

the SENTINEL

Kennesaw Junior College/Marietta, Georgia

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REGISTRATION ISSUE

SEPTEMBER 13, 1974

Can Colleges Sell Steak?

by Robert Akerman,
Editorial Associate,
Atlanta Journal
and former KJC Dean

THE ADVERTISING age has caught up with colleges hard pressed to recruit students, particularly private ones heavily dependent upon student fees for survival. According to a survey by Prof. Maurice Hungiville in the National Observer, some colleges are frantically selling the sizzle instead of the steak.

By this he means such promotional slogans as "design your own curriculum," "get a piece of the action by helping to run the college," or those depicting the college as "a place to be somebody" and "do your own thing."

It's quite a change from the old days when the tone in some colleges was that students were the enemy in a grim weeding out process. I remember professors who told enter-freshman that at least a third of them should be and would be flunked out within a year. I remember professors who presided over the classroom like drill instructors who believed their first duty was to humiliate each student individually and all students collectively.

Of course it could be said that they had Socrates on their side, for the philosopher believed the wise man is he who knows how little he knows. But ironically in the days when professors

used such tactics it was generally recognized even by students that student don't know it all, and now that so many of them think they know it all, we have switched to reinforcing their illusions.

Of course the truth is somewhere in between these extremes. Students seldom deserve humiliation but they never merit phony flattery. And education means helping people to learn but not coddling those unwilling to try.

Nevertheless, the trend to selling the 'sizzle' instead of the steak leaves some problems. Education is still the one field where the customer isn't always right. The customer not only doesn't know it all but often doesn't know what it is that he needs to know. Before he can learn to think for himself he must learn to think in a disciplined fashion. Before he can specialize he must have enough general education to know himself as well as what it is in which he wants to specialize.

And he must learn to listen in order to learn. He may never learn that if he is too busy "being somebody" and "doing his own thing."

This suggests still another kind of college advertising campaign, one quite different from those which Prof. Hungiville says are the new style. This campaign would emphasize the following themes:

We'll listen to you, but we expect you to listen to us. We respect your ideas but we probably won't let you run the place — we have enough trouble getting the faculty to agree on how it should be run. Most of us spent years getting qualified for our jobs, so we don't feel terribly arrogant in assuming that we know more about what you should know than you do.

Furthermore, as important as you are to us, we cannot operate without the support of (fill in here a church, a community, or private benefactors depending on the college

constituency), so you aren't the only ones to whom we have an obligation. We have an obligation too to our profession and to the community of scholars to do the best we can to uphold reasonable standards of education and to impart values which civilized people share.

We try to be stimulating and interesting and we believe in giving you help and encouragement, but entertainment is not our function. Learning is easy and pleasurable only for those who want to learn; nothing can substitute for your own efforts. If you want to be somebody, this the the time to prepare by learning something, not the place to exalt your ego or vent your frustrations. And last but not least, you have to be able to read and write to get a degree.

Such an approach might not sell, but at least it would meet truth in packaging requirements for most colleges even today.

What's New

by Dr. Virginia Einton

"What's new?" is a question students (as well as faculty members) ask every fall as they return to begin a new academic year.

Several things can be cited in the Humanities Division.

First, more emphasis has been placed on developing the elective English courses in Area I.

This quarter only two are offered, English 222 at 9 a.m., and English 221 at noon. These courses survey American literature, from the beginning to 1865, and then from 1865 to the present.

The only prerequisite for either is the successful completion of English 102. Either one will fulfill the requirements for Area I, along with the three required courses: 101, 102 and 211.

Also in the area of English, an experiment is being tried with afternoon classes.

Two sections of English 101 are being offered at 2 p.m., but one will meet on Monday and Wednesday only, from 2 until 4:10. The other will meet only on Tuesday and Thursday from 2 until 4:10.

A history and psychology course are being offered in the same way so students can take 10 hours' work on only four afternoons.

Finally, the college's music program officially begins a second year of study. To this end, additional courses are being scheduled in music, with music appreciation being offered at night for the first time.

Piano and voice lessons will be given, the time to be arranged by the student and instructor.

All of the other usual courses in Humanities are scheduled, including French, Spanish, and Philosophy, as well as the three English courses. Also, Art 260, ceramics, will be taught at night.

Drop Add Procedure

Tabulations by the Registrar's office show that one out of three classes selected by students during registration is changed during drop/add period. Because many deserving students are deprived of classes that they need, and to insure more efficient supervision, the Registrar's office has arranged for a modification of procedure beginning this fall.

Students wishing to change courses must initiate them in the Divisional Office where they wish to ADD a class. The stu-

dents are requested to take a completed **Course Schedule Card** to the Private Dining Room to make the appropriate changes. Those students wishing to DROP without ADDING will be able to process directly by checking with a representative of the Dean's office.

Students wishing to ADD a class should visit the appropriate Divisional office: Humanities Division - Room 130, Natural Science & Math Division - Room 122, Social Science Division - Room 130, Phy-

sical Education Department - Room 112.

Students will be declined requests to DROP/ADD courses for the following reasons:

1. a change to get a different instructor;
2. dislike of a particular hour;
3. wish to be in a class with a friend, etc.

The above modifications have been made to ensure a smooth procedure for DROP/ADD and to avoid unnecessarily long line ups that will cause frustrations.

the SENTINEL

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For further information, contact THE SENTINEL office, or call 422-4060. Mailing address is Kennesaw Junior College, Frey Lake Road, N.W., Marietta, Georgia 30061.

EDITORIAL

A Face-Lift

With summer quarter finally over we are now faced with an onslaught of thousands of new students on the KJC campus for fall quarter. Presumably the new students will bring with them the necessary creativity and aid in gathering informative and accurate material to muster for the SENTINEL.

Unlike previous issues, this one has gone through a number of changes — starting with a modernistic banner, stylistic letterings for many new and informative regular features, a syndicated cartoon, a restaurant and

shopping guide, a great deal of advertisements which will inform the students and campus community of services and products offered within Cobb County, and a diligent newspaper staff that is willing to co-operate with the administration, faculty, students, and the various campus clubs and organizations.

Above all, this paper wants to fulfill the need of communicating with the citizens of Cobb County by distributing it through the advertisers in order that the taxpayers may realize what impact Kennesaw Junior College has

on the community.

Certainly, anyone can make complaints, but criticisms that arise out of positive, constructive thinking will yield valuable guidance. Knowledge, and therefore, civilization, are advanced by criticism and negation as well as by positive suggestion.

With a new approach, the SENTINEL staff hopes to present views from all sides in a factual manner, rather than creating sensational and inaccurate news.

And with your help this goal will certainly be met!

vibrations

by Randy Krise

The bylaws of the Student Government Association could be revised considerably to make the SGA more responsive to the students of KJC. One area in particular is the election of officers of the SGA.

According to the bylaws, "The elections of President, Secretary, and Treasurer shall be held the Monday and Tuesday of the fifth week in the Spring Quarter." This means that incoming freshmen don't have a voice in selecting the hierarchy of the SGA for the first full year of their enrollment at KJC. Considering the fact that KJC is only a two-year college makes this seem a rather ridiculous situation. This also means that outgoing sophomores have a vote their last quarter, even though they won't ever actually attend KJC with these SGA officers in office.

It seems the logical thing to do would be to elect the officers of the SGA at the same time the Senators are elected in the fall quarter. This would give the incoming freshmen, rather than the outgoing sophomores, a voice in electing the officers of the SGA.

Now Is The Time

It is painful to be reminded again of the massive devastation and widespread human suffering caused by the long, searing drought in the countries of Sahelian Africa. But we must not turn away from the millions of men, women and children who cling so powerlessly to life in those stricken areas.

Famine has followed drought and help is urgently need now more than ever. The interna-

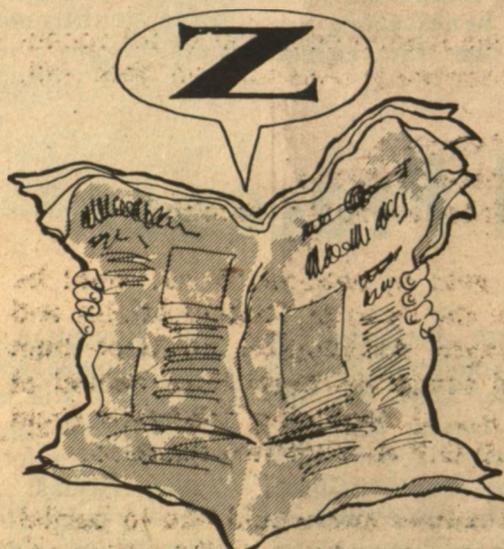
tional community has sent considerable aid, but the magnitude of the catastrophe far exceeds the assistance available.

CARE, one of the U.S. agencies rendering aid in the area, is distributing millions of pounds of nutritious survival foods, medicines and other vital supplies to African drought victims. The agency is also drilling deep wells to reach desperately needed water resources, and providing

seeds and fertilizers to enable families to grow food again.

But the amount of aid rendered and the number of lives saved depends upon contributions from compassionate Americans. Those who wish to help can mail tax-deductible donations to CARE African Drought Famine Fund, 2581 Piedmont Rd., N.E., Room 23-A, Atlanta, Ga. 30324.

Please care to help CARE!



THE SENTINEL

IS NOW ACCEPTING APPLICATIONS FOR:

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 Reporters
 Photographers

Layout Specialists
 Creative Writers
 Artists
 Typists

Put your finger into action by calling 422-4060. Or footsy down to our office in the Student Center for a rap session. We'll give you SOMETHING to do. Put your life into our hands.

New Groups Offered

If you really want to get into the swing of things this quarter at KJC, then one of the four new groups offered by the Counseling & Placement Department may be for you!

The Counseling Department, directed by Dr. Leonard Goodman, will be sponsoring groups for Career Development, Study Skills Development, Test Anxiety Reduction, and Personal Growth.

The Career Development Group will help the student to look at his strengths, goals, and past experiences in considering his career choice. The medium of testing will be one tool utilized to determine each student's voca-

tional interests. There will also be an overview of present career opportunities and projections for opportunities of the future.

The Study Skills Group is self-explanatory. It will assist students in developing effective skills such as reading, notetaking, listening, and of course, studying.

Do you become nauseous at the mere thought of taking a test? Does your mind go blank? If so, the Test Anxiety Reduction Group is the one for you. When you become anxious or tense, your body can't relax as it should. Through a technique called systematic desensitization, you will

be helped to overcome test anxiety, as well as other anxiety-provoking situations.

Personal growth is the primary concern of the Growth Groups. In an atmosphere of acceptance and trust, participants become more dynamic in developing personal strengths, dealing effectively with problems, feeling and thinking, and social situations.

All group sessions will begin the week of September 30, 1974.

If you are interested in finding out more about a group, come by the Counseling Office (Humanities Building, Room 216) to schedule a brief interview with one of the counselors.

Prez Sez It's Up To You

by Donny Lindsay

This new school year has the potential of being the best year ever at Kennesaw Junior College. We have a record number of students attending KJC, as well as a record number of faculty members teaching many new and versatile courses such as anthropology and ice skating. The category of degrees has been expanded to offer an Associate in Arts degree in Music.

This new school year could also become just another year if we do not work together. Student Government Association is a social organization on

campus that functions as a medium between the students and the administration. SGA can not make the sole approval of decisions; but SGA can take the ideas, wants, and needs of the students to the administration to ask that they consider them.

SGA is basically an advisory council to the administration and the faculty. SGA may approve an issue concerning the students, but the final approval comes from the administration. SGA does not have the power to overrun the administration and do as it pleases. We do have the power to

represent you in an orderly manner to the various administrative committees that deal with different campus functions.

How the administration acts on a matter depends on how the students act on a matter. If you have anything you think needs to be done, make it known to SGA. Petitions (or other means of written grievance) are effective means of communication because they show who and how many agree on a common complaint or need. Little or no response to surveys and questionnaires receive a negative response because they apparently indicate

little or no interest is present. Take part in surveys and questionnaires because they do have direct influence on how a decision will turn out. For example, surveys made concerning entertainment are direct means of determining just what type of entertainment will be offered.

If you have an active interest in wanting to see things go your way, take an active part in SGA executive positions, senatorial positions, as well as numerous committee positions. SGA can not function without your help (in participation and response). The executive officers, senators, and

committee members can not carry through democratic decisions without consent of the students. If this were to occur, SGA would be an elite bureau instead of a representative organization.

Take part if you care to; if you do not care to, please do not criticize those of us who are trying. Criticism leads to discouragement which eventually leads to apathy. Please do not discourage those of us who are not yet discouraged. We hope to see you actively participating this year. It is up to you how SGA works (or how your year at Kennesaw Junior College turns out).

Benny wished for a Rolls Royce . . . His Fairy Godmother said she'd grant his wish if he promised never to shave again. If he broke his promise he'd turn into a jar. He promised. Benny

got his Rolls . . . got girl . . . fell in love and proposed marriage. "I'll marry you if you shave," said she. He shaved and turned into a jar. Moral?? "A Benny shaved is a Benny urred!"

Interest in Attending the 1974 Annual KJC Student Leadership Conference?
Contact: Mr. Frank F. Wilson
Office of Counseling & Placement
Humanities 216

WANTED

Student Orientation Leaders

If you are interested in working with the Orientation Program during the 1974-'75 academic year, contact Mr. Frank F. Wilson in the office of Counseling and Placement, H216.

WANTED

Interested students with leadership potential to fill vacancies in the Student Government Association this fall. Positions open are:

- Secretary
- 10 Senate Positions
- 3 Positions for Entertainment Committee

Qualifications for office are: a) petition to run must be submitted to the office of the Dean of Student Affairs and to the Student Government Association no later than Sept. 24 - 5:00 p.m., b) candidates must have earned at least a 2.0 overall G.P.A., c) beginning freshmen must have earned at least a 2.0 G.P.A. after two quarters.

If you meet these qualifications and would like to participate in Student Government, stop by the SGA office and pick up a petition or phone 428-4279 for further information. Election will be held tentative dates Sept. 30 - Oct. 1.



LAST WEEK	THIS WEEK	TITLE	ARTIST
2	1	I SHOT THE SHERIFF	Eric Clapton
5	2	I HONESTLY LOVE YOU	Olivia Newton-John
1	3	THE NIGHT CHICAGO DIED	Paper Lace
3	4	SWEET HOME, ALABAMA	Lynyrd Skynyrd
15	5	CAN'T GET ENOUGH OF YOUR LOVE	Barry White
4	6	LEAVIN' IT ALL UP TO YOU	Donny & Marie Osmond
7	7	TELL ME SOMETHING GOOD	Rufus
16	8	CLAP FOR THE WOLFMAN	Guess Who
6	9	ROCK ME GENTLY	Andy Kim
9	10	YOU'RE HAVING MY BABY	Paul Anka
13	11	IT'S ONLY ROCK & ROLL	Rolling Stones
8	12	YOU HAVEN'T DONE NOTHING	Stevie Wonder
19	13	STOP & SMELL THE ROSES	Mac Davis
11	14	NOTHING FROM NOTHING	Billy Preston
18	15	THEN CAME YOU	Warwick/Spinners
NEW	16	DORAVILLE	Atlanta Rhythm Section
20	17	YOU & ME AGAINST THE WORLD	Helen Reddy
21	18	LET'S PUT IT ALL TOGETHER	Stylistics
22	19	RUB IT IN	Billy "Crash" Craddock
25	20	BEACH BABY	First Class
NEW	21	LOVE ME FOR A REASON	Osmonds
NEW	22	NEVER MY LOVE	Blue Swede
17	23	WILD THING	Fancy
	NEW	THE BITCH IS BACK	Elton John
	NEW	SKIN TIGHT	Ohio Players
	NEW	EVER LASTING LOVE	Carl Carleton

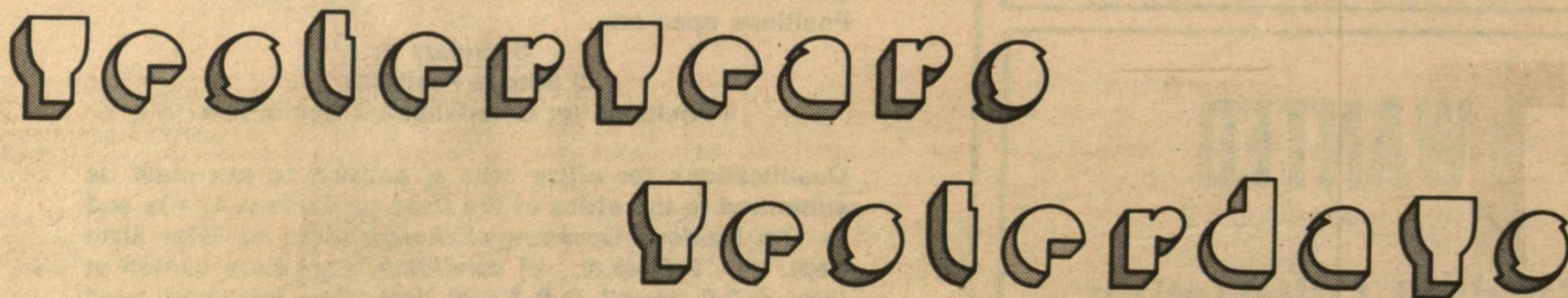
TOP TEN ALBUMS

1. IF YOU LOVE ME - Olivia Newton-John
2. JOHN DENVER'S GREATEST HITS
3. BACK HOME AGAIN - John Denver
4. CARIBOU - Elton John
5. TRES HOMBRES - ZZ Top
6. BTO II - Bachman-Turner Overdrive
7. FULFILLINGNESS - Stevie Wonder
8. BEHIND CLOSED DOORS - Charlie Rich
9. SKIN TIGHT - Ohio Players
10. THE STING - Soundtrack

TOP TEN REQUESTS

1. THE NIGHT CHICAGO DIED
2. I SHOT THE SHERIFF
3. SWEET HOME, ALABAMA
4. ROCK ME GENTLY
5. WILD THING
6. TELL ME SOMETHING GOOD
7. I HONESTLY LOVE YOU
8. YOU'RE HAVING MY BABY
9. CLAP FOR THE WOLFMAN
10. BEACH BABY

ROCK YOUR BABY WITH WQXI - METRO ATLANTA'S MOST RESPECTED CONTEMPORARY MUSIC STATION



by Nilda Nahai

FOLK FESTIVAL TO BENEFIT YOUTH MUSEUM

The 2nd Annual Folk Music Festival was held at KJC. The program featured English and American folk ballads, as well as contemporary songs in folk tradition.

FESTIVAL HELD AT KJC

A week-long Spring Festival was held at KJC. Many events took place such as mini skirt contest, music by the Third Army Band, the Georgia State Brass Ensemble and "Radar," a rock group, foreign car race, judo-karate demonstration and special movies.

HUMAN SEXUALITY SYMPOSIUM

Representatives of medical and theological schools, educators, and other interested persons for as far away as New England gathered together at KJC. Dr. Mary S. Calderone and three other leading authorities on sex education participated in the program.

CHOIR SINGS AT KJC

The world-traveled North Fulton High School Special Choir performed a concert at KJC. The group offered selections ranging from sacred music to folk songs.



G

O

R

T



gort Well, my mother thought of "Trog", as in "troglodyte", meaning "cave dweller".

Where'd you get your name, Gort?

But my old man reversed th' letters of "Trog". He felt "Gort" was more euphonious.

Interesting.

Speaking of names, d'you by chance have a first name, Jupiter?

Certainly!... 'Tis a highly honored and ancient African family name!

And what might it be?

"Roosevelt" Jupiter!

gort ANTIDISESTABLISHMENTARIANISM!!

PAWN

PTERTIARYOCTYLPHENOXYETHY-OXYETHYLODIMETHYLBENZYLAMMONIUMCHLORIDE !!

What was all THAT about, Gort?

We had a Polysyllabic Contest.

WOW! You sure did 'im in!

Even a run-of-th'-mill educational pedant can't 'out-vocalize' one o' these scientific dudes!

gort Whadaya know?...I've been created! And here I am in th' Garden of Eden!

A voice tells me my name is "Adam"... and I am the FIRST MAN! I'm all alone, and...

Pssst! Hey, Joe!

WHOOZAT?!

Is true? Is war OVER?!

gort Yes, Gort! My foreign policy speech will change the course of history!

Well, Henry, everyone's anticipating your speech.

MR. PRESIDENT,... MEMBERS OF THE PRESS,... LEGS...

(I think I blew it.)

gort Gotta go, Gort! Oh, remind me to tell you th' one about th' priest and "you-know-who"!

Right!

I HEARD that, Gort! Just why do you converse with that...that political "namedropper"?

Your use of the word "namedropper" IMPLIES acquaintance with well-known politicians.

...with no true personal knowledge. That chap, however, does indeed KNOW these important officials...and his anecdotes are factual!

NONSENSE!! Why, he's nothing but a common criminal...with a prison record!

And prison's where he got to know all those political bigwigs!

gort Gort, in spite of certain violent tendencies, plus your ego, you are a highly intelligent man.

Yes, I am.

HARUMP!... Well, Gort, I am speaking on behalf of my colleagues. We are prepared to offer to you an important position!

To wit, full professorship at the University!! Well?...

Shove it, buster! I'm quite successful...

...and a University is nothing more than the last refuge for erudite failures!

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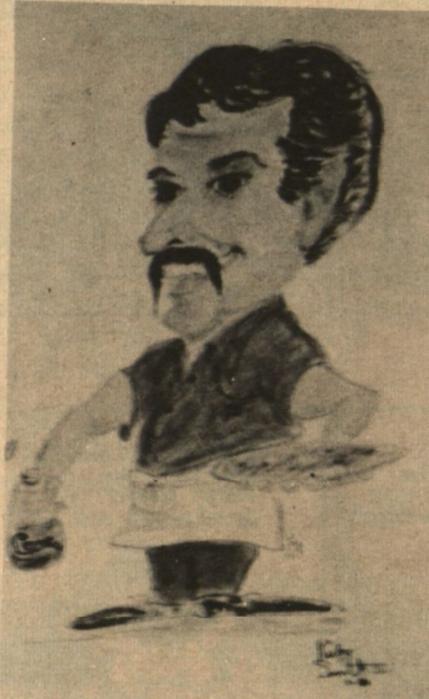
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Some New Books in the Library

Adlemen, Robert H. **The Black Box; An excursion Into Inner Sensory Perception** (BF 1031.A24)

Beshoar, Barron B. **Hippocrates In a Red Vest; The Biography of a Frontier Doctor** (R 154. B559.B47)

Nicklaus, Jack. **Golf My Way** (GV 965.V494)

Robbins, William. **The American Food Scandal; Why You Can't Eat Well On What You Earn** (HD 9006.R6)

Reilly, Robin. **The British At The Gates; The New Orleans Campaign In The War of 1812** (E 355.R42 1974)

Stevenson, Robert A. **The Complete Book of Saltwater Aquariums** (SF 457.1)

Mayniham, Daniel Patrick. **Coping: Essays On The Practice of Government** (HN 17.5.M68)

The New York Times Directory of the Theater. REF. Z6935.N48 1973)

Ehrenzweig, Robert. **Frieda Lawrence; The Story of Frieda Von Richthofen and D. H. Lawrence.** (PR 6023.A934. Z6513)

Hope, Charles. **The Encyclopedia of the Horse.** (SF 278.H66)

Jahn, Mike. **Rock; From Elvin Presley to the Rolling Stones** (ML 3561. R62.J25)

Catton, Bruce. **Gettysburg: The Final Fury** (E475.53.C52)

Maser, Werner. **Hitler: Legent, Myth and Reality.** (DD 247.H5.M28413 1973)

Muggeridge, Melcolm. **Chronicles of Wasted Time** (PR 6025.V5.Z5152)

Marzio, Peter C. **Rube Goldberg; His Life and Work** (NC 1429.G46.M3 1973)

Miller, Merle. **Plain Speaking; An Oral Biography of Harry S. Truman** (E 814.M54 1974)

¿ Por Que Estudiamos Los Idiomas Extranjeros?

por Judy Myers

La mayoría de los estudiantes norteamericanos siempre preguntan, «¿Por que tenemos que estudiar los idiomas extranjeros?» Hoy día nos preocupamos más con los estudios prácticos y algunas personas no pueden ver lo practical en el estudio de los idiomas extranjeros. Pues, piensen uds. un momento. ¿Es verdad que el estudio de los idiomas no es practical? ¡Creo que no! Cada día yo encuentro con mucha gente que me afirma que los mas practical es estudiar los idiomas extranjeros. Estas peronas no son solamente de las universidades, sino también son del mundo comercial, el mundo religioso, y el mundo gubernativo.

¿Como se puede usar el idioma español en Atlanta,

Georgia? Saben uds. que más de diez y ocho mil personas que hablan español viven en Atlanta? Con la excepción de Miami, viven más cubanos en Atlanta que en cualquier otra parte de los Estados Unidos.

También existe en Atlanta noventa compañías que tienen negocios en la America del Sur. Estas compañías siempre estan buscando a hombres y mujeres que pueden hablar español. Además, muy pronto vamos a tener en Atlanta una organización que se llama "World Trade Center" y con esta organización viene la necesidad de tener muchas personas que pueden hablar español, francés, portuguese, y otras idiomas. De verdad, Atlanta está illegando a ser una

ciudad internacional.

Ademas de ser muy practical, el estudio del idiomas español nos recompensa en otras maneras. Para estudiar completamente una raza y su cultura, debemos saber algo de su idioma. ¿Como podemos entender la cultura hispánica sin saber algo de sus obras literarias? La mejor manera de aprender algo de las obras literarias de un pais es leerlas--en el original, no en copias traducidas. ¿Quien podia traducir la belleza de **Don Quixote de la Mancha?**

¡Nadie!

En español decimos «Poco a poco se va lejos» Con el estudio de los idiomas, poco a poco aprendemos, y entendemos un poco mejor, nuestro mundo.

KJC Music Offerings Expanded

The expansion of the music offerings at KJC into a full two-year program has been announced by Dr. John C. Greider, chairman of the Humanities Division.

Included in the courses are both theory and applied music, with two fulltime faculty members and at least two on a parttime basis.

In making the announcement, Dr. Greider emphasized that the program is designed to serve both the serious music student and those persons interested in broadening their cultural background.

Students interested in professional careers in any aspect of music will be prepared to transfer to universities and four-year colleges to pursue the baccalaureate degree.

Emphasis in applied music--voice or an instrument--is placed on technique, interpretation,

and knowledge of the literature, he explained.

Majors in applied music will be evaluated by a jury, Dr. Greider continued, while others will start at the discretion of the teacher.

The chairman emphasized that the applied courses are open to beginners and that the place of the lessons as well as time is worked out by the student and teacher by mutual agreement.

"The two-year course in the study of music theory," he said, "offers the student training in basic musicianship. This includes the fundamentals of harmony, sight singing, ear training, and keyboard skills."

All students interested in music may also participate in the KJC Chorale.

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Gastronomy

Great have been India's gifts to the world including spices and the art of cookery, along with the game of chess, the decimal system, rice, cotton, sugar cane and domestic fowl. For centuries her people have perfected their skill with spices to transform often tasteless materials to ambrosia. Indian cookery is not the cookery of a single nationality, however; it dates back countless centuries and is a combination of the cooking of many nationalities and cultures--the Greeks, Phoenicians, Chinese, Muslims, Portugese, and other Europeans. It has been influenced considerably by climatic conditions, customs, tastes, health and religions--namely Hinduism and Muhammadanism.

During the greater part of the year it is very hot in India and the temperatures soar well over 110 degrees in the shade. With limited refrigeration facilities, meat, fish and other perishable food products would be impossible to use if they were not preserved in some

way. Through the ages, it was discovered that if foods were cooked in certain combinations of spices, they would not spoil for some time. This is how spices came into use in India and why, ultimately, curries and other well-spiced foods evolved as a national cuisine. Every spice used in the various preparations has either a preservative or an antiseptic quality. Some pungency in Indian food is considered very healthy, since perspiration is vital for cooling the body much of the year.

The use of spices, however, does not mean their use in vast amounts, nor does it mean that all Indian food is extremely hot and spicy, as many uninitiated Americans and Westerners believe.

Most people in the West refer to "curry" as if there were only one dish, instead of hundreds of them, all differing in flavour. Some are pungent while others are extremely bland, depending on personal tastes. The true art of Indian cooking lies in the subtle use and

variation of spices which make each dish an exciting experience.

Since a large number of India's population are vegetarians, it is not surprising to find there some of the most delicious vegetable dishes in the entire world. Strictly speaking, a vegetarian is one who does not eat meat, fish or eggs. Fortunately, an infinite variety of vegetables are available in India, including most of those grown in the United States, and, in particular, Georgia.

The Indians have raised the art of cooking vegetables to soaring heights. There are endless ways to produce a truly unique dish, each one different and more tantalizing than the previous one. Even the humblest vegetable becomes a feast for a king in India.

The following recipes are only a few of the most popular Indian vegetable preparations which can transform a simple meal into a delightful experience.

The scope of Indian cooking is enormous and inexhaustible; in fact, it is almost as vast as the subcontinent of India

itself, which is the seventh largest country in the world geographically and the second most populous.

Along with its vast population, India has 14 major languages, including English, and 250 regional dialects--so it is possible to realize that these extremes and variations certainly would tend to influence the cuisine of such a vast subcontinent, along with, of course, the various religious communities--Hindu, Muslim, Christian, Sikh, Parsi, Buddhist and Jain.

In the meantime, happy cooking and remember you can always 'put out the fire' by eating yogurt!

[Students, administration, faculty & staff are invited to contribute their favorite recipes for this column.]



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You get little more with Judith Larsen. She teaches French. But there's something extra. She's a former can-can dancer from Paris. Which means you will always be on your toes learning French.

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Habla usted español?

Parlez vous français?

Want to learn? There's only one place to find the course of your dreams. Your Humanities Division Office.

STUFFED OKRA (STUFFED BHENDI)

- 1 pound okra
- 1 tsp. ground coriander
(Chinese parsley-used as an aphrodisiac in the West for flavoring confectionery and gin.)
- 1 tsp. turmeric
- 1/2 tsp. salt
- 1/2 tsp. cayenne pepper, or to taste
- juice of 1 lime
- 3 tblsp. vegetable oil

Wash okra and slit one side. Mix together the coriander, turmeric, salt and cayenne pepper. Stuff okra with this mixture. Heat oil and carefully put in okra. Sprinkle with lime juice. Cover and cook over low heat for about 20 minutes, occasionally shaking the pan to be sure that none are sticking.

FRIED GREEN BEANS - INDIAN STYLE

- 1 pound green beans, cut up
- Boiling water
- 2 tblsp. vegetable oil
- 1 small onion, finely chopped
- 1/2 tsp. chili powder
- 1 tsp. salt or to taste
- Pinch of turmeric

Cook beans in boiling water until barely tender. Drain. Meanwhile, saute onion in oil until brown. Add chili powder and turmeric. Then add beans and salt. Fry until moisture has evaporated and beans are cooked.

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by Lee "Butch" Durham

The Good Ole Boys

The last couple of months have seen some great new releases from southern based groups. Beginning with the Allman Brothers, southern rock is one of the most popular sounds in America today.

A complete list of the now sounds in southern rock would be impossible, however I have put together a small sampler list of a good cross-section of the best new releases.

SECOND HELPING by Lynyrd Skynyrd (MCA 413) has been out for almost five months but it continues to grow even bigger. "Sweet Home Alabama" is receiving tremendous airplay in Atlanta and all across the country.

The most widely known of Al Kooper's Sounds of the South Groups, they are in the top three of all southern bands with the Allmans and the Marshall Tucker Band. And being the only opening act for The Who's last tour didn't hurt either!

Hydra's **HYDRA** (Capricorn CP 0130), a long awaited album, is finally out of the can and has taken off like a bullet in sales and response has been great. Hydra have paid their dues all over the south and now is their turn to collect the dividends.

Their treatment of "Going Down" by Don Nix makes Jeff Beck's version seem amateurish. Southern rock does not have to be just Boogie, Boogie, Boogie. . . .

An all time favorite in Atlanta, Little Feat, return after a long, long time with **FEATS DON'T FAIL ME NOW** (Warner Bros. BS 2784) to absolutely smoke and then burn up your stereo with their fourth album. "Oh Atlanta" will probably be the favorite cut on side one and the 10 minute medley of "Cold, Cold Gold Tripe-Face Boogie" shines out and finishes side two. Lowell George has to be the best slide guitarist in rock today.

DUANE ALLMAN ANTHOLOGY VOLUME 2 (Capricorn 2CP 0139) is a superb companion to the volume 1 for all Duane Allman fans. As with #1, this shows his other side from the Allman Bros. Band. Primarily his work as a session man in the studio in Muscle Shoals, Alabama.

Almost all of the previously released cuts are no longer in print, such as the Bonnie Hawkins cut, "Don't Tell Me Your Troubles" and the Otis Rush Song, "You Hear What You Sow."

But the true gems are the unreleased cuts, such as the Delaney and Bonnie radio broadcasts with Duane on Dobro and a live at the Fillmore version of "Midnight Rider" from 1971.

On Volume 1 there was a song by Johnny Jenkins called "Down Along The Cove" written by Bob Dylan; Volume 2 has another cut written by Dr. John called "Walk On Gilded Splinters." Both of these cuts and more are available again on **TON-TON MACOUTE!** (Capricorn CP 0136). And congrats to the gang in Macon for a job well done!

Keep on grooving . . . with Franklin Music, Cumberland Mall.

ROCK ON!

How To Handle Records

by Franklin Music

More records are discarded because of damage in handling than are worn out during the actual playing process. Records must always be handled without touching the surfaces (the recorded area) to avoid the transfer of oils from the skin to the record. These oils will act as a bonding element for the accumulation of

dust and dirt. They will also result in the formation of unwanted surface films which may cause the stylus to track improperly. So make sure you wipe your hands off the greasy chicken or other edibles.

Removing a record from its sleeve by inserting the hand until the record can be supported by the fingertips on the underside is desirable. Allow the edge of the record to rest in the crook between thumb and forefinger. Then tilt the sleeve until the record slides out.

Balance the record in this position until the other hand is free to support the outer edge. It may take some time to acquire the skill to handle records in this manner but if you experience any difficulties, use a clean piece of silk or other soft lintless cloth to prevent greasy finger-marks while holding the record.

In upcoming columns info on what to look for in stereo systems, speakers, etc. will be discussed — so you can keep on rocking.

Why Do We Study Foreign Languages?

by Judy Myers

The majority of students in North America always ask, "why do we have to study foreign languages?" Today we are more preoccupied with studying practical things and some people cannot see the practicality of studying foreign languages. Well, think a minute. Is it really true that the study of foreign languages is not practical? I believe not! Everyday I meet many people that reaffirm to me the real practicality of studying foreign languages. These people are not only from

the universities, but also from the business world, the religious world, and the governmental world.

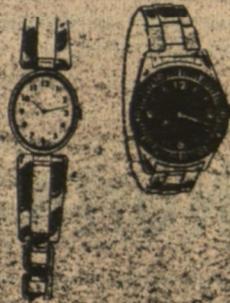
How can one use Spanish in Atlanta, Georgia? Did you know that more than eighteen thousand Spanish speaking people live in Atlanta? With the exception of Miami, more Cubans live in Atlanta than any other part of the United States.

Also, there are 90 companies in Atlanta that have business in South America. These companies are always looking for men and women that can

speak Spanish. In addition, very soon Atlanta will have an organization called the "World Trade Center" and with this organization comes the necessity of having many people who can speak Spanish, French, Portuguese, and other languages. Atlanta is really becoming an international city.

Besides being very practical, the study of the Spanish language rewards us in other ways. In order to study a race and culture completely, we should know something of

Continued on Page 11



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by S. T. Kid

Thrills

SUMMER WAS A ST[R]INGER

The American males of the South are gently easing their eyeballs into their sockets after the greatest summer of girl-watching since records have been kept.

Other summers the sweet young things (go ahead, call me a male chauvinist pig!) have worn next to nothing but this season they did one better by putting it all together and called it a string

bikini. . . those skimpy but superbly crafted "bathing" apparel.

The delight of the dirty old men amongst us has been dimmed somewhat by the declaration by Women's Lib representatives that what has been witnessed was not an exercise in sex objectry on the part of the eternal Eve.

"Women," says one party-poopier, "dress to feel cool and comfortable. If men see this as sexually provocative, the gross

error lies entirely in the eyes of the beholder."

Aw shucks! And we were having such a good time, too!

The dilemma the male animal is faced with is this: he cannot tell the difference between a woman revealing her charms in the name of better air-conditioning and the dumb old tale he has bought about Goldilocks who bares to be ogled at.

It is humiliating to learn at this late date that for thousands of years man has been lollygagging

around woman under the delusion that his glimpse of bared bosoms was intended for erotic effect when in fact she was merely ventilating her stays.

This column will, I know, draw many letters from gals of this campus protesting that it is not true and imploring me to believe that they have worn the tiniest of string bikinis ever this summer specifically to turn men on.

Well, it's too late, gals. The scales have fallen from my eyes. I may never look at another scantily clad beauty. At least not until next week, more or less! I may be crazy but I am not out of my mind!

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Good food at prices that can't be beat. Eat your heart out at the KJC Snack Bar.

Textbooks, supplies and related items are available at the KJC Bookstore.

The Counseling & Placement Office will help you face the hectic world. For some sweet words of advice, call 422-8770.

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Get it off your chest. Attend an SGA meeting!

SENTINEL UNCLASSIFIEDS are a super ripoff! 20 words for (one) \$1.00; 10 cents for each additional word. We are an equal money receiver.

SERVICES NEEDED

The SGA is a natural gas. Run for Senator or other positions and burn a hot trail for a successful 74-75 at KJC. More info available from the SGA office.

SGA is looking for pin-up girls for annual calendar. See Donny Lindsay for further details.

The KJC Snack Bar requests students to clean up their filthy mess prior to leaving their table. How would you like cigarette ashes all over your lunch . . . or sticky, gooey Coke on your elbows . . . or a ten-foot high pile of trash everywhere??

If you're a 97 pound weakling but you want to meet exciting people, come to the SENTINEL office in the rear of the Student Center for a knock-out experience. We won't push you around if you type, report, do art work, help photograph, or anything else. Heavy and middle weight bullies also needed!

Foreign Languages

Continued from Page 10

their language. How can be understand the Spanish culture without knowing something of its literary works? The best way to learn something of the literary works of a country is to read them, in the original, not in translated copies. Who could translate the beauty of *Don Quixote de la Mancha*? No one!

In Spanish we say "Little by little one goes far." With the study of languages, little by little we learn, and understand a little better our world.

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HILL ON SPORTS

The Western Division of the National League appears to be the best division in baseball. With teams like Los Angeles, Cincinnati, Houston, and (Atlanta???) you can wonder why this is the best division. The division leaders are the Dodgers from Los Angeles, they have won more games than anyone else in baseball. The Reds from Cincinnati have the second best winning percentage in baseball, but they are in the same division as the Dodgers. After the Reds, come the two American League leaders Boston and Oakland, with Oakland having the best record. Then, it comes back to the good ol' NL West, with Atlanta having the fifth best winning record. With the Western Division of the National League having three of the top five teams, and another (Houston) that is in the top ten, there's no reason to dispute the word that the NL West Division is both the toughest and the best division in baseball today.

BRAVES!!!

The Atlanta Braves make one last move to catch the division's leader, the Los Angeles Dodgers and the second place team, the Cincinnati Reds. But the big question is: Can they do it!?!?! The answer is yes, if and only if the Braves' hitting stays hot and the pitching keeps up its usual good stuff!?) Dusty Baker has had the hot bat and is coming out of his disappointing season. Other Braves will have to follow suit if they are going to make a real run for the division crown. But the most probable answer to the question is NO, because the Braves, as usual will have to falter somewhere the lines.

At the beginning of the baseball season, I said that the Braves would be losers and if I were wrong, I would eat my words. I am not ready to eat my words yet, because it is still possible that they could have a losing record. But, they would be real losers if they don't win the division crown. I still say the Braves season was over after Aaron hit the 715th home run. I also say the Braves don't have a chance at winning the division. I also hope I eat those words!!! But I would like to congratulate the Braves on their fine play this year and for making definite improvements!! Come on Braves and put me to shame and win the division crown!!!

DEFENSE!!!

The Atlanta Falcons should have one of the best defensive units in the NFL this season. The defense would carry the birds to the Super Bowl, if the offense will put a few points on the board. The defensive front four should be one of the best in the NFL?!?) Starting on the front four are John Zook and Claude Humphrey at the ends and Mike Lewis and Mike Tillaman at the tackles. But the defense is led by the big middle linebacker Tommy Nobis, who is the only original Falcon left. The Falcon's offense is going to be the real question this season. If they can put it all together this season the birds are going places!!!

SPORTS QUIZ

- | | |
|--|---|
| 1. What are the most runs batted in a game and in an inning? | hit games? |
| 2. What had the longest hit and how many feet in the majors? | 7. Who had the most consecutive shut out games in a season and the most consecutive shut out innings? |
| 3. Who had the most assists in one basketball game? | 8. What was the longest winning streak in basketball? |
| 4. Who had the longest field goal and how long was it? | 9. What are the most rebounds gotten in one game? |
| 5. Who had the longest punt in football and how long was it? | 10. Who holds the record for the most personal fouls in one season? |
| 6. Who had the most no- | |

Sports Sidelines

by Dr. I. David Hams

SINGLE SEX PHYSICAL EDUCATION

This Fall any student, male or female, will be offered the opportunity to enroll in any class offered by the Department of Physical Education. What this basically is saying is that there will no longer be classes for men and separate classes for women. So, if you see men or women only listed on your fall schedule, strike it out and enroll. In Intramurals, the ladies can join any team they wish, however, we will provide other opportunities, should they choose to play by themselves.

In our activity program we have some exciting offerings lined up for this quarter. Among them are ice skating, golf, trampolining, tennis, bowling, power volleyball, handball, swimming, etc. Don't forget there are additional fees for bowling and ice skating (consult your schedule) and a new can of balls must be purchased for tennis. The Physical Fitness class will take on a "fun approach to fitness" with in-depth study and testing regard-

ing what is transpiring in the cardiovascular system.

Don't forget our "drop-in" program. This endeavor allows any student to check out equipment and use any facility he/she wishes when a class is not in session. You must provide your I.D. card for identification. The swimming pool is not included in this opportunity, however, free swim will be available, probably from 2:00 - 5:00 daily and from 6:00 - 8:30 p.m. on Monday and Tuesday.

A few "nit picky" rules must be included. We must ask you to wear only authorized tennis shoes on the gym floor and tennis courts. This means no form of street shoes on either court and also no basketball shoes on the latter. You should avoid grabbing hold of the rim in basketball (especially you shorter, lighter people). The backboards will break to the approximate tune of \$1,000.00. Oh, by the way, we are delighted to have you use our facilities.

The Intramurals are here to stay. They are challenging. If you do not believe it, look at the number of people that observe the trophy cases. One or several of these

may become yours. As a minimum, this Fall we will have cycling, tennis, flag football, volleyball, table tennis and horse-shoes. Be getting your thoughts together and join a team.

Three closing tips. The secret of getting ahead is getting started. Also, if what you did yesterday is still a big thing today, then you haven't done much today. Come to see us for your health's sake.

ANSWERS

- 12 RBI's in one game and 7 in one inning.
- Mickey Mantle; 565 ft.
- Bob Cousy; 28
- 63 yards; Tom Dempsey
- 98 yds.; Steve O'Neal
- Sandy Koufax; 4
- Don Drysdale; 58 innings and 6 games
- 33 games
- 55; Wilt Chamberlain
- Bailey Howell

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