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WEDNESDAY, NOV. 2, 2005



Photo courtesy of Susan Bull

Coles College Dean Tim Mescon and MBNA Senior Executive Vice President Michael Durroh open the doors to the new MBNA Career Services Lab in the bottom floor of the Burruss Building.

## Nuts and bolts MBNA career service resource lab scheduled to open

Susanna Rose  
Staff writer

Students will soon have a new resource on campus to help them find employment.

The MBNA Career Service Resource Lab was dedicated in a ribbon-cutting ceremony Tuesday, Oct. 11. It is scheduled to open once all personnel are hired.

Named after MBNA, the company that provided the space as well as the hardware and software needed to utilize successful job searches, the lab is designed to help students to find a job in any industry globally.

"The MBNA Career Resource Lab is a premier resource for students looking to find a position and it is our sincere hope that students will find it a valuable resource," said Lisa Duke, director of development at Coles College of Business.

Initially designed for the College of Business, it was decided in Dec. 2004 to expand the lab to allow all students to take advantage of the facility.

"It will be a good resource and it's in a good location so everyone will be able to have access to it," sophomore accounting major, Natalie Jones, said.

"It will be very helpful," said MBA student Pramook Meesilpa, who is interested in entering the financial field.

The MBNA lab will supplement resources provided by the career services center in order to maximize efforts to create job opportunities for students in the metro Atlanta market.

Additionally, staff from the career services center will provide frequent training.

"This lab is an important resource for all students, faculty and the KSU Career Services Center," Lisa Duke said. "We have wonderful staff members there and they work diligently to provide students and the surrounding community with superior service."

While the appropriate staff are currently sought by the human resources department, the lab space is now being utilized for training and key management meetings.

"It's wonderful that MBNA is providing this free resource," Tim Mescon, Dean of the College of Business, said. "The lab will be a place where students can get down to the nuts and bolts of job hunting, including preparing and distributing their resumes. It's a wonderful resource and we're very grateful."

## Ticket to career path of excellence

### Majors fair held for undeclared students

Kayla Sargent  
Staff writer

Representatives from different university programs around campus set up tables to answer questions and promote their majors at the Majors Fair Oct. 21.

Their mission was to change the undeclared status of many students on campus.

"It was a joint effort between the CAPS Center and the academic departments to familiarize students with all programs that are available, such as minors and certificate programs," Brian Blanker, associate director of CAPS, said.

The Majors Fair is especially helpful for those who are considered undecided. Information and insight into every KSU program was all available in the same room. Individuals in the programs generally believe that when students plan ahead, they have time to change their mind. It also helps the university to prepare for that program.

"The Majors Fair is a great opportunity for all students to see what Kennesaw has to offer," Cole McDonald, senior music performance major, said. "Those who are undecided can talk to people and figure out what they want to do."

When planning schedules, students tend to want to get all of their core classes out of the way before starting on major courses. This pitfall can put students back by semesters, ac-



Kayla Sargent | The Sentinel

Students find their way through information booths.

ording to participants in the fair.

Most programs include class progressions that require students to start their major courses in their second year if they are planning to graduate in four years.

The university offers majors of all types. Some majors force people to be culturally aware and appreciate the diverse communities of the world.

"This major fosters an understanding of a global experience of African people all over the world," Dr. Rosa Bobia, director of programs of African and African Diaspora studies, said. "Students need an appreciation for the diverse character of our global community. This is a major that is important for all students, not just African students."

Other majors, such as accounting, start out as a five-year plan.

"We want students to know that there are many jobs for accountants," Ralph Walker, business information systems management professor, said. "They need to be dedicated students, as it is a five-year plan and 150 credit hours are required."

"There is a great need for accountants in today's market," Dr. Arjan Raven, MIS professor, said. "It is a very promising job if you can handle it."

The program consultants at the fair recommend students speak with academic advisors as soon as possible.

"For undeclared students, the Majors Fair is very important," Dean Adams, performance studies professor, said.

"They must talk to advisors if they want to graduate on time."

As President Betty Siegel often says, KSU wishes to offer much more than a "ticket to a trade." Exploring different options helps students discover more about themselves and about the world. The university offers a global perspective in several of its programs.

"Students need to focus on what can make them a citizen of the world, not a citizen of their country," Bobia said.

Students who are looking to discover more may choose to take a minor. Minor classes can be taken in the elective spots of most major track requirements.

"Getting a minor gives the power of having two knowledge bases," Bobia said.

## Looking through beer goggles

### Planned activities promoted responsible drinking

Elizabeth Sewell  
Staff writer

National Collegiate Alcohol Awareness Week was held Oct. 17-20 by the Wellness Center, hosting events to teach students the importance of responsible drinking.

Sarah Brooks, Wellness Coordinator for the Center for Health Promotion and Wellness, said she was happy with the strong turnout at the events. The week began with Mariachi and Margaritas, an event in which On The Border and the

Wellness Center served virgin margaritas and chips and salsa on the student center terrace. More than 400 students attended.

Mariachi and Margaritas was followed by other events such as Walktoberfest, Lunch-n-Learn, Mocktails and Karaoke, and a Texas Hold 'Em Poker Tournament. The Mocktails and Karaoke event was held two consecutive nights with more than 250 students in attendance, making it one of the more popular events of the week.

A new event offered this year was called the Beer Drive. With the help of the KSU police department, students were able to test their driving skills while under the influence of beer goggles, which simulate the impaired vision of a drunk driver.

A course was set up with cones outside of the wellness center, where students could wear the beer goggles and attempt to drive a golf cart through the course.

"Obviously the course was hard and people were knocking down cones," Brooks said, acknowledging that the event was a good way of showing how levels of alcohol affect driving skills.

"So many young people die wanting to have that one night of fun," sophomore nursing major, Nancy Walter, said. "I think it's really sad."

"The week promotes responsible drinking and a safe, healthy life style," Brooks said. "The events are a fun way to promote those things. It's a fun way to show that you don't have to be drunk to have fun."

## Alternative medicine center to hold conference

### Programs designed to meet needs of elderly

Julie Bragg  
Staff writer

The Center for Active Retirement Education [CAREing Center] and the Center for University Learning are hosting the Consortium on Active Retirement and Aging [CARA] conference, which will be on The Tapestry of Healing: Body, Mind, Spirit Nov. 3 at the KSU Center.

"The programs are planned under the direction of Dr. Barbara Karcher, director of the CAREing Center, with a

steering committee made up of professionals in the community who work in the aging field," Patsy Matthews, project coordinator for the center, said. "We try to always keep up with the needs in the field of aging and meet some of these needs through CARA."

The alternative medicine program will feature guest speakers including Dr. Richard Panico, Mark McDermott, LLP, Susan Kramer, Ph.D., Marge Roberts, Roz Zollinger and Janis Kleinberger.

Although the public is invited to attend the program, the main audience is expected to be members of CARA or others with an interest in alternative

medicine.

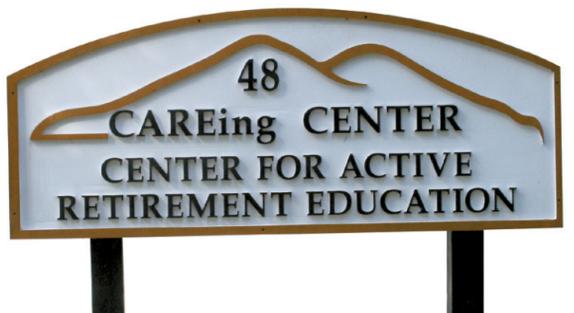
"The program is a really good thing for KSU to do," Laura Larsen, freshman biology major, said. "Offering this program to the public is a great way to reach out to the community. Anyone can come to it and anyone can learn from the program because it allows anyone from the community to listen to professional expertise they might not have been otherwise exposed to and enables them to hear information they may not have otherwise been able to hear."

CARA offers four programs each year. They include Use it or Lose It, Memory and Aging, Examining the New Longevity:

Health and Old Age, and Ethical Issues in the Face of the Longevity Revolution.

The CAREing Center was established to meet the needs of the fast growing population of adults aged over 60 and to serve as a focal point on aging issues. It is under the RTM Institute for Leadership, Ethics and Character and presently The mission of CARA is that, through academic and community partnerships, the CAREing Center will provide education, service programs and research related to aging and lifelong development.

"Plans for CARA include broadening the focus to educate businesses, public officials, and



others who make decisions that involve the aging populations," Matthews said.

Other programs offered include a gerontology certificate program and a staff development program.

The attendance fee for community non-members is \$45. Staff cost is covered by the Center for University Learning.

The organization member fee is \$180 for three individuals to attend each program and an individual member fee is \$75 per program. Students may attend the program free of charge.

"We think the Nov. 3 program is an excellent program that will result in better care and an alternative care for the older adults," Matthews said.

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# Through her lens

## Student wins second in photography prize

Susanna Rose  
Staff writer

KSU student Kristen Huskins came in second place in the 2005 My Atlanta Photography contest, which was sponsored by the annual Atlanta Celebrates Photography [ACP] Festival.

Huskins is a senior visual arts student, majoring in photography and printmaking and she is relatively new to photography. She took her first class last fall and started getting more serious about photography in last spring, even developing her own subject matter.

"I didn't have the means to take photography until Photo 1," Huskins said. "I discovered I had a real knack and enjoyment for it."

"Kristen has a wonderful sense of herself and her personal vision," visual arts professor, Valerie Dibble, said. "She does very high quality and professional work and is starting to build a very impressive portfolio. She also has a very

impressive personal vision that the other students get a lot of inspiration from."

"She has a very unique eye and how she sees life and that is evident when you look through the lens of her camera," fellow photography senior, Amanda Palmer, said.

Huskins found out about the My Atlanta Photography contest through professor Dibble and was the only student from KSU who entered her work, even though it was open to anyone in Atlanta.

"I had a good feeling during the event," Huskins said. "I got a lot of compliments and encouragement from everyone who viewed my work. I was very surprised and flattered to win second place."

Kristen enjoys capturing subject matter such as nudes and dilapidated buildings that have been torn apart or covered with graffiti art using her Konica-Minolta Dimage X1 digital camera.

Of the buildings, she said, "I try to make them symbolize



Kristen Huskins

human personalities. The backs of the buildings always look dirty and unkempt but the fronts are always nice and clean—just like human personalities."

Huskins said though she hopes to pursue massage therapy as a full-time career, she would like to continue photography on a freelance basis. She said she feels confident in her ability, and is motivated to get a portfolio together in order to enter more contests.

"I really love photography and think it has come a long way as an art form," Huskins said. "It is a very universal way of communicating and making people understand things they wouldn't usually understand."

# Sales students show & sell



Special to The Sentinel

Approximately 30 sales students took part in the first Center for Professional Selling monthly sales gathering Oct. 26. Students ate pizza, watched the sales-themed movie *Tommy Boy* and participated in a sales-related discussion.

# POLICE BEAT

Compiled from campus police records

Chauntrell Lofton  
Staff writer

There was an **automobile break-in** on the north parking deck Oct. 11. The complainant said she parked her car on the fourth level of the parking deck Oct. 10 at approximately 2:00 p.m., and noticed damage to the vehicle when she returned nearly five hours later. She told police her white iPod and car kit were missing. The reported value is \$360. The responding officer noticed the front driver's side window was broken.

Two students were involved in a case of **harassment** Oct. 10. The complainant said after observing a gold Toyota Camry sitting on the road in parking lot A, she proceeded to go around the vehicle in order to pull into a vacant parking space. The complainant said the driver of the

Toyota proceeded to get out of the vehicle, approached her vehicle, and told the complainant that she needed to move because she was waiting for the same parking spot. After she did not get a satisfactory response, she proceeded to call the complainant obscene names. After the responding officer made contact with the driver of the Toyota, she admitted to making obscene remarks and agreed not to attempt further communication with the complainant.

Students in an apartment on Idlewood Avenue were **suspected of drug use** Oct. 10. Upon arrival at the building, officers met with the resident assistant, who said she received an anonymous phone call about students possibly smoking marijuana. The responding officer and resident assistant entered the apartment and immediately smelled the odor of burnt marijuana. A student was inside the apartment and later admitted he had smoked marijuana early that morning. The resident assistant advised the officer she would file judiciary forms for the student. No arrests were made.

# Yoga vs. Pilates

Elizabeth Stott  
Staff writer

Yoga and Pilates achieve a balance between the mind, body and spirit. However, many people do not know the two are different types of workouts.

Pilates and yoga have become popular in the United States in the past five to 10 years.

Yoga is considered the parent of all exercise techniques, and Pilates is considered the child of yoga. Yoga dates back approximately 5,000 years and concentrates on ethical and spiritual values. It is a variation of poses a person holds for a period of time while meditating.

"People of all ages take up yoga to get the kinks out of their bodies, strengthen bones and muscles, improve posture, breathe better, relax and im-

prove their overall health and vitality," according to a CNN article.

Pilates was developed by Joseph Pilates, who used it to strengthen his sick body. He also used it to help soldiers rehabilitate during World War I.

There are many variations of Yoga and Pilates. Other differences in yoga and Pilates are the types of movements and breathing techniques used during the workouts. Yoga exercises are static, which means a person holds a pose for several breathing cycles and then releases. Pilates uses dynamic exercises, which contain repetitions and a fluid rhythm from one movement to another.

There is a difference in the way a person should breathe during yoga or Pilates, but both workouts have coordinated breaths with the movements.

A style of breathing is used during Pilates called 'ribcage breathing.' A person must protect their spine by holding their abs in and taking deep breaths

in each position by expanding the ribcage.

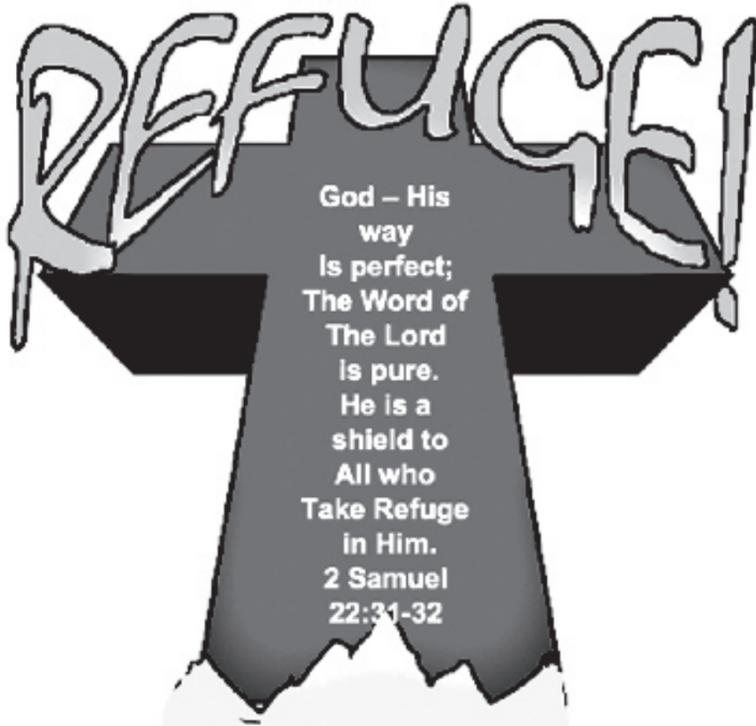
A person should inhale through the nose and exhale with the mouth in both styles of exercise.

Yoga uses belly breathing to make a person relax. A person is instructed to make a deep noise in the back of their throat to help them focus during a pose. Yoga uses the nose to inhale and exhale air. The goal in yoga is to keep energy flowing through the body and the mind. Pilates is more of a physical conditioning class, where the exercises that are performed stretch and strengthen the muscles in the body.

"Pilates techniques quickly became a hit with dancers, who found them a highly effective way to improve body awareness and alignment and promote graceful, fluid motion," according to Kathy Smith, in an article by Xtremefit.



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# Graduate school dilemma

## Graduate Record Exam procedures will change

Amy Storey  
Staff writer

The Graduate Record Exam [GRE] is undergoing a drastic change for the first time in more than fifty years. Nearly 500,000 graduate school applicants take the exam annually for application to graduate and doctoral programs in the arts, science, humanities and engineering.

The new GRE, which is set to debut in October 2006, will bring many changes to the structure of the exam and how it is taken. The test will nearly double in length, going from a two-and-a-half hour test to a four-hour test. Complex reasoning and data interpretation questions will be added to the current content. The verbal portion will include more critical reasoning and sentence equivalent questions. There will be less of a focus on geometry and more focus on data interpretation with word problems focusing on more real life scenarios.

"The new content will give a better gauge of success in graduate school. They [graduate schools] are looking for a more accurate predictor of success in graduate school," director of graduate programs at Kaplan Test Prep and Admissions, Susan Kaplan, said.

"Graduate school is tough," said Matt Logan, a sophomore history major. "It is where the upper crust of our society is coming from for the most part, so if they're going to increase the difficulty of the exam, I think that's a good thing."

The test will be scored on a scale ranging from 120 to 170 points instead of 200 to 800. It will be administered almost every day, though starting October 2006, there will only be thirty test dates in a calendar year. "Currently the format is a computer

adaptive exam that is administered almost every day of the year, and it is going to switch to a computer linear format," Kaplan said. "They are doing this for security reasons with the computer adaptive test, questions certainly change, but there were questions that were used though different administrations. It was reported in Asia where students were posting questions on the Internet."

The computer adaptive exams were able to gauge a particular student's performance level after serving up an introduction question. Students who answered the question correctly were served up more difficult questions and students answering it incorrectly were served up less difficult questions. With the computer linear exam, students will not have this luxury.

"I think it's ridiculous that the exam is getting harder," junior business management major, Ryan Paulin, said. "People in the past have had the opportunity to take it at their own skill level and now it's unfair for students that won't be able to take it before October. I don't think it should change ever."

"It's already hard getting through college as it is," junior pre-pharmacy major, Heather Crow, said. "If you've got the grades, it shouldn't really matter."

"I don't think it should discourage students," Kaplan said. "I think it's important for them to think about this change seriously. They need to think about the changes now. When to take it and how to prepare. If they're ready, we certainly encourage students to take the exam before it changes October of 2006. We recommend students prepare three months before actually taking the exam."

**"Graduate school is tough," said Matt Logan, a sophomore history major. "It is where the upper crust of our society is coming from for the most part, so if they're going to increase the difficulty of the exam, I think that's a good thing."**

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# VIEWPOINTS

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# Honesty



## The unlikely ratings booster

Mike Miracle  
Columnist

Politicians in Quebec are onto something - they have found out honesty truly is the best policy at least in regard to gaining voter approval.

What a concept! Who would have thought relaying truthful information to the public would result in an increased likelihood of gaining public office? It doesn't seem many U.S. representatives have cottoned on, as their words range from slightly misleading to outright deceitful.

Perhaps a look toward Quebec's political environment could help shed some light on the lost art of honesty.

Andre Boisclair recently became the leading candidate for head of the separatist party known as Parti Quebecois. Boisclair did not have leader status until a report came out detailing his apparently eccentric after hours life in Quebec City, where he lived while serving on the cabinet in the 1990s.

The report highlighted acts of binge drinking and cocaine use and described some of Boisclair's escapades as the type that "at the end of...you can't recall where you left your rented car."

Sweet. Well, maybe sweet for college kids but for acting politicians? Not so much. This report leaked to the press and the public wanted to know the truth, which led to Boisclair being questioned about the allegations.

Incredibly, Boisclair admitted to them all. The partying, the drugs, the late night romps - he took responsibility all of it. This might seem like political suicide, right? Everyone knows

when these types of allegations are brought out, a politician has one of three avenues: categorically deny any and all allegations, admit to the few that have or could be proved, or pretend the allegations cease to exist and continue lobbying as an upright, law-abiding citizen. But never, under any circumstance, will a politician readily admit to charges that may bring him into disrepute.

**"Who would have thought relaying truthful information to the public would result in an increased likelihood of gaining public office?"**

Why? Because, while many argue the only bad press is no press at all, press that portrays a candidate as a drug user/sexual deviant/alcoholic will supposedly have an adverse effect on his chances of reaching office.

In contrast to the American political standard where allegations equate to lower approval ratings and lead to vague and verbose answers to said allegations, Boisclair not only admitted to the charges, but his candor resulted in an increase in his approval rating. Even a vast majority of polled voters, 70 percent, said they would not only vote for the Quebecan, but they also believed his cocaine use was not an issue.

Politicians being honest to an understanding public: a truly unrealistic ideal or a manageable goal?

American voters hold politicians to a higher standard, as well we should, because we are voting for those we feel will best represent a moral way of life and our American ideology.

Regardless of political affiliation, candidates should feel obligated to live an honest life, if only because they were elected on that premise.

When politicians are asked about questionable practices they should be honest. When honest exchange occurs the public feels sympathetic to the politician. The public feels it elected an honest official who has flaws just like everyone does, as those in Quebec certainly did. Honest officials with honest answers to an objective public? What a novel idea.

## Life sentences Should justices have term limits?

Derek Foster  
Columnist

It is popular today to talk of the U.S. Constitution as if it were something solid and steadfast as the soil we walk on. Yet while many of us fervently defend our inherent rights in the Constitution, we seem to neglect the fact these rights are contingent upon the interpretations of the Supreme Court. It is important to realize the validity of our rights rests with the nine men and women who preside on this council. So when we consider the Supreme Court, we must understand we are dealing with an important issue - our freedoms.

With President Bush's recent decision to nominate John Roberts to the Supreme Court, in anticipation of Robert's potential decades-long career, a question has come to the forefront of the American mindset: "Should there be term limits for Supreme Court justices?" Firstly, it should be noted the Constitution states, "The Judges, both of the supreme and inferior Courts, shall hold their Offices during good Behavior." In the case of Supreme Court Justices, this is interpreted to mean as long as justices do not commit any kind of treason or high crime, their positions are secured for life. Thus, when we discuss Supreme Court justice term limits, we are talking about a possible amendment to the Constitution. The

question we need to ask in dealing with this issue is, "What compelling reasons are there to propose this amendment?"

Historically, what has kept nations healthy has been leaders who knew the right application of old framework laws under new circumstances. This is difficult when it comes to government, for to be in government means to be detached from society. Officials can only experience the life of common men as outsiders, like a school principal in a student body. They cannot experience the law as ordinary people experience the law. The officials must be detached because they are busy maintaining the framework of law by which the rest of us may continue living our lives. However, officials can only have this detachment so long before they begin to become out of touch with the culture in which they apply constitutional laws.

**"What we need are judges who understand the Constitution"**

And it is feared that justices who have served for decades may fail to understand how to effectively apply the constitutional laws in a society from which they have become distant.

What we need are judges who understand the Constitution, yet have also been part of common society recently enough to comprehend the relevancy of the constitution in such a fluxing society. This is why it would be best to put term limits on Supreme Court Justices - to allow fresh candidates, who understand the constitution as well as society, the opportunity to be appointed as justices so that they may influence this country for the better. Instituting these limits will not solve the challenge of appointing candidates with the right combination of judiciary and common knowledge, but it will certainly give those who are eligible the chance to come forward in times when they are so desperately needed.

## LETTERS TO THE EDITOR

### Neo-cons favor U.S. imperialism

From his first inauguration, President Bush has systematically implemented the neo-conservative strategy outlined in the Project for the New American Century, a cleverly disguised ideology to justify American imperialism. It proposes that, since the United States is the sole superpower, we can now remake the world in our own likeness and simultaneously seize control of its most precious resources. The invasion of Iraq was brazenly planned long before 9/11: the United States requires a stronghold in the oil-rich middle east and it is thus our imperial right to take it. The invasion was justified as part of the war on terror but it was simple, unfettered imperialism.

We now know there never were weapons of mass destruction, Hussein was not working with Al Qaeda, and the statements made in front of the whole world at the United Nations were blatant lies. There were no plans for an exit strategy because the Bush administration has no intention of leaving. We are building permanent military bases all over Iraq. There are now more than 2,000 brave American dead and tens of thousands wounded and the internal crisis and instability in Iraq deepens daily.

This administration has made a policy of corporate favoritism and privileges the ultra-wealthy over common people. The Medicare drug bill was largely written by lobbyists for pharmaceutical companies, the energy bill gave huge tax breaks to oil companies and failed to address the issue of energy conservation. Environmental laws that have protected the American public for nearly 40 years are being gutted to appease corporate interests. Tax cuts for the wealthiest 1 percent of Americans -- who hold 40 percent of the country's wealth -- were passed in a time of record budget deficits.

This administration has appointed cronies and former lobbyists instead of experts to lead important government agencies. The results have been catastrophic. All now know that Bush's appointment of a former lawyer for the Arabian Horse Association as FEMA director produced a devastatingly inept response to the hurricane that caused --- and continues to cause -- untold suffering. Were FEMA a private enterprise it would be held criminally negligent.

Hubris, avarice and incompetence are the reality of this administration, and the American people continue to pay the price.

A campaign slogan from the last election is more appropriate now than ever, "Turn onto politics before it turns on you." Sadly, this has happened. The only way to prevent special interests from taking control of our future is to become fully engaged in the democratic process. Apathy is the only weapon those in power have to keep the public disenfranchised.

Ted LaRosa  
Professor of physics

### Postponed graduation

I would just like to make a suggestion to the Spring Schedule. I notice that the major field finance or economics classes are only offered at 5 p.m. There aren't any later classes, no weekend classes and no online classes for students almost finished with the program. Many business students are working students, and 5 p.m. just isn't feasible.

I personally wanted to take four classes this semester so I could graduate, but it looks like I will only be able to attend MTWT at 5 p.m. [that is if my place of employment will let me take off early - many other students may not have that luxury!] That's only two classes, which will put me a whole semester behind graduation.

To be honest, there aren't even more than two sections in any of the major classes. For the major field requirement there is only one section of two of three of the classes even being offered, and they are both during the day...how will the university fit approximately 300 graduating seniors in two sections of any particular upper level finance classes!?

Jessica Vickery  
Sophomore  
Finance major



### 2004-05 National Newspaper Pacemaker Award

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- 2.) The writer must include full name, year and major if a student, professional title if a KSU employee, and city if a Georgia resident.
- 3.) For verification purposes, students must also supply the last four digits of their student ID number and a phone number. This information will not be published. E-mail addresses will be included with letters published in the web edition.
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# CAMPUS LIFE

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## Five great dishes for easy entertaining

### Dish: SKILLET-ROASTED TARRAGON CHICKEN

Number Served: 4 servings

#### Ingredients:

- 4 bone-in, skin-on chicken breasts [10 to 12 ounces each]
- Salt
- Ground black pepper
- 3 teaspoons vegetable oil, divided
- 1 shallot, minced
- ¼ cup low-sodium chicken broth
- ½ cup dry white wine or vermouth
- 3 tablespoons cold unsalted butter, cut into 3 pieces
- 2 teaspoons minced fresh tarragon or 1 teaspoon dried



Adjust an oven rack to the lowest position. If not using an ovenproof skillet, place an empty 9-by-13-inch baking dish on the rack, and preheat the oven to 450 degrees. Pat chicken dry with paper towels; season with salt and pepper. Heat 1 teaspoon oil in a 12-inch skillet over high heat until just smoking. Add chicken, skin-side down. Cook until golden brown on both sides, about 10 minutes, turning once.

If using an ovenproof skillet, transfer to the hot oven. Bake until chicken is cooked through and registers 160 degrees on an instant-read thermometer, 18 to 25 minutes. Remove from the oven, transfer to a plate, cover with foil, and let rest while making the sauce.

[If the skillet is not ovenproof, transfer chicken to the baking dish in the oven, skin-side up. Do not wash the skillet].

If the oil and other liquid in the skillet has cooked out, add up to the remaining 2 teaspoons oil to the skillet; place over medium-high heat until oil is shimmering. Add shallot and ¼ teaspoon salt; cook until softened, 1 to 2 minutes. Stir in broth and wine, scraping up any browned bits; simmer until reduced and slightly syrupy, 8 to 12 minutes.

Stir in any accumulated chicken juices, pouring them from the baking dish, if used. Turn the heat to low; whisk in the butter, one piece at a time.

Off the heat, stir in the tarragon and season with salt and pepper to taste. If using dried tarragon, continue to cook over medium-low heat for 1 to 3 minutes. Spoon the sauce over the chicken and serve.

Per serving: 460 calories; 25g fat [49 percent calories from fat]; 9.5g saturated fat; 162mg cholesterol; 50.5g protein; 2g carbohydrate; 0.5g sugar; no fiber; 148mg sodium; 34mg calcium; 469mg potassium.

Adapted from *The America's Test Kitchen Family Cookbook* [America's Test Kitchen, 848 pages, \$34.95].

Judith Evans  
*St. Louis Post-Dispatch*

A few more weeks, another turn of the calendar, and there they'll be: the holidays.

In their honor, here are five mix-and-match recipes to take you from the cocktail hour to dessert.

We start with light and fruity Cranberry-Orange Spritzers. They're suitable for all ages, but adults may enjoy the addition of a splash of vodka.

Romaine salad is dressed up with hearts of palm, artichoke hearts, thinly sliced red onion and shards of Parmesan, then tossed with a lovely sun-dried tomato vinaigrette. If you have any leftover dressing, a drizzle will turn steamed vegetables into something special.

For a side dish, look for fresh brussels sprouts in the produce department. In our experience, the sprouts are a love-'em-or-hate-'em vegetable, but adding sweet potatoes and pecans will win converts. To avoid bitterness, take care not to overcook the sprouts.

Skillet-Roasted Tarragon Chicken is crusty and saucy and fragrant with tarragon. The key to this recipe is the tarragon - if you use a dried version, make sure it is still fragrant.

And for dessert, wow everyone at the table with chocolate souffle, either in a family-sized dish or prepared individually. Don't be afraid of souffles: One big secret is being gentle when folding the egg whites into the chocolate.

### Romaine Salad With Hearts Of Palm And Artichokes

Yield: 6 to 8 servings

For sun-dried tomato vinaigrette:

- ½ cup olive oil
  - ¼ cup red-wine vinegar
  - ¼ cup sun-dried tomatoes packed in oil, drained and chopped
  - 1 teaspoon minced fresh garlic
  - 1 teaspoon ground black pepper
  - 1 teaspoon salt
- For salad:
- 1 [14-ounce] can artichoke hearts, drained, rinsed and patted dry
  - 1 [14-ounce] can hearts of palm, drained, rinsed and patted dry



7 cups coarsely chopped romaine lettuce [from 1 head]

- 1 small red onion, thinly sliced [about 1 cup]
- ½ cup coarsely chopped fresh Italian parsley
- 1 [12-ounce] basket cherry or grape tomatoes, halved

Salt

Ground black pepper

To prepare vinaigrette: Combine oil, vinegar, sun-dried tomatoes, garlic, pepper and salt in a large jar. Seal the jar and shake until the dressing is well blended. Set aside.

To prepare salad: Quarter the artichoke hearts, and cut the hearts of palm diagonally into ½-inch-thick slices. Combine artichoke hearts and hearts of palm in a large bowl. Add lettuce, onion and parsley. Cover and refrigerate until cold. Shake vinaigrette to recombine. Toss salad with tomatoes and enough vinaigrette to coat. Season to taste with salt and pepper. Sprinkle with Parmesan shavings; serve immediately.

Per serving [based on 8 servings]: 208 calories; 16g fat [69 percent calories from fat]; 3g saturated fat; 2mg cholesterol; 5g protein; 11g carbohydrate; 2g sugar; 3g fiber; 705mg sodium; 101mg calcium; 400mg potassium.

Adapted from *Zov: Recipes and Memories From the Heart*, by Zov Karamardian [Zov's Publishing, 262 pages, \$35].

### Chocolate Souffle

Yield: 6 to 8 servings

- 5 tablespoons unsalted butter, divided
  - 1/3 cup plus 1 tablespoon granulated sugar or more as needed, divided
  - 8 ounces bittersweet or semisweet chocolate, chopped coarsely
  - 1/8 teaspoon salt
  - ½ teaspoon vanilla
  - 1 tablespoon Grand Marnier
  - 6 large egg yolks
  - 8 large egg whites
  - ¼ teaspoon cream of tartar
- Set aside 1 tablespoon of butter to soften at room temperature.

Adjust an oven rack to the lower-middle position. Preheat the oven to 375 degrees. Butter the inside of a 2-quart souffle dish with the softened butter. Or, if making individual souffles, butter 6 to 8 [6- or 8-ounce] ramekins. Coat the inside of the dish or dishes evenly with 1 tablespoon sugar, using more if needed.

Melt chocolate and the remaining 4 tablespoons butter in a large bowl set over a pan of simmering water. Turn off the heat; stir in salt, vanilla and Grand Marnier. Set aside.

In a medium bowl, using an electric mixer set on medium speed, beat egg yolks and the remaining

1/3 cup sugar until thick and pale yellow, about 3 minutes. Fold into chocolate mixture.

In a clean medium bowl with clean beaters, beat egg whites on medium speed until foamy. Add cream of tartar; beat on high speed until the whites form stiff, moist peaks. [The mixture should just hold the weight of a raw egg in the shell when the egg is placed on top.]

Vigorously stir one-quarter of the whipped whites into the chocolate mixture. Gently fold the remaining whites into the mixture until the beaten whites are just incorporated. Take care to be gentle, or the volume of the mixture will reduce and the souffle will be heavier than it should be.

Spoon the mixture into the prepared dish or dishes to slightly below the top; bake until the exterior is set [puffed, cracked and risen above the top of the dish], but the interior is still a bit loose and creamy, about 25 minutes for a large souffle or about 15 to 17 minutes for individual souffles [a wooden skewer inserted into the center of the souffle should test moist, but not gooey or runny.] Serve immediately.

Per serving [based on 8 servings]: 318 calories; 18.5g fat [52 percent calories from fat]; 10.5g saturated fat; 172mg cholesterol; 7.5g protein; 29.5g carbohydrate; 27g sugar; 1.5g fiber; 99mg sodium; 21mg calcium; 196mg potassium.

Adapted from *The Best New Recipe*, by the Editors of Cook's Illustrated [America's Test Kitchen, 2004, \$35].

### Cranberry-orange Spritzers

Yield: 8 servings

- For ice-cube garnish:
- 1 cup commercially prepared, pulp-free orange juice
- 1 cup cranberry juice
- For spritzers:
- 4 cups freshly squeezed orange juice, divided
- 4 cups cranberry juice, divided
- 2 cups sparkling water [cranberry-flavored if possible], divided
- Fresh mint springs, optional

To prepare the ice-cube garnish: Pour the orange juice into an ice-cube tray. Pour the cranberry

juice into another ice-cube tray. Freeze until solid.

To prepare the spritzers: Pour ½ cup freshly squeezed orange juice into each of eight 12-ounce glasses. Add ½ cup cranberry juice to each glass and then ¼ cup sparkling water. Add several cranberry and orange ice cubes to each, garnish with fresh mint and serve immediately. Per serving: 165 calories; 0.5g fat [3 percent calories from fat]; no saturated fat; no cholesterol; 1g protein; 39g carbohydrate; 32g sugar; 0.5 g fiber; 5mg sodium; 30mg calcium; 336mg potassium.

Adapted from *The New England Table*, by Lora Brody [Chronicle Books, 216 pages, \$35].

### Brussels Sprouts With Pecans And Sweet Potatoes

Yield: 4 servings

- 1 ½ cups cubed peeled sweet potatoes
- ¾ pound brussels sprouts, halved
- 1 tablespoon margarine or butter
- ½ cup chopped onion
- 1 teaspoon crushed fresh garlic
- ¼ cup chicken stock

4 teaspoons brown sugar or honey [see note] ¼ teaspoon ground cinnamon 2 tablespoons pecan pieces, toasted

Bring a saucepan of water to a boil. Add sweet potatoes; cook just until tender 3 to 5 minutes. Remove potatoes with a slotted spoon; set aside.

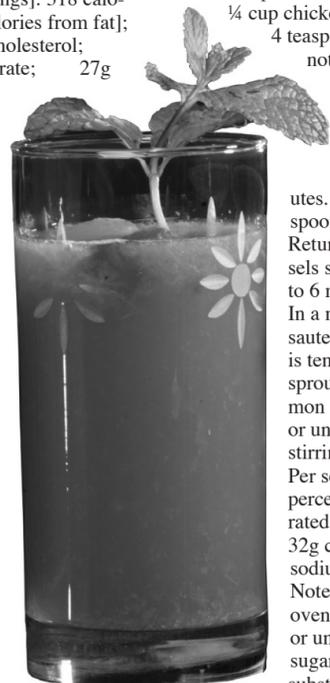
Return the water to a boil. Add brussels sprouts. Cook just until tender, 4 to 6 minutes.] Drain; set aside.

In a nonstick skillet, melt margarine; saute onion and garlic just until onion is tender. Add sweet potatoes, brussels sprouts, chicken stock, sugar, cinnamon and pecans. Cook for 3 minutes or until vegetables are heated through, stirring frequently but gently.

Per serving: 186 calories; 6g fat [29 percent calories from fat]; 1g saturated fat; no cholesterol; 6g protein; 32g carbohydrate; 6g fiber; 152mg sodium.

Note: Toast pecans in 400-degree oven or stir in a skillet for 2 minutes or until brown. Replacing the brown sugar or honey with granulated sugar substitute will save about 5 grams of carbohydrate per serving.

Adapted from *"America's Complete Diabetes Cookbook,"* edited by Katherine E. Younker [Robert Rose, 383 pages, \$19.95]

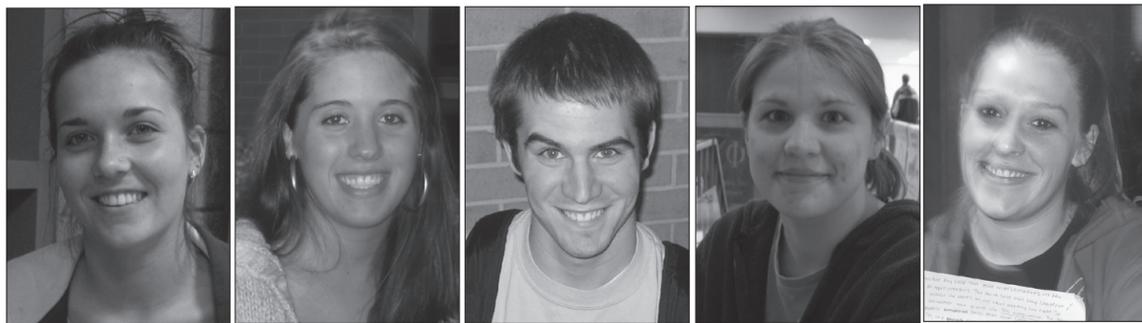


# Roaming Reporter



Alex Danaila

## I want to visit...



**Brandi Tomlison**  
freshman, psychology  
"Argentina, so I could learn spanish."

**Lindsay Hurlburt**  
sophomore, finance  
"Switzerland, my dad lived there and he always told me how pretty it is."

**Robby Ridgeway**  
sophomore, business management  
"Back-packing through Europe."

**Christina Myers**  
junior, biology education  
"Australia, because it's so beautiful."

**Stephanie Amerson**  
junior, early childhood education  
"London, England. I have family there."

# Shopping for Christmas presents

## Joe P. helps out with the Xmas burden

Joe Pettis  
Columnist

If you go shopping on a daily basis you have probably noticed something. No, I'm not referring to the drastic increase in the price of Ex-lax.

It's Christmas time and, boy, is every store on earth preparing for it. Stores like Wal-Mart have devoted half of its floor space, and virtually all of its slave force, I mean workforce, to the holiday.

Now, you might be thinking, isn't it too early to preparing for Christmas? Quite the contrary; if anything, it is way too late to be preparing. You should have started your preparations back in 1998.

Coming from a large family, I have plenty of experience when it comes to shopping. For starters, never buy anything for anyone under the age of 12. No matter what you buy for them, they will always find a toy that is better. They will simply toss away the present you bought for them and it will gather dust with all the others in the toy graveyard.

With that in mind, I have made a list for anyone who might be on your Christmas list. You can pay me back by not sending me a fruitcake.

**Younger Brother:**

No matter how old a guy is, he only has one thing in mind - naked women. While it would be nice for you to buy your brother a naked woman, the legalities involved are mind boggling. Therefore, it is more

sensible to buy him a subscription to a men's magazine. Keep in mind that age is a factor when deciding which magazine is right. For example, if he is 15 or under, get him a subscription to something simple, like *Playboy*. For those that are over 16, go all out and buy him *Juggs* or something similar. Not only will this be the greatest present your brother has ever received, but he will look up to you forever. This will be beneficial when he is twice your size and can remember the time you gave him an atomic wedgie.

**Younger Sister:**

Being a teenager can be pretty traumatic for a girl. This is a time in which she goes through many changes, which can often be embarrassing. Take advantage of the situation and try to make her feel as uncomfortable as possible. The easy way out is to buy her a case of super-absorbent tampons. While this method works, you can do a lot better. My favorite is buying her a training bra, especially if she is already in high school and has grown past this stage. Make sure the bra is covered in unicorns and rainbows. It is very important that everyone sees the present you bought her, so make sure everyone is around with their cameras when

she opens it.

**Dad:**

As I said earlier, all males have one thing on their minds - naked women. Keeping this in mind, take your dad out for a night on the town. While you could take him to one strip club and call it a night, go out all out and take him to every strip club in the city. If you are a male, take this time to bond with your father. After all, there is no better way to truly bond than to share an hour in the VIP room with your father.

Not only will this bring you closer to your father, but it will give you plenty of blackmail material to use later on. Trust me, this will come in handy when you need to be bailed out of jail for buying porn for minors.

**Boyfriend/Girlfriend:**

This is probably the most critical decision you will have to make. As much as you might love your family, chances are you do not want to sleep with them. If for some reason you do, then you have more problems to worry about than Christmas.

In case you have not got the clue yet, guys only want one thing: a threesome. Wait - what I meant to say was a naked woman. In all reality you could simply strip down to nothing and tie a large bow around yourself. Not only would your man be happier than ever, but you could save tons of money.

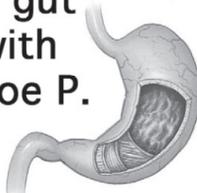
However, if you do want to go all out, why not pick up some sexy lingerie to wear for him. Even better, you can take him on a shopping spree at a sex shop. Nothing spices up a relationship quite like a candy string or my personal favorite, fuzzy handcuffs.

As a guy, I understand shopping for a girl can be incredibly hard. All you really have to remember is that a girl only wants one thing: a ring. Unfortunately, Ring Pops will not do the job - trust me, I've tried.

There is really no way around spending a buttload of money on one of these things either. It does not even matter what it looks like, it just has to be expensive or she will think you are cheap. The most important thing to focus on is when you actually propose. I would suggest doing it right after your girlfriend confesses to her mom she is pregnant. Not only will it be a great ice breaker, but it will slow her father down from going for his shotgun.

Christmas can be a stressful time of the year. With all the bright lights and horrible music, I usually want to blow my head off by the end of it. However, Christmas is a time of love and sharing. A very special baby was born on this day, and without him we might not even have Christmas. That baby's name was Sir Isaac Newton. Without Newton, we would never have known about gravity. Thanks to gravity, we can restfully sit on this planet and enjoy the holidays with our loved ones. So thanks Sir Isaac, and happy holidays to everyone.

## Busting a gut with Joe P.



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**November 2-December 22**

• 7-9 p.m. A Mirror on the Millennium: 1000 Years of Paper and Ink at the Bentley Rare Book Gallery. Cost free, for more information, call 770-423-6186 [Sturgis Library Gallery]

**November 3**

• 12:30 p.m. KAB General Meeting [Burruss Bld 132]

• 6:30 p.m. History as Mirror: Reflections on Song Historiography Conrad Schirokauer, Professor Emeritus, Columbia University [University Rooms C, D and E]

• 7 p.m. Showtime at KSU presented by KSU African American Student Alliance [Dinning Addition]

**November 4**

• 8 p.m. Café p.m. a [post] post-modern performance event, experimental plays and performances created and performed by students in the senior seminar: may contain adult content, free. [Stillwell Theater, J. M. Wilson Building]

**November 5**

• 8 p.m. Café p.m. a [post] post-modern performance event experimental plays and performances created and performed by students in the senior seminar: may contain adult content, free. [Stillwell Theater, J. M. Wilson Building]

**November 6**

• 6:30 p.m. Executive MBA Program Open House/ Information Session, for more information contact Susan Scarboro at [sscarbor@coles2.kennesaw.edu](mailto:sscarbor@coles2.kennesaw.edu) or 770-499-3481 [KSU Center, EDC Classroom 402]

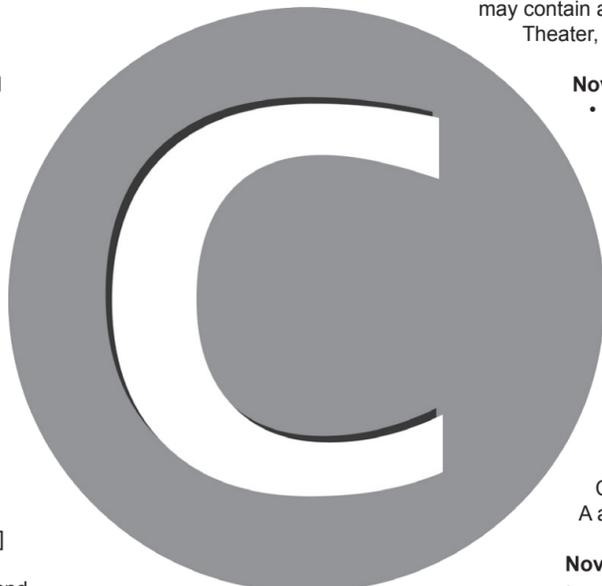
**November 7**

• 11 a.m. Dr. Maryse Condé will give a lecture titled The Middle Passage: Literary Encounters in the Caribbean [University Rooms A and E]

**November 8**

• 12:30 p.m. Tetley Fall Lecture Series presented by Mike Jacoutot president and CEO of Supplemental Health Care [BB 151]

• 7 p.m. Making the Grade workshop presented by OMSRS [Leadership Room]



# CAMPUS CALENDAR

# Latin influences

Art exhibit showcases Latin American art

Keith Hopper  
Staff writer

October 15 was the final night of *The Collectors' Vision Latin American Art in Georgia Collections*, an exhibition that took Professor Roberta Griffin one year to put together with the help of friends in the art world. The works were from museum, corporate and private collections and include "Seventeenth century colonial art of Peru to contemporary works by noted artists from Venezuela, Colombia, Chile, Panama, Bolivia, Argentina, Mexico and Cuba," and was the first Latin American-only art exhibit to have been displayed in the Sturgis Library Gallery.

Griffin has been with KSU since 1984, and her experience showed Griffin hung a great deal of the art by herself and it was put together well. The pieces seemed to flow in a logical order which helped to draw the viewers through the gallery.

When people think of Latin American art, what generally comes to mind is two-dimensional stylized art. While many of the pieces shown did have an obvious native Latin American influence, that was not all that was represented. If one were to walk into the exhibit Griffin put together, that stereotype would be forgotten. All styles, mediums and aspects of most art genres were represented by the show. There were pieces done in the classical style with oil on canvas. There were porcelain pieces with genuine gold gild-

ing, sculptures, quilt portraits and folk art. The vivid colors and drastic contrast aroused emotions from the morose to the euphoric, and in some works the viewer could almost hear the Latin music with an African beat. The show represented the pain, joy and outrage experienced over the last 400 years, and Dr. Griffin packed it all into about 3100 square feet. Good art touches a person on a personal level, and this show was a wonderful example of that kind of art.

**The vivid colors and drastic contrast aroused emotions from the morose to the euphoric**

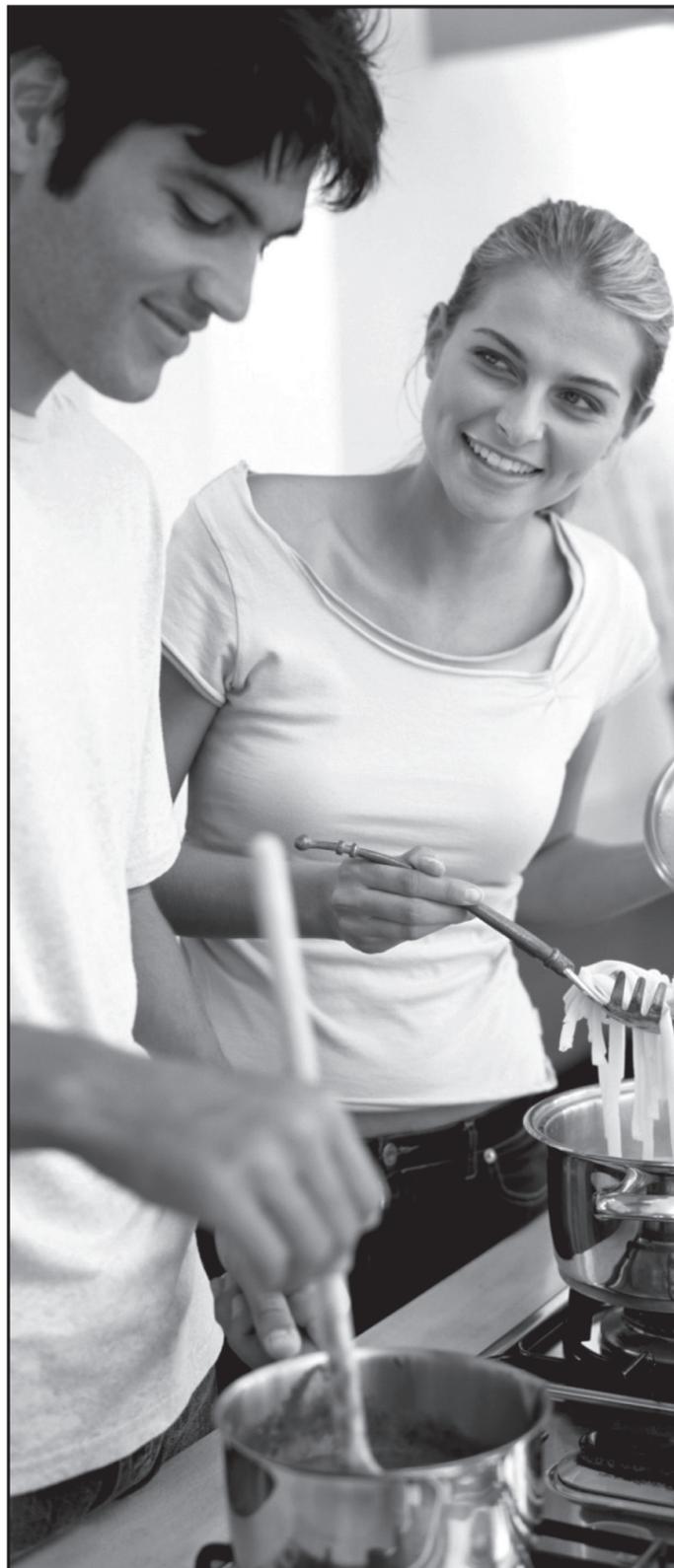
Ana Fernandez was the lecturer for the last night of the show and she gave a wonderful presentation entitled *Cuban Art from the 1990s into the New Millennium*. During her talk she explained how art could be subverted not just by a Communist regime but by any political force that would choose to do so. She did highlight that, in Cuba, the current regime is always trying to subordinate art to the party's causes, and for propaganda. The government promotes an official state-endorsed art. In the end not even Castro's Communism can hold back art, where artists look to culture, religion and tradition for inspiration. Cuban art is represented and indicates "the hybridity of the culture." During her talk Fernandez said, "art is created by artists living in the world, not in a compartment as Cubans or another nationality but it is the cultural experience of the artist that creates art in the world."



Above: David Rani [Cuba]  
*Ceremonia de Santeria*  
1999  
Oil painting  
Collection of Jaime Fernandez Ochoa



Left: Francisco Zuniga [Costa Rica & Mexico]  
*Two Seated Women*  
1994  
Lithograph  
Courtesy of The Coca-Cola Company



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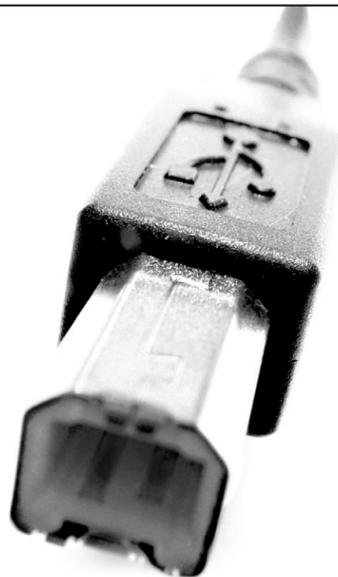
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## Science teacher in spotlight

### Grant goes to plant research

Adriana Moine  
Staff writer

Dr. Paula Jackson's lean figure almost blends with the pale walls as she walks through the corridors of the third floor in the Kennesaw State University's science building. She opens the door to a stuffed office and seats behind her desk. Papers, books and gadgets pile up like a hedge between occasional visitors and her. She wears no makeup, no hairdo and dresses as if ready to work in the garden. It makes sense, Jackson is a science teacher and as most of her peers do, she spends a great deal of time working in the field. She recently received a \$300,000 grant to extend her research on dry tropical deciduous forest found in Mexico.

Jackson, Venezuelan borne, has a faint accent. Her mother, Helen Jackson, an American from Missouri, spoke to her in English throughout her childhood. When studying at a university in Missouri, Helen fell deeply in love with a Peruvian student. They wanted to get engaged, but disagreement between his and her parents forced them to flee to Venezuela, where they married and raised a family.

Mrs. Jackson's national legacy kept Jackson always curious about American culture. After she graduated, Venezuela's social conditions contributed to push Jackson further into her mother's lullaby world. She studied overseas and received her doctorate's degree in science at the University of California, Los Angeles. Then she worked as a lecture teacher at UCLA, until she was hired to teach at KSU.

"Coming to Kennesaw was a huge change," she said. "Culturally, Los Angeles is a completely different place. But my husband and I have a 10-year-old kid, who was four when we moved from Los Angeles. We are glad we can raise him here in Georgia." Still, Jackson was surprised to learn how unfriendly the American system is, compared to Venezuela's for a woman who works and has a baby. Jackson's husband, Ricardo Jabardo, is a graphic designer and a 3-D animator. "Ricardo and I had to compromise with time so we could have a child without me quitting my work," she said.

Jackson describes how she misses her Venezuelan social lifestyle. "It's not easy for Latinos, who like to joke, laugh and be noisy when we get together, to adapt to the American culture," she said. Nevertheless, she acknowledges professional opportunities have expanded for her, since she moved to the United States.

According to Jackson, establishing a relationship with the Scientific Research Center of Yucatan has been a challenging task. But thanks to Mexican scientist José Luis Andrade, who is a plant physiologist and ecologist, she was able to jumpstart an undergraduate and possible graduate program for research and study abroad. Jackson also collaborates with other Mexican scientists. Here at KSU, she shares the research grant with professor Thomas McElroy.

"The study is on dry tropical deciduous forests found in the Yucatan Peninsula, a forestation that hasn't been widely explored," Jackson said. According to the research, they are some of the most endangered ecosystems in the world, in part because of strong urban pressure. They also take most of their water supply from Cenotés, a Mexican denomination for water-filled sinkhole formations. A clash between progress and natural conservation makes the availability of fresh water a priority in Mexico. "What we try to find out," Jackson said, "is how those ecosystems function as well as which tree species should be used for reforestation."

Another goal behind Jackson's grant, she said, is to provide meaningful international research opportunities for advanced undergraduates at KSU. Anastasia Chacon, a science student who took BIOL 4400, said, "Working with Dr. Jackson, at the archeological site in Dzibilchaltun, Mexico, has been great. She is a hardworking woman



Jackson's research takes her to the dry deciduous forests of the Yucatan.

and an excellent research advisor." According to Chacon, the directed study is an open class in which she meets with the teacher by appointment.

Ellen Jackson, another science student, said, "I didn't know Dr. Jackson spoke Spanish until I heard her speed off with Spanish words in Mexico that I couldn't quite follow." Ellen is one of the four students who have visited the Cenotés with Jackson during her BIOL 4400 class. Her green eyes widen every time she describes the spine-chilling experience she had while accessing the Cenoté. "I descended into a dark hole, by clutching a hand-built ladder attached against carved stair steps in the stone," she said. Jackson's body darkened into a long, narrow opening. Once in the chamber, her eyes adjusted to the dim light and a magical place crammed with glowing pools of fresh water, revealed.

In the Cenoté, blood-red stalactites dripping from limestone walls surround the hollow cave. Sunlight rays filter through openings in the roof spotting the chamber, and a turquoise iridescent light shimmers in watery pools of unknown depth. Above the hidden chamber, dry tropical deciduous forest feeds on the stored fresh supply. Scattered tree roots pierce the cave's roof tracing the walls. They penetrate the limestone ceiling and drop 50 feet to reach the stream below.

Science student Andrea McAuliff said she would never forget those 10 days she spent in Mexico. She stayed in the city of Merida, but like all the others, did the directed study at Dzibilchaltun. "Getting started on the research didn't take much time. When we got there, we knew what we were going to do. Dr. Jackson did a great job preparing us for the research," she said. The research is conducted in the form of a science class. Those who apply have to submit an application, make a study proposal, and be approved by the NEWT committee before taking the class.

The United Nations' Millennium Ecosystem Assessment released in May 2005 emphasized the importance of understanding the structure, functions, and benefits of threatened ecosystems around the world. According to Jackson, her study offers students the opportunity of a hands-on research experience, using some of the most updated approaches to answering major questions in biology today and to expand their worldview, as well.

# ARTS & ENTERTAINMENT

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## Twelve Year Silence makes a ruckus in Atlanta

### Dark New Day forms dream band

Chuck Thomas  
Staff writer

What is the winning formula for a band?

If you're Dark New Day, you get five best friends, split up into other bands such as Sevendust and Creed, work the industry for twelve years, then one day quit your bands simultaneously and form the dream band.

"If you came to each guy and said, 'Hey, if you can put your own band together outside of your current band, who would you grab,' we were the guys that always said that we'd like to play with that guy," said drummer Will Hunt [formerly drummer of metal band Skrape] before their recent show in Atlanta. "I'd like to play with Brett, or with Troy, all of them. The stars just kind of aligned, we all got involved with other things, and finally those

things dissipated. We all had other record deals. Then we started this band. Things just happened in that order."

The title of the album, *Twelve Year Silence*, refers to the time the band members were apart before becoming Dark New Day.

"We've definitely gotten some record sales off of that, and some good touring off of it," Hunt says. "I think it got to number five on Active Rock, which is a huge deal. Everyone that was ahead of us or five spots behind us was a multi-platinum artist."

The desert imagery surrounding the band is noticeable, as even the CD booklet is filled with it. The album itself feels like a slow walk through a memory-filled abandoned house, with each song being a different room holding different memories. The subject matter of the songs include abandonment, and even a personal song about guitarist Clint Lowery's alcohol addiction, which, ironically enough, turned into the Alice in Chains-esque song "Lean."

"I think that it was coincidence that it happened," Hunt says, "particularly in that song, and something we did notice when it was finished, particularly with the subject matter of the song. Brett naturally has a way of making things go in a darker 'Radiohead' kind of [way]. It just wound up that way, all the songs are different, and they all kind of go in different places. But the vibe of every song is the same as far as being dark."

The idea that the songs are written about and sometimes even for other band members gives the album a feeling of togetherness and optimism. Written in Florida during 2004's hurricane season, the destruction that was going on around the recording only seemed to have fed the explosive nature of the album.

While most members of conglomerate bands such as Dark New Day often lose their signature sound or come off like a mass assortment of egos, "Twelve Year Silence" manages to offer a new sound as well as keep-

ing the individuality of each member intact.

"When you put together a real band," Hunt says, "that's what it is, three, four or five people, however many it is, coming together and bringing their own thing to the table, and making it work. Led Zeppelin, prime example. Each guy in that band was his own entity, but brought in these amazing ideas, and each person gave it his own flavor. And without one of them, they wouldn't have been that. I'm not comparing us to them at all, but that's the

idea of a band, there's no ego involved in it. We're all old...well, not old... well versed in this business to know that ego doesn't get you anywhere."

If you are a fan of Sevendust, Skrape, Stereomud, or just love anthemic rock-and-roll, check out *Twelve Year Silence* and make sure to catch the band when they return to Atlanta. Get ready for the next single, "Pieces," which should be all over radio soon. For more information about the band, check out [www.darknewday.com](http://www.darknewday.com).

# 'Prince of Pot' fights extradition on drug charges

By Peter Lewis  
The Seattle Times [KRT]

Marc Emery differs in so many ways from most people accused of big-time drug dealing, it's hard to know where to start.

Even though he faces the possibility of decades in a U.S. prison for selling marijuana seeds to Americans, Emery regularly welcomes a steady stream of journalists. That's an approach most people accused of drug dealing avoid instinctively, or on advice of their attorneys.

Not Emery, founder of the B.C. Marijuana Party, who maintains that his legal troubles spring from the U.S. government's desire to muzzle him and the movement he claims to lead.

He relishes his reputation as the so-called "Prince of Pot" and "Mayor of Vansterdam," the latter a reference to Vancouver and Amsterdam, the Dutch city where marijuana can be purchased from "coffee shops." He proudly proclaims his long-term vision to "overgrow the government" by spreading marijuana faster than drug agents could eradicate it.

Unlike others accused of drug dealing, Emery has for years made no effort to hide the fact he earns his living from marijuana, making millions selling marijuana seeds and paraphernalia through his Vancouver store and the Internet. It's that marijuana-centered business that has landed Emery in hot water in the United States, where a Seattle-based grand jury has indicted him and two of his employees on drug and money-laundering charges.

Emery, who is free on bond, freely expounds on the virtues of marijuana for both recreational and medicinal purposes. He claims to have poured nearly \$4 million (Canadian) into political and legal causes to



1,045.0 kgs. of marijuana were siezed in 2004.  
Source: DEA website

decriminalize marijuana and/or to make it available for medical use, including ballot initiatives in Nevada, Alaska and Arizona.

Emery contends a news release issued July 29, the day of his arrest, reveals the U.S. government's intention to mute his efforts to advance the spread of marijuana. In the release, Karen Tandy, head of the U.S. Drug Enforcement Administration, wrote: "Today's DEA arrest of Marc Scott Emery, publisher of Cannabis Culture Magazine, and the founder of a marijuana legalization group, is a significant blow not only to the marijuana trafficking trade in the U.S. and Canada, but also to the marijuana legalization movement. ... Hundreds of thousands of dollars of Emery's illicit profits are known to have been channeled to marijuana legalization groups active in the United States and Canada."

Tandy's office has declined to comment about the statement, but in Seattle, federal prosecutors have distanced themselves from her remarks.

Todd Greenberg, the lead

assistant U.S. attorney on the case, said he could understand how her comments could be interpreted as having a political dimension but added, "No one locally has made such a statement. No prosecutor, no agent, no one in Seattle."

"As the chief [federal] law-enforcement official here, I'm not interested in his political speech in the slightest," added Seattle U.S. Attorney John McKay. "He's a legitimate target."

Prosecutors contend that Emery was targeted because he was Canada's largest supplier of seeds and marijuana-growing equipment, and because the majority of his customers were U.S. citizens. Prosecutors allege that Emery also has provided customers with detailed instructions on how to grow marijuana, and also sold specialized lights, fans and fertilizer.

"He was a one-stop shopping facilitator for marijuana growers," Greenberg said.

Emery does not quarrel with

the substance of the charges, though he has much to say about the U.S. government's "war on drugs," which he described as "immoral and lethal." In fact, he is unabashedly proud of his efforts.

"If I'm going to be sentenced to life in prison in a U.S. jail, it'll be for what I've done, and I'm proud of what I've done," said Emery. "And there's no going back on that. I helped facilitate hopefully millions of Americans to grow marijuana."

At the request of the U.S. government, Canadian prosecutors are working to force Emery and co-defendants Michelle Rainey-Fenkarek and Gregory Williams to appear in Seattle federal court to answer drug-conspiracy and money-laundering charges stemming from Emery's seed and marijuana-growing business.

They are fighting extradition, a process that legal experts say could take up to two years. Theirs will be an uphill fight, acknowledges John Conroy, a

Canadian lawyer assisting the defendants.

Conroy notes that the U.S.-Canadian treaty under which Emery and the others were arrested creates an exception for extradition in the case of offenses of a "political character." The problem, Conroy adds, is that the treaty goes on to deem certain crimes, including drug offenses, as ineligible for the political-character exception.

Another argument likely to be advanced is "cruel and unusual punishment," Conroy said, referring to the much harsher sentence the defendants would face in the United States — up to life in prison.

"I face a penalty longer than what you'd get for multiple murder in Canada," Emery said.

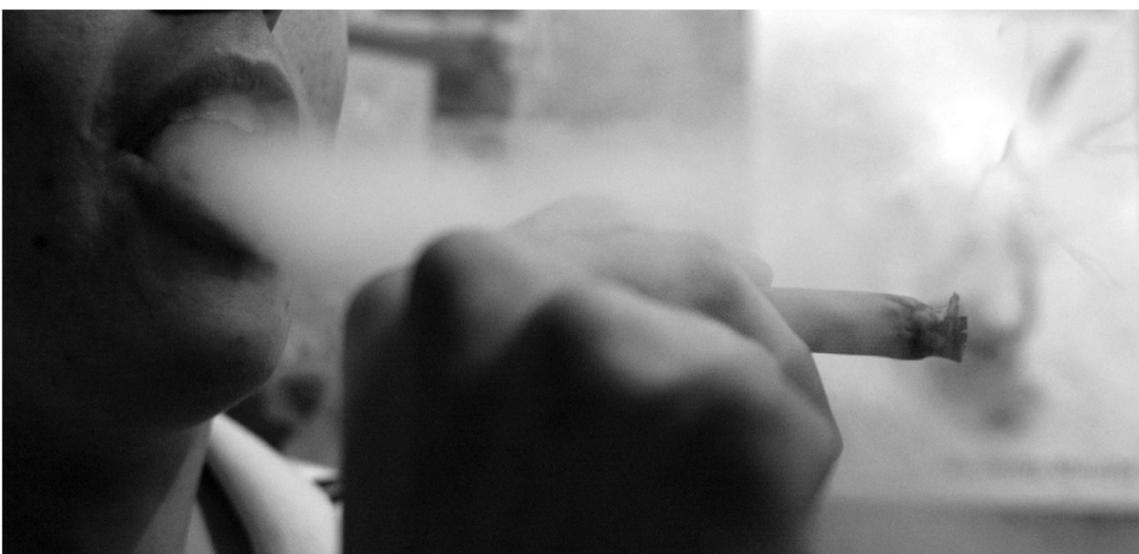
Technically, Emery could face up to life in prison under Canadian law. But Conroy, a noted criminal-defense attorney, said there are no mandatory minimum sentences in Canada and that "life in prison" means

the defendant is generally eligible for parole after seven years, except in murder cases.

British Columbia courts levied fines but didn't impose jail time on the three occasions Emery was convicted of selling marijuana seeds. The punishment is consistent with a judicial attitude reflected in a 2003 drug-case ruling by Court of Appeals Justice Mary Southin, who described marijuana as "no better or worse, morally or physically, than people who like a martini."

Emery said he is happy to become a martyr for the movement. He thanks the DEA for the heightened exposure, because he says he's suddenly become relevant to people who don't smoke marijuana.

"Now I'm meeting a lot of people, including very old people, who are alarmed about the sovereignty of this country," Emery said. "But also Americans who are just shocked by the potential prison sentence I might get."



A patron of the New Amsterdam Cafe in Vancouver, B.C., Canada, smokes marijuana in the establishment's designated "smoke room" Marc Emery's B.C. Marijuana Party headquarters is next door to the cafe.

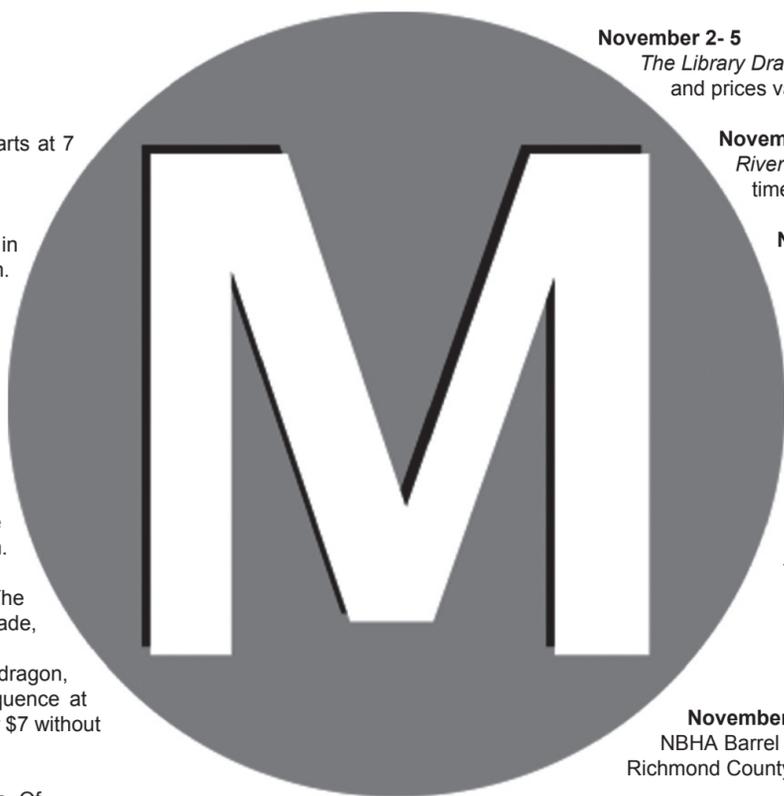
Photograph By Alan Berner/Seattle Times

Compiled by Sarah Goehler

**ARTS AND THEATRE**

**MUSIC**

- November 2**  
Him, Finch and Skindred at the Masquerade, starts at 7 p.m. \$25
- November 3**  
Bill Mallonee And Jay Memory at Media Play in Merchants Walk Shopping Center, starts at 7 p.m. Free  
The Flakes, Divided Like A Saint's, Comanitch and Ruzzido at Lenny's, starts at 9 p.m. \$5
- November 4**  
CKY and Fireball Ministry at the Masquerade, starts at 7 p.m. \$15
- November 5**  
Copeland, Daphne Loves Derby, Melee and The Spill Canvas at the Masquerade, starts at 7p.m. \$14  
Cinjed, Rival Among Friends, When Rocky Beat The Russian and A Gun Called Life at the Masquerade, starts at 7 p.m. \$6  
Drag The Waters, Palace Of The Fallen, Uther Pendragon, Martha Divine, Shotgun Luxury and Opera Sequence at Swayze's, starts at 7 p.m. \$5 with canned food or \$7 without
- November 6**  
My American Heart, Greely Estates, A Change Of Pace, Agent Sparks, The Confession, In My Time Of Dying and Hardin Bridge at Swayze's, starts at 6 p.m. \$10
- November 8**  
Rigor Mortis, Dead Hearts and Coldstare at The Drunken Unicorn, starts at 9 p.m. \$10



**November 2- 5**  
*The Library Dragon* at the Theatre In the Square, show times and prices vary

**November 2-6**  
*Riverdance* at the Fabulous Fox Theatre, show times and prices vary

**November 2- December 4**  
*Menopause the Musical* by the 14th Street Playhouse, Tuesday-Friday at 8 p.m. Saturday at 4 p.m. and 8 p.m. Sunday at 2 p.m. \$45

**November 5**  
*The Little Match Girl* at the Gwinnett Performing Arts Center, 2:30 p.m. and 7:30 p.m. \$12

**November 5- December**  
*Cymbeline* at the Shakespeare Tavern, show times and prices vary

**SPORTS**

**November 2-5**  
NBHA Barrel Horse Racing Championships at the Augusta Richmond County Civic Center, starts at 8 a.m. \$7.50

**November 4**  
Full Throttle V at Wild Bills, starts at 7 p.m. \$25-75

**November 8**  
Atlanta Hawks vs. Los Angeles Lakers at Philips Arena, starts at 7 p.m. \$10-150

**METRO CALENDAR**

**CD Pick:**

*Team Sleep*

Erica Milton  
Staff writer

**Artist:** Team Sleep  
**Title:** *Team Sleep* [self-titled]  
**Rating:** Turn it up!

Some might recall a somewhat famous band called the Deftones who have sold millions of albums and even racked up a few Grammy awards from their mastering of a unique metal sound, but what many probably don't know is while the Deftones were acquiring all this status front-man Chino Moreno had another musical brain child in the works. Enter Team Sleep.

Starting in 2000 Team Sleep started to band together with Moreno leading on vocals and guitar, Todd Wilkinson also on guitar and DJ Crook of the Decibel Devils spinning turntables and piece by piece the group recorded 12 tracks with Terry Date in May 2001. Later adding Hella drummer Zach Hill and Rick Verrett of Tinfed on bass, Team Sleep had become an experimental musical evolution, creating more tracks as the year progressed.

In 2003 The Matrix: Reloaded soundtrack hit the scene and low and behold Team Sleep had released their first official single titled "The Passportal." With a renewed verve Team Sleep began recording again minus Moreno, who was on tour with the Deftones for the remainder of the year, but rejoined his group in 2004 to finally finish what they had started.

So four years later the dream becomes a reality and Team Sleep releases their much-awaited self-titled debut album. This album does appeal to some fans of the Deftones but specifically caters to the fans of White Pony, especially recalling the tracks "Teenager" and "RX Queen." "Ever (Foreign Flag)" emits a calming and beguiling effect upon the listener, while "Your Skull is Red" drags and trudges along with unclear purpose. "Princeton Review's" opening guitar riff together with Moreno's breathy vocals provides an Indie feel to the album. "Blvd. Knights" is by far the most dark and heavy track but is well worth the listen. However, on "Tomb of Liegea," a Edgar Allen Poe inspiration, we get Mary Timony's (the ex-frontwoman of Helium) hauntingly beautiful voice backed by Crook's innovative drum programming and "King Diamond" hip-hop beats interspersed with flowing and erratic lyrics prove to be the album's most electronic-based recording.

They've been compared to early-Eighties Cure, Radiohead, Smashing Pumpkins, and many more with their haunting combination of ambience and rock; however, the musical arrangements of Team Sleep prove to be innovative, evolutionary, and well worth the wait.



**Crossword**

- ACROSS**
- Shoestring
  - Terror
  - Shapes with an axe
  - High peaks
  - Fight site
  - Soot-covered
  - Party-giver
  - Establish
  - Reclined
  - Time out
  - Achieve
  - Spots with small splashes
  - Sound of a leak
  - "A Death in the Family" author
  - Impassive
  - Pain relievers
  - Proverb
  - Mild expletive
  - Sen. Thurmond
  - Leer at
  - Writer Zola
  - Product display area
  - Most wan
  - Extinct bird
  - Help!
  - Urgent
  - Prime cut of beef
  - Came to terms
  - Tennis great
  - Attack
  - Summit
  - Nolo contendere, for one
  - Ham it up
  - Prudish
  - Burn slightly
  - Links up chronologically
  - Continental cash

- DOWN**
- Cowardly Lion portrayer
  - Cosmetic ingredient
  - End-users' watchdog grp.
  - Photorealist painter
  - Corridors
  - Exist
  - Court separator
  - Harden
  - Frolics
  - Monty or Huntz
  - Morales of "Bad Boys"
  - Kind of kid
  - "Auld Lang \_\_\_"
  - Junk on your PC
  - Cinema canine
  - Campers' abodes
  - Groups of four
  - Hypnotist's command
  - Greek letter
  - Animal in a mobile home?
  - Olfactory offense
  - Largest city in Nigeria
  - Icy abode
  - Considers
  - Like a couch potato
  - Recital pieces
  - Acts as a go-between
  - NHL star Phil, to fans

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**Solutions**

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- Clan groups
- Opponent
- Jelly choice
- Digs a trench
- Wight or Skye
- Emu's cousin
- Shakespearean king
- Hosiery shade
- Bahrain ruler
- Sample tape
- Family member
- Oft-used abbr.

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Book Review:

# How to Find, Meet and Date a Beautiful Woman

Keith Hopper  
Staff writer

Just when America thinks that it has made progress in bridging the divide between the sexes, *How to Find, Meet and Date a Beautiful Woman* by Bob Lott proves how wrong that assumption is. You'll need to check your brain at the opening page of this book, unless you're shallow enough to take this book seriously. Keep this in mind: the statistics and facts provided in this book change more often than the average fashion model changes her clothes, so get a notepad and try to keep up.

At first glance the book appears to be a satire. It has a very awkward cover, like the author was trying to be campy, but it doesn't quite work. Lott considers himself the personal savior of men who are trying to find, meet and date a beautiful woman. The author breaks every societal convention for which feminists have fought, making women solely objects and trophies to put up on a

mantle-piece when he writes, "you must develop high-tech hunting skills with the ability to focus on who and what you want." He also lets the would-be hunter know that if one doesn't shine the trophy it will lose its luster and find a new home. After all, the major sports trophies of the world never stay in one place without a little work, and why should a beautiful woman be any different? We can let the author speak for himself on this issue; he writes that men should "look at finding and meeting beautiful women as similar to buying shoes." A person never buys the first pair of shoes they try on; why should a woman be any different? The author almost redeems himself when he says, "if you see or sense they might be married [omit them as prospects]," but then turns around and advises the hunter to consider engaged women single. Every female gold-digger stereotype is referenced in this book. Imagine the superficial popular types in high school and you've got Lott's view on

beautiful women.

*How to Find, Meet and Date a Beautiful Woman* reads like a nightmare multi-level network marketing seminar gone haywire. The author repeats himself, sometimes on the same page on the same subject. I felt like Bill Murray in the movie *Groundhog Day*. The level of repetition in this book is extremely distracting. The reader could get confused and think that he is reading the same page or the same paragraph again, but that's not the case - the author is just repeating himself.

*How to Find Meet and Date a Beautiful Woman* is a fine example of what happens when the editing process breaks down. The book appears to be self-edited and self-published, so the only person to blame for this horrible literary showing is Lott. If you're in the mood for some punishment or a laugh, then go ahead and have fun. However, if you're looking for an actual self-improvement book, leave this one on the shelf.

Grade: D-

Video game Review

# Castlevania: Dawn of Sorrow

Jason Nimer  
Viewpoints editor



The *Castlevania* series of games is one that has always held itself to a higher standard than most others. Starting back in the days of the first Nintendo system, *Castlevania* has spawned nearly as many sequels as the wildly popular *Mega Man* series. Most all of them have garnered high reviews and the new incarnation, *Castlevania: Dawn of Sorrow*, is no exception.

*Castlevania: Dawn of Sorrow* plays exclusively on Nintendo's DS system, adding to the already amazing roster of this handheld system's games. This game is one of the first in the *Castlevania* series to be a direct sequel, and in this case is a follow-up to the Game Boy Advance's excellent *Aria of Sorrow*. The player takes on the role of Soma Cruz, Dracula's heir. This time around, a cult is attempting to bring Dracula back to life. Soma and Julius, who is a direct descendant of the famous Belmont clan, are the only ones who can stand in their way. Sure, the story is pretty run-of-the-mill, but the gameplay is what counts, right? In this case, it doesn't get much better.

Some gamers these days scoff at simple 2d platforming, but they are missing out. *Castlevania: Dawn of Sorrow* plays a lot like the *Metroid* games of yore, where certain areas of the

map are only accessible after you've gained certain powers or completed certain objectives. The sense of exploration is incredible and makes the game tough, if not impossible, to put down. The power-ups in this game are its biggest strength, but also one of its biggest downfalls. Getting certain power ups, or souls as they are called, requires killing the same enemies ad nauseam and praying that luck will prevail. Adding insult to injury, some enemies require you to pick up their souls multiple times. It is an annoying device and a sad attempt to make the game longer than it really is.

The boss fights are another of the game's strengths. The bosses are huge [sometimes taking up the entire screen] and fighting them is more fun than hassle. The coolest of the bosses is Gergoth, a rotting Tyrannosaur who the player must fight while falling 40 stories. The difficulty ramps up evenly from the beginning of the game to the end, making it a challenging but even playthrough.

Overall, this game is excellent, maybe even the best yet from the *Castlevania series*. Soul collecting can be a pain, but compared to everything else in the game, it is a minor drawback. This is one of those games that is so genuinely interesting and fun it can be played over and over.

Grade A-

# Horoscopes

By Linda C. Black  
Tribune Media Services

Today's Birthday [11-02-05]

You're so powerful this year, you may think you can do everything all by yourself. You are strong, but be forewarned. Not only is the competition fierce, but pride goeth before a fall. Make good use of your talents.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries [March 21-April 19]

Today is a 6. You're good at financial planning now, and setting long-term goals. Resist the temptation to spend it all now. That would not be wise.

Taurus [April 20-May 20]

Today is a 7. OK, you can defend yourself, if you think that's necessary. Don't waste a bunch of energy, though, shouting at someone who's not listening.

Gemini [May 21-June 21]

Today is a 4. Again, you're overloaded. The end should be almost in sight. Set up a date to be whisked away on an adventure this weekend.

Cancer [June 22-July 22]

Today is a 10. It's quite possible that a person you care very much about wants every minute of your time. It'll be rather pointless to argue. Acquiesce.

Leo [July 23-Aug. 22]

Today is a 6. Stability may be what you want,

but interestingly, you're more likely to get controversy. Never a dull moment.

Virgo [Aug. 23-Sept. 22]

Today is a 7. Gather information from afar, but don't go over there. Figure out a way to get them to send it to you.

Libra [Sept. 23-Oct. 22]

Today is a 5. Abundance is yours, but as you well know, you can turn plethora into dearth. Don't goof around; be frugal, even if you're feeling flush.

Scorpio [Oct. 23-Nov. 21]

Today is an 8. You can afford to be compassionate. You can afford to be nice. Besides, both those qualities look very good on you.

Sagittarius [Nov. 22-Dec. 21]

Today is a 6. You're under pressure to act quickly, but don't be impetuous. If you don't approve of what's being done, stall.

Capricorn [Dec. 22-Jan. 19]

Today is an 8. It may be difficult to hear a small voice, with all the applause. Be listening for it. That's where your attention should be directed.

Aquarius [Jan. 20-Feb. 18]

Today is a 5. One person insists upon compliance. Another person rebels. You can be the referee. Help them to fight fair.

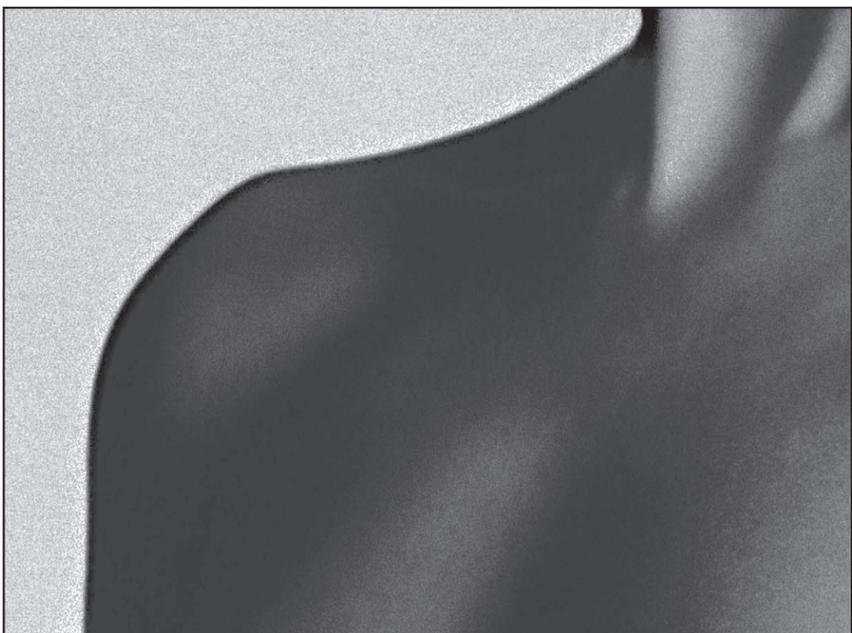
Pisces [Feb. 19-March 20] Today is an 8. Don't fall for a deal that's too good to be true. Read the fine print, and check the infrastructure.

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Emory University is recruiting healthy 18-30 year old female volunteers for a study of an investigational herpes vaccine to determine if it will prevent genital herpes infection in women. An initial screening visit will be conducted to determine eligibility for the study. For those who are eligible, there will be at least 8 study visits over a 20 month period, along with periodic telephone contacts. Volunteers will receive reimbursement for time and travel related to the study.

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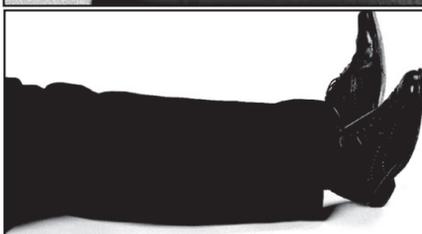
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## SPORTS



Rick Winters | The Sentinel

Coach Ingle will be surrounded by many new faces this season.

## Ingle optimistic about season

### Coach says chemistry is key

Matt Gammon  
Staff writer

The Kennesaw State basketball team will be making its first appearance in NCAA Division I basketball this year, and they will get a chance to play its new \$17 million stadium. Leading the Owls this season is coach Tony Ingle, who has led the Owls to four consecutive 20-win seasons and has won two Peach Belt Conferences in a row. He was also awarded the PBC Coach of the year award. Ingle is a well-respected coach, with drive and ambition, important attributes to have with the step up in division.

The Owls have a big challenge ahead of them this year, switching from division II to division I. It has few players coming back and has three new coaches. "We got so many kids. We got a lot of new faces, 10 new guys and they're going to have to recognize this system. They have to

get their body ready, they have to lift weights, get mentally prepared and be in top condition at this level, to compete. They have to challenge themselves condition-wise and they got to challenge themselves to be mentally and emotionally tough. The challenge and the tough thing with us, is that every one is trying to get acclimated with each other. Think about being a freshman, trying to find your classes, learning your way around, getting to know your teammates, getting acclimated with your coaches, there's something new every week for these guys. Then they come in learn conditioning, offensive system, and the defensive system, there's so much for them to learn in a short amount of time in order to compete at the high level that's required to be successful, you can't give people experience, they have to earn that experience. Does McDonald's have the best hamburger in the world? No, but they've got a pretty darn good system and that's what we're doing. We got a good system and we got to make sure we plug things in to make it where we need it to be in the future. They need to

believe in what we're saying and go along with the system, not fight the system and be easily coached. They're good basketball players but they got to come together and compete. You can't compete sporadically, you've got to compete consistently as a team," Ingle said.

Coach Ingle is certainly looking forward to this basketball season. "Well, obviously I'm excited about it like everyone else on campus and our community. This is an exciting time in Kennesaw State history. For a Division I basketball team, the timing couldn't have been better for a new \$17 million facility. We proved our ranks to Division II and we built a solid program there. A lot of people don't know this, but Kentucky and Illinois are the only Division I teams that have won more games over the last three years than Kennesaw have, and Metro State is the only team who have done it in division II. We won 84 games and Duke won 84 games the last three years. Out of 600 something teams in Divisions I and II, that's not so bad. We have a lot to be excited about with the new facility, playing

in Division I," Ingle said.

Some of coach Ingle's goals revolve around team unity, and keeping the squad on track. "We're facing potential adversity and you know what they say, adversity introduces a man to himself. I want to keep our team focused, because they're young and inexperienced. The tough challenge will be to get them to come together with consistent work averages. Quite frankly, everyone on the team really likes each other though and there is not a lot of selfishness. I've had teams in the past with selfish players, chemistry is one of the better points on this team and their work ethic," said Ingle.

He is very pleased with the new convocation center. "There's a lot to it, there's marketing and promotions in this day and time, everyone's fighting for the entertainment \$; there's nothing more common than winning basketball programs to not have fans in the stands and its not just basketball, it's other sports too. There's a ton of sports that win games and people don't want to come watch. But in our case, I think there is a reason to come watch.

This area is starving for something to rally around and cheer about. We've built up quite a following in a short period of time. My TV show airs in 11 states and 4.5 million homes, every week Courtside with Tony Ingle Show is on CSS and it amazes me the people that I run into that actually watch the show. The last 2 years we won 5 championships. Look at any college in the country now and ask them (Div I or div II) how many teams have won 5 championships in 2 years. We want a product on the floor that our fans, boosters, faculty, university administration can be proud of, a team that they can rally around and cheer for. We're not GA Tech and we're not Georgia, nor do we want to be. We are Kennesaw State fighting owls and we're proud of it. We need to start proving it and getting our fans, students out there having a good time and screaming at everyone but the coach. This is a fun thing and we're the ones that make it fun, when I say we, I mean the students, faculty, staff, our fans, all of us pulling for each other and I think the future is bright," said Ingle.



### Family affair Gzehoviak credits family for success

David Beaumont  
Staff writer

With four goals to her credit already this season, Jenae Gzehoviak is a formidable weapon in the women's soccer team arsenal. She has scored thirty-one goals so far in her Kennesaw career and has taken more shots on goal than any other player this year. She was also selected to be on the All-Independent First Team last year. "It's always nice to score goals, but as long as you're winning, that's all that matters to me. Whether I score or Tuck (Laura Tucker) scores or any of our forewords – I don't care who scores – if it goes into the back of the net I'm just as happy if it's me or somebody else," Gzehoviak said, taking a modest approach to her success.

Gzehoviak will graduate this year with a degree in exercise health science. "I'm kind of leaning toward physical therapy. I like kids a lot, so I'll probably do a little bit of coaching." After graduating, she will go on to Georgia State University to get her masters degree in physical therapy. When asked about playing for Lady Owls for the last four years, Gzehoviak said, "It's been an amazing experience. There's great coaching, that's probably why I stuck around. I love my teammates. I think we all get along pretty well and I'm sad to leave the program, but I'll still be here. I'm still going to come back and watch the games even after I graduate." Her most memorable moment playing for the Owls, she said, was winning the Division II National Championship in the fall 2003 season. During that season, Gzehoviak was named the Peach Belt Conference Player of the Week three times, on September 15, 29 and October 5. She was ranked fifth in the nation for assists per game and led her teammates with 51 goals.

Gzehoviak began playing soccer at a tender age and, despite playing other sports, chose to concentrate on soccer. Over the years, Gzehoviak found support and encouragement from her family. "My whole family is what keeps me going. My mom's my biggest fan, she's at every game, every away game I can think of that she could come to. Whether it's five hours away, she's driven to them. My little brother talks about how he wants me to get out and train with him. So, I mean, it just keeps me going because I give him something to play for too. I always played with my older brother, so it's a whole family thing I guess," Gzehoviak said. In fact, her father Steve steered her to Kennesaw's fledgling soccer program after she thought that it was too close to home.

## Owls shine on Senior Day

### Seniors honored, rewarded with victory

David Beaumont  
Staff writer

The Lady Owls won their last conference title match against the East Tennessee State University Buccaneers in a 4-0 shut out. The game was preceded by a ceremony held for Kennesaw seniors Sally Wade, Katrina Hirsch, Jessica Marek and Jenae Gzehoviak in honor of their achievements and commitment to the Owls soccer program. Three of the seniors – Hirsch, Marek, and Gzehoviak – have been with the program since its inception in 2002 and have started every game in the program's history. One by one they were honored, and escorted onto the field by two of their younger teammates for congratulations and farewells.

In the game that followed, the Owls took the lead eleven minutes into the game when Gzehoviak intercepted a pass from the Buccaneers and blasted a thirty-five yard shot that swooped low of the crossbar and high of goalie Erin Bilyea. "My only goal for this game was just that everyone would work hard for the seniors and just put it away. I'm just glad I came through and scored," Gzehoviak said. The first half ended with the score at 1-0.

"I think our tempo was raised a

little bit at half time...We usually put a couple away in the second half, so I felt pretty confident going into it," said Laura Tucker, who took her confidence to the bank and scored eleven minutes into the second half. Rebecca Hall crossed the ball and Tucker headed it into the left side of the net. "I didn't want them to score and get back into the game," said Tucker, "so I just wanted to finish it off and put some more goals into the back of the net." Eleven minutes later Tucker scored again after accepting a pass from Beth Meadors, crossing the ball into the right corner of the net. Buccaneers' goalie Bilyea made an admirable leap for the save but was too late to stop Tucker's shot. On Tucker's next attempt on goal, however, Bilyea deflected the ball with an amazing save where she jumped into the air and palmed the ball above the crossbar, leading to a corner kick for KSU. Tucker kept at it, however, and with twelve minutes to go, she powered the ball into Bilyea, who blocked it with her stomach. Coming in for the follow-up shot, Gzehoviak scored with a quick kick to the left corner of the net. When asked about the circumstances of the goal, Tucker said, "We've been taught from a very young age to follow shots,



Payton Deas | The Sentinel

Rebecca Hall [#6] battles for position with Abree Snyder.

because a lot of times keepers can't hang onto it or it'll come off the post or reflect of another player. Jenae definitely followed that one in." Both Tucker and Gzehoviak scored their sixth and seventh goals of the season in a game that ended 4-0.

"It was a nice way to go out," said senior Gzehoviak of the two goals she scored during the game. "I definitely couldn't have done it without my teammates. They worked really hard tonight

and I owe it all to them." Tucker, when asked about her goals, said, "I tried to work hard enough to make enough room for myself, and my teammates played balls in enough time where I could have [opportunities to score]."

The Owls next home game is Friday November 4, against Northern Colorado at 3 pm. Their last game of the season, against Francis Marion, will be held at KSU Soccer Complex on Sunday November 6, at 4 pm.

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# Conference title slips away

## Florida Atlantic University shuts out Owls in conference deciding game

David Beaumont  
Staff writer

In the Atlantic Sun's most decisive game for the women's soccer conference division title, Kennesaw's Lady Owls were defeated 3-0 in Boca Raton, Florida on Oct. 20 by the Florida Atlantic University Owls. This is FAU's third title in women's soccer in the Atlantic Sun in the last four years, and consequently it will be transferring to Conference USA next year.

The FAU Owls came into the game first in the conference with a 7-0-1 record while Kennesaw's Owls trailed close behind with 7-1-0. The game soon turned grim for KSU when Florida Atlantic's Susanna Lehtinen scored the first goal 26 seconds into the game, making it her tenth for the season. She was assisted by Alicia Tirelli,

who crossed the ball high, bouncing it right in front of the net where Lehtinen took the header for a goal. Tirelli scored the second goal a mere seven minutes later after a pass from the goal line from Lehtinen, and she easily tapped the ball past Kennesaw's Jessica Marek for her first goal of the night. Her second goal, the third and last of the game, was scored 27 minutes into the match after Katri Nokso-Koivisto shot the ball up to Kennesaw's goal box. In a daring pursuit, Tirelli raced goalie Marek for the ball, and won, slotting the last goal.

The game was effectively

over after the first half, with both teams playing defensively for the remainder of the game, a strategy that kept shots on goal to just seven for the whole game. Kennesaw had three, one each from Rebecca Hall, Laura Tucker, and Siobhan Rooney. "They just caught us flat. After the early goal we were fighting an uphill battle," said head coach Rob King, quoted by Kennesaw's office of Sports Information.

Alicia Tirelli, the top goal-shooter of the night, only scored her three goals for the season, including the double she scored against Kennesaw. As for

Lehtinen, who opened score-sheet proceedings, she suffered a bloody nose in the second half but left the sideline just minutes later to see out the rest of the game.

With FAU moving up to Conference USA next year, Kennesaw's Owls have a good chance of snatching the Atlantic Sun title and moving on to nationals. The team has had a spectacular season, especially allowing that it was its first year in Division I competition. It has the potential to be a dominant force in the Atlantic Sun Conference for years to come.

The Lady Owls will be playing tonight, October 26, against East Tennessee State at 7 pm. For their last two games it will host Northern Colorado on November 4 at 3 pm and Francis Marian at 4 pm on November 6.

# Talladega-NASCAR Chase for the Cup

## Excitement inside and out

Berry Dabbs  
Staff writer

Two times a year, Talladega, Alabama is filled with hundreds of thousands of people getting together to camp out and enjoy NASCAR. As I first arrived at the super-speedway, I saw what seemed to be an endless stretch of gentle hills filled to capacity with campers, tents and motor homes.

My first experience at this venue was during the first race at the superspeedway last season. My friend's parents loaned us their camper and dropped it off on the Tuesday before the race at the free camping areas directly across the street from the racetrack. Talladega is the only track in the southeast, and probably the country, that has free camping areas designated for fans. This benefit is what first attracted me to Talladega Superspeedway.

Seven friends and I arrived on the Friday preceding the race. Our only sense of where to find the camper was some directions scribbled on a small piece of paper. The directions lead us to gravel roads located off the main four-lane highway. The directions seemed easy on paper but it ended up taking an hour due to the large number of campers in the area. Eventually, we were able to settle in and enjoy a nice beverage to soak up our surroundings.

As my friends and I ventured out from our camper to the main roads, we realized this is a place we would enjoy. The roads were filled with bumper-to-bumper traffic, as you would find in Panama City during spring break, but on gravel roads. As we wandered the crowded roads for the evening, we encountered many campsites that were trying to out-do each other. Many had bands and parties that lured hundreds of people at a time.

As bedtime approached, whether it is evening or morning, it was hard to sleep knowing that one will wake up with one less day on one's trip. It is a good idea to bring a good pillow and pair of earplugs to avoid tossing and turning while the sounds of generators rumble from all directions, whether one passes out or not.

On race-day, my friends and I entered the track and looked for our seats - which set us back \$70 each. We reached our seats and found that were only about five rows back from the fence at the beginning of pit road. As the announcer instructed the drivers to start their engines and proceed around the track for the start, I was reminded of the feeling that I had experienced only once before. My adrenaline started to pulse with the sounds of the deafening engines of the cars passing by. As I moved closer to the fence guarding the track, the hairs on my arms stood on end as if I had just stepped sleeveless into a chilling winter breeze. It was

time to race!

The entire race exceeded my expectations. There were at least three large wrecks and the lead changed so often they were impossible to count. This is the feeling I had remembered once before. As the race neared its end, Jeff Gordon and local favorite Dale Earnhardt Jr. were running side-by-side battling for the lead. The intensity in the air got even thicker until a yellow caution flag came out with about nine laps remaining.

I thought nothing of the flag at the time and was anxious for the race to get started again to determine a winner and end the exciting climax with a sprint to the finish. This was not to be. I was new to NASCAR and was unaware of a rule that allows races to finish under caution. This scenario played itself out as officials checked the tape and declared Jeff Gordon the winner with out a proper conclusion. This resulted in many angry and screaming fans, unhappy with such an anti-climax.

As the fans realized what had happened, they started throwing beer bottles on to the track. I am glad they were plastic because I had at least two slam into the back of my head that resulted in a lingering headache. Jeff Gordon recognized the turn of events and did something that made me respect him. He pulled his car to the middle of the track and gave the fans a target to throw at. He understood the crowd's passion.

As the season went on, several other races finished in similar circumstances, and the crowd reactions were loud enough to force NASCAR to change its rules and allow a one-lap race to the finish. I convinced myself the problem was fixed and eventually decided I would return again to give it another try.

With my bitterness gone, I attended the UAW-Ford 500 at Talladega only a couple weeks ago. This experience was from a different perspective. I was approved for media passes and had a campsite in the infield. Each of the two campsites we stayed on cost \$330, and the experience was different in many ways from my previous trip, yet did not lack in enjoyment.

In the infield there is one main road that cuts directly through the center of the track. This road attracted the bulk of the people camping in the infield and was crowded nearly all weekend. Many of the campsites on this road contained nice motor homes filled with flat screen televisions, large bathrooms, and bars better than many restaurants.

Another advantage of staying in this area of the track is convenience. It is more expensive to buy tickets to all of the races and qualifying, but these additional events are included in your cost for the infield campsite.

Talladega Super-speedway also provided entertainment in



An inside look at the action on pit row.



Photos by Berry Dabbs

### Dale Jarrett celebrates in victory lane.

the infield. The venue held a concert by musician Pat Green. This gave people a chance to gather together and ended up being a highlight of the weekend.

As race Sunday arrived, I started to get myself pumped up about the race. The UAW-Ford 500 is a part of the Chase for the Cup that involves the top ten drivers. These races are crucial to finding an eventual champion and add to the drama.

This year I stood in a photography stand directly above pit road. The view was a little better than the grand stands, but the only other advantage I gained from my pass during the race was close proximity to the pits.

When the race started, my expectations were high, and I was not disappointed. Several wrecks knocked some of the favorites out of the race. It is unfortunate for the drivers and their teams that are put out of the race, but there is something enthralling about seeing rich racecar owners lose millions in car wrecks that do not result in injury.

Again, the race involved many lead changes and was

shaping up to be another photo finish. Like the last race I attended, a caution flag was thrown with under ten laps to go. This could have set me up for another disappointment, but I would not have even been there if I did not already know that the rules had changed.

The final lap started with the drivers packed in together. This allows any of the drivers in the top ten to have a chance at getting a good draft off the car in front of them to make a pass for the checkered flag. This is the one part of the race the drivers would not prefer to be in the lead because they will likely be overtaken before the end of the lap.

The cars entered the last half lap with three drivers side by side. None of these drivers were Dale Jarrett. As they jockeyed for position, somehow Jarrett found a hole and got through to take the win. A caution flag was thrown on the final lap due to a single driver wreck in the back of the pack. This circumstance did not affect the outcome of the race, fortunately. Overall, it was a great experience and the race was fantastic.

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Love art, Love Kids. Young Rembrandts needs art instructors for minimal part time work (2 to 6 hrs/week) in the Kennesaw area. Must be able to work at least 2 days per week between 2 and 4 PM. No degree necessary but a background in art and experience working with children is required. Please call Young Rembrandts at (770) 424-5685 or email to allen@yrcobb.com

Money For College The Army is currently offering sizeable bonuses of up to \$20,000. In addition to the cash bonuses, you may qualify for up to \$70,000 for college through the Montgomery GI Bill and Army College Fund. Or you could pay back up to \$65,000 of qualifying student loans through the Army's Loan Repayment Program. To find out more, call (770) 422-4233.

**\$8 PER HOUR PLUS TIPS. POSITION: PARKING AND VALET ATTENDANT.** Flexible hours. Random drug-testing/background check. **ELITE PARKING CORPORATION.** 404-892-0787.

**WEBSITE DESIGNER NEEDED TO BUILD 2 WEBSITES!** \$20 per hour. Knowledge in database building a MUST! Call 770-517-0443 Nanny@GaDreamNannies.com

Temporary Part-time clerical help needed for psychology office. Good knowledge of computers/technology required. Good knowledge of Word, Excel and Powerpoint. Must do Transcription but experience with transcription not required; general typing speed 60 wpm. Excellent grammar and phone skills. Very organized, mature and able to think on your feet. Flexible hours between 10 & 6; must be available at least 4 hours for two days a week. Must be 21 or older. Pay-9.70-12 dollars per hour. Must be polite, positive and proactive with patients and staff. Professional attire. Reliable transportation. Send resume to newhorizonspsy@aol.com or mail to New Horizons Psy., 127 Cherry Street, Marietta, GA 30060

Bookkeeper needed for local used car lot dealer. Part time with flexible hours. Experience in Quickbooks, Excel, A/R, A/P a must. Fax to 77-426-8373. 3585 Cherokee Street, Kennesaw

Kraft Foods is accepting applications for Part-Time Distribution Associates at the Southeast Distribution Center located 6205 Best Friend Road Norcross, GA 30071. Applications can be filled out with

the Georgia Department of Labor (GA7430348) from October 31st to November 7th. Pay: \$11.60 (starting) \$13.74 (top pay) Applicants Must Have: The ability to lift 35 lbs The ability to work 20 to 30hrs a week Regard for personal safety and the safety of those individuals working around you Strong work ethic Skills perfer: Some forklift experience Previous case picking experience Kraft Foods is an Equal Oppourtunity Employer

**440 SALES**

The Atlanta Journal & Constitution seeks motivated individuals for Sales/Marketing positions. Avg. pay = \$250-\$500; Training Salary \$10/hr.; 15-25 flexible hours weekly; hourly salary plus commission and bonus; advancement opportunities, 401K, health insurance, & build resume quality sales experience. Call 404-526-7976. Please include the name of the school you attend. (Drugs Don't Work-EOE)

10 Additional Openings for Telerecruiters in Kennesaw. Person will be making outbound phone calls to previous donors. Position includes scheduling appointments, sending reminder cards, and making reminder phone calls. Excellent benefits and bonus once hired on. Shifts: Mon.-Fri. 9am-3pm OR Sun.-Thurs. 3pm-9pm Candidates must have sales and OUTBOUND phone call experience and seek part-time hours. Please call Axiom at 678-718-2880 to find out more about this position.

**550 OPPORTUNITIES**

**EGG DONORS NEEDED:** Give the gift of life. Infertility clinic seeking women 21-31 years of age to donate eggs to infertile couples who otherwise could not conceive. Donation is completely anonymous. Free Screening. \$6,000 compensation if match completed. For information call (404) 843-0579 or visit our website @ www.rba-online.com.

**600 TRAVEL**

Spring Break Bahamas! From \$199.00/pp 5 day & 4 night package includes: Round-trip cruise, Food aboard ship, Hotel on Grand Bahama Island! Toll-Free 1-888-852-3224 .www.GoBahama.com. Also Cancun Packages from \$499.00/pp

**If it seems too good to be true, it probably is!** Always check out all offers BEFORE sending payment or personal information.

**CAMPUS POSITIONS**

**Work on campus!** Find a campus position - student assistants - at: [www.kennesaw.edu/student\\_life/campusjobs.shtml](http://www.kennesaw.edu/student_life/campusjobs.shtml)



**cure Autism now FOUNDATION**  
[www.cureautismnow.org](http://www.cureautismnow.org)



*Running a newspaper requires a leader.*

*Think you have what it takes?*

The KSU Student Media Board is accepting applications for the following position:

**The KSU Sentinel Newspaper Editor in Chief**

Spring Term (January through April 28, 2005; 14 Issues)

If interested in running for editor of The Sentinel, complete an online Editor Application at:

[www.kennesaw.edu/student\\_life/editor.shtml](http://www.kennesaw.edu/student_life/editor.shtml)

**Application Deadline:**

**Monday, November 21, 2005, 5 p.m.**

**Position Requirements:**

- Candidates must be an enrolled KSU student with an adjusted GPA of at least 2.5
- Have previous experience (one semester) with the publication he/she is applying for, or equivalent
- Be willing to complete training as assigned
- Have strong communication skills and ability to motivate staff

- Maintain office hours (flexible)
- Be willing to work closely with the student publication, advisor, and student media board.

**Desired, but not required:**

- The successful candidate should:
- Completed applicable class work
  - An understanding of the medium he/she is applying for and its purpose and audience.

**For more info,**

**contact the media adviser at 770-499-3083**



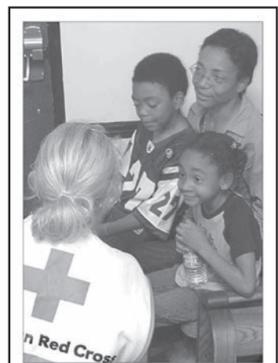
**NEWSPAPERS AREN'T DEAD**

Newspaper advertising has struggled recently, but college newspapers are different. The fact is, campus newspapers are stronger than ever. Research shows that almost all students read their student newspaper regularly. These niche publications provide content that is specific to a students' campus environment. It keeps them tapped-in to the happenings in and around campus.

- \* 98% of college students read their campus newspaper
- \* 45% of students had read at least 3 out of the last 5 issues of their campus paper and spend an average of 19 minutes with each issue (Student Monitor - 2002)
- \* 71% of teens say newspapers are relevant to their lives (USA Weekend - April 9, 2004)
- \* Students prefer their print editions over online versions (Student Monitor - 2002)
- \* Only 29.9 percent of students reported ever reading their local daily (Midwestern State University - 1999 College Newspaper Study)

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**Kennesaw**

**share** n. 1. A portion belonging to an individual. 2. To participate in, experience, or use in common. 3. The Art and Literary Magazine of KSU.

**free** adj. 1. Not literal. 2. Costing nothing. 3. Cost for getting published in Share magazine.

**submit** v. 1. To surrender to the authority, discretion, will of another. 2. To acquiesce. 3. What you have to do.

[www.ksushare.com](http://www.ksushare.com) 770-499-3272