

SOUTHERN POLYTECHNIC STATE UNIVERSITY'S STUDENT NEWSPAPER

THE STING

Volume 68, Issue 1

February 5, 2013

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**“WE PUSH TO CREATE
A STING THAT SETS
PRECEDENTS FOR
YEARS TO COME”**



FINAL SAY

By Randy Brown Jr.

I AM NOT SUPPOSED TO BE HERE, AND IF YOU FOLLOW THIS PATH I'LL TELL YOU WHY.

I remember the first time I picked up a student newspaper here at SPSU. It was in the middle of the spring 2011 semester. I viewed the paper, gave several rash remarks, and threw it somewhere in the corner of my studio space. I was an architecture student then, and far from where I am now.

In the summer of 2011, I made the decision to switch from Architecture to English & Professional Communication. Many factors went into making the decision, but one factor primarily stood out: I wanted to make an impact in the ETCMA department. It was not, and still isn't, good enough for me to simply switch majors and sign-up for classes. I was determined to take part in something that could affect SPSU for years to come.

I started off at The Sting as a writer in the fall of 2011. I submitted poems in the beginning. Over time I contributed to the Sports, Features, and Opinions sections. A series of my short stories were featured in several issues as well, courtesy of our former Editor-in-Chief. I was eventually promoted to Copy Editor in the spring of 2012 followed by Managing Editor in the summer of 2012.

I am an example, living proof,

with dying hard drives. Seeing color in the newspaper was nonexistent, the layout was inconsistent, and our goals for improvement were nowhere to be found. With the help of former Editor-in-Chief, Vicki Nix and Faculty Advisor Jeff Greene, The Sting has changed for the better.

My job, as Editor, is to take The Sting to new heights. The Sting is not just print media, it is New Media. I envision a website where students may go to engage in topics and events that are of their interest. I envision social media sites that relay last minute announcements to students concerning on campus events. I envision a video production team that posts video blogs about campus happenings, such as SGA General Body meetings. This is news media. Student enrollment is up, this university is growing, and so is its campus newspaper.

Students from the English, Technical Communication & Media Arts Department will play a vital role in building a solid foundation for The Sting's future. I offer all students, no matter their major, a stage to profess their talents. Practice means everything; your employers will be impressed. I offer all student organizations an outlet. The Sting is here to serve you. If you have news

that you can accomplish any goal that you have set for your life. I mention that I am not supposed to be here, because in the spring of 2009 I was not accepted into Southern Polytechnic State University. I dropped out of school in 2005 and worked around the city of Atlanta in the years that followed. It was a dead end job in Forest Park, Georgia that encouraged me to be more than I was...because I was.

Not being accepted was a humbling experience. It would've been easy to give up, but I had already set my mind to do more, to be more. I applied to Georgia Military College and started from scratch, almost. My frustration with being rejected pushed me to prove SPSU otherwise. I reapplied for admission into SPSU in the spring of 2009 and was accepted.

We are not supposed to be here, and if you follow this path I'll tell you why. I remember my perception of The Sting before I joined: no credibility, not appealing to students, no presence on campus, and no solid infrastructure. Upon joining The Sting, we had no official with a specific role and responsibility; no Treasurer or Advertising Manager. We had outdated cameras, no external hard drives to backup files, and still have desktops in our office

that needs to get out, let us know. If you're Greek and recruiting, let us know; we will get the word out.

Because I am not supposed to be here, I am humbled by our progress. I am honored to be the leader of such great people, not just students. Because we're not supposed to be here, we push to create a Sting that sets precedents for years to come. A media movement is beginning on this campus. ETCMA students want to be more involved with this publication and I strive to make that happen. Applying what's learned in class to your prospective field is what education is all about.

The Sting's 2013 staff will set a standard that staffs in the future will have to follow. Years from now, there will be a newspaper staff that is privileged to have office computers that function properly, support from corporate sponsors, newspaper stands in every building on campus, and a name that holds power when it is spoken. This current staff builds towards that day now.

My name is Randy Brown Jr. and I am Editor-in-Chief of The Sting, Southern Polytechnic State University's Student Newspaper.

NEWS

CHRISTOPHER HARRIS

*News and Opinion
Editor*

A NEW FLIGHT SIMULATOR TAKING FLIGHT

By Vicki Nix

SPSU STUDENTS HAVE A NEW TOY THAT WILL HELP ADVANCE ENGINEERING CAPABILITIES ON CAMPUS. A NEW FLIGHT SIMULATOR HAS BEEN INSTALLED, AND WILL BE USED TO TEST FLIGHT EQUIPMENT MODIFICATIONS.

This simulator is not used to teach pilots to fly, but to teach engineers the real world effects of design modifications that they make to planes. Adeel Khalid, Ph.D., Assistant Professor in Systems Engineering invited me to check it out. I was excited to see this \$100,000 piece of equipment and ready to take photos and get the story.

He asked if I wanted to pilot it out of Hartsfield-Jackson. Are you kidding me? Yes! A little more than a video game experience, I took flight. Although it was a little nerve racking, I managed to fly it well. Well, until I had to land. Landing is certainly a skill best learned in a simulator. Southern Poly is fortunate to have such a cool tool that allows us to be on the cutting edge

of research and engineering. The aerospace department uses the simulator, however it is open to everyone to come and fly Monday-Wednesday from 1pm-2pm.

“THIS SIMULATOR IS NOT USED TO TEACH PILOTS TO FLY, BUT TO TEACH ENGINEERS THE REAL WORLD EFFECTS OF DESIGN MODIFICATIONS THAT THEY MAKE TO PLANES.”



WHO WE ARE AND WHAT WE DO THE AERIAL ROBOTICS TEAM

By David Haffner and Aaron Johnson

We are the Aerial Robotics Team at Southern Polytechnic State University.

The Aerial Robotics Team is designing and building a specialty quad-copter that will compete against teams from schools like Georgia Tech, MIT, and the University of Michigan. The International Aerial Robotics Competition (IARC) challenges top engineering schools with a “covert mission.” Our current mission is to design a vehicle that will enter a building, map its layout, locate

and remove a “top secret” flash drive, and get back out without setting off laser, pressure, and other security measures. One slight problem: all of this has to be done without a human pilot!

Preparation for this mission takes an organized effort spanning multiple majors of study; new technologies; and good old-fashioned hard work. Building our competition quad-copter forces us to develop new or specialized technologies. Multiple vehicles (helicopters, quad-copters, r/c cars, and others) are built,

modified, and redesigned to test potential technologies. These projects give members the opportunity to develop new skills, techniques, and ideas.

“BUILDING OUR COMPETITION QUADCOPTER FORCES US TO DEVELOP NEW OR SPECIALIZED TECHNOLOGIES”

Education is paramount to the success of the Aerial Robotics Team. Team members can be trained from the ground-up to work with these industry-standard technologies. More than that, the AR Team encourages all education in the math and science fields. We are part of a larger body of knowledge and love to take part in events that encourage youth in engineering, math, and sciences.

Anyone looking forward to graduation knows about competition in the job market. Skills learned on the Aerial Robotics

Team are in such demand that team-members, without even applying, have been contacted by Fortune 500 companies and asked to interview for available positions.

Stop by sometime and see the Aerial Robotics Team in action. We’re located down in the “O” building behind the Civil Engineering building. But that hasn’t slowed us down. Come and join the largest student organization as we showcase Southern Polytechnic State University’s growing position in the engineering world.

PI KAPPA PHI'S ANNUAL BIKE-A-THON A THANK YOU

By Christopher Harris

If you walked by the Student Center sometime between 10am January 9th to 10am January 10th you may have noticed someone riding a bike. This was not just for exercise, but a fundraiser for Push America.

Push America is the philanthropy of the Pi Kappa Phi fraternity, which was started in the 1970's to help people with disabilities. In addition to raising money,

the volunteers of Push America go from city to city to build ramps and handicap-accessible playgrounds.

Where does the bike come in? One of the biggest fundraisers that Push America has is called Journey of Hope, which is a cross-country bicycle ride that begins in San Francisco and ends in Washington D.C. There is a smaller version called Gear Up Florida in which participants bike across

the state of Florida. Biking is a common theme among Push America fundraisers.

This semester was no different. Pi Kappa Phi camped out in front of the Student Center, where people rode a stationary bike for 24 hours. Some people, understandably, didn't believe that they would actually follow through with it. When they showed up the next morning, though, they noticed that the Pi Kapps

were still there!

All-in-all, Pi Kappa Phi raised over \$400 in donations! As a member of Pi Kappa Phi, I'd like to thank all of you who took the time to stop and donate, and I know the people helped by Push America thank you too.

Want more information about Push America? You can find out more at: <http://pushamerica.org/>

**“THIS WAS
NOT JUST FOR
EXERCISE, BUT A
FUNDRAISER FOR
PUSH AMERICA.”**



NEWS

SPSU MOTORSPORTS A MODEL FOR ALL

By Kevin Van Der Horn

The SPSU Motorsports organization at Southern Polytechnic State University was founded in 1992. SPSU Motorsports is basically Southern Poly's Formula SAE team. Formula SAE is like the college version of Formula 1. Students research and design a new vehicle for their annual Formula SAE competition each year. Formula SAE is an international organization with colleges in Canada, Australia, Europe, and the U.S. having teams. Students in SPSU Motorsports will first

work on the design aspect of the vehicle they want to make. A CAD software program is what is utilized to get the fine details drawn. Then the schematics of the vehicle will be sent to a company to get metal pipes cut to very specific measurements and sizes for the vehicle. Then, students in SPSU Motorsports will weld the pipes together to make the frame of the vehicle.

Next, some other components of the vehicle will include: the composites of the frame body, the motor, wiring, fuel intake, fuel economy, etc. Marketing

“SPSU MOTORSPORTS IS ONE OF SOUTHERN POLY'S ORGANIZATIONS THAT TRULY SHOWS THE RIGOR OF COMPETITIONS AND ENGINEERING”

and public relations also play a key role in Motorsports. Seth Harris is this year's

president of the organization. The team usually competes in one competition each year that takes place in Michigan in May. But this year, it worked out that the team will actually be competing in two events this year. Not only will they be competing in Michigan in May, but they will also be competing in Lincoln, Nebraska in June. A lot

of hard work goes into constructing the vehicles that they make in Motorsports but it is very rewarding as everyone in Motorsports is passionate about what they are doing. Nothing is like the satisfaction one feels when they see their finished product. SPSU Motorsports is one of Southern Poly's organizations that truly shows the rigor of competitiveness and engineering that students at this school can take on.



PRE-TITLE

RESTRICTOR'S OPTIONAL EVENT

By Kevin Van Der Horn

ON THE 5TH OF JANUARY 2012, SPSU MOTORSPORTS HOSTED THEIR FIRST EVER RESTRICTORS' OPTIONAL EVENT HERE ON CAMPUS. THE WHOLE EVENT WENT REALLY WELL, THANKS TO ALL THE MOTORSPORTS GUYS THAT WORKED EXTREMELY HARD THROUGHOUT THE EVENT.



“THE TEAMS COMPETED AGAINST EACH OTHER IN A SERIES OF CONTESTS THROUGHOUT THE DAY; THE FIRST OF WHICH WAS THE DYNO CHALLENGE.”

Oscar Harrell, the Public Relations officer of SPSU Motorsports coordinated the whole event and did a fantastic job.

SPSU Motorsports is SPSU's Formula SAE team. Formula SAE is an international organization. It is essentially the collegiate version of Formula 1. SPSU hosted teams from five schools the day of the event. Mississippi State University arrived the night before the event and got to hang out with the guys from SPSU's team in their shop. The shop, located in the Q-building, is where the team keeps most

of their tools, work on their cars, and design the cars. The shop also serves as a place for teammates to hang out and talk cars.

The other four schools there were Clemson University, North Carolina State University, Georgia Southern University, and Georgia Tech. The teams competed against each other in a series of contests throughout the day; the first of which was the Dyno Challenge. Each team had the chance to do three pulls on SPSU Motorsports' DynoJet chassis dynamometer located in the O-building. The

horsepower of each pull was recorded and the team that put out the most horsepower won that challenge. The next contest was the Skid Pad challenge. Each team did a timed lap in a figure eight course located on the T-lot parking lot. The team with the fastest time won the contest. The third contest of the day was Endurance. On a track course put together on the Machinists Union parking lot, teams first competed in five timed laps around the course. Next, they competed in ten timed laps around the course. The last contest, Time Attack was

a team's single best time for one lap around the course. The results: NCSU came in first with 18 points, Clemson came in second with 16 points, and Georgia Southern came in third with 13 points. A huge thanks to SPSU's Paintball Team for providing the food that day, a big thanks to Forged for sponsoring the Dyno challenge and bringing out a couple Nissan GT-R's, also a big thanks to Deuce Moto Customs and Marietta Motorsports for supporting the event, and finally a thanks to Kevin Starks, SPSU Motorsports' faculty advisor.

This event SPSU Motorsports hosted was very important for a number of reasons, those being, it gave Formula SAE teams from other schools a chance to exchange ideas in a friendly setting, it showed those at other colleges and people in the community what kind of event SPSU is truly capable of putting on, and the event really put SPSU's name out there. Most importantly, this event illustrated the high level of professionalism, expertise, and engineering that the members of SPSU Motorsports operate on.

NEWS

ALPHA RHO CHI ON THE MOVE

By Jorge Saravia



APX (ALPHA RHO CHI) WAS FOUNDED ON APRIL 11, 1914, WITH THE JOINING OF SIGMA UPSILON AT THE UNIVERSITY OF MICHIGAN AND THE ARCUS SOCIETY AT THE UNIVERSITY OF ILLINOIS TO FORM A NATIONAL FRATERNITY FOR ARCHITECTURE AND THE ALLIED ARTS.

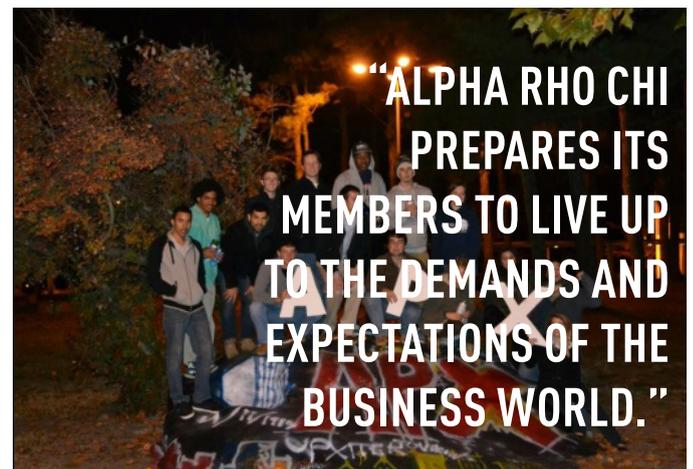
APX is a coed Fraternity that will allow the men and women in the architecture program and the allied arts, to come together and share common goals here at SPSU. This program goes far beyond the social and networking advantages of most fraternal organizations. One of our main goals is to have available materials and technology resources for the students. Also we will work towards organize educational trips, participate in design competition, and get involved in community services to further strengthen our learning experience and build an even stronger family in our architecture and art departments here at SPSU. Alpha Rho Chi prepares its members to live up to the demands and expect-

tations of the business world. Members learn to live and work with other people and to share experiences and ideas, developing principals of leadership, service, communication and human relations. Mentoring will aid students in their journey and obstacles throughout their program as well as create new friendships outside of their immediate surroundings in hopes to keep students excited and motivated about their work and the program that they hope to be successful in.

The APX colonization has taken place in the weekend of January 12-13, 2013. Now that we have been marked as pledges of APX we have moved into House 9 in the Greek Columns here on campus, where we have fourteen students living.

This house holds as not only a place of living and socializing but also a studio space where students can come and work/model with the materials available 24/7 access exclusively for APX members only.

We hope to become the official Polyidus Chapter in the year 2014, during this time period we will be attempting to achieve many tasks including: philanthropist events, on /off campus installations, alumni recognitions, recruitments, etc. Other schools are fighting for their official colonization and eventual initiation; some of these schools include our close friends in Georgia Tech, University of Minnesota, Clemson University, and the University of Maryland.



GREEK LIFE

WHAT IS TOTAL FRAT MOVE?

By Christopher Harris

More than likely, if you aren't Greek, you don't know anything about the "Total Frat Move" community. It's a satirical website about Greek life, portraying the various behaviors of fraternity men. But if you do know what Total Frat Move (TFM) is, then you know how influential it can be.

In addition to the newly released book, TFM is also beginning production on a movie! Slated to start filming this Fall and with a tentative Fall 2014 release date, the movie promises to be the next big movie since Animal

House. Starting February 1st and lasting the whole month of February, you can play your part in making this movie one of the greatest films of our time. Through Indiegogo, you can make (financial) pledges, which also gets you access to some cool, exclusive stuff. When you make the pledge, make sure to leave a comment with SPSU100 in it!

If you would like further information, such as what some of the awesome gift packages you can receive, contact Christopher Harris at charis@spsu.edu with the subject line "TFM Movie Question".

GRANDEX TOTAL FRAT MOVE TOTAL SORORITY MOVE ROWDY GENTLEMAN POST GRAD PROBLEMS

TFM

TOTAL FRAT MOVE

THE WALL PHOTOS COLUMNS VIDEOS NEWS DISCUSSIONS SWEETHEARTS SUBMIT SHOP

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PROMOTED POST

Trying to work a weekend bartender into the house budget. TFM.

Posted by [FratDakota](#) 1 hour ago

Nice Move 36 Comments 10 North Dakota

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Valentine's Day Gifts



THE WALL PHOTOS COLUMNS VIDEOS NEWS DISCUSSIONS SWEETHEARTS SUBMIT SHOP

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Trying to work a weekend bartender into the house budget. TFM.

Posted by [FratDakota](#) 1 hour ago

Nice Move 36 Comments 10 North Dakota

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"No, you hang up first!" ...*click* TFM.

Posted by [mjscott4](#) 1 hour ago

Nice Move 56 Comments 7 Illinois

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Sobriety making me do things I normally wouldn't. TFM.

Posted by [Bromentum Builder](#) 2 hours ago

Nice Move 74 Comments 8 Idaho

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The feeling of pride when you overhear the pledges refer to initiation as the modern-day Emancipation Proclamation. TFM.

Posted by [Bro On the Fratio](#) 2 hours ago

Nice Move 49 Comments 2 Ohio

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The look of despair in the pledges' eyes when they hear the cheery "Good morning" of the pledge master before the sun comes up. TFM.

Posted by [RedWhiteAndBlue1776](#) 2 hours ago

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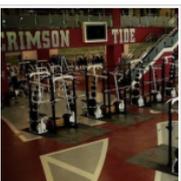


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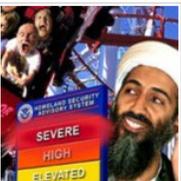
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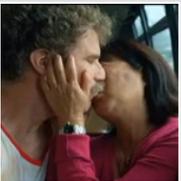
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OPINION

ALL YOU NEED IS LOVE:

COPING WITH TODAY'S THROWAWAY SOCIETY

By Maria Guerra

ALVIN TOFFLER, AMERICAN WRITER AND FUTURIST, SAID: "THE UNITED STATES IS AND WILL GROW TO BE MORE OF A 'THROWAWAY' SOCIETY. A THROWAWAY SOCIETY IS ONE IN WHICH RAPIDITY AND TRANSIENCE ARE OF SUCH IMPORTANCE THAT WE BEGIN TO SEE ALL ASPECTS OF LIFE IN 'THROWAWAY' TERMS (INCLUDING OUR INTERPERSONAL RELATIONSHIPS)."

Alvin Toffler, American writer and futurist, said: "The United States is and will grow to be more of a 'throwaway' society. A throwaway society is one in which rapidity and transience are of such importance that we begin to see all aspects of life in 'throwaway' terms (including our interpersonal relationships)."

We, unfortunately, live in a world and must I say in a country where everything is disposable. When things are disposable they are not valuable and consequently are easier to get rid of. How many things do you throw away every day? Usually the objects that find themselves in our trash cans started out as things that we needed for a brief amount of time. After we were done using them, they became worthless and therefore were thrown away becoming trash. Toffler is

comparing what I am going to call this 'throwaway process' to our interpersonal relationships.

When I first came across this quote the first thought that came to my mind was today's craze about 'hooking up'. For those who are not familiar with this modern term, hook ups could be considered brief relationships that require no commitment from those involved in them. The brevity of hook ups is what Toffler is talking about, among other things. Today, men and women of all ages consciously decide to become disposable objects that will sooner than later be thrown away.

What about having a conversation? Knowing a person's values, likes, dislikes, goals, etc.? All of these questions are ignored because they are no longer considered important or necessary. It seems pointless to act interested or even to ask



questions when the world is moving at such a fast pace and there is no time to lose. Society and television are helping instigate this type of behavior all the time, shows depict hookups and its many forms, and they are almost always seen as fun and spontaneous.

People who embrace having a throwaway society do not develop true relationships because there is simply no emotional investment from any of those involved in them.

John Lennon said this cliché but very accurate statement about love: "Love is like a precious plant. You can't just accept it and leave it in the cupboard or just think it's going to get on by itself. You've got to keep on watering it. You've got to really look after it and nurture it." If we want to build strong and honest relationships we have to start out by being committed, if not, how else will the relationship grow?

The reality is that we live in a fast paced world that is filled with busy people, peer pressure and stress.

However, in order to preserve relationships and develop new ones we must take the time out of our busy schedules to 'water' them like Lennon mentioned. I much rather perceive the idea of love in all of its forms as a growing plant than as a disposable item. What do you think?

"If we want to build strong and honest relationships we have to start out by being committed"

SPSU BONFIRE

BURN BABY BURN

“In between the Howell and Norton dorms we meet for an enjoyable event.”

By: Falyn Eaden

BURN BABY BURN; THAT COULD BE COMMONLY ATTACHED TO SPSU'S BONFIRE.

That's exactly what happened at SPSU's bonfire. The history of the event is still unclear to me but every year there is an organization that collects the trees that all the people get rid of once Christmas is over. Once they have collected what seemed to be thirty some trees, they put fire to them. Done completely safely I might add. So in between the Howell and Norton dorms we meet for an enjoyable event. Standing ten feet from the blaze of trees, I could feel the warmth of the flames hug my face. The brightness caused me to squint my eyes, while still maintaining a big smile

on my face. In that moment I experienced the feeling of comfort. And I was not alone. Many students came out to experience the same thing I did. With music blasting and a S'more station the bonfire made for a good social event on campus. People began to sit by the fire and interact with each other effortlessly.

There were organizations present adding new members and others playing games. It was really nice to see so many people out mingling. It was almost as though everyone had regressed into being kids again. There were no issues, or arguments. The bonfire allowed people to let loose and start enjoying themselves

however best suite them. From tossing the football, running around chasing one another, to getting as close to the fire as you could stand, were just a few of the acts seen on the site. The bonfire effectively warmed your heart and burned your worries. Be sure to experience it yourself next spring.

OPINION

BOOKSTORE FINDINGS

SPSU CONDONING CONDOMS

By Falyn Eaden

FELLAS, DON'T LET V-DAY BE THE DAY THAT CHANGES YOUR LIFE FOREVER. WHILE IN THE BOOK STORE SCANNING THE SHELVES FOR A GOOD SNACK I CAME ACROSS A REMARKABLE DISCOVERY.

SPSU sells condoms. For transfer students or students who are new, this is not a big deal. But for students who have been here a while it is a "No Way!" moment. Here is my theory for the addition of condoms to the bookstore's inventory. Bear with me...

A few years ago Southern Poly's girl enrollment was even lower than it is today. Its hard to imagine, but is true. Now let's be realistic, we live in GA, a no same sex state. Therefore Southern Poly wouldn't supply condoms because they were populated mainly with males (which would indirectly support same sex relationships), and if those males on campus needed condoms they were most likely going off campus anyway for their use, and could pick them up along the way. In the past few years Southern Poly has really been taking strides in improving female enrollment, and has been doing so with

great success. With more girls on campus, comes more sexual activity realistically speaking. Therefore Southern Poly takes a step to help its students do it responsibly.

Back to the point of this article: Valentine's Day is right around the corner. Don't let that day be the day you're unprepared. You have no excuse to be engaging in unprotected sex. Don't make Southern Poly's efforts be in vain. Purchase your condoms at the bookstore if you can't get to your preferred provider. And if you don't have the money to purchase condoms, then should you really be having sex at all in the first place? Happy Valentine's Day my fellow Hornets! Be safe, be responsible and be prepared!



Photo source: <https://www.facebook.com/photo.php?fbid=543930575632028&set=a.161756023849487>

SPSU STUDENTS EXPOSING SOME SKIN

WHEN IS A LITTLE **TOO** MUCH?

By Sharon Roberts

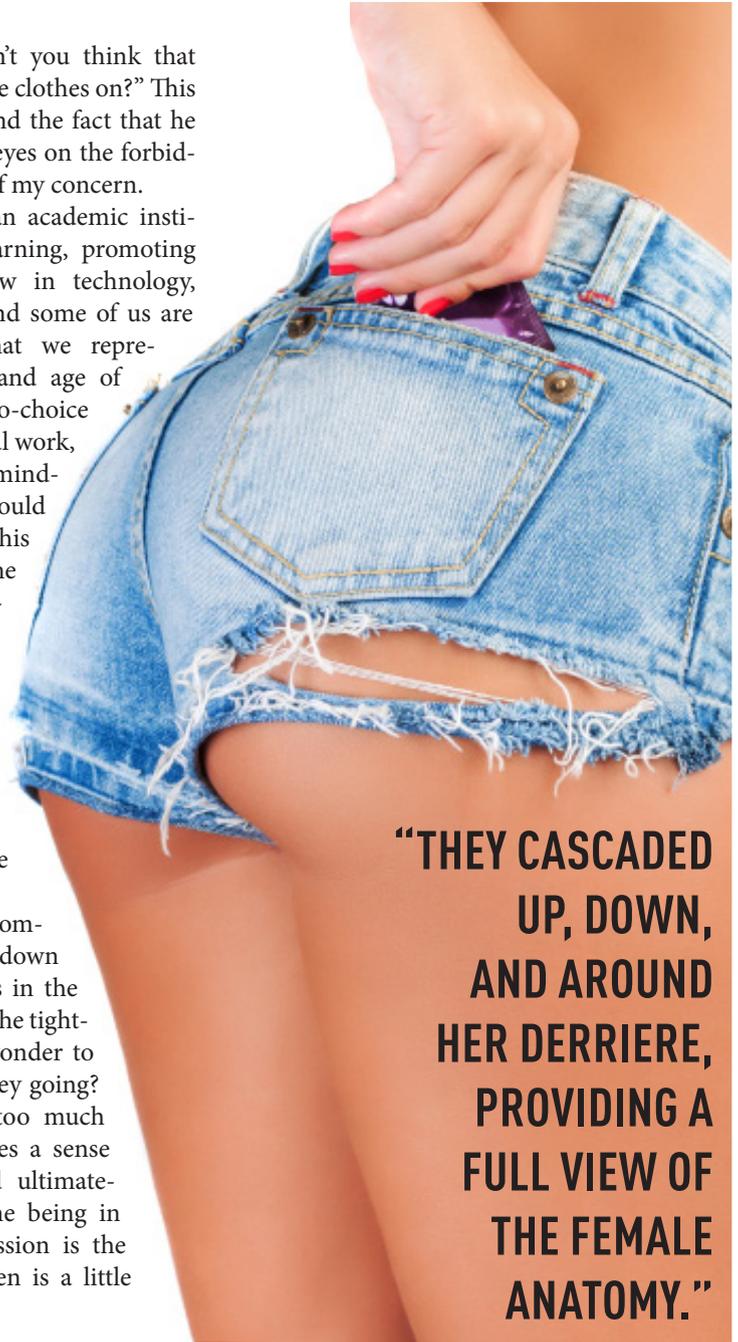
I was in the Student Center, sitting at the front desk. I watched the coming and goings of the students parading back and forth the lobby and everyone knows that between the hours of 12-1 the building is packed. It is a mixture of SPSU students, and Georgia Highland students buzzing in to socialize or grab a quick bit to eat, a meeting place on the campus. I'm amazed sometimes, seeing the flesh from the back-side of some female students. I would guess the other being had a lack of self-confinement.

With that being said, I ask you this: When is a little too much? I can recall being in a store as two young girls entered; an older woman accompanied them. It is safe to say that she was a maternal figure. I immediately noticed she was not at all bothered by what they had come out in the streets wearing. Daisy Dukes had nothing on these pieces of scraps. They cascaded up, down, and around her derriere, providing a full view of the female anatomy. I immediately thought to myself, "And she let them come out like that?"

Within the moment it took for my thought to fully complete I heard a brash and loud comment proceed from one of the young girls. "Stop looking at me!" She was talking to one of the older gentlemen standing in the line behind me that was definitely in his later years and could very well be categorized as a grandfather figure. He immediately yelled back, "Well put on some clothes!" There grew a quiet tension in the room that flowed through the room as if we all wanted to applaud his response. He

looked at me, "Don't you think that they need to get some clothes on?" This was not my battle and the fact that he got caught with his eyes on the forbidden fruit was none of my concern. So here we are in an academic institution of higher learning, promoting leaders of tomorrow in technology, science and math and some of us are misrepresenting what we represent. In this day and age of equal rights and pro-choice or equal pay for equal work, are we really double-minding our message? I would want to think that this generation and the market place of social media and the freedoms that come with being able to be expressive and free are not stifling and confining us to too much freedom and incorrect image choices.

I look at the young women who walk up and down the campus grounds in the highest of heels and the tightest of clothes and wonder to myself, where are they going? I once wrote that too much freedom encompasses a sense of false liberty and ultimately contributes to one being in bondage. Self-expression is the college way but when is a little just too much?



"THEY CASCADED UP, DOWN, AND AROUND HER DERRIERE, PROVIDING A FULL VIEW OF THE FEMALE ANATOMY."



FEATURES

MARIA GUERRA
Features Editor

THE NEW AMERICAN SHAKESPEARE TAVERN THEATRICAL NIGHTS

By Travis Wood

YOU EVER LIKE SHAKESPEARE? AT A TECHNICAL SCHOOL, I WOULDN'T BE SURPRISED TO HEAR 'NO' AS A POPULAR ANSWER. INSTEAD, LET ME ASK YOU THIS: HAVE YOU EVER WONDERED WHAT IN THE WORLD WAS GOING ON IN A SHAKESPEARE PLAY?

If you're like any other college student, you probably went through high school reading through any one of his works, oblivious to the mentions of "biting one's thumb" or wondering whether or not Hamlet was mad. Although you probably safely assumed he was since you couldn't understand anything he said anyways in theatrical English of Shakespeare's day. Well, let me tell you, Shakespeare's work are plays, not meant to be interpreted by reading, but by watching people act it out.

Which brings me to the point of this article. Take a chance at The New American Shakespeare Tavern in Atlanta, discard your developed anathema towards the Bard of Avalon's work, and enjoy a performance by the cast of The New American Shakespeare Tavern. The actors there do an absolute phenomenal job, both in staying true to the script

while making it accessible to your average audience, and in adding their own humorous interpretation of the Shakespearean manuscript from time to time.

They also have their own unique menus for food and beverages. Their food is reminiscent of the kinds of food from Shakespeare's era, as well as a handful of more modern samples and desserts. There is of course alcohol as well.

"Discard your developed anathema towards the Bard of Avalon's work, and enjoy a performance"

So, as this is the February/Valentine's issue, maybe you're thinking of somewhere unique to go with your significant other, or a place to take a potential love interest and make a lasting first impression. For the month of February, they will be playing Romeo and Juliet, one of the undeniable classics of romance in the English language. So, it is my hope that you will check this place out, and furthermore, that you'll come back after that.

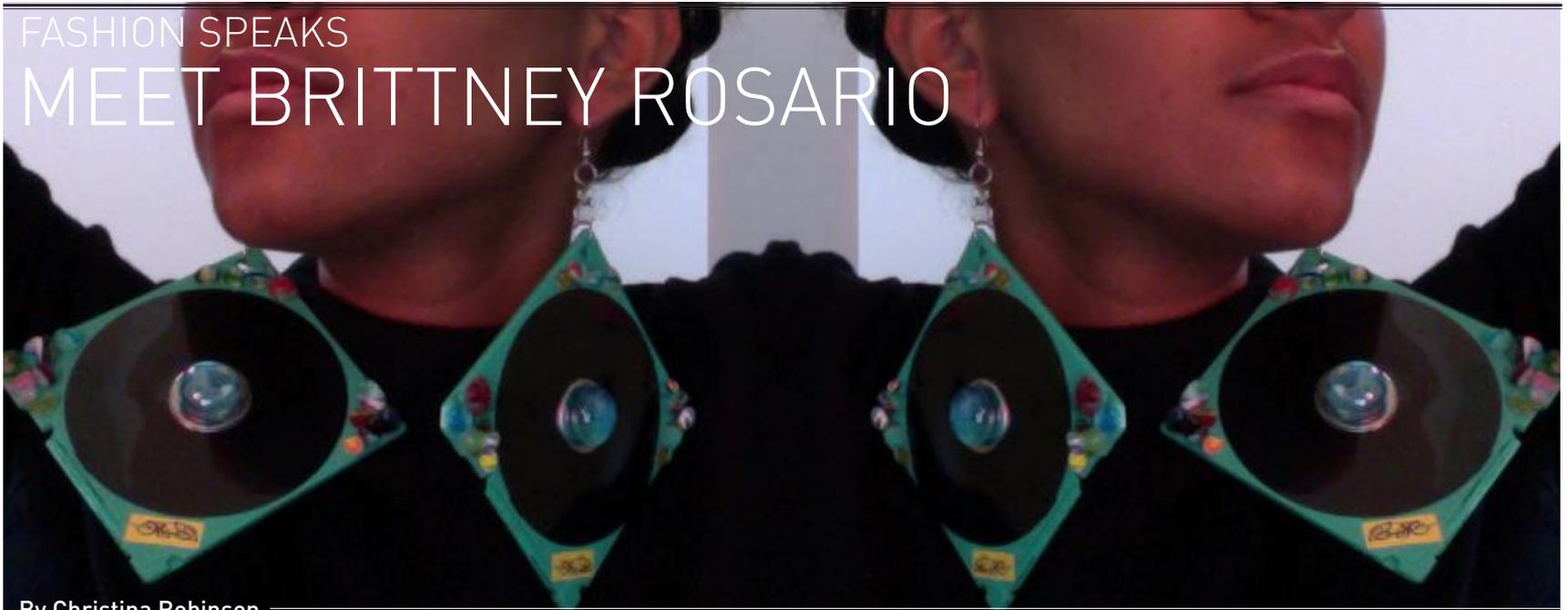
Happy Valentine's Day!



Illustration by Jason Hartmann

FASHION SPEAKS

MEET BRITTNEY ROSARIO



By Christina Robinson

BRITTNEY ROSARIO, A FRESHMAN AND ENGLISH MAJOR AT SPSU HAS DONE SOMETHING CREATIVE: SHE HAS TAKEN AN EVERYDAY OBJECT AND CREATED MAGIC! THIS YOUNG LADY MAKES EARRINGS FROM FLOPPY DISKS!



One may wonder how she came up with this design idea, because floppy disks are not being used nearly as often as they were some years ago.

Christina Robinson: How did you get started?

Brittney Rosario: I started when I was applying to SCAD, They didn't require a portfolio, but there was a challenge for scholarship money, to make

jewelry out of recyclable items. I didn't know what I was going to do, (light laughter). I walked around the house for a week looking for something. My mom pointed the floppy disks out and said to make something with them. So, I looked at them and rotated them around...and saw that I could make earrings out of them.

CR: So, what happened with SCAD and the scholarship money?

BR: Well I actually won the scholarship money, it was \$5,000, but SCAD was too expensive.

CR: What kind of responses do you get when you wear the earrings?

BR: People think that they are great! They like them, so I figured I would start a business out of it. I have business cards and I made flyers and passing them out. I had people asking me about them and I had to order more material, now it seems like I cannot find them (a little chuckle) so I am going to have to start marketing more.

CR: Where do you see yourself in the future? Will this be something you just do in college?

BR: Well it can be the start of something else, because I really like jewelry design.

CR: What else do you make?

BR: Out of the floppy disks,

I make earrings, I make necklaces. I haven't really shown the necklaces. Most people like the earrings.

CR: So, your major is English? What do you want to do with that?

BR: I actually want to go in advertising. Making jewelry is a hobby for me. I want to have an advertising firm and a jewelry business on the side.

CR: Do you have any other ideas up your sleeve?

BR: Oh I have a lot, I have a portfolio of bracelets and necklaces.

CR: How can people contact you if they want to know more?

BR: My facebook page is BJRosa/latchkey-Facebook name.

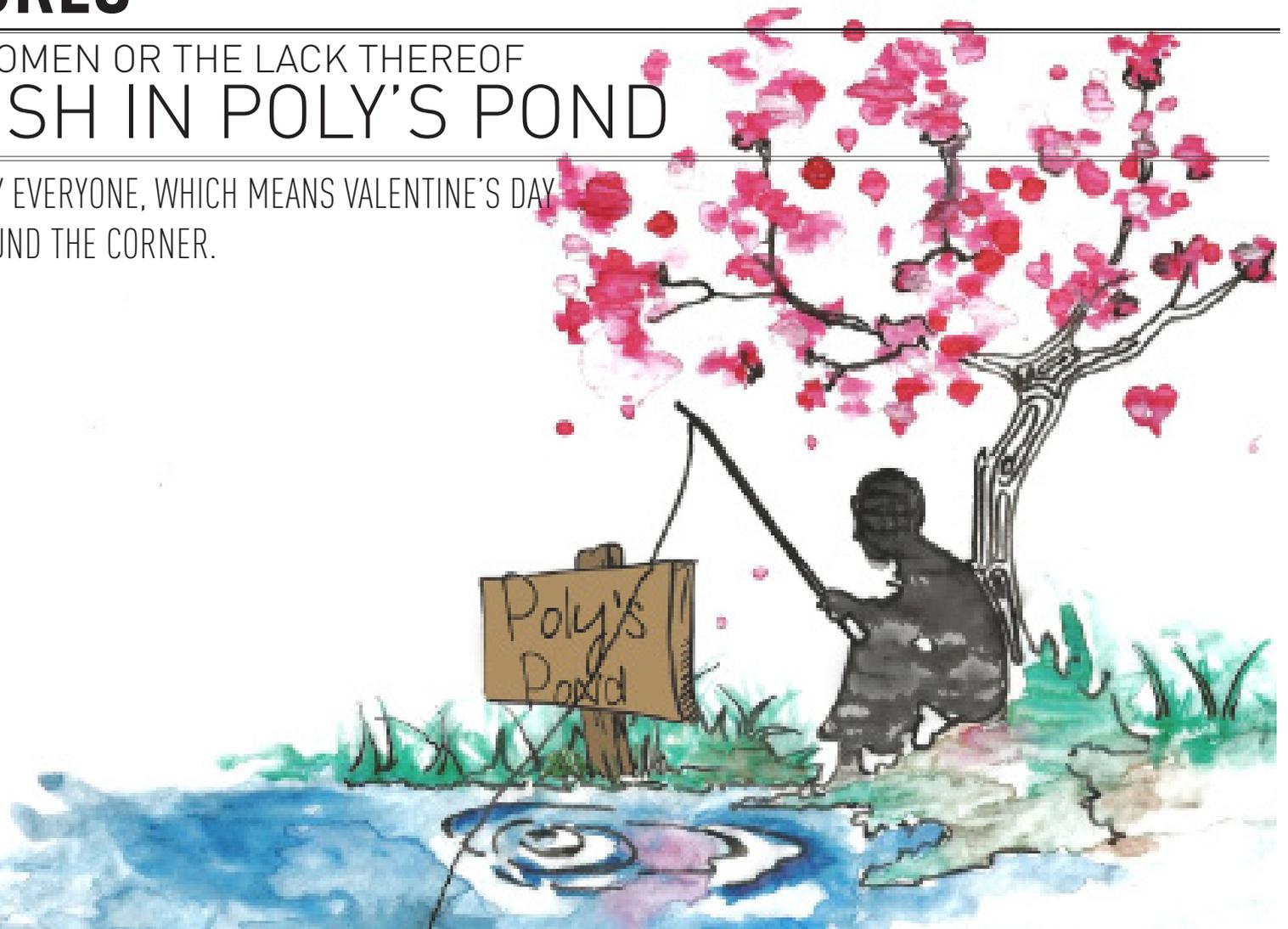
After my interview with Brittney Rosario, I shared with her some of my input and ideas that she may want to use. She is just a nice young lady who is passionate about her designs and really wants to share them with everyone. You can spot her flyers posted around campus and look her up on Facebook if you are interested in earrings that are truly one of a kind. Her designs will also be featured in an upcoming fashion show, hosted by Designers for a Purpose on April 18th, 2013.

FEATURES

SPSU'S WOMEN OR THE LACK THEREOF NO FISH IN POLY'S POND

Falyn Eaden

IT'S FEBRUARY EVERYONE, WHICH MEANS VALENTINE'S DAY IS RIGHT AROUND THE CORNER.



**“FINDING
A HORNET
IN A DRESS
ON CAMPUS
IS A TASK.”**

This holiday is well known for the expressions of love and affection. Valentine's Day is one that many couples and even single women look forward to. Single men, specifically on campus, are not as enthused. Here is why: you start with zero anything is an upgrade. With that being said, men on campus ARE NOT HAPPY! Finding a Hornet in a dress on campus is already a task. Finding a single woman on campus is slim to none. It's the physics class of on campus living.

Whether you are a man or a woman, you may have noticed that the women here at SPSU are limited. Now, there is a slow improvement of female enrollment year by year but when you start with zero anything is an upgrade. With that being said, men on campus ARE NOT HAPPY! Finding a Hornet in a dress on campus is already a task. Finding a single woman on campus is slim to none. It's the physics class of on campus living. Still confused? Check the numbers: there are currently 6,000+ students enrolled at Southern Poly, and 21 percent of these students

are women. Now you may be thinking: "21 percent, that isn't bad." Don't forget to take in

account the other 79 percent all looking for one of the 21 percent to call their own. In other words: that is about one girl for every seven guys. Even the most confident of males does not like those odds. With that said you have to take into consideration the girls who commute, those who commute and are in a relationship, and the ones who do live on campus but are in a relationship. So if half the girls fall under one

of these categories your optimism just became pessimism due to the 1:14 ratio created.

Now I believe in miracles, and I'm not saying it's impossible to find love in your own pond, but don't hold your breath. You should outsource instead. No need to continue to stress yourself out about the lack of fish on campus. Expand the Poly Pond into the sea where billions of fish swim. It's your only option fellas.

VALENTINE'S DAY

IDEAS FOR STUDENTS ON A BUDGET

By Ruth Morrison Carter

WITH VALENTINE'S DAY JUST AROUND THE CORNER AND FALLING ON A THURSDAY THIS YEAR, YOU MAY BE AT A LOSS FOR GIFT AND DATE IDEAS. AS STUDENTS, WE ALL UNDERSTAND HOW EXPENSIVE A TYPICAL VALENTINE'S DATE MIGHT COST. BUYING FLOWERS, CHOCOLATES, AND GOING OUT TO DINNER CAN BE VERY EXPENSIVE. WHY NOT TRY SOMETHING NEW, EXCITING AND MORE AFFORDABLE? CONSIDER THE FOLLOWING VALENTINE'S DAY IDEAS THIS YEAR:



Handmade gifts are always more thoughtful than the traditional ones. They are a great way to make your significant other feel special and loved. Here are a couple of ideas to get you started:

Make a coupon booklet. This is a creative way to offer sweet gestures, chores or anything else he/she will like. For example, a coupon could read "Good for 1 back massage" or "Good for 1 car wash."

Create a small scrapbook page. Fill the page with a collage of pictures, movie ticket stubs and any other memorabilia you have of the two of you. This is a handmade gift that will be cherished forever. Maybe you and your significant other don't typically go out on Valentine's Day.

There are still romantic gestures that can be done to make her feel special.

Set up the living room for a movie night at home. Light candles and place rose pedals around the living room. Adding a few new things can make watching a movie together more romantic.

Serenade him/her with a love song. If singing is not your thing, you could write a song or poem expressing your love instead.

Cook dinner together. Making dinner together is a great way to save money and still have a nice meal. Eating under candlelight will set a romantic mood for the rest of the evening without breaking your bank account.

There are several local places you can take your date this year that won't cost you a penny.

Having a picnic at a park is perfect way to spend the evening. Bring a blanket and stargaze together for added romance.

Walking the streets of your favorite city while holding hands is a great way to spend some time together as you explore new places and landmarks.

Watching and participating in a local Karaoke event will be a fun activity for outgoing individuals.

Having a game night will be fun for everyone involved. You can't go wrong playing classic games such as Monopoly or

Clue. However, you may want to try a new game such as "The Settlers of Catan" to change it up a bit.

Bringing back your childhood by building a fort or playing on a playground is a unique and free way to spend your Valentine's Day. Who doesn't love those activities?

"MAYBE YOU AND YOUR SIGNIFICANT OTHER DON'T TYPICALLY GO OUT ON VALENTINE'S DAY. THERE ARE STILL ROMANTIC GESTURES THAT CAN BE DONE TO MAKE HER FEEL SPECIAL."

FEATURES

THINGS NOT TO GET ON VALENTINE'S NOTING THE SPECIFICS

By John Gibson

HELLO SOUTHERN POLY GUYS! WITH VALENTINE'S DAY COMING SOON THE BALL IS IN YOUR COURT! IT'S TIME TO GET SOMETHING FOR YOUR LADY OR HOPEFULLY FUTURE LADY ON ONE OF THE MOST OVERSATURATED AND POINTLESS DAYS OF THE YEAR, IN MY OPINION.

I feel that every guy should treat their significant others special every day, not just on Valentine's Day. Nonetheless, if you haven't done so, now is your time to shine. This doesn't mean buy expensive or exquisite things. Stay away from the flowers and chocolates. Think of something gestural, thoughtful. Maybe you don't have a lady friend. In that case, think about the women around you. Remember, this is Southern Poly. Women here are probably hit on 10 times a day. So, whatever you do don't get her:

- ♥ Diets pills (just no for obvious reasons)
- ♥ Tickets to your favorite sporting event (unless she loves the team more than you-no)
- ♥ Gift card (Doesn't feel very romantic)
- ♥ Diamond Ring (you never do this unless you are in a very, VERY committed relationship)
- ♥ Plastic roses (comes off very cheesy)
- ♥ Homemade coupons (comes off lame)
- ♥ Unsigned card (this comes off inconsiderate)

**" TRUST YOUR GUT
AND OF COURSE YOUR
WALLET "**



However this is not always the case and there is an exception for everything. You should handle each situation accordingly. Trust your gut and of course your wallet. So guys of Southern Poly, I wish you luck on your Valentine's Day endeavors and happy hunting.

FEATURES

How She Got Away



“SHE WAS DROP DEAD GORGEOUS, WEARING A GUESS DENIM JUMPSUIT, DESIGNER HEELS”

By Jason Ramaley

ONE THING I CAN SAY THAT I DIDN'T DO FOR LOVE IS THAT I NEVER SHOT MYSELF IN THE LEG, THOUGH MY OLDER BROTHER SHOT HIMSELF IN THE LEG. NEVERTHELESS, I REMEMBER THE ONE WOMAN WHO MIGHT HAVE TAKEN ME TO THAT POINT.

It was 1987 and to set the tone of what I'm about to tell you, think about the movies *Sixteen Candles*, *Pretty In Pink*, *Valley Girl*, or *Fast Times At Ridgemont High*. I wasn't popular although I had a few friends from junior high, and made few more nearing the end of that first year in high school. One of those new friends had a friend who had a friend that just graduated from a private high school and she wanted a boyfriend that looked like Jon Bon Jovi, although I didn't look like him.

Our first meeting was sort of like a triple date to see the movie *Innerspace* with my friends Scott and Donald. She was drop dead gorgeous, wearing a Guess denim jumpsuit, designer heels, and wore makeup like a woman, not a girl that just graduated high school. She laughed at all of my stupid jokes, constantly smiled and wouldn't stop looking at me. I thought she was laughing at me the way all the other girls did at my high school – like I was a freak. I remember Def Leppard's video for the song "Foolin" was playing on MTV when we first kissed. After a few dates we

were a couple and I was so sick in love.

A problem occurred as we approached the end of summer. While I was going back to high school, she was getting ready for her first year of college and was still going to live at home with her parents and older sister. She never told her parents about me because I wasn't saved and that was the first question her mother would have asked me. They were an upper class Baptist family and I was nothing like the guys that her parents did approve of. When we saw each other, we usually met in the parking lot outside of my job; she's park there before our dates. Eventually, her parents caught on to her lies. A note from her sister was placed on the windshield of her car after one of our dates. She broke up with me later that night on the phone. I never felt such pain and loss. He later came back and said we could be friends.

PS. The most important word I ever learned the definition to is EMPATHY. I learned the true meaning of that word before I met my final girlfriend.

FEATURES



The Lovely Three

By Kevin Van Der Horn

THE ORIGINS OF VALENTINE'S DAY AND WHO VALENTINE REALLY WAS ARE A GREAT MYSTERY STILL TO THIS DAY. HERE IS WHAT'S CLEAR: VALENTINE'S DAY IS A DAY OF LOVE OBSERVED IN FEBRUARY, AND THAT IT POSSESSES BOTH CHRISTIAN AND ROMAN INFLUENCES.

At the very least, there are three martyr saints that the Catholic Church recognizes with the names Valentine or Valentinus. One account is that Valentine was a priest in third century Rome. Emperor Claudius II outlawed marriage for young men on the basis that felt single men were more effective soldiers than married men. Opposed to this ruling, Valentine began sanctioning marriages for young couples. Upon discovering Valentine's defiant acts, Claudius had him executed.. Another account is that Valentine, an imprisoned man, sent the first "valentine" to an adolescent girl he had fallen in love with. The girl was supposedly the jailor's daughter who had visited Valentine

in his cell on occasion. The legend stipulates that one letter he wrote her was signed: "From your Valentine".

**"UPON
DISCOVERING
VALENTINE'S
DEFIANT ACTS,
CLAUDIUS HAD
HIM EXECUTED."**

Pertaining to the date Valentine's Day falls on, is that the Christian church set the date to counteract the pagan Roman holiday of Lupercalia. One figure commonly associated with Valentine's Day

is Cupid. Cupid, the son of Venus, is known as the god of love. Cupid's name comes from the Latin word for "desire", cupido. Cupid is often depicted as a young boy with wings, who can make people fall in love by shooting arrows into their hearts. Venus is the Roman goddess of love. On theory of how Valentine's Day came to be a day of love, is that in the Middle Ages, February 14 in France and England was known as the birds' mating season. A poem, written by Charles, Duke of Orleans, in 1415 to his wife is the oldest known valentine to this date. The Duke of Orleans composed the poem while incarcerated in the Tower of London after his capture at the Battle of Agincourt.

CREATIVE CORNER



COMMON WEALTH

A man is late for work, and he forgets his tools.
 Another man is late for work, and forgets the address.
 Which man arrives to work first?



I miss the fierceness of love.
 But as I go on writing,
 The lines only se to further the distance.
 A common reaction to sudden death.



Petrichor

As the gospel played,
 The elderly woman spoke.
 Arguing about who will preach at her funeral.
 Bragging that she didn't have a preacher for her funeral.
 And that she had found one.
 Still, human beings will try to beat you.
 To death.
 And back.
 And the gospel played.

CREATIVE CORNER

LIFE HANGOVER

By Sharon Roberts

Parties and partying all night long
Fast music playing sad songs
Drumming beats, the heart beats slow
Crying with a smile just mask it for a while
Life lessons too hard to ignore
Fuck the realities we all trying too hard to score.
Coming up empty; feeling lonely in a room full of folk
Loneliness at the core; thick smoke makes me wanna choke
Can't wait for the sequel -trying to find my equal; cocooning for rebirth
Sitting waiting to explode
Set ups of the heart minus the shit you've been told
Believing the impossibilities
Waiting in realities
Losing calories of wasted bull crap
Feeding on some real crap like some truth, crap!
Yeah flexing and pretending; imagine that crap!

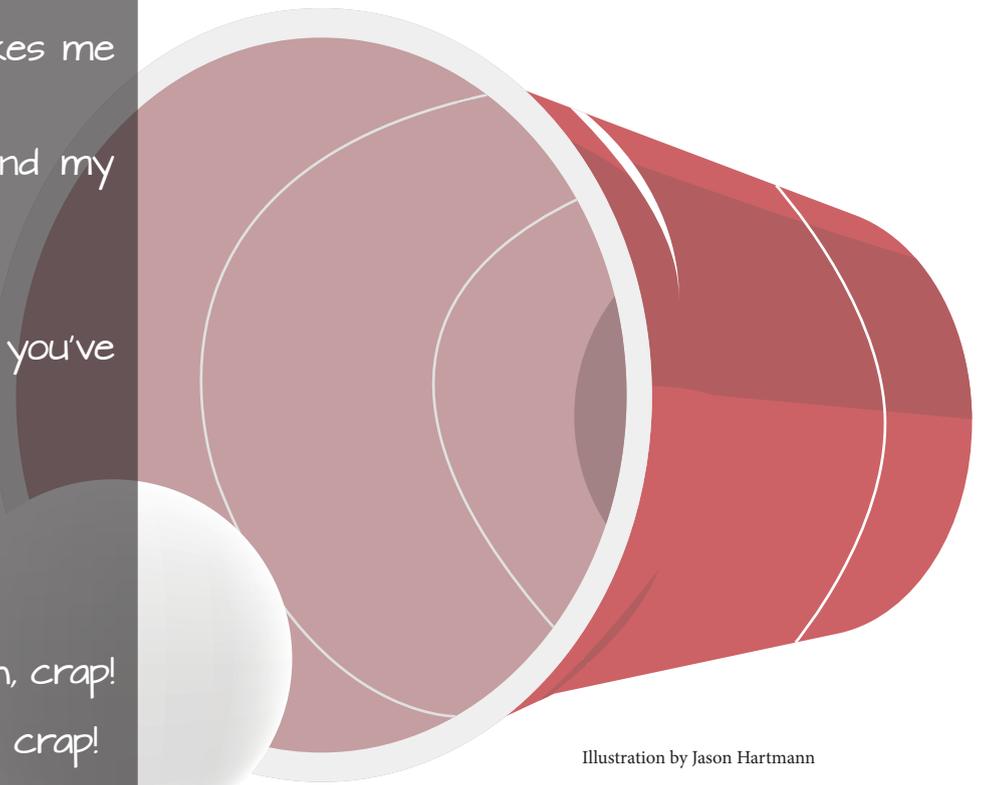


Illustration by Jason Hartmann

FILM REVIEW

IN BRUGES

(EUROPEAN—BELGIUM) (2008)

By Ernest S. Endsley III

For the most part, when someone is looking for a place to vacation Belgium isn't usually at the top of the list of places to go. It could be a more plausible destination for the Witness Protection program or as the winning prize for a trip by a game show contestant. The city of Bruges is an even more obscure travel spot for the average person. Hit men are not average people. Director Martin McDonagh makes a point of just that sentiment in his introspective, brutal, wicked, and inappropriately funny film *In Bruges*. The story covers two hit men who are sent to the city of Bruges in Belgium by their ultra-paranoid boss to lay low after an assassination they carried out in London.

Brendan Gleeson (Professor Alastor 'Mad-Eye' Moody in the *Harry Potter* films, Walter 'Monk' McGinn in *Gangs of New York*) portrays Ken, the old veteran assassin who knows the ends and outs of the trade and has a long history with their boss Harry Waters played by Ralph Fiennes (Lord Voldemort in the *Harry Potter* movies, Francis

Dolarhyde in *Red Dragon*). Since Ken is feeling the hunger pangs for retirement, he also looks with hopeful eyes towards his very raw and unseasoned partner, Ray, to be able to escape the life ahead of him that Ken is ready to leave behind. The jittery and uncouth Ray is limned by Irish actor Colin Farrell (Danny

**“DIRECTOR
MCDONAGH USES THE
CITY OF BRUGES AS
A FAIRY TALE-LIKE
BACKDROP”**

Witwer in *Minority Report*, Bullseye in *Daredevil*, Alexander in *Alexander*).

Gleeson shows his thespian's acumen with a performance that is aloof and superb all at once. Colin Farrell injects his youthful energy into every scene whether he's killing a priest, a little boy, pursuing an attractive drug dealing girl or beating a couple that are just trying to have a nice meal. Ralph Fiennes' spin as the boss is pushed over-the-top by the extreme

paranoia and brutal code of honor he insists everyone should live by.

Director McDonagh uses the city of Bruges as a fairy tale-like backdrop on which he splatters blood, guts, and bullets in surprisingly reserved and still copious amounts. All the while he shows a code bound, honor driven side to

some very calloused individuals. McDonagh also wrote the screenplay and does not hesitate to inject humor at inappropriate moments and use innocent bystanders to prove a point and to drive the plot forward. These may be cold-blooded killers on one hand but they also

won't hesitate to dispense a little justice—even upon themselves—if their actions lead to outsiders suffering for their own (the assassins) misdeeds. The pacing moves from carefree and slow like everyday life to wickedly fast and intense. The scripting is pithy, witty, and subversively funny even when it shouldn't be. It will be easy to find yourself enthralled in how the events will play out to the point where the 107 minute runtime will fly by.



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SPORTS

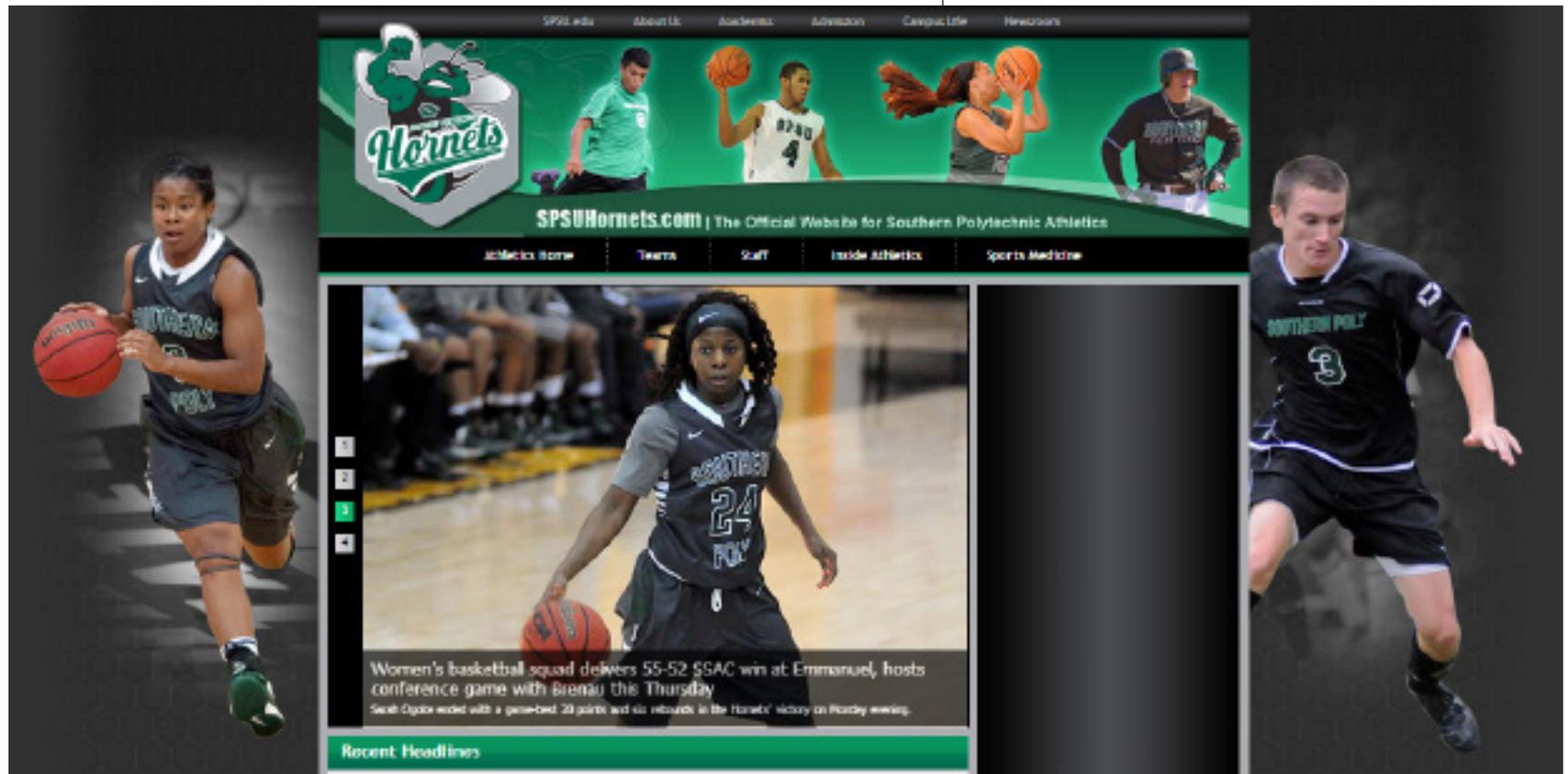
AMANDA BLANTON
Sports Editor

NEW SPSU SPORTS WEBSITE

ATHLETICS DEPARTMENT LAUNCHES NEW WEBSITE

By Amanda Blanton

THE SPSU ATHLETICS DEPARTMENT HAS A NEW OFFICIAL WEBSITE, WWW.SPSUHORNETS.COM.



The website, launched in December, has up-to-date information on our four athletic teams including rosters, schedules, results, game stories and more.

SPSU Sports Information Director Steve Ruthsatz created the website with the help of friends at SIDHelp, a product of eSolution Architects, Inc.

“As we continue to grow as an athletic department, we wanted a new website that

will serve as a marketing tool and as the face of SPSU Athletics, and we believe that SPSUHornets.com does that,” athletic director Matt Griffin said. “The site has a dynamic, professional look that captures the essence of our student-athletes, coaches and staff, and it gives our fans, the media and other visitors access to more up-to-date information and allows for easier navigation. All of us here in the Southern Poly

athletic department are very excited about this new site being live.”

Along with the new site, official SPSU Athletics Facebook and Twitter pages were created. The Facebook page can be found at www.facebook.com/spsuathletics and the Twitter is @SPSU_Athletics.

Be sure to “like” and follow these pages for updates on our teams!

“AS WE CONTINUE TO GROW AS AN ATHLETIC DEPARTMENT, WE WANTED A NEW WEBSITE THAT WILL SERVE AS A MARKETING TOOL AND AS THE FACE OF SPSU ATHLETICS”

SPORTS

FANTASY FOOTBALL

I BEAT MY BOYFRIEND IN FANTASY FOOTBALL

By Amanda Blanton

THIS FALL, I DECIDED I WANTED TO PLAY FANTASY FOOTBALL. I HAD NEVER PLAYED BEFORE AND THOUGHT IT WOULD BE A GREAT WAY TO FAMILIARIZE MYSELF WITH PLAYERS OUTSIDE OF MY FAVORITE TEAM—THE FALCONS.

I asked my boyfriend, CT, if he wanted to play and a week later, we had a team comprised of our friends from school.

I was a little nervous because I did not know what to expect, but CT told me everything I needed to know about the game. He had played fantasy in multiple sports and earned a degree in sports management before attending law school. I knew I did not stand a chance playing against him. Each week, a member of our league would play another member to see whose players would get more points during their NFL game. You earn points by your players running the ball, catching, scoring touchdowns, etc., and who ever had the most points that week, won. The points show up in real time so most fantasy players watch a football game and cheer for their players to do well to give them fantasy points.

If you have played fantasy football before, you are familiar with the draft.

A random draft order is chosen and one at a time, each member chooses a quarterback, two running backs, two wide receivers, a tight end, a flex (an extra RB/WR/TE of your choice), a defense/special team and a kicker. You also chose a bench full of players for when your starters don't play because of a bye week or injury. During the draft, CT and I Skyped.

HE TAUGHT ME EVERYTHING I NEEDED TO KNOW ABOUT THE GAME.

He gave me suggestions as to who to draft. I got lucky and landed the No. 1 fantasy player at the time, Arian Foster and also snagged my favorite player, Matt Ryan. After a while, I stopped going by CT's advice and chose who I wanted. "She committed the cardinal sin of fantasy football by drafting almost all Atlanta Falcons players," CT said. I love the Falcons and watch them every week so it

made sense to draft Roddy White, Tony Gonzales and Matt Bryant. My lineup was ready and I could not wait for the following Sunday!

In the end, I lost the championship game to an annoying friend of mine. Things between CT and I were pretty rocky for a while. Eventually, he came to terms with the fact that I had dominated not only his team, but our league as well. "Getting beat by your girlfriend in fantasy football is quite emasculating," he explained. "It took me weeks to get over it. Getting beat by a woman who drafted Tim Tebow just because he is hot is pretty embarrassing."

A few days after the NHL lockout ended, CT and I joined a fantasy hockey team. Like in fantasy football, he taught me everything I needed to know about the game. I am excited to see if hockey will be as exciting as football. Hopefully, I can pull out more wins than CT. Wish me luck!





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SPORTS

REC CENTER FITNESS SESSIONS

MIND, BODY, & SOUL

By Vicki Nix

ARE YOU UP FOR A ROAD TRIP? IS THAT "FRESHMAN FIFTEEN" STARING YOU BACK IN THE MIRROR? WELL, JOIN ME ON THE REC CENTER'S ROAD TRIP.



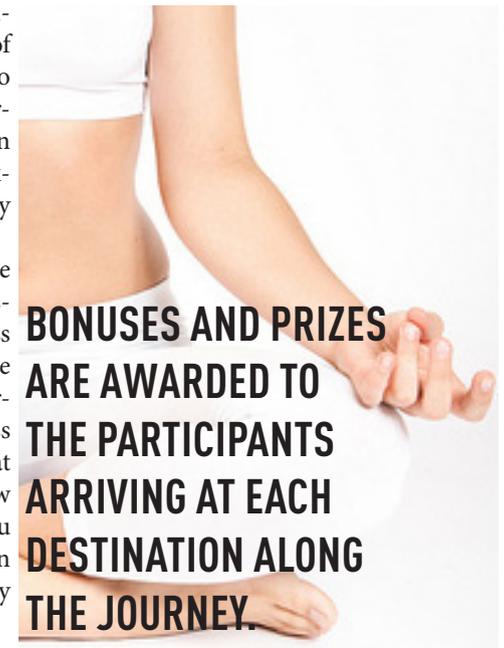
The SPSU rec center is hosting a road trip to fitness and my journey has already begun. Each fitness class that you attend earns you points and advances you along the designated route. Bonuses and prizes are awarded to the participants arriving at each destination along the journey.

I started my journey with the Yoga class this week. Chris, a SPSU architecture student led our class.

I love yoga. It forces me to center my thoughts and be present for me. I spend so much time being scattered between school, freelance work, and family that my "me" time

is limited. The class was comprised over the entire range of experience from beginner to expert. I was pleasantly surprised at the number of men in the class. Yoga is fantastic exercise that supports the body from the inside – out.

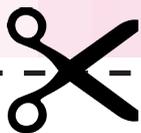
Yoga focuses on the core muscles of the body, increasing flexibility, body awareness and building strength. The website includes all the information you need about class descriptions, times and what you need to get started. Follow me on twitter and I'll keep you up to date on my journey – on the Road Trip and my journey back to fit.



BONUSES AND PRIZES ARE AWARDED TO THE PARTICIPANTS ARRIVING AT EACH DESTINATION ALONG THE JOURNEY.

Photo Credit: www.flickr.com (RelaxingMusic)

Monday	Tuesday	Wednesday	Thursday	Friday
12:15 Group Cycle Water Fitness	12:00 Yoga	12:15 Group Cycle	12:00 Yoga	12:00 Group Cycle Abs Only! Boot Camp
1:00 Abs Only!	1:00 Hip Hop Fitness	1:00 Abs Only!	12:15 Water Fitness	1:00 Yoga
5:00 Yoga	2:00 Cardio Martial Arts	5:00 Boot Camp	1:00 Hip Hop Fitness	
7:00 BollyWood	4:00 Swimming	8:00 Yoga	4:15 Kettle Bell Cardio	
8:00 Cardio Martial Arts	5:00 BreakDance		5:00 Break Dance	
	6:00 KettleBell Cardio		7:00 Belly Dance	
	7:00 Belly Dance		8:00 Cardio Martial Arts	



BASKETBALL LADIES FIRST

By Amanda Blanton

The SPSU men's and women's basketball teams are in the thick of their seasons.

After going 6-24 last year, the women's team is currently 18-2 and is having their best season in school history. They are ranked 28th nationally and are keeping post-season tournament thoughts in the back of their minds as they finish out the regular season strong.

A big congratulations goes out to junior Lady Hornet

Arnissa Galloway. She was chosen as the NAIA Division I National Player of the Week for her play during the week of Jan. 21-27.

The men are sitting on an 11-12 season record under the leadership of new Head Coach Jeffrey Pourchier. Although Hornets have only won three conference games, there is still plenty more basketball to be played! Come out in your green and white and support the Hornets as they finish out the rest of their season strong.

HOME GAMES

WOMEN'S

Feb. 12 at 6:00 PM vs. Southern Wesleyan University

Feb. 21 at 6:00 PM vs. College of Coastal Georgia

MEN'S

Feb. 8 at 7:00 PM vs. Knoxville College

Feb. 12 at 8:00 PM vs. Southern Wesleyan University

Feb. 16 at 2:00 PM vs. Allen University

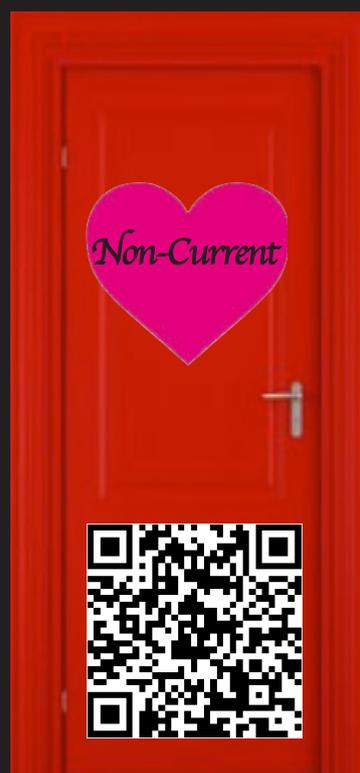
Feb. 21 at 8:00 PM vs. College of Coastal Georgia



Need a date?



Door #1



Door #2



Door #3