, joining his sound with the others to make the band complete.

The band members include a left-handed banjo player, Marvin Kimbell; a piano man, Sing Miller; a stand-up bassist, James Prebost; an excellent drummer, Frank Parker; a trumpet player, Percy Humphries; a clarinet man, Willie Humphries; and the only

relative young man of the group, the trombone player, Frank Demond.

The band kept right on swinging into their second song with music that was reminiscent of the sound tracks of the old style black and white cartoons where the plates and the forks and spoons get up and start dancing with each other. The next song was a blues number featuring the clarinet and trombone harmonizing on their solo together. After the solo, The banjo player sang the low down blues; the way he sang, with his voice thick and dark with emotion, you knew he was blue.

They alternated between the blues and jazz all night with songs like their own rendition of "Moma Don't Allow No Low Downs Hangin' Around." The audience was very appreciative, giving the group a standing ovation after each set.

Willie Humphries, The clarinet player, said that the band had been together for about 27 years. Everyone except the trombone player, who is from California, are from Louisiana. Willie and his brother Percy came from a musical family. Their father was a music professor in New Orleans, and he taught all the children in the family to play. When he asked what advice he could give to young musicians, he replied simply, "Get a good teacher." Is it still fun after all these years? Willie said, "Most of us are getting our Social Security, so we aren't hurting for money. We play because we like it." And the audience said, "We like it too!"

Amelia Echols' Term Ends

By Bari Gilliland

The close of spring quarter will also bring to a close the tenure of Amelia Echols and Julia Albright as Southern Tech's SGA President and Vice-President. During their term in office, these ladies tackled and accomplished many projects beneficial to our campus and student life. During winter quarter, Julie Albright offered Macintosh seminars. These seminars were designed to aid students who were beginners at using Macwrite or just had questions about using the program.

Amelia Echols and Julie Albright also aided the approval for diplomas to be handed out this quarter to graduating seniors.

Additionally, SGA worked with the Student Life Committee to get approval for renovations of the dormitories scheduled to begin summer quarter. In the meantime, the renovations currently in progress of the circle in front of the library should be completed by summer break.

Presently, SGA is looking into where the money collected from campus safety's ticket fines is being spent.



MOST OF THE PRESERVATION JAZZ HALL BAND MEMBERS are over 60, and they played soulful music which the audience thoroughly enjoyed.
-Photo by James Connell

SCT Hosts Leadership Conference

By James Connell

Southern Tech hosted its third annual Student Leadership Conference on Saturday, April 16, 1988. This program was designed to teach students the skills necessary to successfully handle leadership positions. Many student organizations had members at the conference, including the dormitory RAs, the Connectors, several fraternities and sororities, as well as the SGA and STING. The opening presentation was given by Mr. Rick Miller, a leadership consultant who brought a lot of experience (as well as toys) to the conference.

Mr. Miller began the conference with a theme "The Elixir of Leadership". Since it was Saturday morning, Mr. Miller used a song and dance to warm up the audience. The song spoke of a person that worked in a button factory. Mr. Miller had the audience stand up and imitate the motions of the button worker. The boss asked the worker many times if he was doing anything, to which the worker always replied "no". The boss then said, "OK, I want you to push a button with your right index finger." Then the boss had the worker press buttons with both his right index finger and his left index finger. Each time the group sang the song, Mr. Miller added a new button to push with a different part of the body. Finally, each student was pushing buttons with their left foot, right foot,

left knee and right elbow. All the time the students were imitating the motions of button pushing and getting quite worn out trying to do so many buttons.

Mr. Miller then presented students with his "Elixir of Leadership". This elixir was composed of qualities of leaders which make them effective. Each ingredient was represented by a different colored liquid on a table. The first ingredient in his elixir of leadership was communication. One hundred milliliters of this red liquid was then put into a large beaker. A little bit later on, 60 milliliters of vision (a clear liquid) was added to the beaker. Some other ingredients were added, and then he held up a small beaker of thick yellow distasteful liquid. This was perseverance. Mr. Miller said that all leaders have to go through the bad times to get to the good. These and other ingredients of leadership were added to the elixir resulting in a noxious looking brown solution. And then he let some of the audience try "The Elixir of Leadership". Most everyone was neutral about the elixir. Mr. Miller concluded by saying that leadership was something which had to be learned, and no elixir could make a leader.

After a short break, Mr. Miller gave a presentation on "Do it on Time! Get Motivated!" The theme of

(See Leadership, page 11)

Birthday (from page 1)

Director from 1959 to 1961 and Director from 1961 to 1971, and Ms. Chastain, the Mayor of Marietta, who presented Dr. Cheshier with a plaque commemorating April 22 as the official Southern Tech Day in Marietta. Then there was a brief musical presentation by Southern Tech's partner-in-education, the Park Street Elementary School, and the cutting of the birthday cake by President Cheshier and SGA President Amelia Echols.

What followed could only be described as a mad dash for the food lines by several hundred hungry students and faculty. When the bar-b-que is as good as it was (and it was delicious, and free, and with the bluegrass music flowing from the stage, even the thought of a two o'clock class couldn't diminish the pure enjoyment that was had by all. Happy 40th birthday Southern Tech!

Women's Self-Defense Seminar To Be Taught

By Bari Gilliland

On April 16, a female student was assaulted in her Howell Residence Hall room.

The incident occurred at about 4:30a.m. when a black male went through unlocked hall doors, entered a room and assaulted the resident.

As Dean Smith has stated, the obvious issue present is the security of the fourth floor of Howell Dormitory. Campus Safety has responded by assigning an extra security person to the dorms during the night hours. However, the current "rule" for security advised to the female students is to keep the hall doors locked at night and take responsibility to ensure their own safety.

If the female students on this campus must be prepared to protect themselves, safety and defense techniques should be learned.

Panhellenic is offering a Women's Self-Awareness and Defense seminar on Tuesday, April 26 at 7:30p.m. in the Student Center. The guest speaker for this seminar has also instructed at Georgia Tech after the rape and assault of one of their coed students. The purpose of this session is to instruct students in self-defense techniques.

EDITORIALS

We're Sitting on a Fortune

By Shawn Tapley

You've just arrived to class. You are a little late and all of the good seats are taken. Darn. Now you've got to sit in one of those little elementary school desks. The professor starts to lecture so you begin your usual routine of taking notes. Half of your notebook hangs over the side of your little elementary school desk -- darn, you're annoyed. "If you'll turn to page 176 in your book, you can see what I'm talking about," says the professor. You get your book out but darn, there's no place to put it. Frustrated, you open the book and set it in your lap. Now that works fine for a while, but soon enough your flipping back and forth between pages and the book becomes awkward to place. You begin to engineer. You balance the book in such a manner that part of it hangs off the desk, but it doesn't fall. As you try to take notes,

you juggle your notebook, textbook, pen, and possibly a calculator, until . . . *CRASH!* You dropped everything. Darn! You have stolen the spotlight from the professor; all eyes are now on you and the little elementary school desk.

Does this sound familiar? I am tired of sitting in an uncomfortable antique while trying to concentrate on a lecture. I have heard several complaints about the desks, but this problem never seems to get any attention (hidden in the shadows of student parking and the bell tower no doubt.) Recently, I overheard a group of students complaining about the small desks when a by-passing student interrupted, "Are any of you left-handed?" I can only imagine the inconvenience. All SCT lefties have my sympathy.

I am sure new desks were

not planned for in our budget. No problem. We could gather up all the old desks, and sell them to antique dealers and museums. We could even allow the History Department to keep one or two to use as visual aids, and still have enough left over to buy modern desks; Point made?

Seriously, I don't really mind the Bell Tower. Perhaps, some day, it will provide the ultimate "hint" to long-winded professors. I didn't lose any sleep over having to take my Physics lab in a trailer. I don't even care if President Cheshier spent \$27,000 on his office furniture to impress potential donors (I'm sure the Presidents of say Georgia Tech and Georgia State have very nice offices.) But please, while I'm attending college, at least provide me with a desk with enough surface area to accommodate a notebook and a textbook at the same time.

A Thanks

By Jim Connell

Since becoming Editor on the newspaper, I have seen a lot of hard work done. And hard (sometimes boring and tedious) work is necessary to produce a quality paper.

First, a big hand for Jim Terry for selflessly giving his time (lots!) and talent to the newspaper. We had a couple late nights putting the paper together. Thanks Jim. Also a thanks to his wife Cindy for having patience and understanding and not complaining about being "A Newspaper Widow."

Next, I thank Dr. Wiseman and Barry Birkhead for their time and understanding when I had problems on the paper.

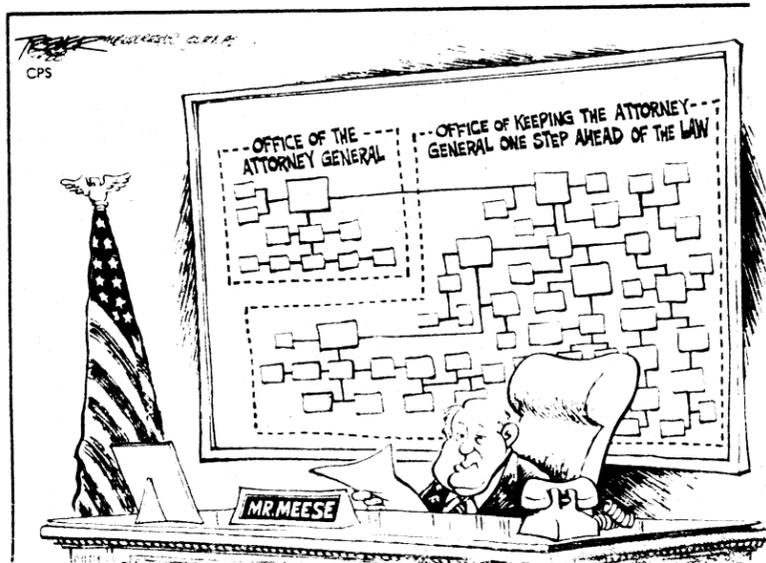
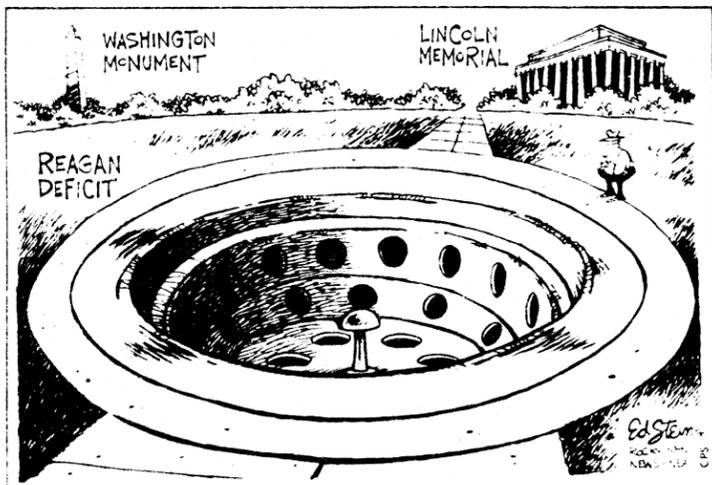
Last, and *definitely not least*, the staff. People like Rob Duggan, Randy Duke and David Roberts consistently produce quality stories for and are a definite asset to the paper.

All these people deserve a pat on the back for a job well done. Thank you all!



THESE DESKS are too small to accommodate a notebook, textbook, calculator, and other learning tools. Maybe sell them as antiques?

-Photo by Jim Terry



The Sting Staff

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Randy Duke
Rob Duggan
David Roberts

Tim Glover
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The STING, 1112 Clay Street, Marietta, Ga. 30060

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LETTERS TO THE EDITOR

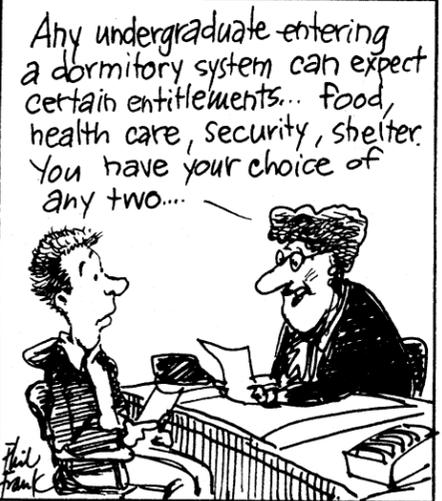
Dear STING:

I'd like to address the first page article by Beverly Rethmel in the April 12th issue of STING. I was not extremely disappointed to learn that funding for the Student Center addition was deleted from the State Supplementary Budget. In fact, I feel that a library addition at *any* school is much more important than a student center addition. I have been in the Student Center numerous times when hardly anyone was there, and I

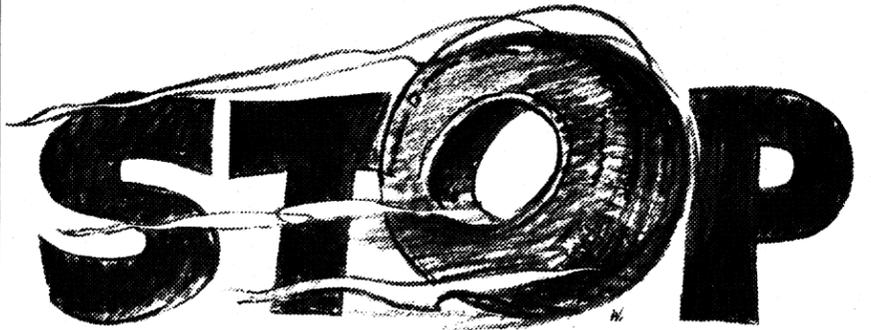
have done homework in the cafeteria without being disturbed. I attended a movie (Nosferatu) two years ago in the Student Center Ballroom on a Thursday night when no one but my girlfriend and I showed up. I am not complaining about the Student Center, but I do not see lack of space as a problem and cannot understand why an addition is so necessary.

Sincerely,
Jim Dirksen

Frankly Speaking *by Phil Frank*



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| Corporate Square. 329-9307. 1670 N.E. Expressway. | Downtown. 876-7061. 265 Ponce de Leon Ave. | Roswell. 442-1127. 11210 Alpharetta Highway. |
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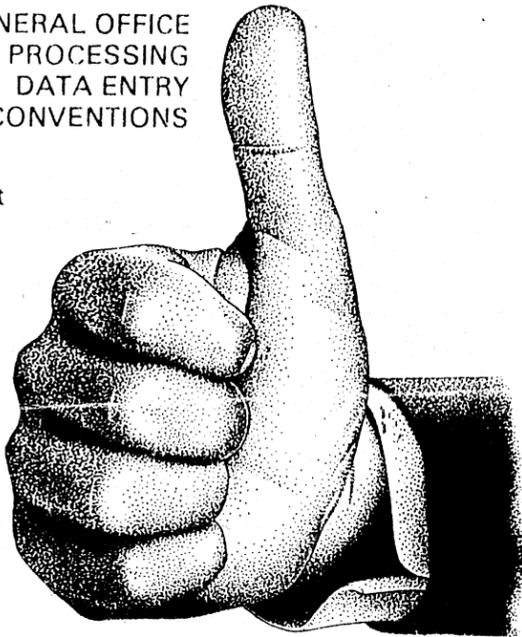
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Resign (from page 1)

begin in the fall of 1989."

groundwork for EET majors.

He attributed his success as department head to the support from faculty and students; his rewards have been the satisfaction of solving departmental problems and being involved with the growth of EET from 350 students to over 1100.

Professor Summers expressed some ideas about the future of the department. There is probable expansion in the areas of fiber optics, process controls, artificial intelligence, and power generation. When asked about pending additions to the curriculum, Professor Summers said, "If no delays occur, the Masters of Science in Electrical Engineering Technology may possibly

For all students approaching graduation, Professor Summers gave this advice, "If I could encourage students in any one particular subject it is to get involved with the placement office no later than the quarter prior to graduation."

With Professor Hornbeck's desire to develop an intro course for Civil Engineering Tech and Professor Summers' preference to teach Electrical Engineering Tech sophomores, students who enter the major coursework sometime in 1989 or beyond will have two full professors teaching full time.

A national search will be conducted during the academic year 1988-1989 to find new department heads for both CET and EET.

ATTENTION! Are you interested in CS 340, Graphics I, during Summer Quarter 1988? If so, come by the ACS Department and add your name to the list of interested students. At least ten students must express interest to have the class offered.

If you have a news tip,

Call the STING!

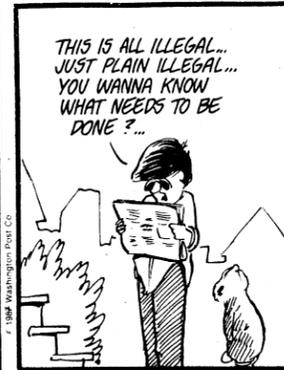
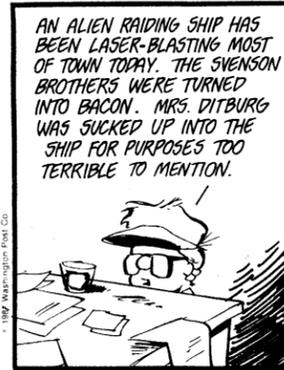
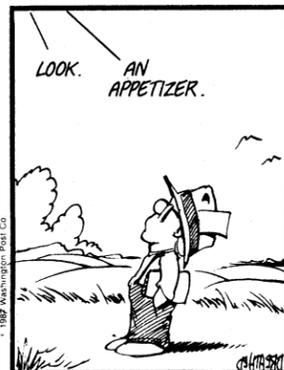
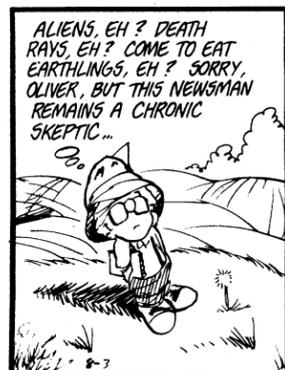
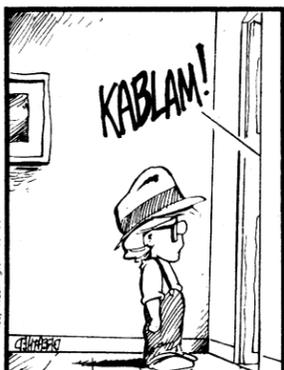
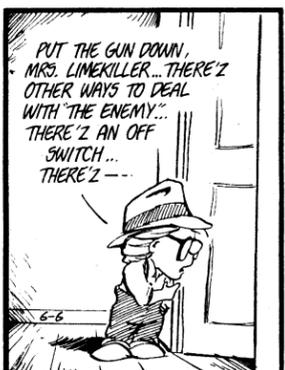
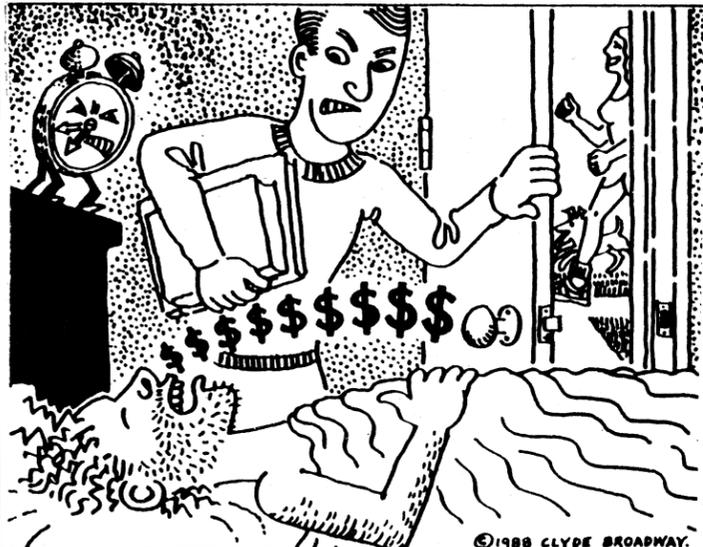
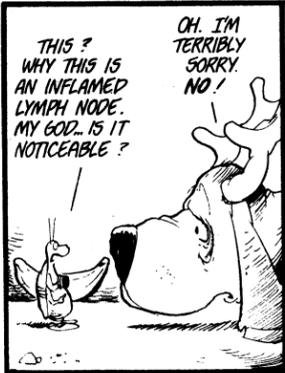
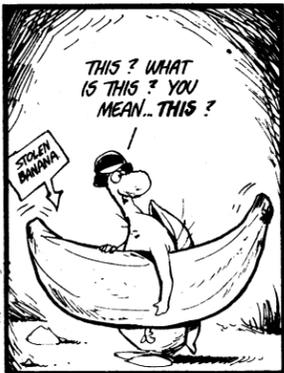
424-7310

BLOOM COUNTY

by Berke Breathed

FEATURES

Dear Study Lady,



Dear Study Lady,

I'm usually too tired in the morning to go to class, so I've been skipping Anthropology and copying my roommate's notes later. It there anything wrong with using someone else's notes?

Need the Sleep

Dear Need,

There certainly is! That kind of emergency measure might be necessary once in a great while, but as a habit, it's atrocious. Let me count the ways.

First, not even the best notes can capture the professor's inflections, enthusiasms, and subtle emphasis. You need to be attuned to your professor. She's the one you're here to learn from; she's the one who will be evaluating your work.

Second, taking notes is not simply a matter of getting everything down and then memorizing it. It's a matter of making decisions about what's important, of shaping the material with your understanding, molding it with your thoughts and your mind. Someone else's notes just won't do.

Third, the best note-takers do not write everything down. They're putting their energy into thinking; they're probably abbreviating so thoroughly that you can't even read what they've written. So whose notes are you going to copy? The ones that belong to the thoughtful guy whose notes you can't read? or the detailed jumble of the dope who thinks everything is important and tries to scribble down every word? Neither choice is a good bet.

Fourth, you're depriving yourself of the opportunity to practice the cosmic, universal, best of all study tips, which of course is to review your notes after class every day.

Fifth, would you sleep through a rock concert for which you've already bought the ticket? Someone has paid your way to that class, and you're throwing their money away.

Take an afternoon nap or go to bed after the supertime news, but get to class, get to know your professor, and get your very own precious set of class notes.

Dear Study Lady,

I mark my textbooks in great detail and even take notes from the chapters. But on tests it always seems like I learned the wrong things. How do I figure out what's important?

Irrelevant

Dear Relevant,

You have two excellent resources in this situation: your professors and the work that you've done.

Make an appointment to see your instructors. Explain your problem. Show them your notes and marked tests. They should be able to point out what you're overemphasizing and what you've missed.

Take heart. If you had not been working so industriously, you wouldn't have much grounds for asking for help.

However, you have something concrete to show for yourself. This work will make it easy for your professors to see where you need help, and your diligence will doubtless make them glad to offer it.

BLOOM COUNTY

by Berke Breathed

Reminiscence at Prater's Mill Fair

Press Release

On Mother's Day weekend, May 7 and 8, the usually quiet area around the old Prater's Mill near Dalton, Georgia becomes alive with activity as the doors of the historic mill are open to the public for the Prater's Mill Country Fair.

Begun 18 years ago to raise funds to restore the 1859 grist mill, the fair has become a major event in north Georgia. The festival has been chosen one of the top twenty events in the south by the Southeast Tourism Society twice, and a top event in North America by the Japan Travel Bureau.

Two hundred carefully chosen artists and craftsmen showcase their handmade crafts, original art and prints at the outdoor event. Among the demonstrations are painting, traditional rug hooking, glass blowing, spinning, weaving and woodcarving.

of the buildings are open during the fair.

Antebellum Prater's Mill, a three-story post and beam structure, still has all of the machinery intact. Even though the roller mill equipment is operable, only the water-powered grist mill is operated during the festival.

Terry Calhoun, the miller, grinds corn and wheat between the millstones as Ben Prater did 129 years ago. Prater's Mill is listed on the National Register of Historic Places.

Special exhibits include antique vehicles by the Northwest Georgia Chapter of the Antique Automobile Club of America, Dalton Amateur Radio Club, and Indian artifacts loaned by the family of the late Ben Hampton, a Prater's Mill artist.

Activities for children feature pony rides by the 4-H Club, face painting, farm animals in the barn, games



DALTON, Ga. - The Prater's Mill County Fair is Saturday and Sunday, May 7 & 8, 1988. Over 200 exhibitors participate in the award-winning arts and crafts show. -Press Release Photo

Several of the exhibitors and canoe rides on the practice folk crafts which have been handed down in their families. Gene Larmon learned to make brooms by helping his grandfather; Jud Nelson is a fifth generation blacksmith featured in Foxfire 9; Earl Gobson and his family have examples of their baskets in the Smithsonian; and the Busy Bee Homemakers learned to quilt from their mothers. Ida Chance began tufting bedspreads at the tender age of five. A newly released book about Ida Chance by Maria Douglas is to be available at the Historical Society booth in the mill.

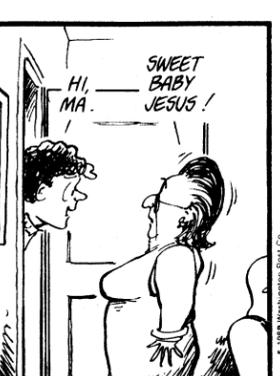
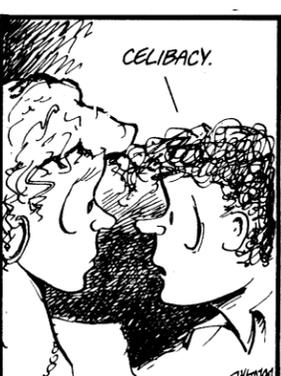
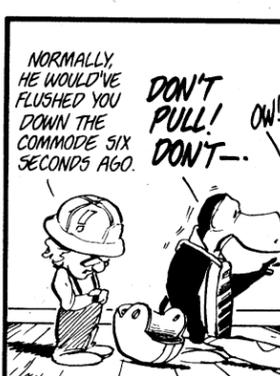
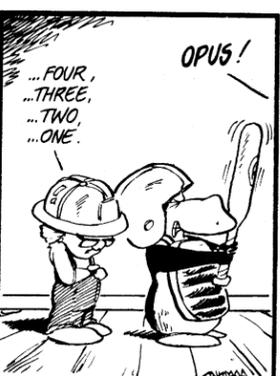
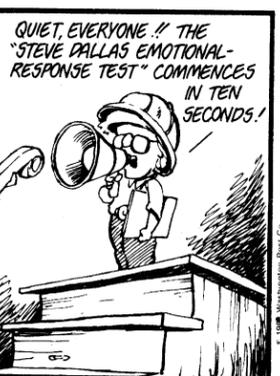
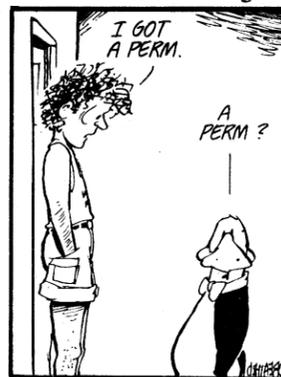
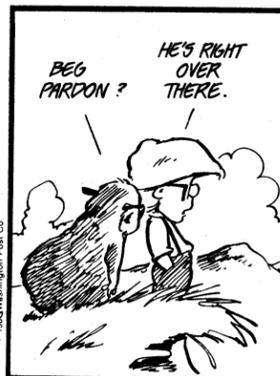
and clubs prepare foods which included homecooked meals, cakes and pies, jams and jellies, barbeque and much more.

Seventeen church and civic clubs prepare foods which included homecooked meals, cakes and pies, jams and jellies, barbeque and much more.

The fair opens at 10:00 am on Saturday and Sunday and closes at 6:00 pm. Admission is \$3.00 for adults, children 12 and under are admitted free. Visitors are encouraged to dress casually and wear comfortable shoes.

Prater's Mill is located on Georgia Highway 2, ten miles northeast of Dalton and about 30 miles south of Chattanooga, Tenn. Interstate travelers should take I-75 to the Tunnel Hill-Varnell Exit 138, drive north 4.5 miles to the intersection with Georgia Highway 2, turn right and proceed 2.6 miles to the mill. Total distance from the interstate to Prater's Mill is seven miles.

The sponsor of the fair is the non-profit Prater's Mill Foundation, an all-volunteer organization. Proceeds from the fair are used for the preservation of the mill, country store, Shugart's Cotton Gin, Westbrook Barn, granary and other out-buildings. Most



A Night of Horror

By Ann Marie Taranto

We're all at a party, No one is at home.
They are playing quarters while I am on the phone.
Time is really precious, but they still consume.
Alcohol and many drugs are all around the room.
Then they want to leave me, so I'm scared a bit.
We begin to argue when I seem to throw a fit.
They don't really know, just how much I care.
"Come on, be smart! Don't drink and drive,"
I tell them, "Please beware."

My friends then take a cruise, right on down the street.
I guess they're not aware of what their car could meet.
Now they start to wander, and step down on the gas.
Avoiding the stop sign, and in the lane to pass.
Suddenly a car pulls out, right into that same lane.
They all scream in terror, and some just shriek with pain.
The speeding cars collide, and my friends are dead.
I told them, so why didn't they listen to what I said?

Now I'm at the cemetery, saying my goodbyes.
Everybody's silent, no one hardly cries.
It was all their fault, and probably their fate.
Now I only have, my weary self to hate.
Why didn't I stop them? Or why didn't I drive?
Then they would all, still be alive.
Filled with anger and sadness, I soon leave my friends.
Forever my joy and happiness ends.

I cry in horror as I wake from my trance.
Giving everyone just one more chance,
And that, my dear friend, is what I'm trying to do.
Just think - next time, it could be you!
So the next time you're buzzing and feel quite alive,
Just cherish the moment and
Don't Drink and Drive!

Vintage Race

By Bob Dyer

The annual Spring Bathtub Race is approaching quickly; however, there is more than one way to race a tub. We all know about the typical motorized tubs which are very expensive to build and maintain. It usually requires the help of a major sponsor to finance the operation of such a machine.

The Vintage Race Tub is one which is powered by four strong people and competes with others of its kind. Unlike the motorized tubs, these are very inexpensive to build (under \$50) and require almost no maintenance. The tubs offer space for organization identification, and, since it is primarily a spectator event, it is a great way to advertise.

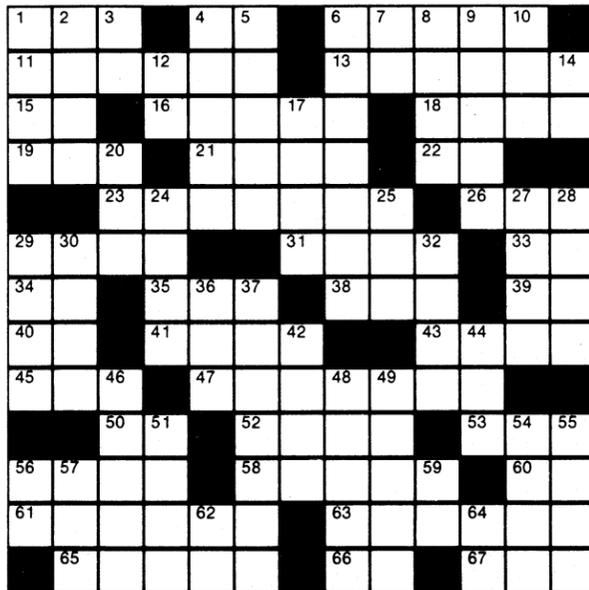
The BRA will be giving away a Vintage Tub at the Beach Party on May 11. Just drop your name in the raffle box and win. All fraternities and other organizations should get involved. IT'S FUN!!

ACROSS

- 1 Time gone by
4 Symbol for tantalum
6 Related on mother's side
11 Toils
13 African desert
15 Italy: abbr.
16 Foundations
18 Foretoken
19 Golf mound
21 Give up
22 Old pronoun
23 Sham
26 Sodium chloride
29 Lamb's pen name
31 Gaseous element
33 Opp. of verso
34 Therefore
35 Footlike part
38 Pigpen
39 Symbol for calcium
40 Negative
41 Josip Broz
43 Verve
45 Piece out
47 Tell
50 Note of scale
52 Fluent
53 Idle chatter
56 Skidded
58 Frozen
60 Fulfill
61 Retreat
63 Revised
65 Hinder
66 Compass point
67 Dollar bill

DOWN

- 1 Landed
2 Opening in fence
3 River in Siberia
4 Delineate
5 Item of property
6 Ancient Jewish ascetics
7 A continent: abbr.
8 Nautical call
9 Domesticates
10 Before
12 River in Siberia
14 Article
17 Paradise
20 Slender finial
24 Transported with delight
25 Speck
27 Alms box
28 Borrow
29 Ancient slave
30 See
32 Chernenko's "no"
36 German for "one"
37 Reel
42 Heraldic hearing
44 Limb
46 Choice part
48 Irritates
49 Dwell
51 Mine entrance
54 Arabian seaport
55 Portend
56 Senior: abbr.
57 Conducted
59 Roman gods
62 Concerning
64 As far as



COLLEGE PRESS SERVICE

The Weekly Crossword Puzzle

(Solution on page 2)

Student Loans are Available

By Anna P.L. Dong
Office of Student Financial Assistance

The Financial Aid Office at the Southern College of Technology offers two types of loan programs: **Short Term Loans** and **Emergency Loans**. Financial need is not a criteria, however, those who are applying for the loan must be enrolled at Southern Tech. Like all other types of loans, there are rules and regulations governing the Short Term Loans and Emergency Loans.

All Southern Tech students are eligible to apply for an **Emergency Loan if their records are not frozen**. Emergency Loans bear no interest, however, the loans must be repaid within ten (10) business days. The maximum loan amount is fifty (\$50) dollars. Students may submit applications for Emergency Loans during a quarter, however, the repayment date cannot go beyond ten (10) business days before the last day of classes. Funds will be disbursed the same day the

loan is approved by the Financial Aid Office.

When a student applies for the Short Term Loan, he/she cannot be on **academic probation and/or have his/her records frozen**. The Short Term Loan has an interest rate of 7 percent of the total loan, with a minimum charge of \$5.00. A \$15.00 late charge will be imposed if the loan is not repaid within ten (10) days before the end of the quarter. Unlike the Emergency Loan, a student may borrow up to \$750.00 for the quarter. The three repayment dates for the loan are scheduled by the Financial Aid Office.

The deadline dates for the Short Term loans are as follows: Summer Quarter, June 1; Fall Quarter, September 1; Winter Quarter, December 1; Spring Quarter, March 1. Students may submit applications for a Short Term Loan any time during a quarter and expect to receive funds within a normal processing time of three or four business days after the Financial Aid Office has approved the request. However,

applications received after the deadline will be processed based on the availability of the funds.

If students wish to receive funds on a day registration for payment of fees and tuition, they must anticipate a **processing period of two or three weeks before receipt of their checks**. Applications received on the first day of registration of any quarter will **not be processed before late fees apply and students submitting loan applications on the third day of registration or after must present a receipt of tuition and fee payment for the quarter**.

It is the students' responsibility to make sure that any loans he/she borrowed are repaid in a timely manner. If the student is unable to meet the payment schedules, he/she should contact the Financial Aid Office before the due dates. Loan checks are prepared and disbursed by the Business Office, located at the lower level of Norton Dorm.

If further information is required, please contact the Financial Aid Office at 424-7290.

Bathtub Racing?

By Mike Swab

Spring is the time of year for sunbathers, cookout and bathtub racing. To all of those people who are new to SCT, tub racing is serious business around here. These tubs, as they are called, are high-tech, high-performance, thoroughbreds that travel the race course faster than many cars are capable of. Speeds in the range of 100 mph are possible from a well-tuned tub.

"What is a tub?" you may ask. A racing tub is a standard four legged, cast-iron bathtub fitted with a frame, wheels, roll bar and engine of 185cc or less (200cc or less for a four-

stroke model). To put the engine size into perspective, the average engine size used by racers is 125cc, the same size as a standard lawr mower engine.

The money that is put into a tub can be staggering. Some people spend as much as \$10,000 on a tub. The BRA (Bathtub Racing Association), has raised the limit on the engine size for four-stroke engines to 200cc. This has been done in an effort to make racing more affordable at the entry levels.

Well, now that you have the basics about bathtub racing, go out on May 15th to the Bathtub Race and see what these machines will do.

Math Stinger

By Dr. J.A. Ziegler
Mathematics Department

In the days when airlines made an excess-baggage charge, the combined weight of the baggage of two passengers was 105 pounds. At a flat rate of so much per pound, one passenger paid \$1.00, and the other \$1.50, for the excess above the weight

allowed without charge. If all the baggage had belonged to one person, he would have had to pay \$6.50. How many pounds of baggage was allowed per person without charge?

As usual, the answer will be posted one week after the appearance of this issue, but at a new location: Rm. 311A, Building 3.

GREEKS AND CLUBS



By Charles H. Garrett

Pi Kappa Phi here at Southern Tech has started off well this quarter. We have attained five new associate members in Rush and plan to gain more during our mid-quarter Rush. Congratulations goes out to these five fine young men (Eddie Kozak, David Hawkins, Matt Dupree, Jay Kiger, and Tom Frier) as well as Phil Fisher (a hold over). Hopefully these six men will strive to attain high scholarship; morals and responsibilities; as well as becoming part of Pi Kappa Phi's great brotherhood. The following men have attained their goal and will be initiated

into our chapter Friday, April 22nd. (Richard Blomgren, Don Clerici, Keith Johnson, and Kevin Stacy)

On the more fun side of things, Pi Kappa Phi has put together one !AWESOME! softball team this year headed by Paul Ranieri. Our first game against the Sig Ep's was a total wipeout with a score of 23-2 ending after five innings. While we are on the subject of softball, we would like to Congratulate Alpha Delta Pi on their move to attain the first all womens team here at Southern Tech! Good Luck! And hopefully no injuries go out to them from Pi Kappa Phi.

As for the rest of the quarter; we are packed full of fun. Starting off with a retreat this weekend.

April 29-May 1: Camping Trip
May 9-13: Greek Week

May 14: Alumni Softball Game and Cookout

May 15: Bathtub Race

May 21: Roseball 88'

*June 10-16: Panama City Trip (only 43 more days)

We at Pi Kappa Phi hope all organizations have a Great Spring Quarter. !HOODEE HOO!



Sigma Nu

By Top Gun

SW-O-O-O-O-SH! What happened Flex? You're supposed to hit the ball. The writer of this article has immunity to such fopahs on his part. In other words, if I don't want to inflict embarassment on myself, I don't have to. Sometimes it is nice to be the writer. Especially after the last game. Since we are already on the subject of softball, let's talk about how we're doing. One and one. Not too bad at all. If we could just get Cooper to hit the ball. All we actually need to do is put the boys in. I'm sure Daryl and Daryl could make every game a victory.

RETREAT. For those who weren't there, all I can say is, you just weren't there. A lot of good ideas were brought out on the retreat. Despite the subarctic temperatures in the bunkhouse at night, I do believe that Pup has regained his normal color and

lost the light shade of cold blue he obtained through lack of a sleeping bag. Betcha' don't forget one next year. Whiffle ball was a real extravaganza Saturday afternoon. Tony, the doctor has an appointment to reinstall the metal in your mouth. He said your teeth were too straight. What's for dinner grandpa? We'll have bread and cole slaw, potato salad and soft drinks to accompany a barbecued deer with peach cobbler for dessert. Ummmm Ummmm! No Doubt! Chad, Russ, and Paul we appreciate the delicious meal.

GOLF! Get the clubs out of the closet, borrow your friends, or find some in the street. It's time for the Sigma Nu golf tournament. Power house teams such as Cooper and Karl will compete in the Sigma Nu Masters for the self accomplishment of knowing, uh, erh, that they played? Anyway the object is to have fun and I just want to warn any worms that may get in my way- I'm not a golfer!!

The Top Gun dictionary will this week define the word fopah (found in the first paragraph).

Fopah- a minor screw up, nothing to be taken seriously, just to be laughed at. In other words, Cooper struck out.

(Would I strike out, NEVER, What do you mean that can't be three already)

Oh well, until next time-void high water, lack of ink, or some other lame excuse. Later.



Gamma Phi Beta

By Paige Leopard

April has been a great month for the Gamma Phi's. We welcomed three new pledges and initiated a new sister. First of all, we'd like to say congratulations to our newest sister, Penny Yancey. We love you, Penny. Congratulations are also in order for our three new pledges. Carla Richardson, Traci Cowart, and Kathy Coley get a great big Gamma Phi welcome.

Excitement is mounting as we prepare for the Annual Favorite Guy Party this weekend. On Friday, April 22nd, some lucky guy will become the new Gamma Phi Favorite Guy. (Chuck, it's time to give up the reign.)

Gamma Phi Beta would like to wish good luck to all the participants in the Sigma Pi Lip Sync Contest.

Don't forget, sisters, about the carwash fundraiser at the Merchants' Walk Gulf on Saturday, April 30th. We hope everyone comes out to get their cars washed by the Gamma Phi's.

Finally, we'd like to extend a special Thank You to all the sisters who helped at Marietta Toyota on April 9th. Thanks, everyone, who helped Julie out with the bake sale and philanthropy and had a fun time, too.

BSU

By Chris Dillard

The Baptist Student Union is making history at Southern Tech! On May 2nd-4th, the BSU is presenting Faith Focus '88. This is a first time event that the BSU is presenting. Faith Focus '88 is going to be a three day revival in which everyone on campus is invited to. Dr. Ron Grizzle is going to be the guest speaker and Stan Smith is going to lead the music. There is going to be a choir, which anyone is invited to participate in, and nightly fellowship activities. Faith Focus will take place in the Student Center Ballroom each night at 7:00. Plan to attend this first time event!!



Tau Kappa Epsilon

By Ken Upchurch

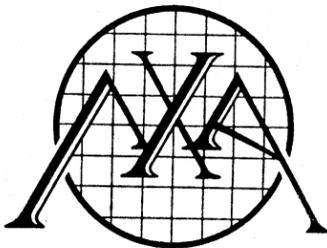
TKE has started another great spring quarter at Southern Tech. TKE's quarter started off by bringing two new brothers into their bond. These two guys proved that they have what it takes to become a part of the largest fraternity in the world. TKE would like to congratulate their two newest brothers Rick Payne No. 314, and Shane Hylleberg No. 315. TKE would also like to congratulate their two newest little sisters Kim Lewis and Julie Burger.

TKE's Spring Rush was very successful this year. TKE had three new guys to become associated with the best fraternity on campus. These new guys seem to have the spirit it takes to become a TEKE. TKE wishes the best of luck to these guys; John, Brad and Joey. We hope you have what it takes to become a TEKE.

TKE held their first annual fishing tournament this past weekend. The weekend started out with fire building lessons from Bart "Smokey Bear" Wills. Bart was able to keep the fire contained to just our campsite with help from his partner explorer Jim Kittrell. Later during the weekend a lot of TEKE's showed up. The Fishing tournament turned into a Fishing party. Even Steve "Cowan" Reynolds showed up with his wife. The Fishing tournament turned out to be successful. TKE is planning to do it again next year, but maybe this time they will fish.

TKE has started off another winning softball season. TKE owes most of their success to Jason "Where's the Ball" Horne. Jason has proved that he is the best outfielder on the team. TKE started off the season by beating Sigma Nu. TKE plans to do the same to the rest of their opponents.

TKE is preparing to his Ft. Walton this month. The trip to Ft. Walton promises to be great. TKE invites anyone who can keep up with us to go. This years beach trip will be one that will not be soon forgotten. TKE would like to remind everyone to be careful while at the beach, but aren't we always careful?



By Sigma Xi 196

Long time no see!! Sorry for our recent slackness. Congratulations to our recent graduates. They are Rene' Smith and Rusty Vullo. Out newest brothers are:
Rusty "Roulie" Warner 204
Russell Dempsey 205
Jeff "Half-Ass" Dewberry 206
Walt Baxley 207
Shawn Mosely 208
Freddy "Woody" Sumner 209
Jeff "Fish" Fisher 210
Ken Matheson 211
Doug Rawson 212
Will Renfro 213

Our newest Associate Members are Todd Green and James Samford. Our recent

Streets of Fire party went off real well. Because everybody dressed for the part, we were able to bring back the fifties. The party was a killer until the 'Berry' puked orange and the Nuts sprang a leak. (Sorry SMW) We also had a wild time camping at Mount Yonah. J. Blade added to his Bubba Qualifications by trying to put the fire out with his rear and his experience with Stanback Powder. Everything was going real well until 200 Rangers came and kicked us off the mountain. We still got our rappelling in, but we had to road trip to Morgan Falls.

Our first softball game was a victory against the Major League &?!\$ Up's.

As far as service goes, we helped the Boys Club sell coupon booklets to raise money for their organization. We are also helping the CET Department document all the graves in the Marietta National Cemetery.

Campus Crusade For Christ

By Darrin Hendley

Have you heard of the Four Spiritual Laws?

Law 1: God loves you and offers a wonderful plan for your life.

Law 2: Man is sinful and separated from God.

Therefore he cannot know and experience God's love and plan for his life.

Law 3: Jesus Christ is God's only provision for man's sin.

Through Him you can know and experience God's love and plan for your life.

Law 4: We must individually receive Jesus Christ as Savior

and Lord; then we can know and experience God's love and plan for our lives.

You can receive Christ right now by faith through prayer. If this prayer expresses the desire of your heart, then pray this prayer right now, and Christ will come into your life, as He promised.

"Lord Jesus, I need You. Thank you for dying on the cross for my sins. I open the door of my life and receive You as my Savior and Lord. Thank you for forgiving my sins and giving me eternal life. Take control of the throne of my life. Make me the kind of

person You want me to be." Amen.

Tuesday Time-Out is CCC's weekly meeting from 12-1 pm in the Burruss Auditorium (Exhibit Room). Campus Prayer is every Thursday night from 8-9 pm in Norton Dorm room 318. Also, six week Bible studies have been scheduled. The 1 hour/week (6 week) Discovery Group Study is offered on Wednesday from 7-8 in Norton Dorm room 318 and on Thursday from 3-4 in Norton Dorm room 317. I pray that you will join one of these studies. (John 1:12)

AIAS

By Timothy W. Barker

Spring quarter is shaping up to be a hectic one for the SCT chapter of the AIAS. With Archifest going on the week of April 24-30, there are events to attend every day of that week.

On Sunday, April 24 students from Southern Tech took a tour of architect's offices located in the midtown area of Atlanta. The tour was just the right way to spend a nice Sunday afternoon.

On Wednesday, April 27, the AIAS will hold a general membership meeting. The speaker for this meeting will

be the in-house architect for TBS (Turner Broadcasting System), Ken Gwinner. The meeting will be held at 12:00 in the Burruss Auditorium. Look for notices concerning this meeting around campus. Later that evening a reception will be held at the Atlanta High Museum of Art in order to open the Frank Lloyd Wright Exhibit.

Archifest activities continue on Saturday, April 30 with a tour of the Healey Building in downtown Atlanta. At one time the Healey Building was the largest skyscraper in Atlanta.

AIAS members, architecture students, and the general public are all welcome to attend these Archifest activities. For further information regarding these events contact the AET Office or Robyn Patton.

Other coming events to look forward to include a proposed barbecue (look for time and place) posted around campus, and the sandcastle competition. Also be on the lookout for the new AIAS/SCT membership T-shirts. See you at the next meeting.

Sigma Phi Epsilon

By David "Scarecrow" Pate

I don't feel inspired to write this week, so in place of a fresh, new and exciting article, it will be my pleasure to present to you a re-run from February 17, 1981:

The Sigma Epsilon Colony of Southern Tech became the Georgia Eta chapter of Sigma Phi Epsilon Fraternity on February 14, 1981. The weekend started with a reception for the Installation Teams and members from our National Headquarters.

Initiation was Saturday at Roswell Street Baptist Church.

Those initiated were as follows:

Mike Powers Wayne Rogers
Jeff Perren Ernest Agan
Barry Baynes Robert Long
Warren St. Clair Hal Henning
Joe Gheesling James Trautwein
Eddie Maxwell Bill Scheible
Mike Stowe George Sanders

IOTA PHI THI

By R. Clark

Look out Southern Tech! A powerful political storm is about to take place at the heart of this campus. This storm will be engineered through one organization with its point of interest being the unification of the nationalities on this campus. Have you noticed that this campus is run by virtually one nationality? It is not uncommon for one to take better care of what belongs to him than what belongs to another. Need we say more. What we propose to do is to create an environment where all nationalities will, at the least, have the chance to meet and work with each other, on a continuous basis. By fostering an organization that will act as the base unit for all organizations. Such an environment will be the common ground between all organizations. A place where all can come together as a unit. A unit known as Southern Tech.

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David Nail David Woods
Keith Phillips Mark Music
Jerry Taylor Stan Finley
Cliff Bair Hal Lowder
Eric Rumer Ronnie White
Barry Bynum

Our Banquet was held at Perimeter North Inn starting at 8 p.m. Guest speakers were President Stephen Cheshier; Brother Bob Jones, Sigma Phi Epsilon Board of Directors; Brother Tom Lawrence, District Governor. Following the banquet the brothers departed for a party. From comments that have been heard, the banquet was a great success.

Much appreciation goes to all who helped us in our quest for our chapter. These include Sue Konrad, Dean Charles Smith, our advisor Bob Adams, and Sam Ruble, Regional Director. Our auxillary, the Golden Hearts, deserve a hearty round of applause for their tremendous help. Those not mentioned, also deserve much applause.

We made our contributions as a colony, we will continue to add to the Southern Tech Campus as a chapter. We will be seen better than ever as we are here to stay!!

P.S. - We would like to welcome our new brothers: Al Holstein and Brad Cook!

P.P.S. - It's Great to be a Sig Ep!

ASQC

STUDENT CHAPTER

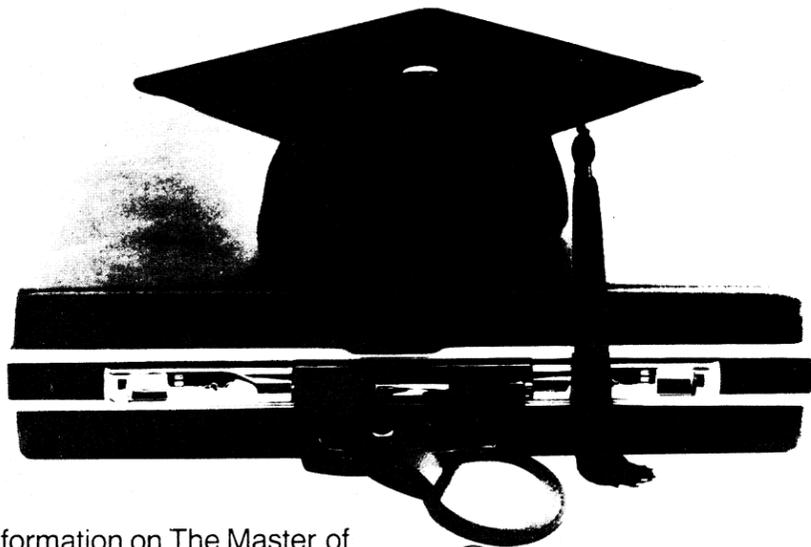
By Bobby Forester

The date of the next ASQC meeting was moved up from May 12 to May 5. Pam Matthews, who is a Southern Tech graduate will speak on quality in hospitals, she works at Dekalb Hospital. The meetings are always on Thursdays at noon in room 4213, on the announced dates. Everyone is invited to come by for snacks and refreshments and find out what ASQC is all about.

The 26th of May is the tentative date for the N.E.C. tour in McDonough, Ga. The sign up sheet will be at the ASQC meetings. Five members attended the Rockwell Missile Plant tour last Thursday. It was very interesting and a lot of fun.

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Leadership (from page 3)

this topic was time management. Mr. Miller asked students what they wasted their time on. Television was a common answer, and "soap operas" and "bumming around" were given as time wasters. "You cannot beg, borrow, or steal time," Mr. Miller said. "Time is like a cancelled check." Once it is spent, it cannot be used again.

The first step in time management is to identify how you spend your time. Then the amount of wasted time becomes apparent. Once you see how your time is spent, you can take action and eliminate your wasted time and become more productive.

During lunch, Mr. Jim McKee, Management Consultant and Assistant Professor from the IET Department, gave a workshop on getting leaders to see what their strong and weak points are. A list of adjectives were given and the students chose the adjectives that described themselves. From the same

list, students then selected adjectives they would like to use to describe themselves. This exercise showed students how they felt about themselves and improvements they could make.

After lunch, participants then had a choice of three workshops. "Strategies for Career Success" was given by Dr. Robert Harbort, Applied Computer Science Department Head. "Developing a Professional Image" was given by the Director of Cooperative Education, Ms. Regina Doyle. The third choice for this time was "Stress Management" given by Ms. Barbara Anderson, Director of the Advising Center.

Ms. Anderson began her workshop by stating that "stress is linked to many major ailments." Stress is a part of everyone's life, and it can be beneficial or harmful. **Eustress** is a beneficial type of stress that motivates people to get a task done. An example of this type of stress is the tightness felt before a date.

Distress is a low-level harmful stress that a person may en-

counter during a test. When a person experiences a third type of stress, **Hyperstress**, outside help should be sought. A fourth type of stress is **Hypostress**. Barbara Anderson said that these victims "Do not reach their full potential. They tend to be depressed or an underachiever."

The group was then given material on stress management techniques. One technique Ms. Anderson mentioned was deep breathing. There are six steps to this process and they are:

1. **Inhale** deeply, first filling the diaphragm with air (stomach goes out). Continue inhaling as the lower part of the chest expands. Finish inhaling as the upper ribs are expanded and the top of the lungs fill with air. Inhale for three seconds, hold for 12 seconds.

2. **Exhale** slowly. The air flows out smoothly from the top of the chest, down through the middle and completely out as the stomach draws in. Exhale for six seconds.

3. Repeat steps 1 and 2 five times.

4. **On the sixth time, inhale for 20 seconds and exhale explosively.**

5. **Rest.** Allow yourself to experience any of the physical sensations that accompany breathing in this relaxed manner. Sit quietly for one minute allowing your breathing to reach its own level.

6. **Repeat** steps 1 through 5 if necessary.

She concluded the workshop by stating that common irritants such as getting stuck in traffic may be more stressful than a major trauma losing one's job over a longer period of time. And these common stresses may lead to "poor mental and physical health," Ms. Anderson said.

After a short break, a second group of three workshops began. "Training for Orientation Leaders" was given by Mr. Rick Miller. The second workshop was "Decision-Making, Leadership and You". This was given by Mr. Herbert Smith, Associate Professor in the Humanities and Social Sciences.

"Delegation Strategies" was the third workshop led by Dr. Rebecca Rutherford, Assistant Professor in Applied Computer Science. Helpful suggestions were given in dealing with leadership problems. For example, how does a leader motivate a group toward a common goal? This may be done by making the members feel important and make them understand that the work they do is important. Other problems and possible solutions were discussed during this session.

The Leadership Conference concluded with a discussion by Rick Miller entitled "Let's Set Some Goals". During this segment Mr. Miller gave four steps to use when reaching for goals. First, define what it is you want. Next, determine what are the obstacles to achieving the goal. You must next find people who could help you overcome these obstacles? And finally, a date must be set when the goal should be accomplished.

The Student Leadership Conference could not make leaders out of the students, but rather, it gave students the tools to become leaders.

New SGA President's Strategy

By Jim Terry

Beginning summer quarter, Dawn Kyle will be the new SGA President.

Although she has experience in working with SGA, she had not intended on running for office until sometime, up to two years, later. Prompted by the lack of interest in the office reflected in the single petition submitted, she stated, "I thought that was sad--not the person who petitioned, but that only one person would run for this office. I thought, why procrastinate? Why not do it now and give the students a choice."

A result of the diligence in pursuit of the SGA President's office was increased voter turn-out. This came about because the candidates met the students face-to-face and spoke before the election.

Addressing some of the foremost issues, Ms. Kyle suggested that increasing the parking for dorm residents would top the list of her initial duties. She offered a solution in reserving spaces in either the main or the lower (theatre) parking lots. Another pursuit will be to reexamine the rules for the 20 minute unloading zone by the dorms. Trying to move into a fourth floor room with one's possessions in 20

minutes can turn into a race against the clock.

Another topic of concern is the present system of instructor evaluations. As it now exists, an instructor passes out evaluation forms to each of his classes, turns them into the department head, gets them returned back to him and chooses the "best" class of evaluators. This one class is the one placed on public file. Having this control to pick the best can bias the actual file. "I think all the evaluations should go on file," Ms. Kyle said, "so that if a student wants to see an overall perspective of how this teacher is" viewed by other students without the bias.

The opportunity to see other Georgia colleges' evaluation systems will come about during a Student Advisory Council (SAC) Conference to be held in Americus May 13-15.

Student governments from all over Georgia present their concerns to the Board of Regents during the SAC Conferences. Issues such as the evaluation system, bookstore problems, and other student related involvements are brought before the board. Problems facing a college for the first time may possibly find a solution within the SAC if

another school(s) has faced a similar situation and responded successfully. One major drawback to presenting valid complaints is if a college airs one that is not common knowledge among a majority of the other schools present. The Board of Regents does not recognize much importance in such an isolated case. This is where the whole student body plays a very important role; it can determine those issues which get acted upon, and, unfortunately, those that do not. Ms. Kyle emphasized the need for student involvement "because just 30 minutes of productive work makes a difference." Not sure of any one approach to boost student awareness, she stated, "I don't know what that would be at this point." She did suggest that each campus organization have one representative attend the regular SGA meetings; these are held every other Tuesday in Ballroom C. Those organizations seeking SGA funds should certainly be present. Nonetheless, "only one person from each organization still can't get information out to the whole student body." Putting fliers out does not fill the void. She added, "Trying to get one quarter of 3000 students involved is a large task."

Her experience in co-op and



DAWN KYLE will become SGA President beginning Summer Quarter. She has ideas about ways to improve the Southern Tech campus.

-Photo by James Connell

previous SGA involvement may be the necessary edge that will enable her to strengthen student participation at Southern Tech.

With the SGA serving as a bridge between the students and the administration, increasing student awareness and involvement can only give

the bridge strength. Citing a need to be responsive to all students, Ms. Kyle tentatively plans to be in her office on Tuesday and Thursday evening for night students.

"I know what can and cannot get done," she stated, which was based on her previous SGA work.

SPORTS

SCT Track Club

By Eric Smarr

On April 9, 1988, the SCT Track Club attended the Emory Classic Track and Field Meet. Four members were present, but only two actually competed. Keith Neundorfer and myself ran in the 400 meter dash. I placed 10th with a time of 52.40. Mr. Neundorfer was 12th with a time of 54.40. Our truly incredible performances gave SCT a 9th place overall finish. Truly phenomenal considering there were only nine teams present. But anyway, that's a different story for a different day.

There seems to be a slight problem with participation. We have the support, but not the physical effort. So, I have a challenge for the individuals, clubs, and Greek organizations of SCT. On May 6, 1988, the 2nd Annual Southern Tech Intramural Track and Field Meet will be held at the Marietta High Track. I challenge the runners of Southern Tech to show up, and compete. Basically, be there, or be someplace less challenging. For more information on redemption of self, or organization, contact:

Dr. Bruce Eure 424-7423
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"We believe that God is giving us, as students, a moment in history to shake powers and principalities, seen and unseen, for the Kingdom of Heaven.

"We believe the time has come for us, as students, to lay aside apathy, materialism, and mediocrity to live unreservedly for Christ in the power of His Spirit.

"We believe the time has come for us, as students, to reject the rampant pursuit of career and money and instead to pursue the urgent call of the eternal welfare of men and women worldwide.

"We believe the time has come for us, as students, to urge leaders in government, media, religion, business, and education to give proper thanks and honor to God, and to be men and women of integrity.

"We believe the time has come for us, as students, to lead the world in establishing prayer movements through which God can send a mighty spiritual awakening to our planet.

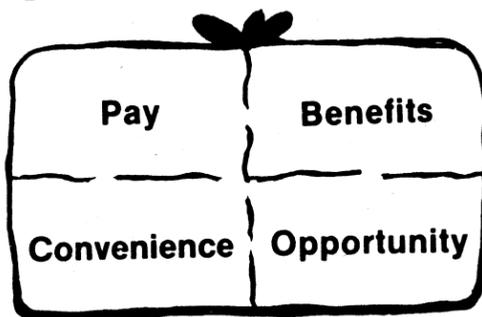
"We believe the time has come for us, as students, to consider the Great Commission of Jesus Christ as our personal and primary responsibility before God and to get on with the job of reaching and discipling the nations of earth before Christ's return.

"Finally, while we believe in glorifying Christ in all we do, we do not think that at the Judgment Seat He will primarily ask us what honors we won, what career positions we held, what our bank balance was, what GPA we achieved, what fashions we chose, what denominations we belonged to, or the salaries we earned. Rather, we do believe He will ask us what we accomplished for eternity in the souls of men and women.

"Therefore, we give ourselves wholeheartedly to Him to go where He tells us, to do what He commands, and to say what He says, empowered by His Spirit as long as we shall live on this earth."

Dan Hayes

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