

ACTION SGA CANDIDATES

Student Government Association elections will be held September 30 and October 1. Ten candidates are running for the ten positions of senator to represent the student body for the 1974-75 school year. Only two candidates are running for the three vacancies on the Entertainment committee.

All students who run for SGA offices must petition the Dean of Student Affairs and must have a grade point average of at least 2.0, with exception of first quarter freshman.

The Sentinel is pleased to present the candidates: 1. Charlie Copeland-Senator - He wants to "continue to represent student interests, in particular those of night students who are frequently neglected, and to provide more services to all students and the campus community.". Charlie has worked on campus for 3¹/₂ yrs. and has served on the SGA since Fall Qtr. 1973.

2. June Rowland -Senator - She believes "SGA is making an honest effort to move forward and I want to be a part of the new ACTION SGA. I know I can adequately represent three segments of students at KJC: Nursing, married, and women." She served as Senator Summer Quarter.

3. Scott McCune- Senator -"I have been here 6 quarters and I have yet to see anything significant happen at KJC. In the 2 quarters I have left here, I would like the opportunity to try to change this and get some sort of unity integrated within the students and SGA."

4. Kathy Delo - Senator "To help the students and teachers of KJC get better entertainment and better deals all around in the student governme and see that \$10 shelled out every quarter goes to good cause the a students." Kathy served as a Senator, Winter, Spring, and Summer quarters of last year.

5. Larry Hood - Senator The students as well as the administration have been so good to me at KJC. I want to do something to help them bv representing the students' views to the administration and to the Board of Regents." Larry served as a Senator last Fall and was appointed Vice-President last Spring; he then succeeded to President to complete the Spring quarter.

6. Randy Krise -Senator - Randy is for "better representation of students and for constitu-

tional changes."

7. James Evans -Senator - He feels that "helping other folks" should be his main concern in filling this position. James served as a Senator last year for three full quarters and worked on various committees in the school.

8. Randy White Senator- "I want to help make Kennesaw Jr. College a pleasant institution at which to attend school." Randy served as Senator last year and has been active in Student Affairs.

9. Laura Loyd - Senator - She would "want to improve on the present SGA's relationship with fellow students." In addition to this she has held various leadership positions in the past.

10. Howell Swain -Senator - He "wants a part in making the decisions that affect KJC students." Howell has served in various leadership positions while in high school and has served as Pres. of the Recreation Club here at KJC.

11. Tony Maddox -Entertainment Committee - "I think there needs to be a better selection of entertainment to suit everyone's taste. We need more comedy acts to go along with musical groups and we could also use some good classical music programs, and some good folk - blue grass bands."

12. Robert Webb -Entertainment Committee - His reasons for being on the EC are "to keep the nebbishs from drowning us in mediocrity again this year - to provide entertainment on the level of

student appreciation they

indicate.". 13. Randy Lynn -Entertainment Committee - He Says, "I want to have this position, honestly, because it's much better than having it dishonestly. No. but really, I'm an entertaining guy and I absolutely guarantee that I will work to bring quality, diversified, name entertainment to KJC."

terence

KJC Student Center Named

The new student center at Kennesaw Junior college will be named for the late James V. Carmichael, a native of Cobb County who served on the Board of Regents of the University System of Georgia.

The announcement was made by Dr. Horace W. Sturgis, president of Kennesaw Junior College, following the approval of the Board of Regents at the September meeting.

"Mr. Carmichael was a very distinguished citizen of this community and of the State of Georgia," Dr. Sturgis said. "he assisted the college in hosting a meeting of the Board of Regents in Marietta in 1971, and it was during that meeting that the new student center was authorized by the board."

authorized by the board." The James V. Carmichael Student Center, which is scheduled for completion in the spring, will include a large dining room, kitchen, bookstore, counseling offices, clinic, lounge areas and meeting rooms. It is a two-story building and contains approximately 43,000 square feet.

Mr. Carmichael served as the member of the Board of Regents from the Seventh District from Jan. 19, 1966, until his death Nov. 28, 1972. He was also a member of the Board of Trustees of Emory University. He practiced law in Marietta from 1933 to 1943, and

He practiced law in Marietta from 1933 to 1943, and was associted with Lockheed Aircraft Corporation, Scripto, Inc., Trust Company of Georgia, Southern Company and Georgia International Life Insurance.

Mr. Carmichael served as chairman of the Board of Commissioners of the Georgia Department of Industry and Trade and was a member of the Georgia House of Representatives.

[by Frank Wilson]

This year's Annual Leadership Conference has been tentatively scheduled for early November by a student-faculty committee. Although past conferences have taken place at various retreat sites in North Georgia, this year's conference will probably be held at Rock Eagle, Eatonton, Georgia. Other Plans are tentative at this time.

Several primary agenda items have been identified by the committee and probably will represent the thrust of the conference goals. These are:

A. the topic of group dynamics or, in genral, exploring the ways in which people function in a group;

Con

eadership

B. unification - how groups can work with othe groups whose thrust or priorities differ or even conflict, and how individuals can work with other incividual who they dislike or disagree with;

C. the topic of Communication Skills - how groups and individuals can communicate more efficiently and accurately.

The above mentioned agenda items are not rigid in that they could be changed or modified. However, they do represent the general direction which this year's conference should take.

The purpose of this

article is simply to notify interested persons that plans are underway. Therefore, if you would like to be considered as a participant, please contact Mr. Frank Wilson in the Office of Counseling & Placement (Humanities 216, 422-8770, ext. 203) as soon as possible. Also, if you represent a particular group, club, or organization and would like to work on the planning committee, you should contact Mr. Wilson.

This year's conference can be a meaningful experience for all those attending and important to KJC in terms of increased awareness, Mofivation, and unity.

Hope to see you there.

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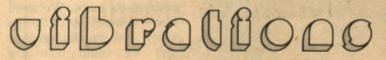
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Editorial views in THE SENTINEL are not necessarily those of the KJC administration or faculty. Signed columns are solely the viewpoint of the writer. THE SENTINEL welcomes signed letters to the editor and reserves the right to edit. Names may be withheld upon request.

Advertising rates are available upon request. Deadline for receiving copy is 10 days in advance of publication.

For further information contact THE SENTINEL office, or call 422-4060. Mailing address is Kennesaw Junior College, Frey Lake Road, N.W., Marietta, Georgia 30061.



By Randy Krise

President Gerald R. Ford has assumed a job as the 38th President that is unparalleled in the history of the United States. He has been chosen to mend the wounds of the greatest country in the world.

When Gerald Ford accepted his role he stated that he was going to put Watergate behind us and tackle the problems we now face. These problems are well known to all Americans; they are inflation, recession, what to do with the Watergate gang, and the question of amnesty for draft dodgers and deserters in exile.

President Ford has not dragged his feet. He has confronted the economy with a series of nationwide conferences to get a general concensus of how the people feel it can and should be dealt with. He made a very controversial decision to grant Richard M. Nixon total amnesty before a charge was ever brought against him. Lastly, he has unveiled a plan by which the draft dodgers and deserters of the Vietnam War can come home by reaffirming their allegiance to the United States and working up to 24 months in an alternate, non-military service.

What Gerald Ford is doing is to try and create a feeling of nationalism which this country urgently needs. If President Ford found it necessary to pardon Richard Nixon before he was even charged, then how could he have decided any other way for our exiles?

The men who left this country rather than fight an immoral war in Indo-China did so because of strong moral convictions. They are again sporting those convictions by refusing to go along with the President's plan. The exiles feel they should have unconditional amnesty because they felf that they could not participate in an immoral, illegal war. They feel, rather than punishment, they should be cheered.

The people of the U.S. are known for their big hearts. We've formally forgiven Richard Nixon with no strings attached. Why is there such outrage and vindictiveness when we're trying to bring the last victims of the Vietnam war home?

Lungs Before Birth

One problem of very small premature babies is immature lungs. Unlike some organs, lungs must be able to function at the instant birth or the baby will die. To survive the first breath, the baby's lungs must produce a substance called surfactant, which coats the millions of air sacs in the lungs. Surfactant gives the lungs the strectching power they need to expand with air and keeps them from collapsing when the air is exhaled. Without surfactant, lungs cannot function.

The Sentinel

EDITORIAL

Tests of the amniotic fluid in the mother's womb can measure how much surfactant the fetus' lungs are producing. If

these levels are to low when premature labor begins emergency measures must be taken.

From extensive research on pregnant sheep and rabbits, Dr. Mary Ellen Avery at Havard Medical School has found ways to help trigger the production of surfactant in newborn babies. Even more astonishing, she has found techniques to stimulate the lungs of the fetus to produce its own surfactant before it is born. Administering small doses of a substance produce by the pituitary gland, Dr. Avery has found, can help lungs develop at increased pace and supply surfactant to the air sacs.

These new techniques

can help save some of the thousands of babies in the United States who die every year from hyaline membrane disease. Over half the babies who weigh less than two-and-ahalf pounds at birth have the disease because the air sacs of their loungs are not coated with surfactant.

Reaserch indicated that pregnant women who smoke increase their chances of having low weight babies who are born pre-maturely. The born pre-maturely. The mother's smoking blocks off the oxygen supply to the fetus.

Find out more about all kinds of lung disease. Contact your lung as-sociation. It's a matter of life and breath. And use Christmas Seals.

Dear Editor:

First, let me congratulate you on the obviously needed changes in the paper's format. The Sentinel as a functional publication has been dying for some time now, and it is refreshing indeed to see someone breathing new life and new ideas into an archaic student service.

Secondly, I want to thank you for the story by former Dean Akerman. His article points out some problems that have been affecting colleges across the nation since the start of the decade; to wit, who is really fit to go to college? Mass advertising invariably results in mass responses; at the risk of sounding like an elitist, I would like to know if colleges need such widespread sales appeal. Granted, campuses have been in trouble ever since they ceased to be havens for draft dodgers. Still, the people who objected to military service were, for the most part, well suited enough for college hagin with or they

could not have used education as a shield against forcible induction. Now, much of the advertising being used is aimed at high school graduates who are fresh out of the state run madhouses that pass for secondary schools. One of the best things these newly graduated seniors can do is to wait before going into college, for they need a lot more time than three months of summer vacation to decide whether or not college is really right for them. In the "old days" of the draft, no male could afford the time to live a little and make up his mind, largely because if they took more than the three months between high school and college, they would wake up one morning and find they were suddently in the service of their country. Now there are no such pressures to rush the graduates into college. The answer? Colleges themselves are out to the grants and tight create another kind of money starts shrinking. pressure to rush the

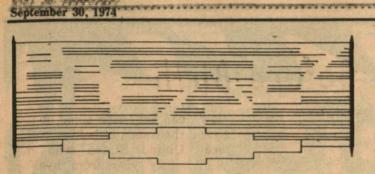
academic treadmill.

There are always the old stories: you need college to get a good job...you're gifted and need to go on in school...but these stories in are becoming harder and harder to sell to perceptive young people. You don't need college to get a "good" job, gifted students need special education and attention that the average state-run institution can never offer anyhow, and whether or not one's parents went to school really doesn't matter in the long run.

Instead, the students are under pressure from their peers, or at least it would seem that way, and they are under the impression that things have never been so good at college, when in fact things have never been so bad. The newer courses that were created several years ago and deemed socially relevant" have been the first to go when

Continued on Page 11

THE SENTINEL	The second
IS NOW ACCEPTING APPLICATIONS FOR: Sports Writers Photographers Creative Writers Artic	Conterence?
Reporters Put your finger into action by calling 422-4060. Or footsy down to our office in the Student Center for a rap session. We'll give you SOMETHING to do. Put your life into our hands.	sts Contact: Mr. Frank F. Wilson Office of Counseling & Placeme Humanities 216



by Donnie Lindsay

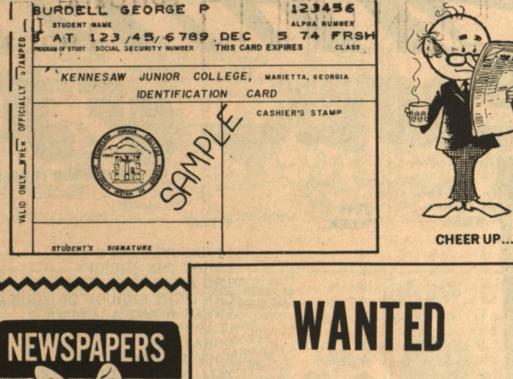
Everyone attending KJC receives an identification card when they go through registration pro-cedures. This card should be kept by every student attending the quarter during which the card is issued.

The alpha number in the top right-hand corner of the identification card one of the most important things given to you at KJC. This number must be placed under your signature on all written on the checks campus. You also need to the library. remember this number because final grades posted in each division at the close of each quarter will particularly while on camp-be listed according to us, can save you a lot of be listed according to

name will not appear next to your grade(s). The card, in general, also serves important functions. It is your

admission to all student activities sponsored for KJC students. It is also a means of identifying yourself as a KJC student at businesses that give special discounts to studentscraft shops for art majors, jewelry stores, etc. Most important, this card must be shown each time a student checks out any books or materials from

Keeping your identifi-cation card and having it with you at all time, your alpha number; your inconvenience and time.



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Student Orientation Leaders

If you are interested in working with the Orientation Program during the 1974-'75 academic year, contact Mr. Frank F. Wilson in the office of Counseling and Placement, H216.

Canadiana

Some Interesting Facts On Our Northern Neighbor:

The name Canada is derived from the Huron and Iriquois Indian term "Kanata" which means village or community.

There are 21 million inhabitants in this vast country. including 240,000 snow-sledding Eskimos and peaceloving Indians.

Its land area is second only to the USSR. We may be big but Canada's even bigger with 3.85 million square miles.

The nation's capital is Ottawa in the province of Ontario (or as the residents like to call it Ontari-ari-ari-o).

Canada has 10 provinces and 2 territories. Two fair-sized states could fit into one province and there would still be room to spare for a couple of small-sized ones.

French and English are the offical languages of the nation. But the westerners don't understand the easterners and the French wish the English would get the heck out of the country. So much for bi-culturalism Vive le Canada libre???

Canada has the greatest fresh water area than any other country. They sell water to us and we sell 'em heat waves.

The currency is the same as ours. But the Canadian dollar goes a teensy-weensy bit further than ours.

The province of Alberta, in western Canada, has some of the largest oil reserves. And they sell some of that to us. Once the Arabs run out of black gold we can go and beat up our friendly neighbor. After all, what's a friend for? Particularly when we can get it gratis!

Watch for more facts on Canada in upcoming issues. Long live. anada. We need them as much as they need us.





The Sentinel

September 30, 1974

AS OF SEPTEMBER 17, 1974

1	I HONESTLY LOVE YOU
2	I SHOT THE SHERIFF
3	THE NIGHT CHICAGO DIED
4	CAN'T GET ENOUGH OF YOUR LOVE
5	SWEET HOME, ALABAMA
6	CLAP FOR THE WOLFMAN
	DORAVILLE
7	ROCK ME GENTLY
8	
9	TELL ME SOMETHING GOOD
10	STOP & SMELL THE ROSES
11	YOU'RE HAVING MY BABY
12	LEAVIN' IT ALL UP TO YOU
13	IT'S ONLY ROCK & ROLL
14	YOU AND ME AGAINST THE WORLD
15	THE BITCH IS BACK
16	BACH BABY
17	YOU HAVEN'T DONE NOTHING
18	SKIN TIGHT
19	LOVE ME FOR A REASON
20	YOU AIN'T SEEN NOTHING YET
21	NEVER MY LOVE
22 19 604 0	EVER LASTING LOVE
23	JAZZMAN
	CAN'T GET ENOUGH OF YOUR LOVE
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ARTIST

Olivia Newton-John Eric Clapton Paper Lace **Barry White** Lynyrd Skynyrd **Guess Who** Atlanta Rhythm Sec. Andy Kim Rufus Mac Davis Paul Anka Donny & Marie Osmond **Rolling Stones** Helen Reddy Elton John First Class Stevie Wonder **Ohio Players** Osmonds Bachman/Turner **Blue Swede Carl Carleton** Carole King **Bad Company** America

TOP TEN REQUESTS

1. I SHOT THE SHERIFF 2. THE NIGHT CHICAGO DIED 3. SWEET HOME ALABAMA 4. I HONESTLY LOVE YOU 5. DORAVILLE 6. YOU'RE HAVING MY BABY CLAP FOR THE WOLFMAN WILD THING 7. 8. 9. THE BITCH IS BACK **10. BEACH BABY**

YOU WILL HONESTLY LOVE THE ROCK OF ATLANTA, WQXI-METRO ATLANTA'S MOST RESPECTED CONTEMPORARY MUSIC STATION

VPOUPPle by Nilda Nahal

Glancing at past issues of the Sentinel, we see: **OWLS STAY AT TECH**

1. JOHN DENVER'S GREATEST HITS

2. BACK HOME AGAIN - John Denver

6. TRES HOMBRES - Z.Z. Top

7. CARIBOU - Elton John 8. SKIN TIGHT - Ohio Players

IF YOU LOVE ME - Olivia Newton-John
FULFILLINGNESS - Stevie Wonder
BEHIND CLOSED DOORS - Charlie Rich

9. STOP & SMELL THE ROSES - Mac Davis

10. BTO II - Bachman-Turner Overdrive

Dec. 1, 1966. Dr. Horace W. Sturgis, President of KJC, announced that "unanticipated delays" make it impossible for Kennesaw Junior College to occupy the new campus near Kennesaw at the first of winter quarter as earlier planned.

MONTAGE READY FOR STUDENTS

May 1967. The first edition of the Montage, the student yearbook, was distributed to the students. Faculty advisor for the Montage was David M. Jones, Jr., Assistant Professor of English.

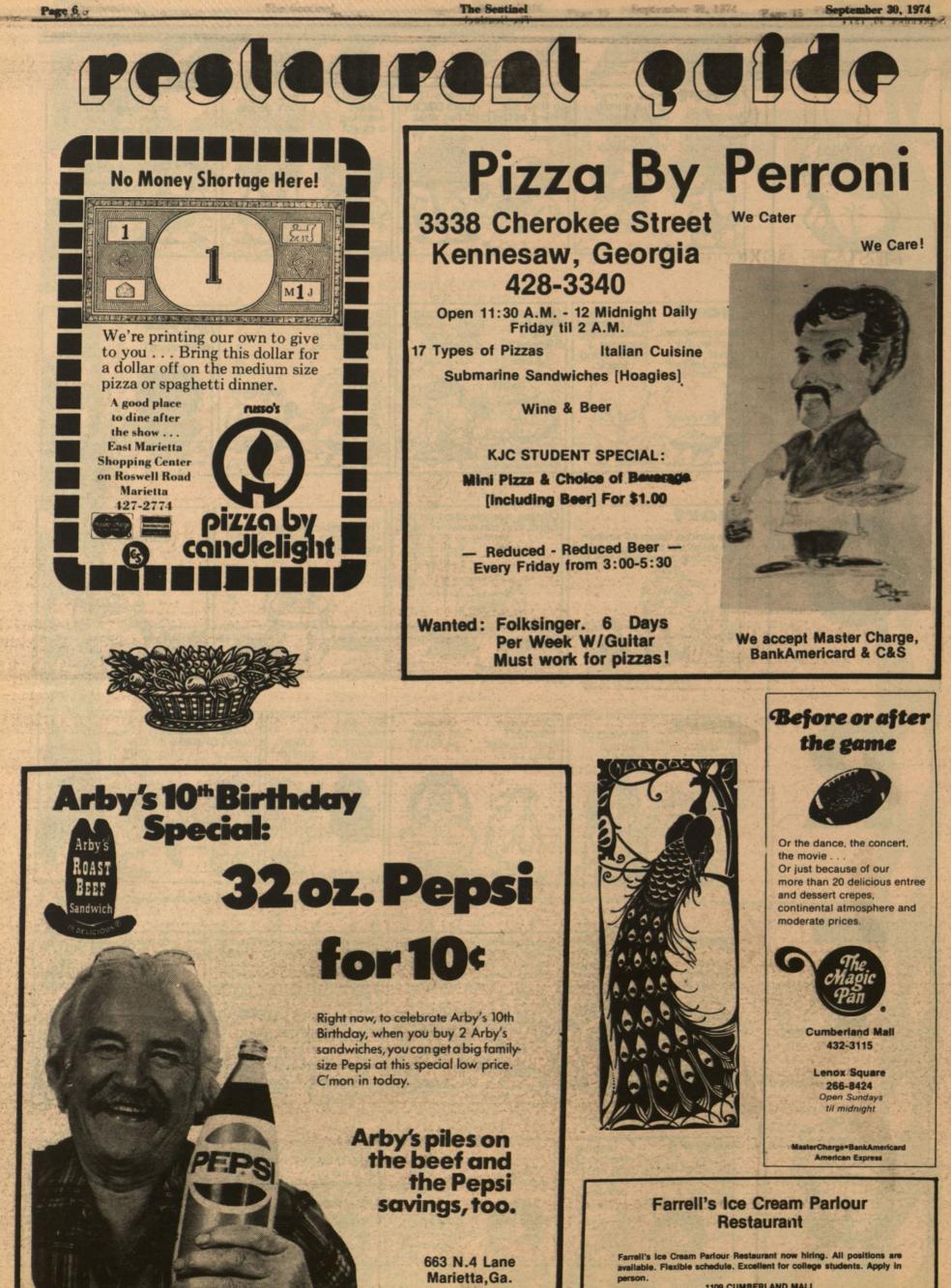
SPANISH DANCERS FEATURED

April 10, 1967. KJC presented Jose Molina and his Bailes Espanoles. Molina is a world reknowned performer of the native Spanish dance.

DRAMA CLUB GETS FIRST CHARTER

May 1, 1967. The Drama Club received their first charter, the first club on KJC campus to do so.

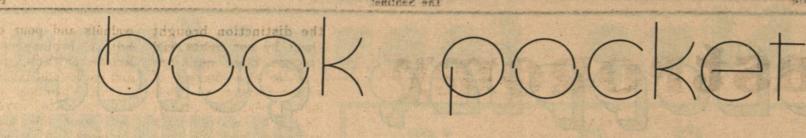




1109 CUMBERLAND MALL MONDAY - FRIDAY, 3:00-6:00 P.M.

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By Dr. Robert Greene

Vlam, Adam. Stalin; the Man and his Era. (DK 268/S8 V4 1973)

Sandersan, Ivan. Abominable Snowman: Legend Come to Life. (QL 737/P9 S164)

Pound, Merritt. Benjamin Hawkins, Indian Agent. (E 93/H34 P4) Mahan, Katherine. Showboats to Soft Shoes; a Century of Musical Development in Columbus, Georgia, 1828-1928. (ML 200.8/C75 M3)

Duckles, Vincent. Music Reference and Research Materials. (ML 113/D83)

Winwar, Frances. The Haunted Palace; a Life of Edgar Allan Poe. (PS 2631/W 57) Hittleman, Richard L. Yoga for Physical Fitness. (B 132/Y6 H52)

Lindbergh, Anne Morrow. Locked Rooms and Open Doors: Diaries and Letters of Anne Morrow Lindbergh. (PS 3523/I 516 Z52)

Stokes, Thomas. The Savannah: Illustrated by Lamar Dodd. (F 277/S3 S8) Masin, Herman L., ed. The Best of Basketball from Scholastic Coach. (GV 885/S37)

Risner, Robinson. The Passing of the Night: My Seven Years as a Prisoner of the North Vietnamese. (DS 557/A675 R57 1974)

Nicolson, Nigel. Portrait of a Marriage. (PR 6037/A35 28) Rowan, Stephen. They Wouldn't Let us Die; The Prisoners of War Tell Their Story.(DS 557/A675 R67)

Pearl, Arthur. Landslide; the How and Why of Nixon's Victory. (E 859/P42 1973)

Wilkinson, Sylvia. The Stainless Steel Carrot; an Auto Racing Odyssey. (GV 1032/M57 W54)

The The Sandbox Definitions for the hallways of our revered institution: KJC...

Administration Building	Happy Hollow
Science Building	Three Faces Of Eve
Social Science Building	Uncle George's Cabin
Humanities Building	
Library	
Gym	
Student Center	
	Pig Pen
	Rat Trap
	Slaughterhouse
	Cow Palace
	Bull Ring
Nom Student Conton Inden	

New Student Center [under construction] The Zoo

NEW ROTC OPTION FOR STUDENTS

Kennesaw Junior College students, both male and female, now have an opportunity to take advantage of the various options offered by the Army ROTC Program:

- Army ROTC Cadets in the first 2 years of the program (freshand sophomore years) are under no active duty obligation. They may drop out of the program at any time.
- Once in the program a young man or woman has the opportunity to compete for a full Army ROTC scholarship which pays his or her tuition, book and lab fees plus \$100 per month. In order to compete, however, he or she must be participating in the program.
- Every ROTC Cadet is paid \$100 per month during his or her junior and senior years.
- All Cadets who successfully complete the Army ROTC program are commissioned second lieutenants either in the regular Army or the Reserves.
- The starting pay and allowances of a new second lieutenant is \$9480.00 if married and \$9084.00 if single. There are also other fringe benefits such as free medical and dental care and reduced prices for food and other items in commissaries and post exchanges.
- Cadets receive all uniforms, textbooks, and other supplies required for ROTC at no expense to themselves.

INTERESTED??? Call 894-4759 or 894-4761, or contact your Registrar immediately!!!

PARKING AND TRAFFIC REGULATIONS

PARKING PERMIT[S]

Please refer to Student Rules and Regulations, Fall 1974, page 24, Section XII, which reads, "All motor vehicles operated by students on the college campus must be officially registered with the Office of the Controller. Also, each owner of a motor vehicle must be assigned a specific parking permit before the vehicle may be operated or parked on the college campus." This applies to each vehicle a student may use, as many different ones as are operated on the campus - family, personal and/or car(s) from a used car lot.

PARKING FEES

The approved parking fees should be paid at the same time as tuition payments are made. They are as follows:

Fall Quarter through Summer Quarter	\$4.00
Winter Quarter through Summer Quarter	3.00
Spring Quarter through Summer Quarter	2.00
Summer Quarter only	1.00

PLACEMENT OF DECAL

The parking decal must be placed on the left rear bumper of the vehicle.

removal at the owner's expense. (See Student Rules and Regulations, Page 15, Section X)

- 1. Speeding on the campus. The Speed Limit is 25 MPH.
- 2. Failure to observe stop signs.
- 3. Parking in reserved places.
- 4. Parking in front of yellow curb.
- 5. Parking on service roads, driveways and walkways.
- 6. Parking on unpaved areas.
- 7. Parking in extrances or exits of parking lots.
- 8. Operating or possessing an unregistered vehicle.
- 9. Failure to properly report a change in the auto license tag number.
- 10. Giving false information and/or falsely registering a vehicle.
- 11. Reproducing or defacing a parking decal.
- 12. Parking at an angle and utilizing two parking spaces.
- 13. Parking parrellel to curb.

For any infraction of the regulations stated above, you will be assessed a fine of not less than \$1.00. Fines are payable at the Office of the Controller not later than the next school day following the date of the infraction. Failure to pay on the next school day will increase the fine and/or cause disciplinary action to be taken.

PARKING VIOLATIONS Parking tickets will be issued, for the following violations and *This helpful reminder, courtesy of SGA, could save you \$1.00 motor vehicles parked in unauthorized areas, will be subject to [parking offense cost] if you will read it and heed its message. French,

Whe Sentinel The Sentinel

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A Taste of China

by Raju Kotak

It has been said by these only for flavoring. gourmets that the world has three great cuisines --Italian, and Chinese; there are those who would not relegate

the Chinese to last place. In most towns in our country, if there is a single foreign restaurant, the chances are that it will be Chinese, indicative of the great popularity of this cuisine. French and Italian food is western and not too removed from our

Hint Parade

Beat life into canned orange juice. Wonder why canned orange juice may lack that "fresh-squeezed" taste? It's

because, during canning, air is removed. That's why

economical canned orange juice should be stirred vigorously, or aerated, with a rotary beater, an electric

blender, or poured several times between two

Know your onions and shed no tears. Next time you

slice onions, spear a 1-inch chunk of bread on the point

of your paring knife before peeling. Bread absorbs those

far native American style. The Chinese cuisine is based an entirely different set of concepts. We are accustomed to think in terms of whole chickens and ducks or large cuts of meat. The Chinese, for economy's sake(and we are certainly learning from them), must use

containers.

tear-jerking fumes.

The bulk of the dish is supplied by noodles, rice vegetables, with the addition of a tiny quantity of meat or poultry. Because the Chinese do not use knives and forks at the table, only chopsticks, food must be precut into bite-size pieces. Not only bite-size,

but also small enough to be conveyed to the mouth by chopsticks. Each morsel is carefully trimmed and cut as uniformly as possible before cooking. Generally, the cubes of meat or vegetables are cut into $\frac{1}{4}$ or $\frac{1}{2}$ inch cubes. Of course, these small bits cook quite rapidly, and it is im-portant that all foods should be prepared and served quickly; overcooking is fatal.

The one-dish casserole meal so popular in the U.S. would not be understood in China. All but the very poorest families serve five or six different courses for their evening meal. Each course may have rice or noodles as its base, but each will have a somewhat different flavoring. For this reason it should be kept in mind, when using the receipes that follow, that the number of portions which each dish will served is based upon the assumption that several courses will be prepared in the Chinese fashion. If the recipe is intended for a main course, as a rule ther will only be enough for half the number of servings specified.

We have read, with a degree of fascination matched by disdain, of such items in the Chinese diet as sharks' fins, 100-year-old eggs, and birds' nest. Shark's fins, for instance, are principally used in soups because of their interesting flavoring and thickening effect, and the resulting dish when sampled is usually pronounced delicious by western standards. One hundred-year-old eggs are in reality about 100 days old. Their taste is reminiscent of many of our finest cheeses; there can be little distinction between eating aged eggs and aged cheese, merely

the distinction brought about by our habits and customs. Birds' nests are used in the making of soups because of their unique gelatinous quality; they are astronomically expensive and reserved by Chinese gourmets for

special feasts. The only satisfactory cold beverage with Chinese food is beer and this may accompany any dish. Tea, and be sure to purchase Chinese tea, is reserved until the conclusion of the repast; it is seldom served during the meal as is so often the custom in Chinese restaurants in this country.

Happy cooking, and remember, if you run out of soy sauce you may substitute beer in emergencies.

Chicken with Walnuts Haap To Ghuy

2 raw chicken breasts 1 teaspoon salt **Iteaspoon sugar 3 tablespoons sherry** 1 tablespoon soy sauce **3 tablespoons cornstarch** 1 egg, beaten 1/2 cup oil 1 cup walnuts, blanched 2 teaspoon minced ginger 2 minced garlic cloves ^{1/2} cup boiling water 1 teaspoon Ac'cent 1 cup sliced bamboo shoots

Bone the Chicken and cut in 1-inch cubes. Combine in a bowl with the salt, sugar, sherry, and soy sauce. Toss well and let stand 30 miniutes. Drain, reserving the marinade. Dip chicken in the cornstarch and then in the egg.

Heat the oil in a deep skillet and brown the walnuts in it. Remove

Heritage Tour

walnuts and pour off all but 2 tablespoon oil. Brown chicken, ginger, and garlic; add the water, Ac'cent, bamboo shoots, and marinade. Cover and cook over low heat 15 minutes. Add the walnuts and cook 1 minute. Serves 4-6

Fried Sweet Potatoes

1/2 cup dark corn syrup 1/2 cup oil

1 pound sweet potatoes

Cook the corn syrup over low heat 10 minutes. Peel the sweet potatoes and slice thin. Heat the oil in a skillet and fry the potatoes in it until browned. Arrange on a serving dish and pour syrup over them. Serves 3-4

Fried Celery And Bean Sprouts

2 bunches celery 2 tablespoons lard or oil 2 cups bean sprouts, drained 1 1/2 teaspoons salt

Discard the leaves and separate the stalks. Cut in 1/2 inch pieces. Heat the lard or oil in a skillet. Saute the celery 2 minutes. Add the bean sprouts and salt. Cook 2

minutes. Serves 4-6.

Students, administration, faculty & staff are invited to contribute their favorite recipes for this regular feature. Deadline: October 4.

Fresh milk stays fresher longer if you add a pinch of salt to a quart of fresh milk.

Soften up hardened glue by placing a few drops of vinegar in the container.

How to remove heat marks from table tops. Rub the unsightly white marks with a hard paraffin wax candle. Then cover with blotting paper and press with warm iron. Repeat, if necessary. Afterward, rub well with soft cloth to restore finish.

A candle to the rescue again. When addressing packages in ink for mailing, protect addresses from smearing and becoming illegible by rubbing a candle over the writing. The wax coating forms a weatherproof protective surface.

Utensils darkened by heat by heat absorb more heat than bright, shiny ones and often are responsible for overbrowned or burned foods.

Stop frying-pan explosions. A little salt sprinkled in the frying pan will keep fat or lard from splattering. Also make range cleaning easier.

Candlelight can be beautiful, unless the romantic touches start to drip. Avoid messy candles by putting them in refrigerator for a few hours before using.

A Heritage Tour of Tickets are \$5.00 for the Marietta, sponsored by complete tour, and will be available the day of the the Marietta Council of Garden Clubs, will be on tour at the Marietta Fine Saturday and Sunday, October 5 and 6, from Arts Center, 156 Church Street. Free parking will 1:00 to 6:00 P.M. Featurbe available across the ed will be a Town and street from the Fine Arts Country tour, by bus, of Center at St. James early Marietta homes; a Episcopal Church and at walking tour of historic the First Presbyterian Kennesaw Avenue, with Church. six homes open; and a If further information in walking tour of Washingneeded regarding the ton Avenue including a Heritage Tour, please number of homes which contact one of the have been restored and following: are now being used as law offices. Tea will be served

the Marietta Ed-

ucational Garden Center

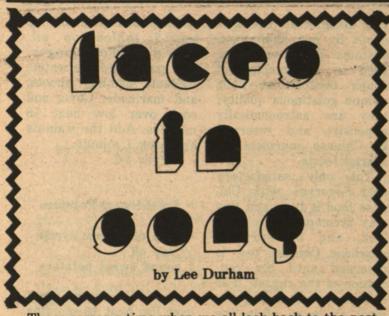
on Kennesaw Avenue.

at

Honorary Chairman: Mrs. James T. Anderson 428-5706.

Tour Chairman: Mrs. Conley Ingram, 428-0450. Ticket Chairman: Mrs. Don McGowan, 427-7666. Publicity Chairman: Mrs. Gary Palmer, 427-1864.





There comes a time when we all look back to the past. I have done this lately with one(if not the greatest) musical groups that this country has produced. The Beach Boys that does it for me is what could be called their Golden Age -- 1962 to 1967.

This began with SURFIN(their first hit), and ends with what is the creative achievement, GOOD VIBRATIONS. The songs that came out during these five years are a picture and feeling of young America as they saw it. They were spokeman for people who had never even seen surf much less California. You could identify with the subject of girls, fast cars and having a good time.

The Beach Boys started out as three brothers, their cousin and a friend. The Wilson Brothers – Brian, Dennis and Carl & Company started out in 1961 in Hawthorne, California in their family garage.

Their recording was done there and sounds best when listened to in mono instead of stereo. The mix in re-channeled stereo just does not do justice to the sound the guitars and drums tend to get lost in transition. And the way these song were heard most was coming out of a car radio speaker.

There are some very fine albums on which this era can be found. The most popular one now the THE ENDLESS SUMMER two-record set (Capitol SVBB-11307). It is a million seller and is in the top five best selling LP's in the country this week.

Side one might be called a Surfing Suite beginning with SURFIN SAFARI and ending with SURFIN USA.

Other memorable songs such as LITTLE DEUCE COUPE, IN MY ROOM, I GET AROUND, HELP ME RHONDA, and the epitome of the Beach Boys sound, CALIFORNIA GIRLS.

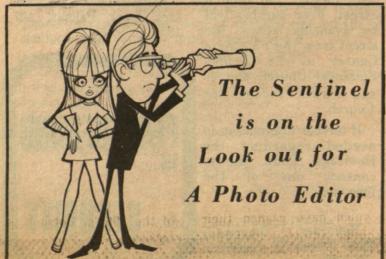
All of the material on the album has been released before but many of the earlier albums on Capitol are no longer available.

Also good are **BEST OF THE BEACH BOYS VOLUME 1**(Capitol DT 2545)and **VOLUME 2**(Capitol DT 2706).They include some classics not found on ENDLESS SUMMER such as 409 and **BARBARA ANN**.

And for import collectors there is **BEACH BOYS GREATEST HITS**(EMI 21628) from England. It includes post-surf music like **SLOOP JOHN B**, **WILD HONEY** and Brian Wilson's production epic -- **GOOD VIBRATIONS**.

So put on a Beach Boys record and drift back -- I wonder if I can find their album??

Keep on grooving . . . with Franklin Music, Cumberland Mall.





World's Most Completely Stocked Record, Tape And Stereo Stores

STORES IN ATLANTA AREA:

Perimeter Mall 394-3410 Lenox Square 261-7422 Cumberland Mall 432-0036

[Watch for a series on What to Look For in Stereo Systems starting October 14 in this regularly featured column]



September 30, 1974





There has been a recent emergence of t.v. stars promoting a variety of products.

Don Rickles started with his nasty remarks for a rent-a-car but after polluting the screen he decided to hit below the belt with his deodorant spiffs. Which prompts the viewer to make a dash for fresh air.

"Sam McCloud" has managed to heave long enough by attempting to hook everybody onto a credit card.

Fred McMurray of "My Three Sons" series is leaving the driving to Greyhound, while Jane Russell suggests a move from the training bra to one with a better lift.

Howard Cossell interrupted the airwaves long enough to comment on a underwear match, while Pat Boone continues the tradition by singing "white is beautiful" or something to that effect.

Bill Cosby has returned with his Fat Albert kiddy stories, while slithering Jello into his mouth, and Junior Samples is noticeable all over the screen trying to convince us that fat is beautiful if you eat sausages.

Obviously the stars are faced with the financial crunch and we can only

imagine how an ad might be emitted by "Archie Bunker" and "the meathead."

by S. T. Kid

The Sentinel

Sponsor: Protecter & Gambler

Time: 60 sec

(All In The Family --5 sec intro)

MIKE: Arch, you know what bleach does to your hair?

ARCHIE: What am I, a clairvoyeur or somethin'? How do I know?

MIKE: Well, just ima-gine what it could do for our laundry?

ARCHIE: Will ya lay off the social meneuneties and get to the point? MIKE: Look, bleach can



do a lot of damage to bright colors, synthetic fabrics, and miracle finishes. Making white into yellow. Fading colors. And just plain cutting short a fabric's life.

And the Carles and a standard and a standard and the

thaills

ARCHIE: Listen to our laundry man, will ya? Ain't never been outa his diapers, and now he's the regular TRUD man!!

MIKE: Oh, come off it Arch!! TRUD deodorizes as it cleans. It removes stains. And all without bleach. Which makes it very safe for any wash-able fabric or color. And in cold water too.

ARCHIE: Cold enough to freeze a witch's mitt??

MIKE: Yeah, Arch.

And it won't pollute the environment either.

ARCHIE: You're the one ,who's polluting the environment!

MIKE: And TRUD keep whites white instead of yellow.

ARCHIE: Tell that to them one billion Chinks, will ya. And there was no slurp intested against the Chinese. I call 'em Chinks 'cause that's what they is.

MIKE: Well, Archie's pretty hard to convince. But wouldn't it make sense if you got TRUD And got in step with the times.

ARCHIE: Spare me the cleechays, will ya! Once a Meathead, always a meathead!!

Ms. Scarlet

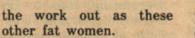
Dear Ms. Scarlet:

What can I say to my boyfriend when his idea of a compliment is, "You don't sweat as much as other fat women I've known."

Signed, **Pleasantly Plump**

In Potsdale

Dear Pleasantly Plump: Tell your boyfriend maybe you're not getting



Dear Ms. Scarlet:

Already the first day of class and I'm going mad! Even on the back row my professor's halitosis is so bad that I barfed when I got out of class. Six people on the front row dropped dead! And I need the class for credit. Help!! Signed.

Offended Olfactories

Dear Offended **Olfactories:**

Why doesn't the whole class wear gas masks tomorrow. If the prof doesn't take the hint you may then have to take more drastic measures.

Dear Ms. Scarlet:

My problem is the preacher's wife. She says I've got a nose like a bird dog. [I don't.] How can I convince her of this? Signed,

Short Beak

Dear Short Beak: Why don't you try keeping your nose out of her business.

Ms. Scarlet can solve any of your problems. Just write to her c/o THE SENTINEL. or drop your letter into our letter-box in the Student Center. Due to the circumstances of this column no real names will be used. However pseudonyms are recommended as signatures. Deadline for the next issue is OCTOBER 4, at the very latest.



VOX POPULI

Continued from Page 2

Teachers are quitting in disgust because of ad-ministrative baubles. The prices of everything inside or outside of colleges have risen, and as a result the markups for students are tremendous. Still, there are the friends who are already in school, telling their peers on the outside that everything's groovy, so why don't you come too? And, as Dean Akerman pointed out, there are the biggest offenders, the colleges themselves, misleading the graduates with slogans and bullshit when they should be stressing the fact that a g dity be an education can

person who knows who and what he is, and wants to be. Dragging every Tom, Dick and Harry in off the streets may solve some of the financial problems in the short run. but the long run isn't here yet, and by the time it arrives there may be no one left to recognize the problems that mass-pro-duction education will cause. A college is not an assembly line for future intellectuals and leaders, it is a proving ground for those with the presence of mind to make the grade. Telling someone that they will be afforded an equal voice in school

important asset to a

administration, or that they will automatically come to a full state of self realization simply by signing on the dotted line is a cruel farce. If colleges are allowed to reach the same state of mediocrity as every other institution of the 1970's, then there can be no hope for the decade, for change will come from the place where oppression and misery are the most prominent environmental factors. The great minds of the past ages came either from self-education or from horribly deprived universities that did little besides stressing the importance of self-disci-

pline and man's responsibility to his race. Now the ads are stressing man's importance to himself, and college's importance to man as an individual. Building for the future begins with the quality of the education a person receives, not with the catchiness of an advertisement or the distribu-tion of shiny bumper stickers at registration. An advertising agent once remarked to me that the only businesses that re-sort to television commercials are the ones which have cashed their check, in the broader sense of the term. If colleges are now being

forced to rely on media schlock to bolster their sagging attendance; if the only true way is to give precedence to selling the school over dispensing the knowledge, then colleges are in trouble, as of today, and the best hopes for the future of our campuses, both public and private, probably lie in how good the camera crew from Channel 17 will be when they come to shoot a commercial to be sandwiched between ads for Popeil's Pocket Fisherman and the Million Seller hits of the 1960's. Lotsa luck, KJC.

> Love from a friend, Robert R Weht

happenings

HUMANITIES FILM SERIES

FALL QUARTER

9/19 ODYSSEY: THE STRUCTURE OF THE EPIC

- 9/24 BACH TRANSMOGRIFIED
- 10/7 OEDIPUS REX: THE CHARACTER OF OEDIPUS

10/22 CARL SANDBURG DISCUSSES HIS WORK

10/29 WHAT HAPPENS IN HAMLET?

- 11/5 MARIAN ANDERSON
- 11/12 WILLIAM FAULKNER'S MISSISSIPPI
- 11/14 EUGENE DELOCROIX

ALL FILMS WILL BE SHOWN AT 12:00 IN THE LIBRARY SEMINAR ROOM.

Prater's Mill Fair

The Prater's Mill Country Fair will be held at the picturesque old Mill Saturday and Sunday, October 5th and 6th. The mill is located near Dalton in Northwest Georgia.

In its fourth year, the Fair is described as a quality fair. Ninety-five well-known artists and craftsmen from the southeast will be exhibiting their work. Many will be demonstrating their skills in various media.

Special emphasis is placed on traditional crafts which would have been practiced during the 1850's. Among these will be blacksmithing by Mr. Judd Nelson, who is a fifth generation smith, glass blowing by Dr. Earl Davis, cornshuck weaving on a handmade loom and 'whittling and spinning.' Selected antiques, dating to the mide-1800's are also sold.

Continuous entertainment which emphasizes the songs and dances of the 1900's includes choruses, clogging, square dance groups, barber shopquartets, country bands and gospel groups. Skydiving, weather permit-ting, by the Dalton Sky-Diving Club is sche-Dalton duled for both days. The candidates for Georgia's Lt. Governor are expected to speak Saturday, and the Gubernatorial candidates on Sunday.

Barnyard animais, pony rides, the Rock City animated display, and a puppet named "Ben, The Talking Miller," will provide fun for the children. Ben will be in a 9 foot replica of Prater's Mill.

Prater's Store, a onetime general store, is partially restored and during the Fair, 'is "outfitted" with old store items. Also in the store will be the old-fashioned bakery shop, specializing in made - from - scratch breads, cakes and cookies.

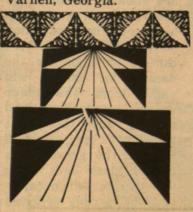
The purpose of the Fairs, in addition to offering a look at yesteryear, is to raise funds for the restoration and preservation of the store and historic old mill. Of the 27 mills which were once in Whitfield County, only Prater's Mill remains.

At one time, in addition to the mill, there was a blacksmith shop, a sorghum mill, a camping shed, a saw mill, a wool carder, a cotton gin, general store and post office. All that remains today is the store, the mill and the home of the builder of the mill, which has been converted into a country-style restaurant.

During the Fair days, the mill, built in 1859, is put back into operation by Mr. Robert Myers of Hopkinsville, Kentucky, a retired miller, who volunteers his time each year to grind meal and to answer questions from visitors. Guests are encouraged to browse through the three floors of milling equipment and to watch as Mr. Myers skillfully controls the antique grist mill. The massive grinding stones are turned by an underwater turbine. It is assumed that Prater's Mill was originally equipped with an overshot waterwheel, which was later replaced by a turbine. The turbine is considered by the millers to be the most efficient method of harnessing the power of falling water.

The Prater's Mill Country Fair will be open from 10:00 a.m. until 6:00 p.m. on Sunday. Admission is 50 cents adults, children under 12 free. Parking and a shuttle bus are also free.

Prater's Mill is located 10 miles northeast of Dalton on Georgia Highway 2. Interstate 75 travelers can reach the mill by taking the Tunnel Hill exit north of Dalton to Georgia Highway 2 at Varnell, Georgia.



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KJC Launches Courses In Cobb, Fulton & Bartow

Kennesaw Junior College this week is launching its fall "College on Wheels" program, taking 35 non-credit short courses and 20 seminars into several Cobb County communities, Cartersville and Roswell.

The "Wheels" programaimed at meeting the needs of the communities by taking education to the people--will include noncredit short courses at East Cobb Community School J.J. Daniell Community School and Mc-Eachern Community School.

Courses on the campus will begin Tuesday, Oct. 1 or Oct. 8, with registration in the Administration Building lobby 6:30-7:30 p.m. on Oct. 1 and 8. KJC courses include Interior Decorating, How to Live with Children and Have a Life of Your Own and Principles and Practices of Real Estate.

Already underway are classes at J.J. Daniell and East Cobb. Included in these offerings are Income Tax Preparation, Interior Decorating, ESP for Modern Man, Feminique and Chair Caning.

A course in Plant Disease, offered in cooperation with the Cobb County Cooperative Extension Service, will be held at KJC from 7-9 p.m. Nov. 4, 5 and 6. Already underway at KJC is a 32-week Certified Professional Secretary Review course. Students will

focus on six units of study, and registration is still open for subsequent sessions, which are held on Thursdays on the KJC campus from 6:30-8:30 p.m.

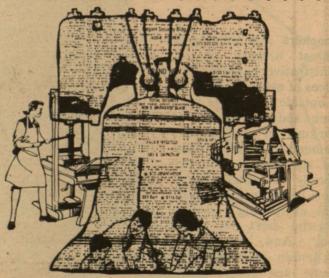
Non-credit courses for pre-school teachers are being offered at McEachern Community School, East Cobb Community School and on the KJC campus, with most of them beginning Oct. 1. Classes include Movement Education, Behavioral Management and Creative Activities in Early Childhood Education.

Twelve AGE seminars will begin this fall, with programs on the KJC campus and at the South Cobb YWCA each month.

Eight Small Business Management Seminars will be held on the KJC campus this academic year, with program topics ranging from Business Crimes to Are Your Costs Eating Up Your Profits? One seminar already has been held and the next one is scheduled Oct. 21. Co-sponsors of the series are the Cobb County Chamber of Commerce and the U.S. Small **Business Administration.**

The "College on Wheels" will offer twelve noncredit courses in Roswell and nine in Cartersville.

For information on programs and courses, contact the KJC Community Services Office, 422-8770, ext. 209.



Help distribute THE SENTINEL in your community. Contact us in the Student Center or drop your name in the letter box. Build your future at KJC through your newspaper.

Happy birthday, Libra! The sun is in your house until October 24th, and your main interests, partnerships and harmony, are spotlighted. You'll be attractive to many people in October, so whether you are forming new relationships or working on existing ones, your charm can have great bearing on gaining cooperation with other people. This is the first month of your new year: make good use of it by laying solid foundations in your relationships and by putting your plans for the coming year into action.

SEMM

Scorpios are, until the 24th, in the last month of their year and might feel frantic about "getting things done." This is not the time to start new projects! Tie up loose ends, finish up the projects that are hanging now. Tidy up your surroundings. You may be feeling restrained by circumstance at this time: your inclination is to "bust out," but you'd best stay quiet and plan. Come the 24th it's your new year and you can go full steam ahead with new projec ts. Then it'll be your show, baby!

Since you, Sagittarius, are naturally gregarious, October will be your cup of tea because you'll have ample opportunity to meet new people and renew old acquaintences. People will seek you out for your warmth and humor, sometimes because they are lonely or wish to unburden their problems to a sympathetic ear. Your patience may be tried by gloomy people, for you'd much rather enjoy life right now. Try to be tolerant; deep friendships could result from your help in time of need. Though you may be inclined to spend all your time in company of congenial people, take care of business, too. If you let important things slide this month, you could be looking for a

shoulder to cry on later. During October, Capricorn, you'll be concerned with your. career, and feeling energy all around you might expect to make fast progress. Unfortunnately, the energy is like a fireworks display - fun to watch but not really useful. You may become difficult to work with, stubborn in insisting on your own ideas and unlikely to listen to

by Sue Doenam

others. You may lose your sense of humor and take every hint of criticism personally. With the Moon in Capricorn the 21st and 22nd you mild-mannered Dr. Jekyll's may turn into Mr. Hyde and stay up all night concocting a fantastic plan to take over the world. About the time you get over that, the world will return to normal, you'll get back your sense of humor and wonder where you ever got the crazy idea that everyone was out to get you.

For Aquarius the major concern this month is intellectual achievement and distant journies. Even if you have no immediate plans for travel you might find yourself studying histories of other lands (or reading science fiction!). You also will find yourself mulling over some philosophical problems, perhaps re-examining some of your religious or political ideas. Don't be surprised if you completely change your mind about your beliefs or switch your political affiliations.

You **Pisces** will be thinking heavy thoughts of ends and beginnings, birth and death, and may have a vital interest in some legal matter. These thoughts will not be sad, particularly, but certainly they may change your perspective on your life. You will tend to withdraw from the social scene to puzzle out your own future, and friends may be curious as to what's wrong. Too much solitude may depress you, however, so try to pace yourself a bit and join others for occasional recreation.

Fiery Aires will spend October boiling furiously with energy that will mostly go up in steam. It will be difficult to put your energy to construct-ive use, and you'll find that frustrating since your motto is "Onward!" When unhappy about anything, you tend to pick fights, thanks to your temper. Further, your natural difficulty with comunication will be heightened toward the end of the month. Well, cheer up, November will improve the outlook considerably for you.

You, **Taurus**, have a wonderful opportunity in October to work: organize yourself, take care of the little details that have suddenly grown into a mountain, and determine where you can best apply your energy. Opportunities to work with other people will come along. **Gemini** will find this

Gemini will find this month a good time to get on with some creative projects, especially writing. Your intuitive understanding of how to use language makes you a born teacher; whether actually in a classroom,

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writing, or just talking to friends, Gemini is involved in exchange of information. Even though you may not feel as mentally alert this month as usual, you can well afford to ignore your doubts about yourself. Your wit will be sharp, your ability to draw people out will be excellent, and some very fine rap sessions could occur. Moonchild **Cancer's** at-

tention will center on the home, which may sound good to you homelovers. Unfortunately the attention will border on the obsessive and your family will feel stifled and resentful. This will make you moody, subject to fits of depression one day, flights of gaiety the next. Since you are much influenced by the Moon, days to be wary of are the 8, 9, 15, 21, 22. Toward the end of the month, everybody can relax because you'll turn your attention a little more toward the world, and your family will like you again.

October may not be a very exciting month to you Leos. But it can be very productive if you'll understand how your energy can best be used. The emphasis is on communication and study. You may meet some stimulating people this month that you'll want to spend time with. Conversation will flow like water, you'll hear some new ideas that will influence your thinking. Be receptive.

Continued on Page 16

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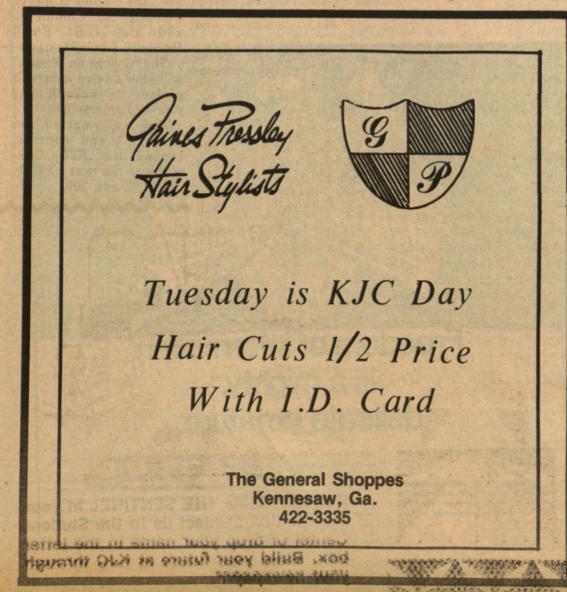
PUT YOUR HEART INTO SGA.

VOTE

JUNE ROWLAND

for

SENATOR



epper

K-BURGERS

by Richard Humes

Neon signs flashing, "Sale, sale, 10-25% off on all associates in arts degrees, this week only,' newspaper ads advocat-"You persuade a ing, friend to enroll and you will receive five 'credit hours in an elective of your choice." - these and similar warnings might convince today's students that colleges are trying to sell the "sizzle." But, Robert Ackerman's article in the Sentinel's last edition was too comparative and non-inclusive to actually sway anyone who has attended, or is attending college this year.

The use of sources appeared to exalt the virtues of past generations and the efforts they produced to educate our generation. The style employed came across as a real 'tear jerker.' His use of comparison and contrast composition was indeed an excellent example for any freshman to follow in the area of form. However, he should have been more open and said what he had on his mind, "When I was your age children, I used to trudge through sleet and snow to attend school in a little red house five miles from

my daddy's farm." Perhpas the inclusion of this euphemism might have saved time and space for the writer to complete his other statements.

It is true that Socrates was a master instructor who produced many scholars by his efforts, but please include the fact that he was slightly suicidal. Anyone with this form of psychological illness hardly seems qualified to base 20th centural educational sys-tems of higher learning and behavior modification upon. Also, any student who did not commit suicide while taking freshman composition at Kennesaw J.C. will tell you he received no flattery, phony or other-wise. Please include that college is not for everyone, and that after such fat is trimmed, a quality steak may be produced as described.

College is for those who want it or those who are forced into it. And with prices the way they are today, steak is no bargain. Please leave us bedraggled and cheated college students alone so that our euphemisms and incompletes will better effect our posterity when they begin school as freshmen college students. have you ever wondered that everything's been done except the conclusion?

stumbling through life will you trip upon a shadow as illusive as you?

it's almost time to pay the bill what you've refused to see may kill you yet straight and stuffy hip alike.

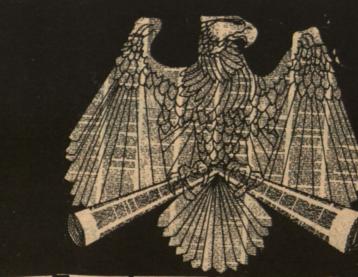
an honest thief closer to home than dishonest preacher, teacher's that cannot begin to learn.

ain't no rhyme or reason here what you fear is what will come makes me wish we were so dumb as to love you like a dog.

out of cycle, out of time, nowhere to go, nothing left to climb closing eyes to avoid the blind touching one here another there to light the lamp

Ron

of understanding, demanding nothing accepting all I'm not unhappy...



Freedom of information is a mighty, delicate creature.

It's a rare bird that soars high and highty-and free. We're lucky. Freetow of the

Freedom of the press is a carefully guarded American right. Journalists are free to dig, hunt, and report the facts, We think communication is more than just a job. It takes guts to tackle the world. And responsibility to accurately recount what occurs in each of its fascinating corners.

Today's newspapers need editors, reporters, photographers, and artists. People who will protect, encourage, and ed our freedom. Maybe you're one of ose rare birds. For free scholarship and journalism

For free scholarship and journalism career information, write the Newspaper Fund, P.O. Box 300, Princeton, New Jersey 08540. Also contact your local news paper and your school newspaper adviser.

Students interested in singing in the KJC Chorale can still join the group. Being a music major or even in the Humanities Division is not a prerequisite and students from any department are invited to attend rehearsals held daily from 12 to 1 o'clock in room 125 of the Humanities Bldg.

Some knowledge of music and choral singing is desired but not absolutely necessary. Students can no longer register this quarter for credit, though the course is 2 hrs. credit per quarter and is applicable as humanities ellective on more CORE Curricula. Students can, of course, audit.

The emphasis is on serious music from the classic repertoire, though the program includes some pops, rock, spirituals and music for the Christmas season. Join us today. For more information see Dr. Gibson or Mr. Ogg in the Humanities Division.



This advertisement printed in a public, service, by assort of beilmit of your of The Sentinel Prepared by Melody Morton, School of Journalism, University of Nebraska-Lincoln ~~~~~

Counselor's Corner The Occupational Outlook for the '70s

To some, the choice of a career comes easy. They know what they want to do and doggedly pursue that goal through high school, college and perhaps graduate school. To others, it is a major problem, one that too often is complicated by well meaning but uninformed advice. On the other hand, who is so prescient as to accurately forecast the requirements of the job market even five years hence? The U.S. Department of Labor, for one. The descriptions below are a brief synopsis of its estimate of the occupational outlook through the 1970's for jobs usually requiring a college education. If the odds of getting into your chosen field worry you, the Department's Bureau of Labor

Statistics says that 80% of '72 baccalaureate and advance-degree holders found positions related to their majors. Of the remaining employed graduates, two out of three men and one out of thre women took no-related jobs by choice.

More detailed information can be obtained by reading th "Occupational Handbook," published by the U.S. Bureau of Labo Statistics. The "Handbook" is available for student use in the Office Counseling and Placement, Humanities 216.

OFFICE OCCUPATIONS

ADMINISTRATIVE AND RELATED OCCUPATIONS

Accountants: Good opportunities. Because of the growing complexity of business accounting requirements, accountants with college degrees will be in greater demand than those without degrees.

Advertising Workers: Employment should grow moderately due to greater emphasis businesses place on advertising. Although competition may be keen for entry jobs, applicants with good academic preparation should find many opportunities.

City Managers: Very rapid employment growth, but supply of qualified persons expected to grow faster. Those without a master's degree in public administration are likely to face the keenest competition for jobs.

Industrial Traffic Managers: Slow employment increase. Best opportun-ities for those with college training.

Lawyers: Moderate employment rise due to the growth of legal action in such areas as consumer protection and the environment and the greater use of attorneys by low-and middle-income groups. Prospects for establishing a new practice probably will be best in small towns and growing suburban areas; most salaried positions will become available in urban areas. Keen competition for salaried positions.

Marketing Research Workers: Very rapid employment growth as exist-ing marketing organizations expand and new ones are established. Best opportunities for those with advanced degrees.

Personnel Workers: Excellent opportunities. Particularly good job prospects for persons trained in psychological testing and in handling work-related problems. Limited chances to enter field from clerical or subprofessional jobs.

Public Relations Workers: Moderate employment increase due to growth in importance of public relations.

Purchasing Agents: Moderate employment growth. Strongest demand for business administration graduates who have had courses in purchas-ing. Engineering and science graduates will be needed by firms manufac-turing technical products.

SCIENTIFIC AND TECHNICAL OCCUPATIONS ENGINEERING OCCUPATIONS

Aerospace Engineers: Moderate employment growth because of on-going or planned programs to develop more versatile and sophisticated aircraft, missiles, space vehicles, and ground transportation systems. Opportunities depend on the level of defense and space spending, which can rise or fall sharply.

Agricultural Engineers: Rapidly growing job opportunities because of modernization of farm operations, increasing emphasis on conservation, and the use of agricultural products and wastes as industrial raw materials.

Biomedical Engineers: Favorable job opportunities since the number of graduates is expected to be smaller than the number of openings. Those with advanced degrees will be in strong demand to teach and to develop devices such as artificial hearts.

Ceramic Engineers: Very good employment opportunities. Engineers will be needed to develop ceramic materials for electronics and medical science fields and to improve traditional ceramic products.

Chemical Engineers: Moderate employment growth as a result of industrial expansion, especially in the chemical industries, where workers will be needed to design, build, and maintain plants and equipment for more complex chemical processes.

Civil Engineers: Opportunities should expand rapidly as a result of urban construction projects for housing, water supply, highway con-struction, sewage disposal, and rapid transit systems.

Electrical Engineers: Very rapid employment growth due to demand for electrical equipment to automate and mechanize production processes, especially computers and numerical controls for machine bools. Growing demand for electrical and electronic consumer goods also will spur employment.

also will spur employment. Industrial Engineers: Very rapid growth in job opportunities as more emphasis is placed on scientific management and safety. More complex industrial operations and expansion of automated processes also will require more industrial engineers.

Mechanical Engineers: Very rapid employment growth due to demand for industrial machinery and machine tools and the increasing techno-logical complexity of industrial machinery and processes.

Indecial complexity of industrial machinery and processes. Metallurgical Engineers: Rapid growth in job opportunities resulting from the need to develop metals and new alloys, especially for aircraft, spacecraft, and computers. Mining Engineers: Favorable opportunities since the number of gradu-ates each year is expected to be smaller than replacement needs. The need to develop new mining techniques to recover fuel resources will create additional jobs.

ENVIRONMENTAL SCIENCE OCCUPATIONS

Geologists: Favorable opportunities at all degree levels if past patterns of entry into the field continue. Those with only the bachelor's degree will have better opportunities if they have training in techniques of geophysical exploration.

Geophysicists: Good employment opportunities for new graduates. As in the past, the number of new geophysics graduates should be smaller than that of openings.

Meteorologists: Favorable employment opportunities especially for those with advanced degrees to conduct research, teach, and engage in management and consulting work. The use of weather satellites, manned spacecraft, and electronic computers has expanded the work of meteorologists.

Oceanographers: Favorable employment prospects for oceanographers with the Ph.D. degree, especially those in ocean engineering. Those with less education may face competition for entry jobs and find opportuni-ties limited to doing routine analytical work as research assistants. LIFE SCIENCE OCCUPATIONS

Biochemists: Favorable opportunities for graduates with advanced degrees primarily due to increased research and development expenditures, especially for medical research.

Life Scientists: New graduates may face severe competition since the number of graduates is expected to grow more rapidly than employ-

ment opportunities. However, those with advanced degrees, especially the Ph.D., will experience the least competition. Medical scientists should find the best opportunities due to the emphasis on research of cancer, heart, and other diseases. Those with only an undergraduate degree may be limited to research assistant or technician jobs.

MATHEMATICS OCCUPATIONS

Mathematicians: The number of entrants may exceed openings, creating competition. Those with Ph.D. may have less difficulty finding jobs than persons with less education.

Statisticians: Favorable employment prospects for persons who can combine training in statistics with knowledge of a field where it can be applied, such as economics. Statisticians will be needed by government and private industry, especially to forecast trends and modernize accounting procedures.

PHYSICAL SCIENCE OCCUPATIONS

Astronomers: Some competition may exist for beginning jobs, even for those with a Ph.D. degree. Despite the small number receiving the doctorate each year, there may be even fewer openings. Opportunities are heavily dependent on Federal funds for basic research in astronomy. Funds are expected to increase but more slowly than during the 1960's.

Chemists: Favorable employment opportunities. Demand for indu-trial products, further research on urgent pollution and fuel shortage problems, and the need for health-related research will contribute to the need for additional chemists.

Food Scientists: Favorable job opportunities. Increased research and development will require food scientists with advanced degrees. More scientists with the bachelor's degree will be needed to ensure quality and safety of processed products.

Physicists: Favorable job opportunities for those with advanced degrees, primarily in applied research and development. Limited oppor-tunities for those with bachelor's degrees although they may find open-ings in other occupations that utilize their training. For example, they may become high school teachers once they have completed the re-quired educational courses and obtained a State teaching certificate.

SOCIAL SCIENCE OCCUPATIONS

Anthropologists: Ph.D.'s may face keen competition for choice profes-sional positions. Persons with a master's degree in anthropology will have very keen competition but may find positions as college instruc-tors.

Economists: Economists with master's and doctorate degrees may find keen competition for better jobs in colleges and universities and private industry. Basic research will offer the best opportunities for those with a bachelor's degree.

Geographers: Favorable employment opportunities for geographers with Ph.D. degrees. Those with master's and bachelor's degrees in geog-raphy can expect competition for jobs. The largest number of employ-ment opportunities will be in colleges and universities, although some opportunities will be available in environmental quality control, blo-geography, and urban planning.

Historians: Experienced Ph.D.'s are expected to face keen competition for college teaching. New Ph.D. recipients and those with lesser degrees are likely to face very keen competition. High school teaching positions may be available for those meeting certification requirements.

Political Scientists: Ph.D.'s may face considerable competition for choice academic positions. Those with master's degrees are expected to face stiff competition for instructor positions but, with specialized training, may find jobs in government and industry. Limited opportuni-ties for those with only a bachelor's degree.

Sociologists: Employment opportunities for Ph.D.'s are expected to be favorable though they may face some competition for choice academic jobs. Those with master's degrees are likely to face some competition for academic positions, but jobs in government and private industry will be available.

SOCIAL SERVICE OCCUPATIONS

COUNSELORS

College Career Planning and Placement Counselors: Favorable overall outlook for well-qualified workers. Rapid growth may be moderated by financial problems in colleges and universities. Best prospects are in junior and community colleges.

Employment Counselors: Favorable opportunities for those with a master's degree or experience in a related field. Employment growth is largely dependent on money from the Federal Government and State allocation of this money to the employment service.

Rehabilitation Counselors: Favorable opportunities. Those with gradu-ate work have the best prospects. Employment growth depends to a great extent on Federal funding.

School Counselors: Favorable employment opportunities in the long run due mainly to the Federal Government's Career Education Pro-gram, A decline in school enrollments until the late 1970's will moderate immediate growth.

OTHER SOCIAL SERVICE OCCUPATIONS

Home Economists: Despite an anticipated slow growth in employment, many job openings will be available due to deaths and retirements. Home economists wishing to teach in high schools may face competi-tion, but those with graduate degrees should find good employment prospects in college and university teachings.

Social Workers: Excellent employment opportunities for those with graduate degrees. Favorable outlook through the 1970's for those with bachelor's degrees although competition may increase in the 1980's.

COMMUNICATIONS AND RELATED OCCUPATIONS

Interpreters: Competition should be expected for the limited number of positions. Favorable employment opportunities for only the highly qualified.

Newspaper Reporters: Favorable employment prospects for young people with exceptional writing talent and ability to handle highly specialized subjects. Newspapers in small towns and suburban areas will offer the most opportunities for beginners.

Radio and Television Announcers: Moderate employment increase, Opportunities are likely to be better in radio than in television. Young people will face stiff competition because of the large number of persons interested in this type of work.

Technical Writers: Favorable opportunities for experienced technical writers and beginners with writing ability, a bachelor's degree, and technical knowledge. Those with the minimum qualifications, however are likely to face stiff competition.

[Cont. on p. 16]

Ethnic Consciousness In Higher Education

by Dr. Cameron Fincher **Director of the Institute** of Higher Education **University of Georgia**

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A major responsibility of the American university is the preservation of culture. A growing problem is to determine whose culture is to be preserved for whom.

Cultural pluralism has long been acknowledged as a source of strength in the democratic creed. Cited in support is the diversity of institutions and programs for religious and ethnic groups. No one questions the value of a Notre Dame for Catholic students. Everyone is aware of how valuable Morehouse and Fisk University have been for black students.

The momentum of the civil rights movement, however, has carried beyond the conventional identification of minority groups. There is an increasing reminder that Negroes, Indians, and Spanish-surnamed citizens are not the only groups covered by civil rights legislation. There is an

increasing insistance that higher education accomodate other groups as they are trying to do for disadvantaged and low income groups.

Much of higher education is ill prepared for attack from this particular quarter. Busily girding for the difficulties of affirmative action for women, most college administrators will be surprised to hear of the shabby treatment they have given the many other minority groups.

The ethnic conscious-ness of "hypenated Americans" will come in many cases as a genuine shock.

The basis for the new ethnicity in higher education is the apparent failure of the melting pot. Southern and eastern European-Americans have not been assimilated ir the manner imagined, and unflattering stereotypes are perpetuated by a national consciousness that is primarily exclusionary.

The stereotypes are seen in the careers that are presumably open to the members of the ethnic group. The Irish become

policemen and Catholic priests. Italians go into crime or entertainment or both. Slavs work in heavy industry and vote for George Wallace in presidential primaries.

The restaurant business is open to all if they can take the gospel of free enterprise to heart. If not, they run for public office on a liberal-Democratic ticket.

The better occupations in the nation are supposedly open only to the descendents of, northern and western Europeans. Indeed, there is a direct correlation between a group's position in the pecking order and the arrival of its forefathers. Despite its advocacy of a democratic dogma, America operates on a first - come, first - served basis.

Since the colleges have served primarily as a screening-credentialing agency for the corporate power structure, they are a logical target for attack. Programs in ethnic studies are needed to eliminate the negative aspects of ethnic stereotypes.

As each ethnic group gains an appreciation of its ethnic heritage, the stereotypes can be broken and the democratic dogma will become more feasible. Cultural assimilation will then take place by maintaining the cultural distinctiveness of groups that express a variance in language, tradition, or history.

Both the stereotypes and the argument are absurd. Behind it all is said to be a group of scholars, artists, and writers whose work grows out of their ethnic consciousness.

At the root of this ethnic consciousness is a sense of rejection by the dominant majority in America. But how well they speak for the other members of their ethnic groups is debatable.

Gunnar Myrdal, the Swedish economist, believes the movement to be a bit of upper-class, intellectual romanticism. He does not believe that the movement reaches the common folk and suggests that it is calculated

primarily to win support from foundations who are eager to be open-minded.

The crux of the matter is that cultural pluralism and its meaning for higher education remain unclear. Once again the universities of the nation become a focal point for issues and problems that the nation has not solved elsewhere.

If there is an increasing awareness of ethnic differences, it should come with a healthy skepticism that racial and ethnic differences are the crucial variables in cultural development.

It should come with a better appreciation of the multiple group member-ships that are open to citizens in a pluralistic society.

When group loyalties and identities become too intense, the individual is submerged. If ehtnic consciousness serves only as a divisive force, it will not serve the peculiar needs and abilities of individuals. It is the latter that should concern higher education.

Cont. from P. 15] DENTAL OCCUPATIONS

Dentists: Favorable employment opportunities through the mid-1980's. Newly added teaching facilities in dental schools should allow the supply of dentists to approach needs by 1985.

MEDICAL PRACTITIONER OCCUPATIONS

Chiropractors: Favorable opportunities. Population growth and inclu-sion of chiropractic services in many insurance programs are expected to result in a moderate increase in demand.

Optometrists: Favorable employment outlook for this moderately prowing occupation. Most openings will result from deaths and retire-

Physicians and Osteopathic Physicians: Very good employment oppor-unities for physicians.

Podiatrists: Favorable opportunities for new graduates to establish their own practices as well as to enter salaried positions.

Veterinarians: Favorable employment outlook. Supply is expected to ncrease more rapidly than in the past, however, because of increased apacity of veterinary schools: NURSING OCCUPATIONS

Registered Nurses: Favorable employment prospects especially for nurses with graduate training seeking positions as teachers and admin-

THERAPY AND REHABILITATION OCCUPATIONS

Occupational Therapists: Favorable employment prospects for the prowing number of graduates. The success of occupational therapy programs has spurred demand in this field.

hysical Therapists: Favorable employment outlook for the rapidly rowing number of new therapists. Increased recognition of the impor-ance of rehabilitation and the growth of nursing homes will result in ery rapid employment growth. OTHER HEALTH OCCUPATIONS

ospital Administrators: Favorable employment prospects for new aduates of programs at the master's degree level in health and hospital dministration. Positions will be available for administrative assistants hospitals, in nursing homes, and other health care facilities.

harmacists: Very good outlook due to moderate employment growth nd openings from deaths and retirements. Many openings are expected pharmacies in new communities and through the more extensive use pharmacists' services in hospitals and clinics.

anitarians: Very good employment opportunities for sanitarians hav-g a B.S. degree in environmental health especially in private industry. avorable outlook for those having degrees in life, physical, or environ-ental science.

ART, DESIGN, AND COMMUNICATIONS **RELATED OCCUPATIONS**

DESIGN OCCUPATIONS

Architects: Favorable employment opportunities. Most rapid increases in employment in new areas such as urban redevelopment and environ-mental design and planning projects. Number of job openings in estab-lished architectural firms and opportunities for starting a private practice should grow more slowly.

Industrial Designers: Those with a degree in designing may face competition from other talented persons with engineering or architec-tural backgrounds. Employers, however, are expected to actively seek applicants with a design degree and outstanding talent. Interior Designers: Competition for beginning jobs. Best job prospects for talented art school or college graduates majoring in interior design. Those with less talent or without formal training likely to face keen competition.

Urban Planners: Very good prospects for those with training in city and regional planning. Construction of new cities and towns and urban renewal projects are expected to spur demand for these workers.

SALES OCCUPATIONS

Insurance Agents and Brokers: Moderate employment growth. Despite an expected increase in sales volume, selling is expected to remain keenly competitive.

Manufacturers' Salesworkers: Greater business competition should stimulate employment of manufacturers' salesworkers. Most favorable opportunities for those trained to sell technical products.

Real Estate Salesworkers and Brokers: Moderate employment increase to result from the growing demand for home purchases and rentals. Mature workers, including those transferring from other kinds of sales-work, are likely to find many job opportunities.

Retail Trade Salesworkers: Good employment opportunities for full-and part-time workers as income levels rise and stores continue to remain open longer.

Securities Salesworkers: Moderate employment growth as funds avail-able for investment increase. Many openings will also result from deaths and retirements. Transfers of salesworkers who have left their jobs because they were unable to establish a successful clientele should also create many additional opportunities.

Wholesale Trade Salesworkers: Moderate employment growth resulting from expansion of wholesalers' customer services, the duties of sales-workers, and business in general.

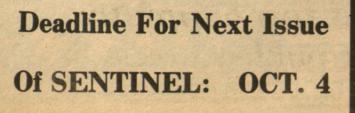
Gemini Also Rises

Continued trom Page 13

Virgos will be focused in on money and possessions this month. Money seems in short supply, though it's not nearly as bad as you think. You're prone to worry overly about finances anyway, but with your usual thrift you'll certainly survive just fine. If you're a collector you'll have opportunities to add to your collection pretty soon. Or you might make an important purchase, whether a major one like a house or an impulse buy like an inexpensive pin, you will feel delighted with your acquisition.

Next issue: Everything you always wanted to know about your Libra.

SGA Meetings Every Tuesday At 2:00 P.M. In The Student Center. **Everyone Invited. Only YOU Can Help Make The SGA Effective And Productive.**



The Sentinel

The Sentinel

The Optimist Creed:

PROMISE YOURSELF

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble.

Effective And Productive.

The Sentinel

ROURDISIE

ORGANIZATION	FACULTY ADVISOR	PRESIDENT/EDITOR
Student Government Assoc	Vacant	Donnie Lindsay
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Drama Club	Ms. Charlotte Stephenson	N/A
KJC Forum	J.B. Tate	Vacant
Mu Alpha Theta	Tom Gooch	Vacant
Music Club	Wayne Gibson	N/A
Photography Club	Dr. John Greider	Wayne Hardman
PE and Recreation Majors	Vacant	Vacant
Student Nurses Association	Ms. June Walls	Nancy Wiseman
Black Students Alliance	Ms. Diane White	Vacant
International Club	Ms. Judy Myers	Diane Blalock
God's Forever Family	Vacant	Vacant
Life Science Club	Dr. Bowman Davis	Gail Bryant

Put your club or organization's news in our new feature, THE ROUNDTABLE.

Intramural Sports

by Jim Turner and Danny Hill

Fall quarter intramurals are already underway. There are a lot of different sports offered this quarter. Men's sports include: flag football, tennis, cycling, and table tennis. Powder puff football, tennis, cycling and table tennis are offered for the women.

In men's football there will be two divisions; an A and B. The last day of entries was September 26th. On September 27th there was a meeting in the private dining room on schedule and the rules. Referees are needed for the football games. The hours are 3 to 5 and the pay is three dollars a game.

The last day for entries for a powder puff team was the 27th of September. On September 30th there will be a meeting on the soccer field for all who are interested. The meeting will be on the rules and a football clinic.

There will be a tennis tournament and there will be two divisions: Open and Novice. The entry date was the 26th. The matches began on the 29th. Pairings for men and women will be posted in the gym.

There will also be a cycling race and the date is October 14; race day will be October 16th at the gym, and the starting times will be 3:30 and 4:30. The entry date for table tennis is October 4th for both singles and mixed doubles.

Special Thanks To Ms. Bonnie Hopper for her critical appraisal of Sentinel articles.



The International Club is one of many clubs on the KJC campus. For further info, contact the Student Affairs Office.

New Groups Offered

The Counseling Department, directed by Dr. Leonard Goodman, will be sponsoring grups for Career Development, Study Skills Development, Test Anxiety Reduction, and Personal Growth.

The Career Development group will help the student to look at this strengths, goals, and past experiences in considering his career choice. The medium of testing will be one tool utilized to determine each student's vocational interests. There will also be an overview of present career opportunities and projections for opportunities of the future.

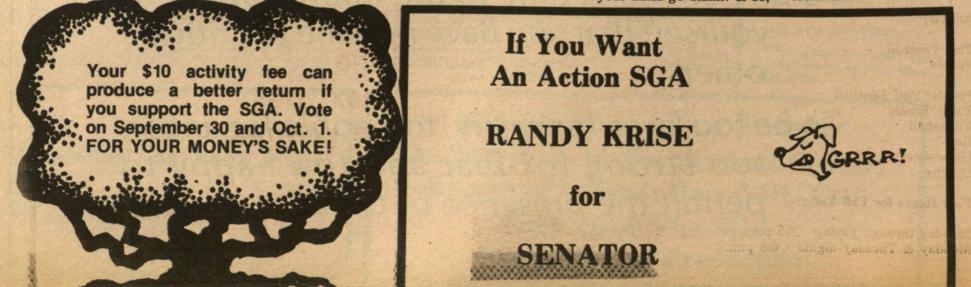
The Study Skills Group is self-explanatory. It will assit students in developing effective skills such as reading, notetaking, listening, and of course, studying.

Do you become nauseous at the mere thought of taking a test? Does your mind go blank? If so, the Test Anxiety Reduction Group is the one for you. When you become anxious or tense, your body can't relax as it should. Through a technique called systematic desensitization, you will be helped to overcome test anxiety, as well as other anxiety-provoking situations.

Personal growth is the primary concern of the Growth Groups. In an atmosphere of acceptance and trust, participants become more dynamic in developing personal strengths, dealing effectively with problems, feeling and thinking and social situations.

All group sessions will begin the week of September 30, 1974.

If you are interested in finding out more about a group, come by the Counseling Office (Humanities Building, Room 216) to schedule a brief interview with one of the counselors.



eptember 30, 1974

Sentinel

New Intramural **Director For KJC**

by Cathy Cavin

For Dr. Susan Hudson, KJC is a new frontier. She is a native Californian' and this is her first teaching position, as a Phd.. Dr. Hudson is also serving as intramural director for KJC this year. She is very enthusiastic about those events which she has planned. And by making a few changes in the program, she hopes to attract the "average" student as well as skilled athletes. This year certain competitive events will be arranged so that students of relatively equal skills compete with each other. She plans to use the Callaway method of setting-up golf tournaments, (this method eliminates the handicap-type tourney). Also, Dr. Hudson plans to arrange

events with student's schedules in mind.

She is seeking interested students to hire as referees for specific intra-mural events. Those in-terested should be familiar with the basic rules of a said event at which they wish to officiate. One need not be an expert however, as referee clinics will be held. Anyone interested in such a position should apply in the division office of the gymnasium.

The importance of physical education is gradually being established, by such organizations as the President's Council on Physical Fitness. Student participation at KJC is encouraged as a means to relax from studies, which are sometimes hectic, and also to meet fellow

students. One might also find himself (or herself) feeling a bit healthier and more skilled in sports. It certainly seems to be an activity one should, at least, consider participating in.

Intramurals will vary each quarter and there will be several highlighted events throughout the year. For example, the "Turkey Trot" in November. The two cross-country runners who finish the "trot" first will take home their Thanksgiving turkeys.

Dr. Hudson seems anxious to bring a little "fun" to this campus. All intramural events and sign-up dates will be listed in THE SENTINEL, as they are announced.

bringing you LIVE! Gertrude and the Sunshine Sisters. singing *baby lets cry blues for the juke box sound*

VIVAMUS

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Health Tips For Your Skin

1. To clear-up blemishes and give skin a supple inner glow try breaking open one or two vitamin E capsules and then apply the liquid directly to your skin. If you have a "problem area" apply it every night, otherwise three times a week is plenty. For those of you who have dry or non-oily skin, vitamin E oil is also available.

2. Chapped lips will benefit from application of honey or corn husker's lotion.

3. Clear soaps are usually milder for sensitive skin.

4. Those who have dry skin should beware of facial masks, as it may result in the breakage of tiny facial capillaries.

5. Oily skin will show results when positive

treated with an oatmeal scrub. (After a facial steaming is the best time) 6. Every skin type benefits from repeated splashes of water.

7. The best tip of all for good looks is to let your love shine through - wear a smile!

(NEXT ISSUE: Tips for Healthy Hair)

Planning Meeting

9-27-74

9-30-74

10-7-74

10-11-74

10-14-74

Current Intramural Events

Sign-up Deadline

Activity

Flag Football Tennis

Powder-Puff Football Table Tennis Volleyball Golf Horseshoes Cycling

Pool Hours for Fall Term:

Monday through Friday - 2-5 p.m. Monday & Tuesday nights - 6-8 p.m.

9-26-74 Matches will be played on 9-26-74 an individual basis. 9-27-74 10-4-74 10-10-74 10-11-74 10-14-74

10-16-74 T.B.A. T.B.A.

lets go around and around not far from nuts ville city limits. hoping to get the next train to georgia. Toomey

KJC FALL ENROLLMENT

Unofficial fall quarter enrollment at Kennesaw Junior College is 2,200, "and still counting," according to James Woods, Director of Data Processing.

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Late registration continues, and official figures will go even higher, he said.

Current unofficial enrollment marks an eight percent increase over last fall's 2,032, records show. KJC opened in the fall of 1966 with an enrollment of 1,014.

"With the economy as it is, I think this is one of our most remarkable quarters," Woods said. "We are very pleased with this enrollment."

Although registration closed Friday, college officials are "doing everything we can to extend ourselves in meeting the needs of fall quarter's large number of registrants," according to Thomas H. Rogers, registrar and director of admissions.

Rogers said this fall's enrollment includes the largest number of returning transfer students in the school's eight-year history.

A capacity enrollment of 120 students in the Special Studies Program, as well as 22 registrants in KJC's first off-campus credit course are factors in this fall's growth, Rogers pointed out.

The Special Studies Program is a University of Georgia plan allowing students to sharpen their academic skills in preparation for college work.

The off-campus credit course, termed by officials as a "milestone" for KJC, is a basic English class (English 101) now underway on Tuesday and Thursday evenings at Osborne Junior High School in Smyrna.

The Sentinel

"We are particularly pleased that we are able to move out into the community for credit classes and take the professor where the people are," said Dean Eugene R. Huck. "Although the class is

"Although the class is taken to the students, individuals who are enrolled will also have many 'fringe benefits' including access to campus facilities and student activities such as lectures and concerts."

Dr. Horace W. Sturgis, KJC president, feels "the greater - than - normal growth is due to economic conditions which point up the lower cost of commuting to KJC as compared to costs of a resident institution. We think we offer quality education at a bargain price on today's market."

	20 words \$1.00 cents a word after that
YOUR AD	

it SENTINEL

UNCLASSIFIEDS

September 30, 1974

COST:\$..... NUMBER OF TIMES RUN:..... TOTAL COST: \$.....

Deadline for next issue: OCTOBER 4

NEXT ISSUE RELEASED: OCTOBER 14

12 SENTINEL UNCLASSIFIEDS 20 Words \$1.00 -- Deadline Oct. 4

WANTED

Students interested in helping out as Orientation leaders are requested to contact Frank Wilson in Counseling & Placement office. H 216.

Anyone interested in helping to distribute THE SENTINEL in stores, etc. please shoot your name and phone number into our letter box in the Student Center.

Help fight apathy. VOTE for SGA senators.

Students interested in KJC Leadership Conference are requested to contact Frank Wilson in Counseling & Placement Office H 216.

Your campus paper needs help. Work for THE SENTINEL. Great benefits.

Get active in intramural sports at KJC. Contact Dr. Susan Hudson in the P. Ed. Building for further details.

NEED MONEY?? See Mr. Patterson in Financial Aid office.

GOOD LOOKING GALS! SGA needs pin-ups for annual calendar. See Donnie Lindsay for extra benefits.

SENTINEL UNCLASSI-FIEDS are super cheap. 20 words for \$1.00. Ten cents a word after that. Deadline for OCT. 14 issue: OCT. 4. Clubs & organizations please send news for new SENTINEL feature: ROUNDTABLE.

ATTENTION FRESH-PERSONS! Receive your FREE gift-pack from the SGA office.

PERSONALS

Got any hangups? Write to MS. SCARLET. She knows all and will tell all. Puts DEAR ABBY & DEAR ANN to shame. For action write now!

Why did you shave off your moustache?? MAK

For a meaningful relationship call Carol, Diane, Frank, etc. at 422-8770. They will take care of most of your problems. Or go to Humanities 216. Why say it to your lover's face? Get your message across with SENTINEL unclassifieds.

I NEED YOUR BODY! For pin-up calendar, that is. See me in SGA office. Donnie.

Put some GORT in your life. A regular feature of THE SENTINEL.

Keep KJC clean, Wipe your cig. ashes, lick your coke, and other stuff off the tables in the Student Center.

Why did I shave off my moustache?? FFW

SERVICES OFFERED

Get expert hints on Ice-Skating. See Dean Huck in Administration Building. The Counseling & Placement office can help you find a part-time job. H 216.

If your battery needs a boost, get booster cables from the SGA office. No charge, if you return cables in same shape and condition.

Put your money where your mouth is. Eat at the KJC Snak Bar. It's the only place on campus. And smile at Margaret, Ann, Charlie and other helpers.

Build your future at KJC. FREE bumper stickers available from Student Government office.