

the **SENTINEL**

KENNESAW JUNIOR COLLEGE

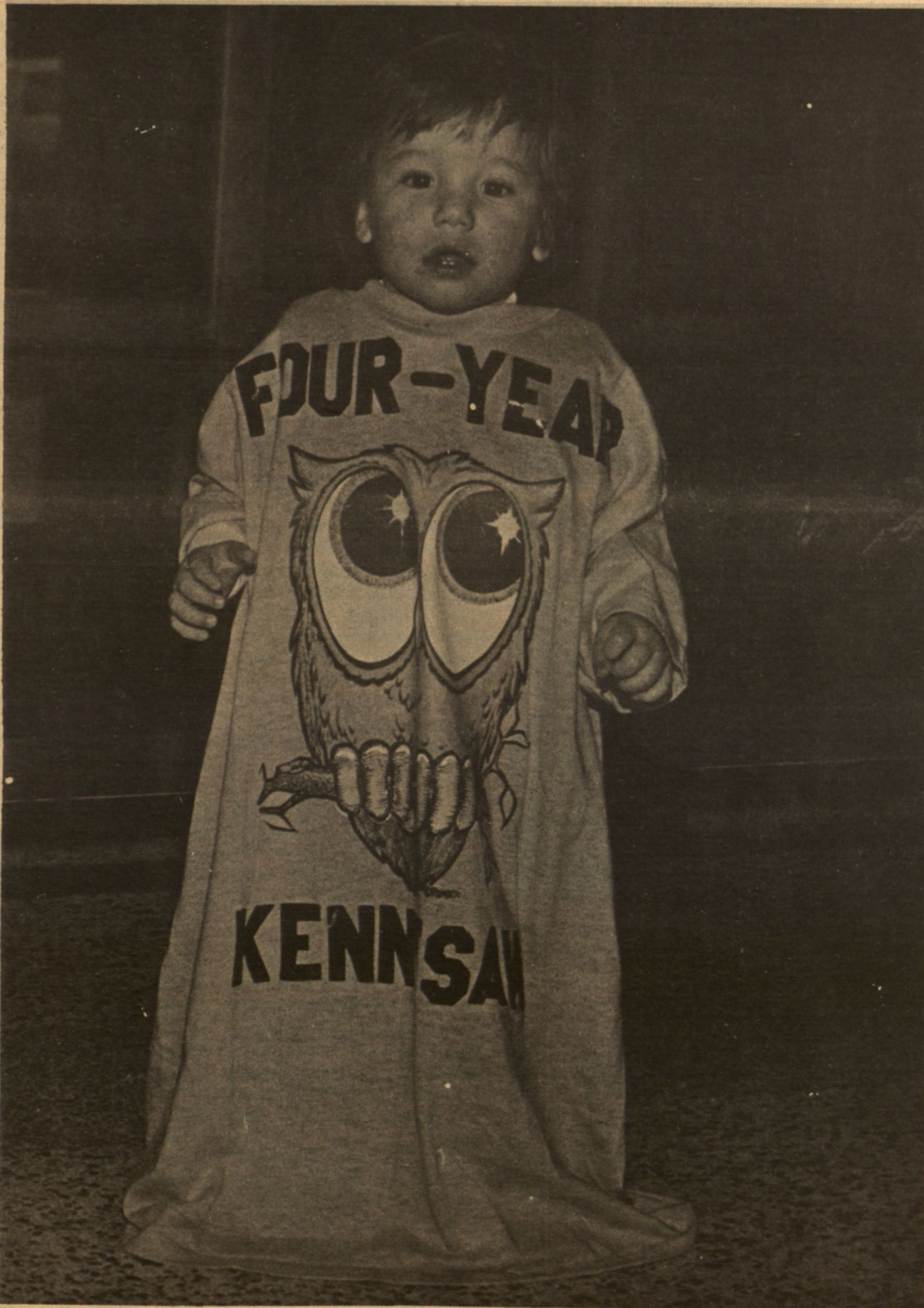
IN THE MARIETTA BOONDOCKS, GEORGIA 30061

LIBERATED

VOLUME 9

NUMBER 7

WEEK OF
JANUARY 2, 1975



**2 YOUNG
+
2 LEAVE**



4 KJC

VOTE ON 4-YEAR STATUS LOOMS CLOSE

The Board of Regents will vote January 8 on making Kennesaw a four year college. This same proposal has been before the Board before in years past, but this time will be a little different.

For one thing a tremendous student movement is afoot to push for four year status. Beginning with a successful, well-publicized rally on campus Fall Quarter, the movement has worked hard in the community throughout the holidays getting petitions signed. These petitions will be presented to the Board of Regents as evidence that the people of Cobb and surrounding counties want

a four year school in this area. Thanks to the publicity generated by the students, local organizations -- like the Marietta Chamber of Commerce -- and local businessmen and politicians have voiced support for the movement.

The primary concern in granting any school four year status is need: the Board of Regents has the authority to grant KJC senior status if the Board determines that it is needed in this area. If need is, indeed, the only criteria, then it would seem that senior status is assured KJC.

KJC President Dr. Horace Sturgis affirms this: "Personally, I think

there is a need for another four year college in this part of the state. It's a large, heavily populated area, and many people cannot afford -- either in terms of time or money -- to leave this area and travel even as far as Atlanta. One half of our students work, and furthermore one third of our students work full time. It's clear that quite a number of students would not be able to attend college at all if we were not here."

But changing KJC's status is also a political question. The Board of Regents is composed of governor-appointed members from each congressional district, plus five

members "at large." The term for the Board members is seven years with the terms staggered so that no one governor may fill the Board with his political favorites.

The nature of the beast - of - politics being what it is, most politicians vote in favor of their own constituency. Quite a number of junior colleges in the University System of Georgia have been requesting senior status year after year, the same as KJC, so that there's a certain unofficial competition among these schools to convince the Board of Regents that their need is greatest.

Governor-elect George Busbee received quite a number of votes in the Cobb County area on the strength of his campaign promise to make KJC a four year institution. Whatever influence Busbee may have with the Board of Regents -- and this is politics -- certainly Cobb Countians are expecting some results from their votes.

Finances come into the picture, too. Some four year colleges in North Georgia are apparently opposed to another four year college in this part of the state, feeling that their enrollment would decline. In view of the fact that most four year colleges are already overcrowded, especially those in urban areas, this seems

a shortsighted argument. Additionally, it's unlikely that much -- if any -- revenue would be taken from these established institutions; as long as the population expands, as long as more people seek higher education, there is small likelihood that their existences will be endangered.

One objection to making Kennesaw a four year school is increased tuition. Matriculation fees at junior colleges in the University System of Georgia are \$85 a quarter, while at senior colleges per quarter fee is \$115. (At University of Georgia, Georgia State University, and Georgia Tech the lowest tuition for a full-time student is \$145.) Why should it cost more?

"It costs more money to equip and maintain a senior college," says Dr. Sturgis. "The laboratories must be more sophisticated, the library more extensive, the faculty better qualified. The students have a great deal better equipment at their disposal."

Even at \$30 more a quarter, a senior college would be a bargain for the people of Cobb and surrounding counties. It would mean that many people -- especially older students with families -- could get a four year education that otherwise must be satisfied with only two years of college.



Students in the Appalachian Semester at Union College prepare to enter a deep coal mine during a field trip in southeastern Kentucky. The special one-semester program has attracted students from many colleges and universities.

CREDIT FOR MINING IN KENTUCKY

This feature story was originally written by Tom Bidwell, former editor of the student newspaper at Union College, The Orange & Black.

(UC-P10: BARBOURVILLE, Ky. — Slouched down with knees folded nose high, a group of adventurous explorers peered out the sides of their small red metal cars as they entered the mountain's side. Descending, first slowly then quickly, they were swallowed in

darkness. Soon a world unknown was unveiled before them—the 40" high world of the deep coal miner.

Taking the trip were students in the Appalachian Semester, accompanied by their supervisor, Julian D. Mosley. The Appalachian Semester is a unique regional studies program conducted by Union College in Barbourville, Kentucky.

Conducting the tour

were mine superintendents and workmen, illustrating the use of their machinery and tools of trade. With backs turned against the dust covered coal seams, the students observed the daily operation of coal production from rock bed to coal transporter.

A question-answer rap session capped off the afternoon's activities, and the group exchanged views often stemming

from much publicized controversy. When asked about the company's policy in regards to strip mine reclamation, a spokesman for the firm outlined the "progressive" steps his company is taking. The afternoon waned, and the discussion terminated with new insights and no one getting hot under the collar.

The day was long and like many others filled with new experiences and a little fun on the side.

Upon first contact with Appalachian problems, impressions varied among this semester's students. Holly Johnson, a Dickinson College student from Edison, New Jersey, expressed despair when she said, "When I came down I thought I could find an

answer, but I know I can't."

A trip to a Cincinnati ghetto unveiled some realities to a few of the students. Wayne Jilchrest, a Wesley College student from Rahway, New Jersey, felt that the Appalachian migrant is living in the "worst of both worlds—urban and rural."

Field placements were the highlight of the semester as they were the first real chance the students had to be with people and see life from their perspectives.

Phil Cohen from Dickinson College and Howard Looney from Guilford College decided to help start a newspaper in Manchester, Kentucky. It

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Food Day Project

Here are a few facts you may or may not be aware of:

- The U.S. military budget is 60 times greater than the budget for overseas economic aid. During a 14-hour period, the Defense Department spends more than the entire annual budget of the United Nations food program.

- Only about 40 percent of Americans eligible for food stamps currently receive them.

- The ad budget of General Foods is almost three times bigger than the budget of the Food Bureau of the U.S. Food and Drug Administration.

- The American meat-based diet deprives the world of 18 million tons of cereal protein, an amount almost equal to the world's protein deficiency.

- President Ford, during the recent World Food Conference, denied the U.S. delegation permission to increase emergency grain shipments from one million to two million tons to India, Bangladesh, Sri Lanka, Pakistan, and Tanzania.

- Americans consume, on the average, about one hundred pounds of sugar each year. Some foods - sugar-coated cereals, for instance - contain up to 50 percent sugar.

- 40 million Americans are overweight; almost half die of heart disease.

Soaring food prices, increasing world food shortages, and mounting evidence of the dangerous health effects of the overly processed and refined American diet indicate that, if left to its own devices, the Federal government will not take the steps necessary to develop a responsible food policy. The food industry--the corporations that bring you Cool-Whip and Twinkies--have sold Americans on a diet of sugar-laden, fat-rich "convenience" foods that are contributing to a national epidemic of heart disease, diabetes, hypertension and obesity. While encouraging unhealthy eating habits through advertising and availability, these corporations are also contributing to high food prices. A Federal Trade Commission study estimated that consumers were overcharged \$2 billion in 1972, because of the monopolistic structure of several segments of the food industry.

As government and corporate decision-makers allow the food situation to deteriorate further, it becomes clear that individuals and organizations in communities and campus-

es across the nation will have to begin a massive education effort--an effort aimed at changing personal eating habits; improving food welfare programs; reforming corporations that promote the sale of billions of dollars worth of nutritionally-empty, resource-squandering junk foods; investigating the energy- and resource-intensive practices of agribusiness that are forcing small farmers off the land; and developing national policies which recognize the needs of hungry people at home and abroad.

This job requires a national organizing effort. The non-profit Center for Science in the Public Interest, in conjunction with dozens of other groups and individuals, is building a movement to take on this task, a movement that will blossom on FOOD DAY, a national day of action on the food crisis. FOOD DAY is set for April 17, 1975.

We hope that college and university students will take part in FOOD DAY, using their campuses as organizing focal points for both campus- and community-oriented activities. As a first step

Continued on Page 6



THE SENTINEL WELCOMES EVERYONE AFTER ALL THE BOOZING, CAROUSING AND WENCHING DURING THE EXTENDED XMAS HOLIDAYS.

HAPPY 1975 AND ALL THAT JAZZ!

VOX POPULI

Pour It On

Dear Editor:

The fun and frolic of the Christmas and New Year holidays is all over and we must now settle to the laborious task of ridding ourselves of our hangovers and resuming our labors.

You may tend to ignore this ridiculous piece of advice and continue on your merry sinful ways of carousing, drinking and wenching and generally ignoring all the Protestant

work ethics you possibly can.

So far you've probably done a fairly respectable job of it, and the side effects of your labors certainly aren't to be overlooked. What with the sizeable profit you've afforded the **Package Stores**, you can be pretty sure they can afford to give their boys a **raise** in this New Year.

S.T. Kid

Scholarships

Awarded Students

Twenty-four students have received Kennesaw Junior College Foundation honor scholarships totaling \$10,000, according to Tom Patterson, assistant director of admissions and student aid officer at KJC.

The scholarships, based on academic achievement, are provided from contributions received during the annual Kennesaw Junior College Foundation fund drive. They cover tuition, books and supplies for the 1974-75 academic year.

Awards are given to a limited number of regularly enrolled, full-time students. Freshmen recipients must have a predicted grade point average placing them in

the upper 25 percent of the freshman class.

Scholarship winners are Robin Adelman, William S. Annandale, Lauren G. Butler, Pamela G. Croke, Bonnie Sue Drake, Georgena Duncan, Susan Fairbairn, Bonnie D. Hopper.

Michael R. Hosford, Margaret Rainey, Kathryn Medved, Kimerly Scott, Sandra L. Smith, Susan L. Woodlief and Loyce Zech, all of Marietta.

Stephen R. Bennett and Betsy L. Dunn, Roswell; Vallyn I. Cowan, Janet Enid Miron and Laura J. McLeod, Smyrna; Jean D. Hollaran, Cartersville; William E. Skaggs, Jr., Acworth; Clifford R. Geerdes and Susan M. Goggin, Powder Springs.

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the SENTINEL

Kennesaw Junior College
In The Marietta Boondocks, Ga. 30061

- Acting Editor Daphna Gregg
- Acting Managing Editor Kathy Medved
- Acting Photo Editor Scott McCune
- Acting Silly Rick Ellis
- Special Thanks Award Raju Kotak,
the old soldier who's not yet faded away
- Faculty Advisor Elliott M. Hill

Front Page: Kathy Messina's little one models for one of our Peeping Tom's, Rick Ellis, with ol' owl and the proclamation for the 4 Yr. Kennesaw Campaign.

THE SENTINEL is printed every two weeks, god willin' and the creeks don't rise, by the fringe element students of Kennesaw Junior College. Star Printing Company, Acworth, produces tea and sympathy as well as the finished product. The views of the newspaper do not necessarily reflect those of the student body, the administration, the printer, or the White House.

TEN WEEKS IN EUROPE

Question: What do France, Germany, Spain, Greece and Italy have in common?

Answer: You could be studying in one of these countries next summer!

The University System of Georgia has a Studies Abroad Program in each of these countries. Whether at the University of Dijon in France, at the University of Erlangen in Germany, or at the University of Valencia in Spain, the student will find himself stimulated by contact with new ideas and a new culture. Through academic courses and through daily life in new surroundings, the participant will learn the language, the literature and the civilization of the country in a direct face-to-face way.

All four programs include eight weeks of

academic study and one to two weeks of related travel. There are extensive tours as well as weekend excursions for the students. Some weekends are planned for group sightseeing while others are left free for individual trips.

Students in the Classics program divide time between Athens, Greece and Rome, Italy, with a week each in Paris and Florence. Classics enthusiasts soak up, along with the Mediterranean sun, ancient art and architecture, classical literature and Greek-Roman philosophy.

There is no language requirement for the Classics program as English is the language of instruction. However, for the programs in France, Germany and Spain, where the courses are taught in the language of the country, four college quarters, or the equivalent, of the appropriate language is required.

Students applying to any of the programs should also have a B average and be willing to study and learn while overseas. While the travel is considered a vital element in the programs, the emphasis is on academics.

So, if you would really like to parler, sprechen or hablar a foreign language, or delve into antiquity, write for information and an application to: USG Studies Abroad Program, Dept. of Foreign Languages, Georgia State University, University Plaza, Atlanta, Georgia 30303.

P.S. If you are interested in an academic year program, or a program different from those described above, the USG Studies Abroad Office at Georgia State University provides information and guides on other programs as well as on independent travel and work opportunities available to U.S. students.

KENTUCKY STUDENTS

Continued from Page 2

was difficult going but the first issue finally rolled off the press. The paper, a small tabloid called "The Clay-Jackson Roadrunner" was "a voice for the poor," said Cohen.

Other students such as Holly Johnson and Kathy Siemon from Dickinson worked for lawyers in the Mountain People's Rights organization. Other students picked agencies that they felt were suited to their particular interests.

Since the one-semester, regional studies program was started in 1970, students from 46 colleges and universities across the country have participated. They have come from every part of the country, including Baylor in Texas, Drake in Iowa, Drew in New Jersey, Loyola in Chicago, and from many other junior and senior institutions.

The semester begins with several weeks of orientation sessions with general classroom work and seminars. In addition to faulty members from Union and other schools in the area, guest speakers lead discussions on vari-

ous Appalachian subjects. A weekend Communications Workshop and a short course in regional dialects, analyzed from the viewpoint of linguistics, are incorporated in the orientation. Brief field trips are scheduled in keeping with seminar discussions.

Following the orientation, students ordinarily spend one day a week in classroom sessions and three days in individualized "living-learning experiences," designed around the students' own interests. The final day of each week is devoted to a combination of field trips, seminars and reaction sessions where field experiences are related to academic study areas. Field work options include a social work practicum or independent field research in social work, sociological field research / service-learning projects, and independent field research in sociology. Academic credit for field work in other disciplines is currently under development.

The comprehensive academic program, including classroom and field experience, provides 15

Humanities Division Offers You
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Two Beauties for Languages



Maybe the other divisions can give you the courses of your dreams. But only the HUMANITIES DIVISION can give you SPANISH (ESPAÑOL) and FRENCH (FRANCAIS). Because NO ONE—not the NATURAL SCIENCE DIVISION—not the SOCIAL SCIENCE DIVISION—offers exciting courses as HUMANITIES.

To start with, we have unusual professors. Like JUDY MYERS. She teaches SPANISH. But she is also a former flamenco castanetter out of Madrid. So you can be assured of keeping your eyes on her while your ears are turned to SPANISH.

You get a little MORE with JUDITH LARSEN. She teaches FRENCH. But there's something extra. She's a former can-can dancer from Paris. Which means you will always be on your toes learning FRENCH.

So the course of your dreams doesn't have to be in another department. If you choose SPANISH or FRENCH, you can combine learning with FUN!!

If you are a Journalism, English, Literature, Music or Arts major. And you adore and worship your ears. You NEED SPANISH or FRENCH. Or both, if you like.

You may get the course of your dreams from the other divisions. But there's only one place where you'll find languages for your required major.

HABLA USTED ESPAÑOL?
PARLEZ VOUS FRANCAIS?
WANT TO LEARN?? THERE'S ONLY ONE PLACE TO FIND THE COURSE OF YOUR DREAMS. YOUR HUMANITIES DIVISION OFFICE!!! ENROL NOW!!

The preceding has been an un-paid ad by the HUMANITIES DIVISION OFFICE



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With Student I.D.*

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In The
Student Center

semester hours of credit
in sociology and social
work.

Additional information
on the program may be

obtained by contacting
Julian D. Mosley, director
of the Appalachian Semester,
Union College,
Barbourville, Kentucky
40906.

XIALURIAN CHRONICLES

The Muse Of Xialura

by Carl Maddox

I have seen her ivory pallor reflected in the crests of the Vasulthen Sea, and my spirit has been set afire by viewing her golden locks streaming in the pounding winds that accompany the waves. I have espied her standing on the damp shorelines with beams of moon radiance exalting her soft, languid eyes - eyes that mirror the fiercely proud fiber of her race. My presence has been enriched with visions of moonlight that gleam from a metal band tightly confining her lustrous hair. My eyes have reveled when she walks up a flight of marble steps, and as a velvet-laced dress adorns her demure figure, my heart and soul races like a gazelle in anxious glee when she mounts the apex of the stairs and casts a wondrous expression over the bedizened land of Xialura.

She has knelt before the statue of a goddess, and she has bowed her

head in solemn reverence to the protectress of Xialura, Sulthrema. She has lit the alter of flame with devotion to her patroness, and she rises to look upon Sulthrema as the stars gaze down at the scene with respect. I feel a sense of enrapture as she slowly arcs in a dance of worship. I am aware of a series of dexterious moves she executes, and somehow my fancy knows that the dance is incredibly ancient and exquisite. Her hair flows down her shoulders like rays of amber projecting from jewels in a chest, and I feel her magnetic personality that is inherent in the moistness of her eyes.

She is a gentle rose of beauty - a beauty transcending the fiery elements of Xialura. I see her as an image of luster in an azure pool. I am touched when I see her walking along the sandy shores. I am one who experiences the boundless joys of her fresh kindness, and she

Dr. Goodman Co-Authors Career Guidance Booklet

An updated 1975 booklet offering sources of free career information for high school and college age students is now available through B'Nai B'Rith Career and Counseling Services.

The publication, "A 'Starter' File of Free Occupational Literature," was written and revised by Dr. Leonard H. Goodman, director of counseling and placement at Kennesaw Junior College, and Anne E. Garrett, professional assistant to the National Director of the counseling services.

The booklet lists 117 pamphlets, evaluated by the authors as the best free literature available on careers. At least one copy of each pamphlet is available free upon request, Dr. Goodman said.

Each listing includes

name and date of publication and name and address of the contact organization.

The listings "give students an opportunity to look at a variety of occupations under one general heading," Dr. Goodman pointed out. "In the past, students have used it to obtain a global picture of choices available within a general career field."

Cross-listings also identify titles and code numbers of further career information available through the "Dictionary of Occupational Titles" and "Occupational Outlook Handbook." These references allow access to information on some 1,000 occupations, according to Dr. Goodman.

The authors hope the publication will provide parents, teachers and

counselors with "a ready access to reliable career resources through a small, selective file of materials."

Pamphlets were chosen for listing according to career guidelines of the National Vocational Guidance Association. Dr. Goodman pointed out: at least one copy available free upon request; recency of publication; published by reputable source; author professionally qualified; and reading level appropriate for high school and college students.

The 1975 booklet was revised with assistance from Dr. S. Norman Feingold, national director of B'nai B'rith Career and Counseling Services. The publication is available, for a nominal fee, at the organization's national office at 1640 Rhode Island Avenue, N.W., Washington, D.C. 20036.

sends forth images of regality in my consciousness. I cherish and recall her unbridled attributes. My dreams erect statues in her name for all time.

Her destiny has been written on the winds of my homage, and a force within the petite form lends an air of respect to her actions. She goes

forth now on her ventures, and she will forever hold an honored place in the temples of my slumber.

College On Wheels

Kennesaw Junior College will offer 14 non-credit courses at four Cobb County Community Schools during winter quarter, 1975, as part of the "College on Wheels" program.

Most of the classes will begin the week of January 13, with courses scheduled during afternoon or evening hours at J.J. Daniell, East Cobb, McEachern and Nash.

Offered at J.J. Daniell will be feminine; furniture arrangement; and a creative drama workshop.


At East Cobb, classes will include interior decorating; how to save money on individual income taxes; how to be an effective communicator with your spouse; and business law for the small

businessman.

Courses offered at McEachern will be the creative drama workshop; how to save money on individual income taxes; curriculum planning for kindergarten teachers; and "do it yourself" interior design.

At Nash, classes will include business law for the small businessman; the American short story; and "do it yourself" interior design.

Enrollments are limited, and pre-registration is recommended. Participants may register through regular Community School enrollment or by mailing registration forms to KJC. For information, contact the KJC Community Services Office, 422-8770, ext. 234.



Potatoes need love too ya know, that's why they all want to be McDonald's French Fries.

Bring this ad into the McDonald's at 1291 Bells Ferry Road for a FREE large order of fries. You'll love 'em.

McDonald's
1291 Bells Ferry Rd.

News From Them Thar Campuses

by Susan Goggins

Debbie Bellville, last year's Middle Georgia College Homecoming Queen, was crowned Miss Stay and See Georgia. The Tour Division of the Georgia Chamber of Commerce invites Homecoming Queens of Georgia colleges and universities to compete for the title. Debbie was crowned at the August 1st finals of the contest by comedian Pat Paulsen and was presented with a scholarship and a gift certificate. She will make appearances throughout the state under sponsorship of the Tourist Division and the Georgia Chamber of Commerce.

Former Senator Eugene McCarthy spoke in Georgia Tech's Student Center Ballroom recently. McCarthy expressed opinions about the two party system, Nelson Rockefeller, and foreign and domestic affairs.

If the state legislature appropriates the necessary funds for the new law school, Georgia state University will open the second state supported law school in Georgia. The law school was approved by the State Board of

Regents on November 13. Chairman of the Board of Regents, Charles Harris of Ocilla, said that he foresaw no problems in obtaining the needed funds from the school from the legislature.

University of Georgia students participating in an archaeological project on the GSU campus have unearthed the first significant archaeological find in the city's history. The artifacts consist of broken chamber pots, melted glass, charcoal and a metal purse that dates back to the late 1800's. The artifacts are believed to be left from the Markam House which was burned in the late 1800's.

Boise State University students and faculty recently raised \$412.50 for the United Way by bombing each other with cream pies.

Fraternities at Reinhardt recently challenged each other to a "blood battle" to see which group could give the most blood to the Canton National Guard Armory's Blood Drive. The winner of the contest was Omega Kappa Pi which had 55.2 per cent of its members turn out.

FOOD DAY PROJECT

Continued from Page 3

in accomplishing this, we urge students and faculty to set up joint committees to investigate what can be done at your campus, such as creating a campus-community garden or food coop, initiating sweeping changes in university food-buying policies, or planning massive teach-ins for April 17th.

Students at the Universities of Michigan and Wisconsin are already planning teach-ins for next Spring. At Yale, a student-faculty committee has planned a six-week lecture-discussion series on world food problems and has already organized a fast in which over 2000 students participated.

The food problems which face the nation and the world demand immediate action, and there are dozens of things you can do now. These include:

- Write to President Ford and urge him to make additional food aid available to needy nations as soon as possible. Urge your university president or student council to do

likewise.

- Find out how much fertilizer your university uses to keep its lawns green, and request that such wasteful use of this critically-needed resource be halted.

- Request that at least half the selections in vending machines on campus contain wholesome snack food -- fruit, fruit juice, yogurt, unsalted nuts and seeds, etc. -- instead of junk foods.

- Contact local consumer, environmental, or Public Interest Research Groups (PIRG) to find out what activities can be undertaken in your community.

Initial FOOD DAY actions may not make headlines or immediately change Federal or corporate policies, but they will put decision-makers on notice that the American public is no longer willing to participate in the wasteful use of food resources.

The rise of the environmental movement and the end to direct American involvement in the Vietnam War are directly

traceable to campus activity. The students of America can once again make a commitment to actions that can result in long-overdue changes in the way in which the Federal government, corporate America, and individuals decide how and to whom food will be allocated.

FOOD DAY national offices are open at 1785 Massachusetts Ave., N.W., Room 206, Washington, D.C. 20036 (202-462-8510). If you are interested in organizing FOOD DAY teach-ins or other activities, contact the office for further information and organizing suggestions.

Sincerely,

Kathy Kelly, President
National Student Assn.

William Sloane Coffin,
Chaplain, Yale University

Frances Moore Lappe,
author of *Diet for a Small Planet*

Michael Jacobson, FOOD
DAY coordinator, Center
for Science in the Public
Interest

In Case of Snow...

During the winter months, there may be occasions when it will be necessary for the College to cancel classes because of inclement weather and highway conditions.

For your information we are listing below the AM radio stations which will be notified whenever it is found necessary to cancel classes:

WBIE (1080)
WFOM (1230)
WGST (920)
WSB (750)

With the cooperation of these radio stations, information regarding the scheduled meeting of

classes will be broadcast at regular intervals, and such announcements may be considered to be official notification from the College. The announcements will specify whether the cancellation of classes applies to day classes, evening classes, or both.





4-YEAR KENNESAW

TEE SHIRTS AVAILABLE NOW!
Get yours by contacting June Rowland thru the SGA Office, or ask The Sentinel Staff.

4 Years
Or
Bust

The Sentinel's Inflation Buster!!

Fight Depression & Recession by writing a note to your friends, enemies and other non-persons for the St. Valentines Day Extra Spectacular Issue: FEBRUARY 17.

Notes to your loved ones will be printed FREE [yep, free] in SENTINEL UNCLASSIFIEDS. Deadline - February 1.

Kennesaw
Junior
College

JANUARIES

JAN.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|---|---|--|---|------------------------------------|--|
| | | | 1 | 2 | 3 | 4 |
| | | | | Registration 8:00 A.M. Orientation 8:30 A.M. | Classes Begin Late Registration | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | Late Registration Class Change Period [Private Dining Room] | Late Registration Class Change Period [Private Dining Room] | Late Registration Movie, "Caine Mutiny" Private Dining Room 11 A.M., 1 P.M., 7:30 P.M. | Civilisation Film "The Smile of Reason" Seminar Room 12 Noon & 7 P.M. | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | | | Speaker, Mr. Peter Ikona Sponsored by BSA Seminar Room 11 A.M. - 1 P.M. Rising Junior Test 6-8 P.M., Hum. 202 | Rising Junior Test 10-12 Noon & 6-8 P.M. Hum. 202 Civilisation Film "The Worship of Nature" Seminar Room 12 Noon & 7 P.M. | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | History Test Hum. 216, 2 P.M. Constitution Test Hum. 216, 3 P.M. Business Seminar "Business Taxes - Could You Pay Less?" Seminar Room, 6-8:30 PM | Movie, "Bullitt" Private Dining Room 11 AM, 1 PM, 7:30 PM | | | | Atlanta Symphony Orchestra Concert Gym |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | Civilisation Film "The Fallacies of Hope" Seminar Room 12 Noon & 7 PM | | | Civilisation Film, "Heroic Materialism," Seminar Room, 12 Noon & 7 PM | | |

FEB.

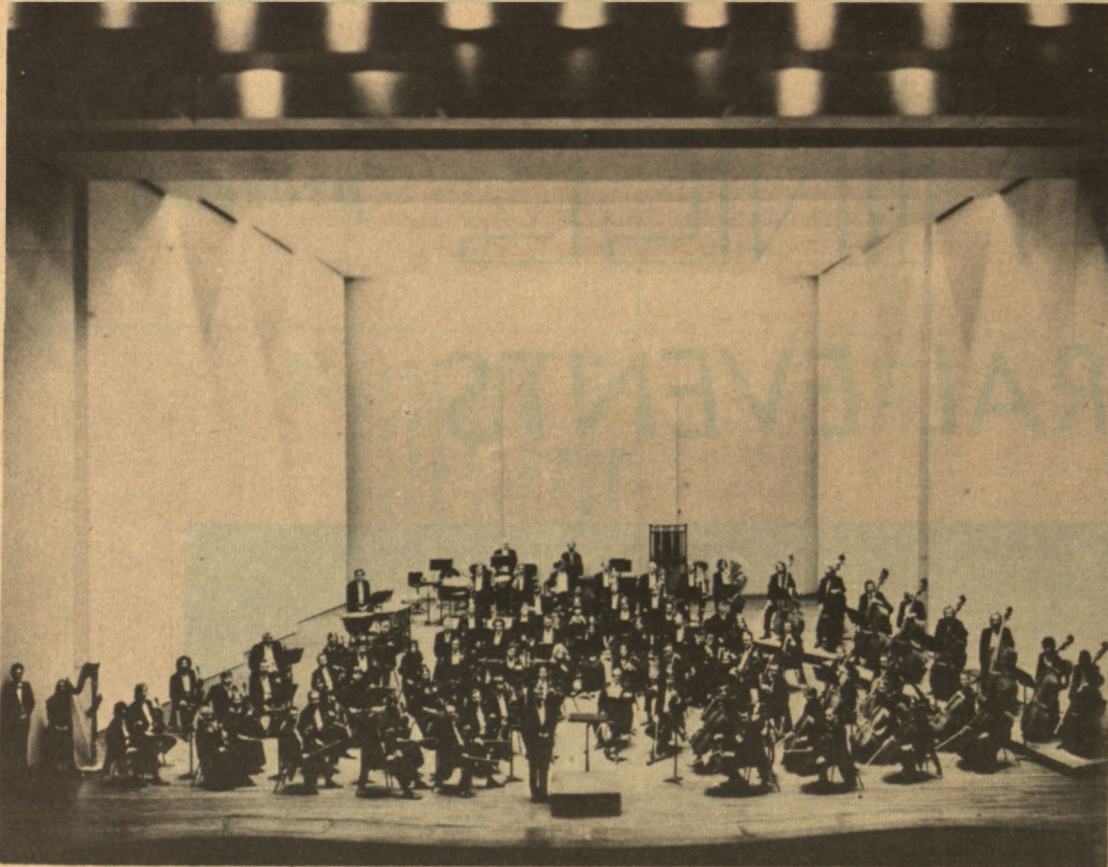
REGISTER

Kennesaw
Junior
College

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|---|--|--|---|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 Movie, "The Wild One," Private Dining Room 11 AM, 1 PM, 7:30 PM | 6 Job Clinic for Women Sponsored by KJC Community Services Office & South Cobb YWCA, at 1st United Methodist Church of Smyrna, 9:30 AM - 2 PM [\$5 registration fee] | 7 | 8 |
| 9 | 10 | 11 | 12 Movie, "One Day In The Life Of Ivan Denisovich" Private Dining Room 11 AM, 1 PM, 7:30 PM CLEP Test, 1:30 PM [Counseling Office] | 13 Last Day For Dropping A Course Without Penalty Age Seminar, "Emergency First Aid Practices In The Home," Dr. I.D. Harris, 1:30 - 3:30 PM Seminar Room | 14 John Chappel is "Mark Twain on Stage" 11 AM, Gym | 15 |
| 16 | 17 History Test, 2 PM Constitution Test 3 PM Hum. 216. Cultural Events Series Presents Senator Robert Packwood, 8 PM, Gym Business Seminar, "Safety and Health Requirements-Are You Meeting Them?" 6-8:30 PM Seminar Room | 18 | 19 Movie, "Start The Revolution Without Me," Private Dining Room, 11 AM, 1 PM, 7:30 PM | 20 | 21 Tentatively scheduled concert sponsored by Entertainment Committee | 22 Cobb County Youth Museum Guild - Physical Fitness Program for Children, Gym |
| 23 | 24 | 25 Preregistration for Spring Quarter [Currently enrolled students only] Last Day to Withdraw From a Course | 26 Preregistration for Spring Quarter [Currently enrolled students only] | 27 | 28 | |

the **SENTINEL** *presents*
CULTURAL EVENTS





Atlanta Symphony Orchestra

The Atlanta Symphony Orchestra will make its first appearance in Cobb County January 25 at Kennesaw Junior College.

Admission to the performance is free to students and all residents of Cobb County through the financial assistance of Commerical Bank of Cobb County, United Federal of Smyrna, Cobb Federal (a division of Fulton Federal), Marietta Federal, and Kennesaw Junior College.

Under the direction of Robert Shaw, Conductor, the Symphony will present a varied program that will offer something for everybody -- from the lushly romantic to the experimental modern.

The evening of music will begin with Beethoven's "Overture to Lenore No. 3, Op. 72b." "Concerto for Two Pianos in D Minor" by the French composer Poulenc will feature guest pianists Joan Yarbrough and Robert Cowan.

Following an intermission, "The Unanswered Question" by American composer Ives will be the evening's offering of modern music for full orchestra. The program will close with the romantic "Romeo and Juliet, Overture-Fantasy" by Tchaikovsky.

To insure that students and Cobb County residents will be able to get seats to the Atlanta Symphony Orchestra's performance, tickets are available at no charge from KJC and these banks: Commerical Bank of Cobb County on Roswell Street, Marietta; United Federal of Smyrna; Cobb Federal, all branches; Marietta Federal on Roswell Street, Marietta. All ticketholders will be admitted until 7:30, and general admission will be from 7:30 to 8:00. The concert will start at 8:00 in the KJC Gymnasium.

The concert is sponsored by the Cobb County Schools, Cobb Arts Council, Cobb-Marietta Junior Welfare League, and Kennesaw Junior College.



Robert Shaw conducting the Atlanta Symphony Orchestra

SYMPOSIUM '75

"The Human Condition of 1975" will be the subject of the 10th Anniversary program of Cobb County Symposium '75 to be held at Kennesaw Junior College April 10 and 11 in the Gymnasium. The closing dinner session with Dr. Margaret Mead, anthropologist, author, and lecturer, will be at the Fairmont Colony Square Hotel in Atlanta.

The schedule for the symposium:

Thursday, April 10th—Kennesaw Junior College

- 8:00 P.M. Mary S. Calderone, M.D.
(From Symposium '68)
- 8:45 P.M. Ralph Slovenko, L.L.B., PH.D.
(From Symposium '68)
- "Can Law Control Crime?"

Friday, April 11, 1975—Kennesaw Junior College

- 9:00 A.M. Remarks
- 9:15 A.M. Elizabeth Kubler-Ross, M.D.
(From Symposium '72)
- "What Is It Like To Be Dying?"
- 10:00 A.M. William G. Pollard, PH.D., D.D.
(From Symposium '69)
- "Are Science and Religion Compatible in 1975?"
- 10:45 A.M. Break
- 11:05 A.M. Panel of Students
"The Human Condition-1975 From the Youth Viewpoint"
- 11:45 A.M. C. Fitzsimons Allison, D.D., PH.D.
Alexandria, Virginia
(Summary Comments on previous addresses)
- 12:00 Panel With All Speakers
- 1:00 P.M. Lunch in Kennesaw College Cafeteria
- 2:00-3:30 P.M. "Group discussions with Symposium '75 Speakers"
- Group No. 1. Drs. Calderone & Slovenko
- Group No. 2. Drs. Pollard & Allison
- Group No. 3. Dr. Kubler-Ross

Dr. Margaret Mead, who participated in Symposium '71, will speak on "The Human Condition - The Struggle for Identity" at the closing dinner session. Reservations are required for this dinner session, and there will be a charge.

Admission is free to students to the Symposium lectures on campus. The Symposium is sponsored by the Cobb County Medical Society, the Cobb County Ministerial Association, the Cobb County Judicial Circuit Bar Association, and Kennesaw Junior College.

String Trio

Members of the Atlanta Symphony Orchestra and a pianist on the faculty at Georgia State University will present a concert of chamber music at Kennesaw Junior College on February 24th.

The String Trio will perform music of the French Impressionists Ra-

vel and Debussy including Ravel's Trio for violin, cello, and piano, Debussy's Sonata for Violin and Piano, and Debussy's Sonata for Cello and Piano.

The concert will be held at 8 P.M. in the Student Center; admission is free.



Senator Packwood To Speak On Economic Ills

U.S. Senator Bob Packwood will speak at KJC February 17, 8 P.M. in the Gym. As a member of the Banking, Housing, and Urban Affairs Committee, the Senator is well qualified to present the economic picture for the coming year in his lecture "Economics 1975: Causes and Remedies."

Senator Packwood, Republican from Oregon, represents the new breed of politician in this country. He is young, he is outspoken, and he is fearless. Many of his proposals have made older, conservative members of his party blanch, yet his almost radical approach to certain issues make sense, and Senator Packwood has won the admiration of public and politicians alike.

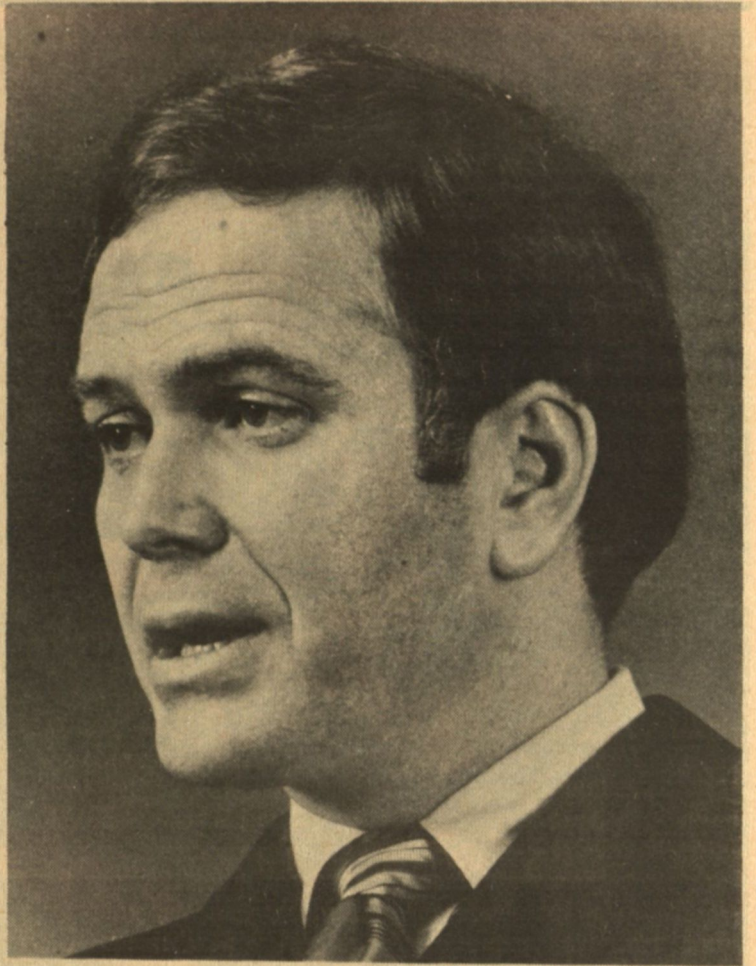
As a member of the Commission on Population and American Future, he proposed massive family planning, readily available abortion and sterilization and equal rights for women in order to stabilize the nation's population. He introduced legislation which would (1) make contraception available to all men and women in the United States regardless of educational background or economic circumstances, and (2) remove all restrictions in all states against abortion and make the decision to terminate an unwanted pregnancy a matter of private conscience between a woman and her physician, and (3) limit to two the number of children which can be declared as income tax

deductions.

Senator Packwood insists that population control is a necessity: "We must have an immediate program of effective population stabilization in order to protect and preserve our quality of life because however much of our environment we save now won't be half enough 50 years from now."

He has a reputation as an excellent speaker with special rapport with young people. The response from Texas A & M University was enthusiastic: "His honesty and straight forwardness is something young people on college campuses today are looking for and are insisting upon."

Admission to Senator Packwood's lecture is free.



Senator Bob Packwood of Oregon to speak at KJC

Mark Twain Lives

"The rumors of my death have been greatly exaggerated."

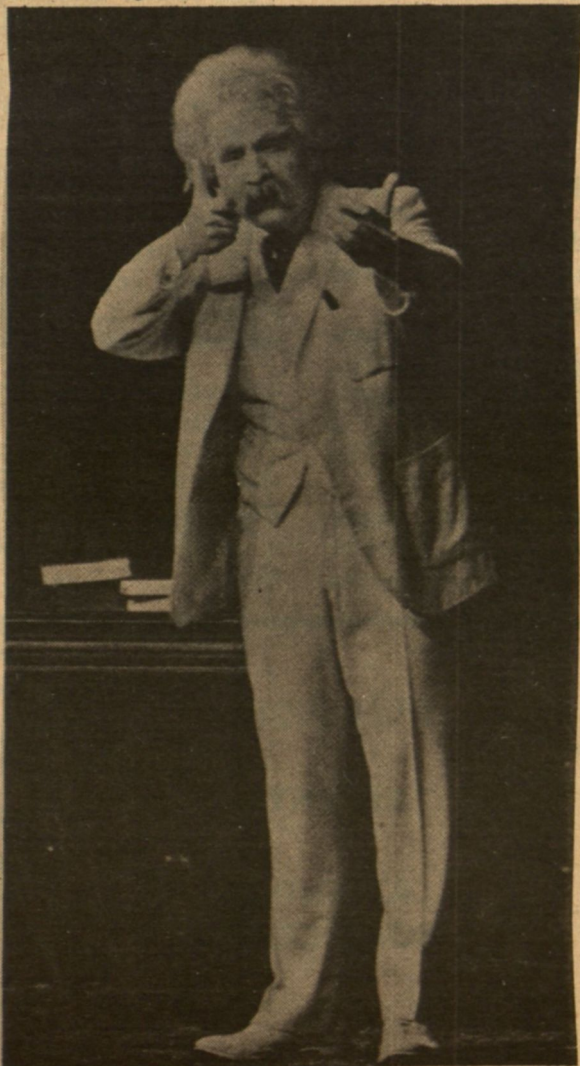
Mark Twain himself said it early in this

century. And even in 1975 his look, his voice, his appearance, his wit and wisdom live on in the theater.

John Chappell will present his brilliant portrait of Samuel L. Clemens at KJC, February 14, at 11 AM in the Gymnasium. In "Mark Twain On Stage" every effort is made to assure the most realistic picture of the beloved author of Tom Sawyer and Huck Finn. The make-up alone takes over three hours to apply; the white suit is a carefully tailored replica of one Samuel Clemens wore in his lifetime. Chappell studied photographs, including the rare Edison film on Clemens, in order to learn the humorist's characteristic ways of standing, sitting, smoking, and moving.

The Mark Twain characterization was originally created by Hal Holbrook in "Mark Twain Tonight." John Chappell is the only actor to whom Holbrook has ever given permission for the use of this characterization. Mr. Chappell creates a new vision of Mark Twain in "Mark Twain On Stage" that has been applauded by audiences and critics alike.

Admission to "Mark Twain On Stage" is free.



John Chappell as Mark Twain

Films To Brighten

Your Winter Days

- "Cain Mutiny".....January 8
- "Bullitt".....January 22
- "The Wild One".....February 5
- "Start the Revolution Without Me".....February 19
- "The Marx Brothers - Duck Soup" and "W.C. Fields - My Little Chickadee".....March 5

All films will be shown in the Private Dining Room of the Student Center at the following times:
11 am, 1 pm, 3 pm, 6 pm, 8 pm.

Sponsored by the Entertainment Committee of your SGA.





Jose Greco and Nana Lorca will be spotlighted in an evening of Spanish music and dance.

JOSE GRECO COMPANY

The Jose Greco Company of Spanish Dancers, Singers, and Musicians will perform at the Marietta Fine Arts Auditorium, April 1, at 8 p.m. The program of Hispanic music and traditional dances will be presented by Kennesaw Junior College.

Jose Greco is the best known male Spanish dancer, and many Americans know him as a motion picture performer, television star, and recording artist. His film credits include "Around the World in 80 Days" and the co-starring dramatic role in "Ship of Fools." He has appeared on the Ed Sullivan, Perry Como, Bob Hope, Dinah Shore, and Dean Martin Shows. His concerts may be heard on albums issued by Decca, Columbia, RCA and MGM records.

Greco's main interest has been encouraging the development and growth of Hispanic dance and

music. He established the Jose Greco School of Spanish Arts at Northwood Institute, West Baden, Indiana, in 1968, which offers a six week program of comprehensive studies in Spanish dance, music, drama, and the fine arts.

In 1971 Greco established the Jose Greco Foundation for Hispanic Dance, Inc. The goals of the Foundation are to promote and develop an appreciation and understanding of Hispanic culture through choreography and performance of both old and new works; to provide a continuing educational and training program in Hispanic dance so that its art may continue through future generations; and to relate through performance of music and dance to members of Hispanic culture in the U.S. The Foundation promotes these objectives through four principal activities: Con-

certs, Symphony Guest Appearances, lecture - Demonstrations - Recitals, and Master Classes.

The Centro de Arte Espanol in Marbella, Spain, was founded in 1974 with Nana Lorca as co-director. A Jose Greco School of Spanish Dance is being planned for the near future with principal studios in New York City.

No other single artist has done more in promoting the Hispanic arts. Jose Greco is recognized around the world as the artist's artist, the quinesential Spanish dancer. With his co-star, Nana Lorca, he represents the personification of the Iberian Peninsula to millions of people the world over.

Greco lives in the Costa del Sol, Spain, with Nana Lorca, whom he married in 1972, and their new son Paolo.

Nana Lorca is famous in her native Spain for her work as a brilliant

Ivan Denisovich



The extraordinary film version of Alexander Solzhenitsyn's novel "One Day in the Life of Ivan Denisovich" will be shown in the Library Seminary Room at KJC on February 12.

The novel was a painful embarrassment to the Soviets. It outlines the events of one day -- one especially good day, at that -- in the life of a Siberian labor camp prisoner during the Stalin

regime. Solzhenitsyn wrote **One Day in the Life of**

Ivan Denisovich from his own eight years experience in concentration camps for the offense of making derogatory remarks about Stalin in

1945. With Nikita Khrushchev serving as his patron, **One Day** was published in 1962, but printing was stopped almost immediately. This is the only one of Solzhenitsyn's novels to have been printed in the Soviet Union.

"One Day in the Life of Ivan Denisovich" is filmed in color and directed by Casper Wrede, and stars Tom Courtenay and Alfred Burke. The film will be shown as 11 am, 1, 6 and 8 pm. Admission is free.

Harpsichord Recital

A recital-lecture will be presented by Doris Owen, harpsichordist, at Kennesaw Junior College on May 13th. Ms. Owen is Professor of Music at the University of Louisville, Louisville, Kentucky.

The recital will feature music of the Baroque choreographer and performer. She is accomplished in both the Spanish Classical and Regional dances.

The Jose Greco Company includes eleven dancers, in addition to Greco and Nana Lorca, a Flamenco singer, a Flamenco guitarist and a classical guitarist. Roger Machado, musical director and pianist, composes

period which will be performed on a harpsichord custom-made by John Challis.

The recital will be at 8 P.M. in the Student

Center. Admission is free, and the public is invited to attend.

much of the music for the company.

All costumes, hats, boots, and accessories are made in Spain from native materials, and all designs

are authentic as to period, character, and province.

There is no admission charge to **The Jose Greco Company**, and the public is cordially invited to attend.

HELP FIGHT

APATHY!

**ATTEND AN
SGA MEETING.**

WHO TO CONTACT

| IF YOU HAVE QUESTIONS CONCERNING | CONTACT | LOCATION |
|---|-----------------------------------|----------|
| Academic Difficulties | Counseling & Placement | H-216 |
| Admissions | Director of Admissions | A-119 |
| Advisor Assignment | Dean of the College | H-216 |
| Career Decision Making | Counseling & Placement | H-216 |
| Changes of address, Name, or Program of Study | Registrar | A-120 |
| Choosing a Program of Study | Counseling & Placement | H-216 |
| Campus Clubs & Organizations | Coordinator of Student Activities | H-216 |
| Cultural-Social Events | Coordinator of Student Activities | H-216 |
| Dropping a Course | Registrar | A-120 |
| Fees | Cashier | |
| Future Schedule Planning | Faculty Advisor | (Office) |
| Georgia History & Constitution Exams | Counseling & Placement | |
| Housing | Dean of Student Affairs | H-216 |
| Human Growth Counseling | Counseling & Placement | A-110 |
| Improving Growth Skills | Counseling & Placement | H-216 |
| Job Interview Preparation | Counseling & Placement | H-216 |
| Loans and Scholarships | Director of Student Aid | H-216 |
| Parking Decals and Fines | Cashier | A-119 |
| On Campus Part-time Employment | Director of Student Aid | A-119 |
| Off-Campus Employment | Counseling & Placement | H-216 |
| Orientation | Counseling & Placement | H-216 |
| Personal-Social Problems | Counseling & Placement | H-216 |
| Petition for Graduation | Registrar | A-120 |
| Planning to Transfer to Another Institution | Counseling & Placement | H-216 |
| Readmission | Registrar | A-120 |
| Schedule Changes | Registrar | A-120 |
| Selective Service Information | Registrar | A-120 |
| State Residence Requirements | Controller | A-109 |
| Student Employment | Director of Student Aid | A-119 |
| Student Insurance | Dean of Student Affairs | A-110 |
| Testing for Aptitude, Vocational Interest | Counseling & Placement | H-216 |
| Test Results (Institutional) | Counseling & Placement | H-216 |
| Transcripts | Registrar | A-120 |
| Transfer Counseling | Counseling & Placement | H-216 |
| Transfer Credits | Director of Admissions | A-119 |
| Veteran Affairs | Registrar | A-120 |
| Vocational Planning | Counseling & Placement | H-216 |
| Withdrawal from College | Registrar | A-120 |

GEMINI ALSO RISES

by Sue Doenam

Even those who don't believe in astrology will admit that Capricorns tend to be gloomy people. These non-believers think that anyone whose birthday is celebrated year after year on cold, rainy or snowy days is bound to have a dark outlook on life. Gloomy Capricorns may be, yet this sign is misunderstood by even most astrologers.

True they are cautious, preferring to look before they leap. Spontaneity is not Capricorns' way; thinking the matter over carefully, weighing the pros and cons, then taking action is the way these creatures move. The symbol of Capricorn is the mountain goat who climbs high, rocky mountains, leaping over dangerous abysses with apparent ease. A mountain goat acting on his whims without proper caution would early in his life kill himself on the lower slopes and never reach the higher elevations.

Capricorns must climb. Driven by an inner vision, they seek ever higher states, whether it be career or knowledge or enlightenment, and with their cautious approach, they are seldom side-tracked from their purpose.

They are doers, not dreamers. Rather, they do dream, but never idly, for

their dreams have an element of practicality in them, and they are less likely than any other sign to fantasize the impossible. Once Capricorns have worked their dreams out to the last detail, they go into action to make that dream a reality. No wonder they succeed so often!

Impatient with people who waste their time, Capricorns often seem too business-like, too serious. In meetings they expect to get to the heart of matters quickly, solve the problem, and be on to other business; if there's too much joking, polite conversation, or gossiping, they can be brusque or even downright rude. With their acute sense of value of time, even a few minutes of time wasted is a serious offense -- Capricorns don't waste **your** time and they expect you not to waste **their** time. One of their favorite mottos is "You can't kill time without wounding eternity."

Why this sensitivity to the passing of time? Saturn is the ruler of Capricorn; the father planet who moves slowly, Saturn is the planet of limitations, the teacher of patience in all things. Capricorns experience setbacks and limitations from the day they are born, and they learn quickly

that caution and using their time productively minimizes the number of setbacks. Like the mountain goat who spends all day climbing a mountain only to discover that the abyss between his precipice and the next peak is too wide to leap, the Capricorn knows that retreat is often necessary and unavoidable. Yet with careful planning, Capricorn need not backtrack every time.

Dour and serious, never having any fun: that's the image. Yet this gloomy creature usually has a highly developed sense of humor, often wry and sometimes painfully perceptive. Though they take themselves seriously and wither under criticism from others, Capricorns can criticize themselves in the form of humor that will have all within earshot rolling in the aisles. Jewish humor and black humor are very much Capricorn brands.

Capricorns find it difficult to relax. My favorite Capricorn decides from time to time that he's been too serious lately and will spend the weekend playing. Yet his approach to playing is determined and serious -- he seems to be saying, "I need to have fun, it's good for me, and so damnit, I'm going to have fun!"

Being the eminently

practical earth sign that they are, Capricorns often follow a sensible diet, believing that the more nutritious the fuel, the better their machine-the-body will operate. Conversely, they are often careless with their health; they get too little sleep (there's so much to do), skip meals, expose themselves to all manner of inclement weather, and seldom really relax. Capricorn rules the knees, the joints, and the skin, and it's those areas that lack of care shows up first. Personally I've yet to meet a Capricorn over 25 who did not complain of aching knees on occasion, and arthritis (at the very least the kind that lets you know it's going to rain) shows up early in life. Acne in adolescence turns into blemishes from rich foods in the adult years or curious combinations of both oily and dry skin.

Capricorns are accused of materialism because of their practicality. It's true that some do all their climbing in the areas of career, social standing, and possessions. But they have a capacity for acute sensitivity to others' feelings and to psychic experiences. This may be exhibited by awareness of the way people around them think and feel, a "picking up on the vibes"

that is almost automatic. Or Capricorns may become mystics, seekers after the higher truths, ignoring completely worldly influences. The ancient symbol of Capricorn is the mountain goat with the tail of a fish -- the joining of the material world to the mystic world. Thus Capricorn like Jesus could bring his vision and understanding of the mysteries to the world, presenting his knowledge in a form that even the most simple-minded could understand.

It's not easy to get close to a Capricorn. On the surface they seem cold, critical, serious, and all too many people look on the surface and place judgement on them. Yet a little patience, a little sympathy with these misunderstood mountain goats will reveal a warmth and a depth of understanding beneath that cool exterior. Capricorns have little use for casual acquaintances, but close friends are of great value to them, and their loyalty and love are boundless for those they love. If you are ever fortunate enough to make friends with a Capricorn, you'll discover a fire beneath that ice, a friend that would gladly lay down his life for you. That kind of love is rare nowadays. Isn't a friend like that worth getting to know?

A view from the other side of the Snack Bar

These are a few of my favorite things

by V. Minter

Some from far off Thailand, some from Lebanon, some from Africa -- these are the people I serve food, make cokes, and give change to day after day. Many faces, young and old; some with hair always in place, some wind-blown from running around on the tennis court and beautiful with rosy cheeks and tumbled hair.

There's the tall Californian with the nice voice who plans to go back after graduation. Cute Saego with his beautiful smile -- what would I do without his cheery "hello" every day?

There's Rick with curly hair who always speaks so politely and kindly, snapping pictures of people unawares.

Scott, too, walks around with a camera; also camera carrying Wayne, who I always call John for some unknown reason.

Beautiful tall black Paula who beats everyone at checkers and cards -- except the time the small smiling instructor, Mr. Ikona, beat her!

There's my black friend Gene, so kind, with a giggle. He always keeps his knife so sharp.

There's our own chief (Bob Eisenhardt), cocky and business-like but with

a heart of gold.

There's very tall broad-shouldered Ed, looking down at everyone and smiling.

There's beautiful ex Miss Georgia, Marilyn. Boy! is she a pleasure to see.

Also the beautiful tall photographer's model from Smyrna.

There's Mr. Chang who, along with me, learned to say "orange slush" just as they decided to take the machine out.

There's June, the young mother filled with school spirit.

There's Charlie -- the great salesman. He's been here forever, they say.

There's the math professor from New York with the beautiful blue eyes. And I thought he was a student!

There's our dear Arab, Jay, who gives us such a laugh.

There's Mr. Jones with his cheery "Good mornin', hon."

There's the nice professor from Alabama who says, "I want a Co-Coler."

Around the front tables you'll see Mr. Campbell, blue-eyed Ann taking a break, cute little Renee, pretty Edna, or Margaret with the cutest accent in the world.

There's beautiful Diane, the kind gentle counselor.

There's little black haired Cindy. I tell her "My Cindy is a blond." And a guy who looks exactly like my Jock; he says "Two hotdogs and a small coke." Then there's a fellow from Detroit who looks like and even giggles like my Terry.

There's tall, blonde with wide sideburns Professor Bowman who says "Fix me a steak sandwich and scream at me when it's finished." He has the greatest laugh.

There's cute little Bonnie. Her name suits her perfectly and her mom's a brown-eyed dean.

Somewhere in back is
Continued on Page 18

Cheap Thrills

by S.T. Kid



We have so far been threatened with some of the most difficult problems a nation can face in peacetime: shortages of literally thousands of products ranging from home insulation to ballpoint pens; massive unemployment and spiralling inflation; sagging stock markets; even the prospect of shivering in front of the livingroom fireplaces, for those lucky enough to have them and burn wood in them. There is talk of the nation being in a recession, even...God forbid...depression.

The economic crisis we can leave for Gerry Ford and his loveable bunch, but keeping warm is entirely another matter. The solution:

S.T. KID'S GUIDE TO KEEPING WARM

1. Don't give up hope if you don't have a fireplace. Build an open hearth in the middle of the floor. Cut a hole in the

highest part of the ceiling for the smoke, and start toasting. Don't forget the cork for the roof when the fire ain't on!

2. Eat heat: chili, hot peppers, curry, garlic, hot mustard, tabasco sauce and onions. Don't try meeting new and exciting people.

3. Check the want ads for openings in crematoriums.

4. Sleep with cuddly animals. A musk-ox, a beaver--better yet, two rabbits. That way, it'll get cozier as the winter goes along!

5. There's a cure for draughty basements. Pack snow around the walls. If you don't live in a snow belt, pack sand. And if it isn't a sand belt either, try manure. Don't expect any visitors!

6. Pick fights. Take issue with everything. Nothing like a heated debate.

7. Pray for menopause. Hot flashes are guaranteed.

8. Put on weight. Get fat and jolly. Sleep a lot--for five years if possible. It might all be okay by 1980.

9. Try the medicinal cure--lots of hot toddies, brandies, Southern Comfort, bourbon, liquors, bloody marys -- tummy bombs, so to speak.

10. Build a sauna. Sweat in the nude for best results. Invite exciting people.

11. Get a police radio. Chase fires until you find an arsonist. Make friends. Follow him on his rounds. Not recommended for law-abiding citizens.

12. Bear fat, blubber or even axle grease rubbed liberally over the entire body makes for a slippery, warm and definitely noticeable personality.

13. Ignore health department and campus warnings. Where there's smoke, there's fire. So smoke as much as you can. Cuban cigars are tops, but if not that, burn your exams. They make a great heat source!

14. Indulge in a little self-mutilation: have yourself committed! Hospitals will be the last--hear that, the last--to have their fuel supplies cut.

15. Get closer to friends. Try wrestling, hide-'n-go-seek in couples, stuffing imaginary phone booths.

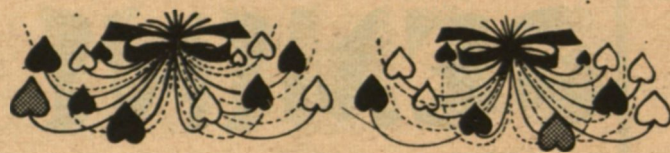
16. Throw out your razor. Men should grow beards. Women, let your underarms blossom. The more there's hair, the less there's bare!

17. Fill your pockets with hard-boiled eggs. They're terrific for wrapping hands around while scurrying from the Physical Education Building to the Humanities Building.

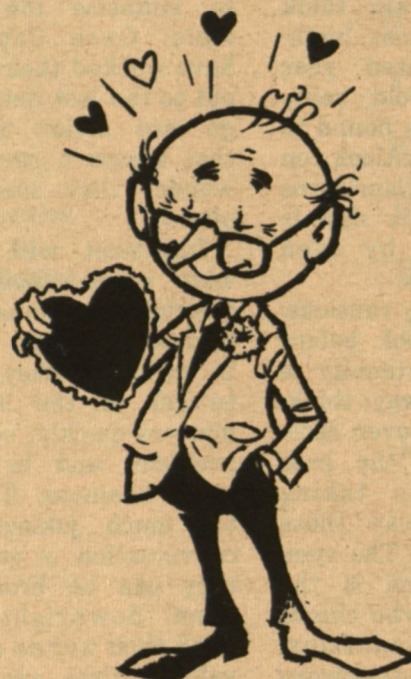
18. Jack be nimble, Jack be quick. Jack sit on the candle stick (and keep warm where it counts.)

19. Make love at every opportunity. Keep hot and bothered. And remember what Sir Isaac Newton proved: friction is one hell of a great heat source!

20. If all else fails, huddle with your nearest and dearest around the TV set or radio and wait for the next press conference on the energy crisis. Bask in the hot air!



How's Your Heart?



Heart disease is not limited to old age.

In our increasingly polluted world, younger people have severe heart attacks. It is no longer uncommon to read of 28 year olds dying of heart attacks. How is your heart?

Early detection of potential heart problems can make the difference between early death and a long, healthy life.

The Cobb County Heart Unit will be at the KJC Student Center January 6 from 9 am to 2 pm checking blood pressure and vital lung capacity. Stop by and get a check-up. It will take only a minute of your time, and it could add years to your life.



you have or can develop; avoid occupations that require abilities you do not possess.

•Choose an occupation because you actually "like the work," not just because you like the earnings, or prestige, or certain people in it.

•Be prepared to do some things you don't like even if you have "the best of jobs." However, change your job if you dislike most of the things it involves -- don't just hang doggedly to an earlier decision.

•Be prepared to adjust to change in yourself, as well as in your work. Don't fear change -- it usually accompanies growth and progress.

•Develop short range concrete goals toward which you can actively move, based on current education, skills, and

availability.

•Develop a long range goal in a direction toward which your present position will move you. Consider the alternatives based on what you have or will learn on the next job.

•Allow yourself some "wiggle" room to permit you to take advantage of unexpected opportunities or to soften adverse occurrences.

•Develop a plan flexible but directed to get from where you are to where you want to be. This interview season should be a part of that plan.

In summary, choose the course of action that will allow you to become the kind of person you want to be and to do the things you want to do -- for your own satisfaction and the well-being of society.

Counselor's Corner

Thoughts on Educational & Career Planning

Many students who leap into the job market are frustrated because they have given little thought to who and what they are and in what direction they would like to launch their career. The "whats" must be at least roughly defined before the "hows" can be effective. Your approach might be as

follows:

•Begin by studying yourself; your interests, your abilities, your aptitudes, your personality. What kind of person are you? If you need some help in these determinations, schedule an appointment with a member of the Counseling & Placement Office staff; we will try to assist you: 422-8770, ext. 203.

•Study those occupa-

tions or fields of work which seem to be appropriate to both your abilities and interests. We will be glad to help here, too.

•Evaluate, with the help of your academic advisor, faculty, counselor, or parents, the information you have secured; then act on your OWN BEST JUDGMENT.

•Consider occupations that will use the abilities

Gastronomy

by Kathy Medved

Since the beginning of man, food and its preparation have always been popular subjects and cooking over an open fire has always added to its magic. We will step into the boots of some of our greatest outdoor cooks, none other than the American cowboy, and take a look at what was cooking down their trails.

The cowboys packs were light and their equipment meager. Their food had to be quick and easy, and a lot depended upon skill and ingenuity. One of the most valuable foods they carried was Jerky. This was usually made from buffalo, elk, venison, beef, or pork. It provided quick nourishment and was an excellent method of preserving meats for the long cattle drives.

Jerky is easy, fun and a great way of preparing a snack to carry with you on back-packing trips.

JERKY

1 tablespoon salt
1 tablespoon onion powder
1 teaspoon garlic powder
1/2 teaspoon pepper
enough water to cover meat

Slice the meat into 1/8 to 1/4 inch strips with the grain and remove the fat. Avoid extra tough meats. If you use wild meat or pork, you must boil the meat slices just long enough to remove the red to insure against trichina. Marinate the strips overnight in a solution of salt, onion and garlic powder,

pepper and worchester-shire or tobasco sauce if you want hot spicy jerky. Drain marinated strips on towelling. Place on the wire racks of your oven so that no strips are touching or overlapping. Bake at lowest possible heat (warm or 200) with the oven door propped slightly open for 2 to 3 hours or until the strips are coal black and crack when bent, but do not break. You should place a cookie sheet or foil in the bottom of the oven to catch the drips. Jerky can be kept in sealed plastic bags or jars for at least a year with no refrigeration.

Another important food that was carried on those long trail rides was Indian Pemmican. It is still as valuable and easy to make today as it was then. Pemmican in the old days was made of jerked buffalo meat, all kinds of nuts and berries, and honey if it was available. Usually it was carried in a small leather pouch. We can enjoy this today with a recipe for modern Pemmican.

PEMMICAN

8 oz. dried beef or jerky
8 oz. raisins
8 oz. unroasted peanuts or pecans
dried blueberries, chopped apricots and peaches to taste
2 teaspoons honey
4 tablespoons peanut butter
3/4 teaspoons cayenne pepper

Break up meat and crumble. Pound the meat into a powder or grind using an electric blender.

Add raisins, dried blueberries, chopped apricots, peaches, pecans and peanuts. Heat honey and peanut butter to soften it, then blend into the mixture. Add the cayenne pepper and make sure it is worked thoroughly through the mixture. If you want to go completely natural, pack the mixture into sausage casings (available at meat counters) or you can put the mixture into plastic tie bags. Keep in a cool, dry place and Pemmican will keep indefinitely.

A dish that brought all the cowboys in after a long day on the trail was the aroma of a thick, bubbly stew served with a stack of golden brown biscuits. It was an excellent way to use up leftovers and usually contained a variety of meats and vegetables. The intermingling of the juices produces a most enticing flavor and is easily captured in our own kitchens or around our campfires.

STEW

1/2 cup flour
1 teaspoon salt
1/4 teaspoon pepper
about 2 pounds beef stew meat cut into cubes
2 tablespoons shortening
about 5 1/2 to 6 cups of water
4 medium potatoes, pared and cut into 1 in. cubes
1 medium turnip cut into 1 inch cubes
1 medium onion thinly sliced
1 green pepper diced
1 1/2 cups sliced celery
1 10 oz. pkg. frozen corn
1 10 oz. pkg. frozen baby lima beans



1 tablespoon salt
1/2 teaspoon pepper coarsely ground
1/2 teaspoon oregano
1 bay leaf
2 beef bouillon cubes

Mix flour, 1 teaspoon salt and the pepper. Coat meat with the flour mixture. Melt shortening in large skillet; brown meat thoroughly. Add water; heat to boiling. Reduce heat; cover and simmer 2 hours. Stir in remaining ingredients. Simmer 30 minutes or until vegetables are tender. If a thicker stew is desired, shake together 1 cup cold water and 2 to 4 tablespoons flour until blended. Stir into stew; heat to boiling stirring constantly for 1 minute.

Tech Eyes Windmills As Energy

ATLANTA -- NASA is looking into the use of windmills to generate energy.

Funded by NASA through the Engineering Experiment Station at Tech, the project will study windmills as sources of mechanical energy as well as electrical energy."

Dr. Peter Sassone of Georgia Tech's College of Industrial Management says the first phase of the program will be the development of a cost-benefit manual. Then the manual will be used to evaluate various types of wind energy systems. "In this way we can determine social costs and social benefits too," he added.

Two general types of wind energy systems are being considered, Sassone explains. "One system involves setting up windmills to feed electrical power directly into transmission lines called power grids.

"The second system could be developed for use in isolated for remote areas where conventional means are too expensive to establish."

According to the Tech economist, the social benefits are fairly easily defined. "There is no pollution problem, windmills would save conventional fuel, and conventional energy systems would benefit from the maintenance standpoint since they wouldn't have to be used as much.

"It must not be forgotten, however, that the wind does not blow continuously. Ways must be found to store wind energy. So far, this is an extremely expensive process. This is where social costs come into the picture."

Sassone looks for definitive results within the next three or four months.

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INTRAMURALS GET UNDERWATER AGAIN

by Jim [Scoop] Turner

Intramurals at KJC will begin again with a wide and varied amount of activities scheduled.

Two of the most popular events will be the yearly basketball competition and a new sport, innertube basketball which incidently has already sparked interest from faculty and student groups.

Basketball teams will be forming for a tough season of hardwood action with a championship play off tournament at the end of the season.

It's hard to describe innertube basketball. But briefly, the game is played in the KJC pool using 6 players on a team, 3 girls and 3 dudes. The

object is to score from a sitting position in a tube. Scoring points are given to the team after each goal...2 points if a girl puts it in the hoop and 1 point if a guy connects. It's got to be one of the fastest growing sports on compus with at least 5 faculty teams already organized and several student teams practicing.

Make plans now to form a team for both of these sports or join one of the newly organized teams for intramural sports.

More information on these and many other planned intramurals can be obtained through contacting Dr. Susan Hudson, Howell Swain or Pat Loyd in the P.E. department.



MY FAVORITE THINGS

Continued from Page 15 about the best chef in the world with a heart of gold named Williams.

There's very tall, very humble Dr. Sturgis who seems unruffled by it all.

There's lovely Joanna and Dean who is so kind to call us to the phone. I envy their little coffee break nook in the Book Store.

Smiling dark haired Money keeps everybody's money straight.

There's Debbie with the beautiful smile. She didn't mean for her hair to be cut that short, but she looks great.

There's the tall black young man named Harvey who can draw your picture so well.

Put it all together and it's what I see from my side of the Snack Bar counter. Now I carry this to the cute little girl with granny glasses so that she will print it in THE SENTINEL.



The Counseling & Placement Office is located in the Humanities Building, Room 216. Phone extensions 203, 204.

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SNACK BAR PRICES STILL LOW

If you've been to the grocery store lately, then you know that the price of food continues to climb almost daily.

Yet in spite of spiraling food costs, the Snack Bar at KJC is holding down their prices and still offering a total across-the-board 15% reduction in their pricing policy.

Director of Auxilliary Enterprises Bob Eisenhardt has instituted weekly menus which list the daily luncheon specials. These menus have been revised in the interest of further saving you money. Instead of full course meals, the Snack Bar now offers combination plates - a hot sandwich with vegetables.

"If we can increase the volume of hot lunches sold daily," Eisenhardt explained, "we can keep our prices down. Food prices are fixed. We have to pay

whatever the current price is on a case of beans, whether we like the price or not. But what we can control is the labor that goes into preparing the food. Now if we can cut down on our labor costs, then we can keep our prices down.

"For instance, if we know we can sell 150 combination plates in one day, we can prepare 150 combination plates at one time. However, if we have to prepare that many dinners three different times, our labor costs triple - which gets passed on to the customer."

Eisenhardt added that a la carte items are also available, though they will not be the great bargain that the combination plates are.

The weekly menus are available in the Snack Bar.

THE SENTINEL is now accepting applications for:

- Editor
- Managing Editor
- Business Manager
- Photo Editor
- Business Machine Engineers [typists]
- Creative Writers
- Artists
- Photographers
- Reporters
- Inferior Decorators
- Etc.

Footsy down to our office in the Student Center for a rap session. Or put your finger into action by calling 422-4060. Put your life into our hands — we'll give you something to do.

PROGRESS REPORT

Ye Olde College Annual Is Changing Or Fading

The old college annual which alumni delight in reminiscing over is undergoing change and sometimes fading from the scene, according to a survey of University System of Georgia institutions.

Rising production costs, changes in student interests and other problems have forced some annuals to fold. Others have reduced their size, changed their format or made other changes in order to stay in business, so that colorful names such as "Pandora," and "Aesculapian" still dot the college scene in Georgia.

Editors of the 1886 "Pandora" at the University of Georgia claimed that it was the second college annual ever issued in the South "and the very best ever published in Georgia, because it is the only one the state has ever afforded."

Some modern students disagree, but the first Pandora editors claimed, "There is no better way in which to preserve college records and to indicate progress than through annuals."

Since its founding, Pandora has gone from paperback to hard cover as its format, from fraternity representatives to the University as its publisher and from private sources to student activity fees to subscriptions as its funding.

The name came from mythology's Pandora's box. Thomas Walter Reed speculated in his "History of the University of Georgia" that the imps from the box "were being let loose on the faculty members and certain students who perchance had fallen under the condemnation of the editors."

The first letters of The Abraham Baldwin Agricultural College gave that junior college's annual its name, "TABAC."

Its previous names were "The Aggie," dating back to the 1920's when the Tifton institution was the Second District Agricultural and Mechanical College; "The Spectrum," beginning in 1923 at the school known as South Georgia A & M College, and "The Rambler," beginning in 1930 at the school known as Georgia State College for Men.

Brunswick Junior College's "The Crest" got its name from the cresting waves of the nearby Atlantic Ocean. It has been published each year since the institution opened in 1964. Its format has varied between hardback and paperback

and its publication between annual and quarterly.

"The Montage" is designed to represent a "composite whole pieced from the lives of students who, for a time, form the nature of Kennesaw Junior College."

Sober blues and greens, pastels, a red apple and a royal blue bird have been on some of the covers since publication began when the institution opened in 1966 near Marietta.

Students so far have indicated a preference for continuing the present hardback cover, but a new survey is underway.

"The Rainbow," a combined yearbook of The Junior College of Augusta and The Academy of Richmond County, was published 1927-1957. The first editors named it so because they "thought of the Junior College and the new home for the Academy as constituting a bow of promise for greater Augusta, as well as a goal of past hopes."

When taken into the University System in 1958, the name of the junior college was changed to Augusta College and the yearbook became "White Columns," for the architecture on the one-time homes of the commandant and vice commandant of the old Augusta Arsenal where the college is located.

"Nocturne" launched Georgia State University's yearbook effort in 1935, when it was a part of the University of Georgia.

Since 1945, it's been the "Rampway," named for the ramp which remained after a parking garage was converted into Kell Hall.

Even though some students want to abandon the yearbook, Dr. Kenneth England, English professor and former Dean of Students, says, "I believe the students will want to have a record of GSU."

Gordon Military College produced the "Pounder" and "Taps" from the early 1900's to 1972, when it came into the University System as Gordon Junior College at Barnesville. Students produced a soft cover "Viewbook" last year and are testing the market this year to determine if a yearbook can be started next fall.

"The Centurion" graced the Clayton Junior College campus during 1973 and 1974, but declining student interest and staffing problems led the Student Affairs Committee not to recom-

mend funding for 1975.

A bi-monthly publication, "The Bent Tree," and a literary magazine, "The Clay Tablet," are being published, however.

The Medical College of Georgia quite appropriately has the "Aesculapian," named for Greek mythology's Aesculapius, who was the son of Apollo, the god of health. Hippocrates, the father of medicine, was his descendant.

Until 1948, the then University of Georgia School of Medicine combined its efforts with the University. In 1948, it had its own, switched back the next year, and then again went on its own in 1950.

The "Technician's Log" appeared on the Southern Technical Institute's campus in 1949 after a naming contest. Wade Woodward was its art editor and his sister, Joanne, now known as Mrs. Paul Newman, was his sponsor.

"Technician's" disappeared from the title in 1962, returned the next five years and disappeared again in 1967, never to have been heard from again.

"Le Resume" appeared in 1928 and disappeared after publication the next year at Georgia Southwestern College at Americus, then known as the Third District Agricultural and Mechanical School.

In 1939, a naming contest produced "The Gale" and ended the yearbook drought

at the institution where Southwestern winds is the theme. The theme has dominated the covers, except for the patriotic scenes of the war years.

Albany Junior College had a yearbook, literary magazine and a student newspaper from 1966 until 1971, when a faculty-student committee proposed a "more immediate" type publication to meet the needs of part-time and full-time students. Mode (not a fad - always something in mode) resulted, appearing monthly with timely articles and art. Thirty-four students comprise the present staff.

Macon Junior College went out of the hardback annual business after two years and began publishing soft back pictorials in 1972 with the same name, "SAGA."

Floyd Junior College published a paperback "ELYSIUM" in 1973, went to hardback in 1974 and then killed the publication. There is a possibility it can be resurrected next year, if

interest and funding can be revived.

Georgia Tech's "Blue Print" retired the Scholastic Press Association's All-America trophy after winning top honors three straight years through 1932. It's named for Tech's unique educational mission and its standing as the only Georgia institution offering architecture and engineering.

"Pine Cone" appeared on the Valdosta State College, then Georgia State Women's College at Valdosta, in 1925, commemorating the towering pines and woody atmosphere on campus.

The "Chieftain," drawing on the Indian heritage of West Georgia College's location at Carrollton, appeared in 1934, disappeared in 1938 for unknown reasons and reappeared in 1939.

Interest and budget have varied over the years, but now there's renewed interest. Twice as many students are having their pictures taken this year for use in the Chieftain.

Dalton Junior College published "Chaparral" from 1968 to 1971, the last edition being a 52-page softcover publication, but lack of interest to its demise. Its name came from the Chaparral cock, The "Roadrunner," which is the college's nickname.

A yearbook has never gotten off the ground at Bainbridge Junior College, which opened in 1973.

Lack of interest and funds, the bugaboo of most college annuals, were given as the reasons.

GSU Offers Watergate

ATLANTA -- With the presidential pardon of Richard Nixon in the near past and the Watergate cover-up trial now in process, a political science professor at Georgia State University has developed a course to consider the legal and constitutional problems brought about by the Watergate events.

Dr. William Thomas, considered an expert on Watergate because of his background in judicial process and civil liberty, decided to offer the course because "Watergate is one of the most important political phenomena to take place in a long time...and I thought a course ought to be taught at a stage when interest was at a peak."

Thomas hopes to bring about a better understanding of the American political system and how it functions through a close-up study of the elements that make up the nearly three years of Watergate.

"The question of 'Is im-

peachment a political or criminal action?' was something the American public had never considered before Watergate," Thomas said. "Most people thought of impeachment in terms of taking criminal action against the president or having the president thrown out of office. Because of the media attention has been given to the subject, so that now the public has a general understanding of what impeachment means."

Thomas suggests that it is possible for political corruption of the type witnessed in Watergate to be so systemic that it is beyond the power of the law to control. His students will research this hypothesis and attempt to reach some conclusions regarding its validity.

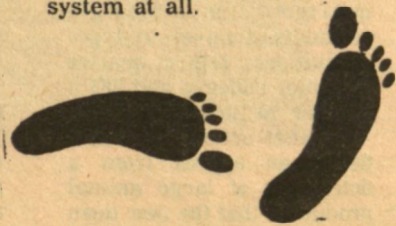
No textbooks will be used in the course. Instead, Thomas will rely on a variety of government documents relating to Watergate, including transcripts of court proceedings from the cover-up trial, the case record of the U. S. vs Richard Nixon, and records of the House Judiciary Committee's impeachment proceedings, plus current literature on Watergate.

Thomas will deal with four key events in Watergate: The tapes case, the impeachment proceedings, the cover-up trial and the presidential pardon. A student need not have a thorough knowledge of the events, but an elementary knowledge of American politics is required to enroll in the course.

The role of the press in uncovering the Watergate affair will be discussed, as well as the affect that Watergate has had on campaign laws and the recent elections. Thomas also hopes to bring in speakers who were directly involved with Watergate at one time, so that students can put their questions to first-hand observers of the situation.

"Watergate: Its Legal and Constitutional Implications" is an experimental course, and even though Thomas is considered to be an expert, he ways it will be a learning ground for him as well as his students.

He wants students to leave the course with a better knowledge of how the political system actually works and, in addition, come to some realization that it is important for the individual to participate in order to have any affect on that system at all.



YOUR TUITION DOLLARS AT WORK



PROGRESS REPORT

Regents Mull Tuition Hike

ATLANTA -- Inflation may cause a tuition increase in the University System of Georgia's 31 institutions, but it will not be a "dramatic" one, the System's Board of Regents has been told.

Regent Lee Burge of Atlanta told the Board last week at its monthly meeting here that the 3-to-1 ratio of state funds to tuition that the System tries to maintain is shifting and likely will be about 4-to-1 during the next fiscal year if tuition isn't increased.

Chairman Charles Harris of Ocilla told members that "We're not talking about a dramatic increase."

Chancellor George L. Simpson Jr. said he will make a recommendation to the Board in January which, if approved, would go into effect for the fiscal year beginning July 1, 1975.

It has been three years since tuition was increased. The present rates are \$145 a quarter for Georgia residents at university-types institutions; \$115 a quarter at senior colleges and \$85 a quarter at junior colleges.

In other action, the board heard an appeal from a delegation of large animal producers that the new dean

of the University of Georgia's College of Veterinary Medicine be "large animal oriented."

The Student Advisory Council, composed of representatives from each System institution, recommended that the Regents approve an intercollegiate sports program for the system's 15 junior colleges.

Dr. C. C. Murray, the Board's Director of Interinstitutional Programs in International Affairs, announced his retirement as of Jan. 1, but said he would continue to serve without pay until his replacement was named.

Dr. Dale E. Bockman, professor of anatomy at the Medical College of Ohio at Toledo, was approved as professor of anatomy and chairman of the Department of Anatomy at the Medical College of Georgia effective Feb. 1.

Cooperative programs between Atlanta Junior College and Atlanta Area Technical School were approved in 29 fields. The junior college will provide about three quarters of general education courses and the technical school

about three quarters of technical courses. Upon completion, the student will receive an Associate of Applied Science degree.

The junior college also was authorized to offer two-year Associate of Science degrees in aviation administration, business management, criminal justice, mental health, recreation, rehabilitation services, social services, teacher assistance (elementary) and teacher assistance (secondary). It was approved also to offer an Associate of Arts degree in library and media assistance.

Fort Valley State College was authorized to offer a Master of Science degree in vocational rehabilitation counseling. Student housing fees there were hiked from \$105-\$115 to \$120-\$135 a quarter; food service for 21 meals a week from \$155 to \$165 a quarter, for 15 meals a week from \$145 to \$157 and for student health from \$7 to \$12 a quarter.

The Georgia State University Library will be named after Librarian William Russell Pullen, who died Oct. 23.

The next Board meeting will be held Jan. 8, 1975 in Atlanta.

Astronomy Popular At Units

The University System of Georgia is quick to respond to increased public interest in certain areas, even if those areas are out of this world.

Following the wide publicity of the space program in the sixties, and the increasing interest in such things as astrology during the first half of the seventies, several institutions in the System began classes in astronomy.

Some of the classes are public service classes open to the general public, while others are full-credit courses composing part of the school's science curriculum.

Most of the astronomy teachers in the University System agree on the two main things the students learn from the classes.

First of all they learn the concept of the earth's size and location in reference to the rest of the solar system. This realization of being just a part of the whole seems to have a profound effect on many students.

The second thing most of the teachers mention, and the one thing all agree on as being the most important practical application of astronomy, is the students ability to understand the words and concepts that have moved from the science books on to the front pages of our papers and the screens of

our televisions.

A third element, and the one that is probably most responsible for the success of the astronomy programs, is very simply the students have fun.

The whole experience of standing under a clear winter sky becomes even more meaningful when the stars which had been strangers have become such friends as Orion and Scorpion.

One invaluable tool used at Georgia Southern College in Statesboro and Valdosta State College is the planetarium.

The planetariums at these two institutions serve many purposes, as they are used for astronomy classes, public shows and special presentations.

Georgia Southern also offers a course in planetarium operation. In this course the students learn to operate the intricate mechanisms of the planetarium as well as how to design, prepare and present their own celestial programs.

The planetarium offers students a luxury afforded other lab sciences, in that they can actually manipulate the movement of the heavenly bodies.



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